## Course identification: L5012 - 50 miles - 2 laps of L2511 Cockermouth-Keswick-Cockermouth

Risk assessment prepared by: K Hesketh – this is a variation on L505 with the start and finish at Braithwaite Date : Mar 2006; Rev 2 approved 9 Sept 2009; Revised Feb 2010; Approved 31 March 2010; Revised start/finish Jan 2017 – was previously designated L505R and will remain as L505R for 2017 and become L5012 in 2018

·	Location	Details of hazard	Risk before mitigating action (H,M,L)	Measures to reduce risk	Risk after mitigating action (H,M,L)
1	General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts <b>Organiser</b> to ensure course checked on day	L
2	Before start	Competitors parking. Competitors riding from HQ and warming up.	М	<b>Organiser</b> to place cycle event warning signs and instructions to riders to park carefully and warning of U turns and prohibited areas for warming up	L
		Car boot sale. Roundabout.			
3	Start area	Competitors waiting in lay-by	М	Organiser to place cycle event warning signs and display head up sign	L
4	Start on A66 0.36 miles east of Event HQ at Braithwaite Village Hall.	Competitor/holder up falling.	М	No additional measures required.	L
5	Portinscale junction	Traffic lane narrows (centre islands)	М	<b>Organiser</b> to remind riders to take care in instructions	L
6	Keswick junction	<ol> <li>Traffic lane narrows (centre islands)</li> <li>Traffic joining from</li> </ol>	М	<b>Organiser</b> to place cycle event warning signs facing traffic and remind riders to take care in	L
		right		instructions	Ţ
7	Keswick roundabout	1. Traffic from right when riders join roundabout.	М	<b>Organiser</b> to place cycle event warning signs and position marshals for safety and to direct riders.	L
		2. Traffic from left from Keswick, A591 and Penrith directions			
8	Keswick junction	1. Traffic lane narrows (centre islands)	М	<b>Organiser</b> to place cycle event warning signs facing traffic and remind	L
		2. Traffic joining from leeft & right		riders to take care in instructions	
9	Portinscale junction	1.Minor road junction on left	М	No additional measures required.	L
		2. Traffic lane narrows (centre islands)			
10	Braithwaite junction (1)	1. Minor road junction on left	М	No additional measures required.	L
		2. Traffic lane			

narrows (centre red hatching)

	Location	Details of hazard	Risk before mitigating action (H,M,L)	Measures to reduce risk	Risk after mitigating action (H,M,L)
11	Braithwaite junction (2)	<ol> <li>Minor road junction on left</li> <li>Traffic lane narrows (centre red hatching)</li> </ol>	М	No additional measures required.	L
12	Braithwaite/Thorn- thwaite junctions	<ol> <li>Minor road junction</li> <li>Traffic lane narrows (centre red hatching)</li> </ol>	М	No additional measures required.	L
13	New road layout at westbound end of A66 dual carriageway.	Road narrows down to single lane, with vehicles needing to remain behind riders.	М	<b>Organiser</b> to place 4 cycle event warning signs and to include a warning to riders in start sheet to beware of vehicles trying to overtake with leaving little room.	L
14	Turn to Pheasant Hotel	Minor road junction	L	No additional measures required.	L
15	Embleton East	Minor cross roads	L	No additional measures required.	L
16	Embleton West	Minor cross roads	L	No additional measures required.	L
17	Riders encircle Cockermouth roundabout	Traffic aproaching from right when joining and then left at next four entrances to roundabout.	М	<b>Organiser</b> to place cycle event warning signs and position marshal for safety and to direct riders.	L
18	Embleton West	Minor cross roads	L	No additional measures required.	L
19	Embleton East	Minor cross roads	L	No additional measures required.	L
20	Dubwath	Traffic joining A66	Μ	<b>Organiser</b> to place cycle event warning signs and remind riders to take care in instructions	L
21	Road narrows on left north of Braithwaite village	Kerb juts out into road margin. Danger of riders colliding with kerb	L	<b>Organiser</b> to place warning signs and to warn riders in race instructions.	L
22	Braithwaite/Thorn- thwaite junction	Traffic lane narrows (centre red hatching)	М	No additional measures required.	L
23	Braithwaite junction (2)	Traffic lane narrows (centre red hatching)	М	No additional measures required.	L
24	Braithwaite junction (3)	Traffic lane narrows (centre red hatching)	М	No additional measures required.	L
	Repeat 5 to 24				

25 Finish at east end of the tarmac footpath in layby on North East side and 50 yards short of the overhead bridge which is 1 mile west of the event HQ. L

**Organiser** to notify in start sheet that no times will be given to competitors or supporters at finish. Also notice that no vehicles or competitors to stop on road or verge; riders to proceed to HQ L