

Risk Assessment proforma

Course	M2510		
Area	North East District		
Description	Dual Carriageway (2 laps)		
HQ	Cramlington Town Football Club or		
	East Hartford Community Centre		
Measured	Yes		
Measured by	Unknown		
Risk assessed	Yes		
Assessed by	Terry Wilkinson		
Date approved	25 th March 2024		
Туре А	Yes		
Туре В	No		
Police Authority	Northumbria		
	Traffic count carried out August 2023 –		
	for events on Saturday mornings, all		
Additional information	riders to be off the course by 8.15am		
	at the latest. On Sunday mornings, by		
	11am at the latest where possible.		
Notes for riders	See below		



Course Description

Three Horseshoes - Woodhorn - Three Horseshoes (25 miles)

Start at S-bends sign on the B1505 Bedlington Road. Proceed to the Three Horseshoes roundabout and take the first exit slip road onto the A189 northbound. Proceed to North Seaton (Sandy Bay) roundabout, and continue straight on to Woodhorn roundabout. Encircle the roundabout and retrace to the Three Horseshoes roundabout by taking the A192 exit slip road. Encircle the roundabout and take the fifth exit slip road onto the A189 northbound to repeat the course via Woodhorn roundabout to finish at the start of the lay-by on the A189 southbound shortly before the slip road leading once more to the Three Horseshoes roundabout (speed camera sign/drainage culvert).



General Safety Notes and Requirements

- Vehicles of competitors/officials/marshals/helpers to be parked safely and without hindrance to other road users.
- All officials/marshals/helpers to wear fluorescent jackets or high visibility clothing.
- Marshals are to be briefed as to the extent of their roles/duties prior to the event.
- A marshal's sole duty is to clearly indicate the route the rider is to follow before the rider reaches the marshal point (the rider may be unfamiliar with the course). This is done by either pointing out the direction of travel or
- holding a directional arrow/marker marshals should not shout instruction or attempt to control the traffic in any way or interfere with its movement on the highway (Guidance Note 11).

• Whenever possible, marshals should be able to communicate with the organiser by mobile phone in case of accident/emergency

Rider Safety Notes

- No U-turns to be made in the vicinity of the timekeeper(s).
- Road surface conditions may change depending on the season, weather, or condition of the road. It is the rider's responsibility to ride in such a manner that allows them to ride safely and with consideration to other road users at all times.
- Take extra care where traffic enters or leaves the course by means of slip roads and in the negotiation of roundabouts.
- Head down riding is prohibited and will result in disqualification.
- It is the responsibility of the rider to check the On-The-Day Risk Assessment to be aware of any extra hazards or changes they should be aware of.
- Every competitor MUST have, fixed to their machine, both a front and rear-facing, working light (either constant or flashing). These must be clearly visible (Regulation 14).
- Every rider MUST wear a helmet that conforms to current Safety Standards (Regulation 15), and it is their responsibility to ensure it fits correctly and is in good condition/undamaged.

Note to organiser: All of the above listed information to be included in the start sheet.



Organiser's Information Best Practice: Risk Assessment Guidance Issue level: 03 Date: October 2022

What 3 Words	Course description	Distance	Risk (L/M/H)	Risk description	Minimum management (Without prejudice)
Sweeper.bounding.croak	M2510 Start (Reduce Speed Now/S Bends sign)	0	M	Traffic passing in both directions. Possible parked traffic outside of Horton Church on Sunday morning – pedestrians in roadway exiting cars.	 1. Marshal to assist Start Timekeeper. 2. Cycle event sign positioned approx. 120 metres before the start to alert traffic approaching from the direction of Bedlington.
Seashell.taped.filed	B1505 - Three Horseshoes Roundabout (first exit onto A189 northbound).	0.72	Μ	Fast moving traffic on roundabout on both inside and outside lanes.	 Marshal (directing riders down the first slip road onto A189 northbound). Cycle event sign positioned on the roundabout at lamp standard BF10 midway between where the A192 from Cramlington and the B1505 from Bedlington enter the roundabout.
	A189 northbound - Bottom of slip road from Three Horseshoes Roundabout.		М		See Safety Notes to riders.
	A189 northbound - Slip road on left to Blyth (Kitty Brewster). Riders exposed for a period of time to traffic leaving course route by way of slip road.		М		See Safety Notes to riders.
	A189 northbound - Slip road on left from Blyth (Kitty Brewster). Riders exposed for a period of time to traffic joining course route by way of slip road.		М		 Cycle event sign positioned approximately 50 metres from the bottom of the slip road to warn motorists that there are cyclists travelling northbound on the A189. See Safety Notes to riders.



Organiser's Information Best Practice: Risk Assessment Guidance Issue level: 03 Date: October 2022

	A189 northbound - Slip road on left to Bedlington. Riders exposed for a period of time to traffic leaving course route by way of slip road.		Μ		See Safety Notes to riders.
	A189 northbound - Slip road on left from Bedlington. Riders exposed for a period of time to traffic joining course route by way of slip road.		М		See Safety Notes to riders.
	A189 northbound - Minor slip road on left to Cambois / Sleekburn. Riders exposed for a period of time to traffic leaving course route by way of slip road.		Μ		See Safety Notes to riders.
	A189 northbound - Minor slip road on left from Cambois / Sleekburn. Riders exposed for a period of time to traffic joining course route by way of slip road.		Μ		See Safety Notes to riders.
Extremes.back.summit	A189 northbound - North Seaton Roundabout (straight on).	5.66	Μ	Busy roundabout with three lanes in places. Riders to take the third exit (straight on)	 Marshal (positioned to indicate exit off roundabout northbound). Cycle event sign positioned on road from industrial estate, Ashwood Drive approx. 30 metres from roundabout Cycle event sign positioned on the B1334 approach from Ashington approx. 75 metres from the roundabout at lamp standard 5K. Directional arrows as appropriate.
Gravy.overwise.composer	A189 northbound - Woodhorn Roundabout (M2510 TURN)	6.99	Μ	Riders will need to move to outside lane to make the turn.	 Two marshals (One on the north side or the roundabout to ensure riders encircle the roundabout, the other to ensure riders take the exit slip back onto the A189 southbound). Cycle event sign positioned on the A197 approach from Ashington approx. 80 metres from the roundabout at lamp standard E8. Cycle event sign positioned on the A197 approach from the north (Woodhorn) approx. 70 metres from the roundabout at traffic sign indicating Clearway for 12 miles.
Constants.bounty.married	A189 southbound - North Seaton Roundabout (straight on).	8.22	Μ	Busy roundabout with three lanes of traffic in places. Riders to	 Marshal (positioned to indicate exit off roundabout southbound). Cycle event sign positioned on the B1334 approach from Newbiggin approx. 60 metres from the roundabout at lamp standard. Directional arrows as appropriate.



Organiser's Information Best Practice: Risk Assessment Guidance Issue level: 03 Date: October 2022

				take the second	
				exit.	
	A189 southbound - Minor slip road on				
	left to Cambois. Riders exposed for a		м	5	See Safety Notes to riders.
	period of time to traffic leaving course		141		
	route by way of slip road.				
	A189 southbound - Minor slip road on				
	left from Cambois. Riders exposed for		м		See Safety Notes to riders.
	a period of time to traffic joining				See Salety Notes to huers.
	course route by way of slip road.				
	A189 southbound - Slip road on left to				
	Bedlington. Riders exposed for a		м		See Safety Notes to riders.
	period of time to traffic leaving course				
	route by way of slip road.				
	A189 southbound - Slip road on left				
	from Bedlington. Riders exposed for a	М		See Safety Notes to riders.	
	period of time to traffic joining course				
	route by way of slip road.				
	A189 southbound - Slip road on left to				
	Blyth (Kitty Brewster). Riders exposed	М		See Safety Notes to riders.	
	for a period of time to traffic leaving				
	course route by way of slip road.				
	A189 southbound - Slip road on left				1. Cycle event sign positioned approximately 50 metres from the bottom of the slip road to warn
	from Blyth (Kitty Brewster). Riders		М		
	exposed for a period of time to traffic				motorists that there are cyclists travelling southbound on the A189.
	joining course route by way of slip				
	road.				
	A189 southbound - Bottom of slip road			М	1. Marshal positioned towards the bottom of the slip road to indicate to the approaching rider that they turn off the A189 towards the Three Horseshoes roundabout. See suggestions below –
Seeing.secrets.scoop	leading to the Three Horseshoes	12.85	2.85 M		
- •	Roundabout and the A192 (take slip			marshal to choose the safest location. ii)Directional arrow (left).	
	road left).			injurectional arrow (left).	



Seashell.taped.filed	Three Horseshoes Roundabout – roundabout encircled and the fifth exit taken (A189 northbound).	13.47	Μ	 Marshals as appropriate (this is a large roundabout so the organiser should consider placing marshals on the south side to ensure riders fully encircle the roundabout to take the northbound exit). Cycle event sign positioned on the B1505 Bedlington Road approx. 40 metres from the roundabout. Cycle event sign positioned on the A192 Seaton Delaval road at traffic sign approx. 20 metres from the roundabout. Cycle event sign positioned on the A189 slip road entering the roundabout from the south approx. 40 metres from the roundabout. Cycle event sign positioned on the A192 road entering the roundabout from the west (Cramlington) approx. 40 metres from the roundabout.
Drags.brotherly.molars	RIDERS COMPLETE 2 ND LAP (as above) A189 southbound M2510 Finish – start of lay-by shortly before the slip road leading to the Three Horseshoes roundabout.	25.0	М	1. Marshal to assist Finish Timekeeper. See Safety Notes to riders.





Requirements						
Marshals	8 minimum					
Event Signs	13					
RH Directional Arrow	0					
LH Directional Arrow	1					

References:

CTT GN22 – Risk Assessment