

Courses and roads assessed LL140 - Circuit of Rusland – 14 miles	
Date of assessment/ review Dec 2015, Approved 13 Jan 2016	Name of assessor: Glen Rhodes, Barrow Central Wheelers

Course description

Start on The Causeway SE of Newby Bridge to Rusland/Oxen Park/Penny Bridge to finish on A590 just before Lanes End at Haverthwaite Crossroads.

Traffic flows

Mostly minor roads with minimal traffic. First part of course very narrow until Force Mills. Wider from Force Mills to Penny Bridge. Last part on A590.

Course event/history

This is a new course proposed for Type B (Club) events.

Key identified risks

	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
1		General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	Organiser to warn of U turns and prohibited areas for warming up at signing-on.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
3	0	Start area on 'The Causeway' – facing Eastwards at the point where two gates are opposite.	Competitor/starting marshal falling and vehicles approaching.	LOW	Organiser to place cycle event warning signs, display head up sign and to brief start marshals to warn riders of approaching traffic.
4	-	Junction with minor road right at Causeway End.	Riders continue straight ahead and have priority over traffic emerging from right.	LOW	No additional measures required.
5	1.2 miles	Sharp left turn	Riders need to keep left and not be tempted to head straight ahead up the steep hill	LOW	Organiser to place left turn sign to prevent riders going off course up the hill.
6	-	Junction with minor road left in Rusland village	Riders keep straight on through Rusland village passing junction with minor road on left. Possible emerging traffic.	LOW	No additional measures required.
7	-	Crosslands	Riders keep straight on with junction with minor road on right. Possible emerging traffic.	LOW	No additional measures required.
8	-	Thwaite Head cross-roads.	Riders keep straight on. Possible emerging traffic.	LOW	No additional measures required.
9	4.9 miles & 5.1 miles	Junctions 0.6m north of Thwaite Head.	Riders follow road to left at the two junctions with minor roads right.	LOW	Organiser to place left turn sign at the two junctions.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
10	5.5 miles	Force Forge	Traffic on right at junction to Force Forge.	LOW	Organiser to place cycle event sign and to position marshal for direction and safety.
11	5.65 miles	Force Beck bridge	Caution required for the sharp left turn after the bridge	LOW	Organiser to ensure riders have read additional safety notice at signing-on advising riders to take particular care on approaching the bridge.
12	-	Minor junctions between Force Beck Bridge and Oxen Park.	Riders carry straight on past multiple minor road junctions. Possible emerging traffic.	LOW	No additional measures required.
13	-	Oxen Park Village.	Narrow street with multiple hazards.	LOW	Organiser to ensure riders have read additional safety notice at signing-on advising riders to take particular care in Oxen Park Village.
14	-	Tottlebank crossroads	Riders go straight ahead at cross- roads. Potential traffic emerging with riders going downhill.	LOW	Organiser place cycle event signs and to ensure riders have read additional safety notice at signing-on advising riders to take particular care at this junction.
15	11.4 miles	Penny Bridge	Sharp right turn after fast descent	LOW	Organiser to ensure riders have read additional safety notice at signing-on advising riders to take particular care on the approach to the bridge.
16	11.45 miles	Penny Bridge junction with A5092	Traffic from right on A5092	LOW	Organiser to place cycle event signs and to position marshal for direction and safety.
17	11.9 miles	Greenodd roundabout	Traffic from right on roundabout	LOW	Organiser to place cycle event signs and to position marshal for direction and safety.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
15	14 miles	Finish at the Haverthwaite 10 course finish just before Lanes End at Haverthwaite Crossroads.	Time Keeper/ Slowing riders	LOW	Organiser to notify riders that no times will be given to competitors or supporters at finish and also notify that no vehicles or competitors to stop on road or verge. All riders to continue past finish without stopping. No riders to congregate at finish LOCAL Rules — riders not to perform a 'U'-turn in the vicinity of the Finish. Organiser to ensure riders are reminded via notice at sign on.

NOTES:

- 1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
- 2. The small junctions or entrances to farms/ facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
- 3. All rules of the road must be followed as to 'the Highway Code'.
- 4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

Risk assessment Author: Glenn Rhodes & Kevin Hesketh	Date: Dec 2015