

CYCLING TIME TRIALS

The national governing body for CYCLING time trials www.ctt.org.uk

SOUTH DISTRICT COUNCIL

COURSE DETAILS FOR START SHEETS & RISK ASSESSMENT

COURSE NUMBER - P621 – 16c

COURSE NAME – Red Rice 16 mile

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CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER - P621c - 16

Distance: 16 miles

Short Description: Danebury - Red Rice – Kentsboro – Danebury Circuit

1. GUIDANCE NOTES

RISK ASSESSMENT

Promoting Secretaries should refer to the Course Risk Assessment and check that all measures to reduce risks have been covered. Promoting Secretaries should check the course prior to the event and complete an Event Risk Assessment to identify any additional risks arising shortly before the event, and brief competitors if necessary. Promoting Secretaries should also advise the District Secretary of any amendments required to the course Risk Assessment document. An Event Risk Assessment should still be completed and returned to the District Secretary even if there were no additional hazards or amendments

FIELD PLACEMENT

Whilst the underlying principle of field placement is to arrange the starting position of each rider to avoid paced and company riding, the overriding consideration must be the Safety of Competitors. The event should be on the road for as little time as practicable, so that slower riders are not exposed to the danger of becoming left adrift by being placed at the end of the field. This will also reduce the duty of care placed on marshals and timekeepers who may not be aware that riders are still out on the course. The Safety of Competitors must be given priority over the strict application of the principle of field placement as per Guidance Note No.8. In order to reduce the danger to the slower riders, consideration should be given to placing faster riders at the end of the field even though their potential time might qualify them for a higher spot nearer the front of the field. The latter part of Guidance Note No. 8 may also be helpful in this respect

NOTES TO BE INCLUDED ON START SHEETS/START CARDS or DISPLAYED AT SIGNING-ON

SAFETY INSTRUCTIONS

Riders must:

- Not make U-turns in the vicinity of the start or finish.
- Not stop at the finish or return to the timekeeper.
- Take care on descent after Saxley Farm minor road which is fast with sharp bends.
- Take care at left turn opposite entrance to Farley School, which is fast and may have oncoming traffic.
- Take care and Give Way to traffic as you join Fullerton Road 150m.
- Take care and Give Way to traffic at left turn onto A343.
- Take care and Give Way to traffic at left turn at Danebury Ring which is sharp (START).

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

SAFETY NOTICE

The National Committee strongly recommends that the following warning appears on all start sheets:

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, ALL JUNIOR competitors must wear Protective Hard-Shell Helmets. It is recommended that a WORKING REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

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SIGNING-ON SHEET & RACE NUMBERS

Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.

USUAL HQ

Car Park Danebury Hill (SU335375)

SAFE ROUTE TO START AND FROM FINISH

Usual HQ is between the Start and Finish points.

GUIDANCE NOTES FOR PROMOTING SECRETARIES

DUTY OF CARE

The Riders

The Primary “Duty of Care” rests with the Riders, it is their responsibility to:

- Comply with traffic law and regulations, the Highway Code and the Risk Assessment. Failure to comply renders a Rider liable to disqualification and possible further disciplinary action.
- Observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- Ride in a manner that is safe for themselves and all others.
- Accept they participate at their own risk and must rely on their own ability and judgement in dealing with all hazards.

Other Road Users

Other Road Users, particularly drivers, have a “Duty of Care”, it is their responsibility to:

- Comply with traffic law and regulations and to obey the Highway Code.
- Observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- Drive in a manner that is safe for themselves and all others.
- Accept that cyclists have a legal right to use the Highway.

The Highways Authorities

The Highways Authorities have a “Duty of Care” to provide a Safe Road Infrastructure, it is their responsibility to:

- Identify locations where there is a potential for conflict between road users.
- Reduce conflict by the use of signs, road markings or physical systems such as traffic lights and roundabouts.
- Reduce risks caused by hazards such as sharp bends, steep hills and narrow sections of road, wild life and vulnerable people by signing and road markings.
- Decide speed limits and implement traffic calming measures to reduce accidents.
- Repair defective road surfaces, cut back vegetation, remove abandoned cars and fly tipping.

The Governing Body for Cycle Time Trials

The District Council of the Governing Body has a “Duty of Care”, it is their responsibility to:

- Check what the Highways Authorities have done is suitable for cycle time trials by carrying out a Course Risk Assessment and introducing additional specific measures to make the road safer for Riders and other road users. If additional measures are not required this will be

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recognised and signified on the Course Risk Assessment by the words “No additional measures required”.

- Instruct the Promoting Secretary (Event Organiser) on action to reduce all risks to “LOW”.

The Event Organiser (or Promoting Secretary)

The Promoting Secretary (Event Organiser) has a “Duty of Care”, he or she is responsible for:

- Implementing the Measures to Reduce Risk identified in the Course Risk Assessment.
- Completing an Event Risk Assessment to identify any additional risks arising shortly before the event and briefing Riders if appropriate, and taking measures to reduce new risks to “LOW”. This could include contacting the Highways Authority to eliminate hazards, e.g. potholes, broken grids, and abandoned cars as part of the Authority’s “Duty of Care”.
- Submitting an Event Risk Assessment to the District Secretary of the Governing Body after the event. If there were no additional hazard, a Nil Return is required.

2. FULL COURSE DESCRIPTION FOR START SHEETS

1. START At the top of Danebury Hill heading towards Red Rice (SU335376).
2. Proceed North on Stockbridge Road toward Redrice.
3. At Redrice Farley school entrance turn left on to a minor road (SU338420).
4. Proceed towards A343 joining the main road.
5. At junction (SU331420) turn left on to A343 towards Kentsboro.
6. At Kentsboro turn left towards Danebury Hill Fort.
7. Follow the road to the Danebury hill turning left (SU335376) past the start.
8. Repeat the circuit for a further time.
9. FINISH is at the same point as the Start (SU335375), 16 miles

3. COURSE RISK ASSESSMENT

Approved by the District Council for Time Trial Secretaries and Promoting Secretaries.

	Location	Details of Hazard	Risk	Measure to reduce risk	Action
1	General Requirements	Road Usage meets CTT standards	L	Traffic Counts /Time Restrictions	
2	Before START	Competitors riding from Event HQ to the start. Competitors warming up	L	Warning on start sheet	
3	Area of START	Competitors waiting at side of road. Timekeepers vehicle only.	L	Cycle event warning signs on Stockbridge Road East and West of start as well a North on Red Rice Road. Instructions on start sheet on conduct at start	WS
4	START on the slip road at the Danebury Hill turning. (SU335376)	Competitors and/or Holder Up falling	L	No additional measures	
5	Farm entrance (SU334395)	Minor road	L	No additional measures	
6	Saxley Farm access (SU334400)	Minor road on left	L	No additional measures	

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7	Descent into fast S bend (SU336406)	Fast decent into S bend right then left	M	Warning on start sheet. No additional measure.	WS
8	Right hand bend (SU335416)	Right hand bend	L	No additional measures	
9	Left turn minor road opposite school entrance (SU338420)	Left turn minor road	L	Direction sign	DS
10	Head north towards A343 joining minor road (SU335421)	Give way joining Minor road	L	Warning sign East of junction	WS
11	Give way and turn left onto A343 (SU331425)	Give way left turn onto Major road	M	Marshal and/or warning sign North of junction. Caution fast traffic	M WS
12	Farm entrance (SU330423)	Minor road on right	L	No additional measures	
13	Farm entrance	Minor road on right	L	No additional measures	
14	Old Stockbridge Road (SU308401)	Minor road on right	L	No additional measures	
15	Kentsboro. Left turn to Danbury ring (SU307400)	Shape left turn towards Danbury ring.	M	Direction signs. Notice to riders on start sheet	DS
16	S bend right then left (SU317393)	S bend right then left	L	No additional measures	
17	Danbury Ring access road (SU332378)	Minor road on right	L	No additional measures	
18	Left turn minor road to Redrice passing START (SU335376)	Left turn into minor road	L	Marshal and/or direction sign.	DS
19	Farm entrance (SU334395)	Minor road	L	No additional measures	
20	Saxley Farm access (SU334400)	Minor road on left	L	No additional measures	
21	Descent into fast S bend (SU336406)	Fast decent into S bend right then left	M	Warning on start sheet. No additional measure.	WS
22	Right hand bend (SU335416)	Right hand bend	L	No additional measures	
23	Left turn minor road opposite school entrance (SU338420)	Left turn minor road	L	Direction sign	DS
24	Head north towards A343 joining minor road (SU335421)	Minor road	L	No additional measures	
25	Give way and turn left onto A343 (SU331425)	Give way left turn onto Major road	M	Marshal and warning sign North of junction. Caution fast traffic	M WS
26	Farm entrance (SU330423)	Minor road on right	L	No additional measures	
27	Farm entrance	Minor road on right	L	No additional measures	
28	Old Stockbridge Road (SU308401)	Minor road on right	L	No additional measures	

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29	Kentsboro. Left turn to Danbury ring (SU307400)	Shape left turn towards Danbury ring.	M	Direction signs. Notice to riders on start sheet	DS
30	S bend right then left (SU317393)	S bend right then left	L	No additional measures	
31	Danbury Ring access road (SU332378)	Minor road on right	L	No additional measures	
32	Left turn minor road to Redrice passing START (SU335376)	Left turn into minor road	L	Marshal and/or direction sign.	DS
33	Farm entrance (SU334395)	Minor road	L	No additional measures	
34	Saxley Farm access (SU334400)	Minor road on left	L	No additional measures	
35	Descent into fast S bend (SU336406)	Fast decent into S bend right then left	M	Warning on start sheet. No additional measure.	WS
36	Right hand bend (SU335416)	Right hand bend	L	No additional measures	
37	Left turn minor road opposite school entrance (SU338420)	Left turn minor road	L	Direction sign.	DS
38	Head north towards A343 joining minor road (SU335421)	Minor road	L	No additional measures	
39	Give way and turn left onto A343 (SU331425)	Give way left turn onto Major road	M	Marshal and/or warning sign North of junction. Caution fast traffic	M WS
40	Farm entrance (SU330423)	Minor road on right	L	No additional measures	
41	Farm entrance	Minor road on right	L	No additional measures	
42	Old Stockbridge Road (SU308401)	Minor roads on left	L	No additional measures	
43	Kentsboro. Left turn to Danbury ring (SU307400)	Shape left turn towards Danbury ring.	M	Direction signs. Notice to riders on start sheet	DS
44	S bend right then left (SU317393)	S bend right then left	L	No additional measures	
45	Danbury Ring access road (SU332378)	Minor road on right	L	No additional measures	
46	FINISH (SU335375) Farm Entrance	Finish area with timekeeper's vehicle only	L	Chequered board/flag. Instructions on start sheet – not times will be given/no stopping/no U-turns at Finish Warning signs East of finish	WS
47	FINISH	After Competitors returning to HQ	L	Instructions on start sheet on safe route.	

Action Guide:
WS = Warning Sign

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DS = Direction Sign

M = Marshal

RACE OFFICIALS

Minimal list of officials to organise and run each event.

Role		
Signs Out		
Signing On/Off		
Race Fees and payments		
Time Keeper Starter		
Pusher Off		
Time Keeper Finish		
Time Keeper Assist		
Signs In		
Marshal 1 – A343 Junction (11) (25) (39)		

TIME RESTRICTIONS ON USE OF COURSE

General restriction applies that no riders on the course before 10:00.

Evening events should account that all riders should finish before sunset.

No restriction to the day of the week.

4. ORDNANCE SURVEY MAPS COVERING COURSE WITH GRID REFERENCE SQUARES

MAP DETAILS:

Ordnance Survey - Landranger Series Sheet 185

Grid Square References: SU SU302437

5. STREET MAPS to aid identification of Hazards

STREET ATLAS:

Ordnance Survey – Explorer Series Sheet 131

6. EVENT RISK ASSESSMENT

To be prepared by the Promoting Secretary to identify specific additional hazards and returned to the District Secretary.

PROMOTING CLUB: Andover Wheelers

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DATE OF EVENT:

Red Rice 16-mile Time Trial Programme - 2022

Date	Event	Start	Course
21 June 2022	Red Rice 16-mile TT (Hilly Circuit)	19:00	P621c

Signed: *Graeme Rasdall-Lawes*

Date: 16 March 2022

GUIDANCE NOTES for Promoting Secretary

The purpose of this form is to forward details of any additional hazards or incidents that occurred during the event, that may require an amendment to the Course Risk Assessment and record any measures taken to reduce risks from additional hazards.

Location should include Ordnance Survey Grid Reference to ease identification of hazard.

Inspect the Course during the week before Race Day for additional hazards such as potholes, broken grids and abandoned cars and contact the Highway Authority to have them eliminated as part of their responsibility for "Duty of Care". Also inspect the Course for other incidents and hazards such as temporary road works, diverted traffic, other local events, mud and parked vehicles.

Please record any measures you took to reduce risk including replacing marshals and any comments on additional measures that might be added to the Course Risk Assessment for future events.

A completed copy of this form should be sent to the District Secretary after the event even if there were no additional hazards to report.