## **Course identification : LL300 - 30 miles Braithwaite, Keswick, Cockermouth, Keswick, Braithwaite** Risk assessment prepared by : K Hesketh

Date : Feb 2009 (Based on open event RA March 2006); Approved by District Committee 17 June 2009

	Location	Details of hazard	Risk before mitigating action (H,M,L)	Measures to reduce risk	Risk after mitigating action (H,M,L)
1	General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts <b>Organiser</b> to ensure course checked on day	L
2	Before start	Competitors parking. Competitors riding from HQ and warming up. Roundabout.	L	<b>Organiser</b> to place cycle event warning signs and instructions to riders at signing-on to park carefully and warning of U turns and prohibited areas for warming up.	L
3	Start area	Competitors waiting in lay-by	L	<b>Organiser</b> to place cycle event warning signs and display head up sign.	L
4	Start on A66 –just past junction nof old A66 and new A66 (NY237237)	Competitor/holder up falling.	L	No additional measures required.	L
5	Portinscale junction	Traffic lane narrows (centre islands)	L	<b>Organiser</b> to remind riders to take care in notice at signing-on.	L
6	Keswick junction	<ol> <li>Traffic lane narrows (centre islands)</li> <li>Traffic joining from right</li> </ol>	L	<b>Organiser</b> to place cycle event warning signs facing traffic and remind riders to take care in notice at signing-on.	L
7	Keswick roundabout	<ol> <li>Traffic from right when riders join roundabout.</li> <li>Traffic from left from Keswick, A591 and Penrith directions</li> </ol>	L	<b>Organiser</b> to place cycle event warning signs and position marshals for safety and to direct riders.	L
8	Keswick junction	<ol> <li>1. Traffic lane narrows (centre islands)</li> <li>2. Traffic joining from leeft &amp; right</li> </ol>	L	<b>Organiser</b> to place cycle event warning signs facing traffic and remind riders to take care in notice at signing-on.	L
9	Portinscale junction	<ol> <li>Minor road junction on left</li> <li>Traffic lane narrows (centre islands)</li> </ol>	L	No additional measures required.	L
10	Braithwaite junction (1)	<ol> <li>Minor road junction on left</li> <li>Traffic lane narrows (centre red hatching)</li> </ol>	L	No additional measures required.	L

	Location	Details of hazard	Risk before mitigating action (H,M,L)	Measures to reduce risk	Risk after mitigating action (H,M,L)
11	Braithwaite junction (2)	<ol> <li>Minor road junction on left</li> <li>Traffic lane narrows</li> </ol>	Μ	No additional measures required.	L
12	Braithwaite/Thorn- thwaite junctions	<ul><li>(centre red hatching)</li><li>1. Minor road junction</li><li>2. Traffic lane narrows</li><li>(centre red hatching)</li></ul>	Μ	No additional measures required.	L
13	Turn to Pheasant Hotel	Minor road junction	L	No additional measures required.	L
14	Embleton East	Minor cross roads	L	No additional measures required.	L
15	Embleton West	Minor cross roads	L	No additional measures required.	L
16	Riders encircle Cockermouth roundabout	Traffic aproaching from right when joining and then left at next four entrances to roundabout.	Μ	<b>Organiser</b> to place cycle event warning signs and position marshal for safety and to direct riders.	L
17	Embleton West	Minor cross roads	L	No additional measures required.	L
18	Embleton East	Minor cross roads	L	No additional measures required.	L
19	Dubwath	Traffic joining A66	L	<b>Organiser</b> to place cycle event warning signs and post notice to remind riders to take care at signing-on.	L
20	Road narrows on left north of Braithwaite village	Kerb juts out into road margin. Danger of riders colliding with kerb	L	<b>Organiser</b> to place warning signs and to warn riders at signing-on.	L
21	Braithwaite/Thorn- thwaite junction	Traffic lane narrows (centre red hatching)	L	No additional measures required.	L
22	Braithwaite junction (2)	Traffic lane narrows (centre red hatching)	L	No additional measures required.	L
23	Braithwaite junction (3)	Traffic lane narrows (centre red hatching)	L	No additional measures required.	L
	Riders repeat 5 to 11				
24	Finish opposite Braithwaite Village Hall (NY232238).		L	<b>Organiser</b> to notify riders at signing-on that no times will be given to competitors or supporters at finish.	L