

Courses and roads assessed. LL108 - Chapel Brow 10	Course local to: Out and back Bridgefoot – Cockermouth – Bridgefoot mostly on A66
Date of assessment/ review 18 Jan 2023	Name of assessor: Kevin Hesketh

### **Course description**

A 10 mile out and back course. Course starts at first farm gate on the Great Clifton junction approx 250 of A66/A595 Bridgefoot/Clifton Roundabout. Where riders take the first exit heading towards Cockermouth. Riders continue heading towards Cockermouth taking the 3rd exit on the first small roundabout (towards Cockermouth) in an easterly direction towards Cockermouth. At the A66/A5086 'Premier Inn' Roundabout riders will again encircle the Roundabout and retrace the A66 in a westerly direction towards the junction sign posted Brigham, where bear left onto 'Brigham' and at top of short rise follow the road round to the right (Low Road) and continue on this road until Bridgefoot, climbing hill past church (on left) to finish approximately 25 metres past crest and concrete bus shelter.

### **Traffic flows**

Main road suitable only for quiet times of day, with minor road used for about half the return leg.

### **Course event/history**

This is a Type B (Club) events course.



### Key identified risks

	Distance	Location	Identified Significant	Level of Risk	Measures to reduce Risk (if applicable)
			Risk/Hazards	Low/Med/High	
1		General	Time of event meets CTT		Traffic counts
		requirements	standards. Course clear on day.		Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors	LOW	Organiser to place 'CYCLE EVENT' warning signs.
			riding from HQ and warming up.		
3		Start area	Competitors waiting	LOW	Organiser to place cycle event warning signs and display
					head up sign.
4	0.0 miles	START on Main	Passing traffic on minor road.	LOW	Organiser to position 'CYCLE EVENT' warning sign to make
		Road to Great			rivers aware of cycle event and ensure officials to wear
		Clifton at first farm			high visibility jackets/bibs.
		gate on the Great			LOCAL Rules – riders not to perform a 'U'-turn in the
		Clifton junction			vicinity of the start. Organiser to ensure riders are
		approx 250yds			reminded with a notice at signing-on.
		from A66/A595			
		Bridgefoot/Clifton			
		Roundabout.			
5		A66/A595	Traffic from right	LOW	Organiser to place cycle event warning signs and to brief
		Bridgefoot/Clifton	_		start officials to remind riders to take care give way if
		Roundabout -			needed at the roundabout.
		riders take the first			
		exit heading			
		towards			
		Cockermouth			



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
6		Junction left with Great Broughton Road – riders continue on A66	Passing traffic and traffic turning into and out of Great Broughton Road	LOW	Organiser to place cycle event warning signs.
7		Small roundabout on A66. Riders take 3rd exit in an easterly direction towards Cockermouth	Traffic joining roundabout from 1 <sup>st</sup> and 2 <sup>nd</sup> exits.	MED	<b>Organiser</b> to place cycle event warning signs and position 2 marshals on the roundabout for safety and direction.
8		A66 east towards Cockermouth	Passing traffic	LOW	Organiser to place cycle event warning signs at intervals.
9		A66/A5086 'Premier Inn' Roundabout - riders encircle the Roundabout and retrace on the A66 in a westerly direction		MED	<b>Organiser</b> to place cycle event warning signs and position 2 marshals for safety and direction.



10	E	Junction left with Ellerbeck Brow – riders continue on A66	Passing traffic.	LOW	Organiser to place cycle event warning signs at intervals.
11	c 1 v	Small roundabout on A66. Riders take 1st exit in a westerly direction on A66	Traffic from right.	LOW	Covered by measures for Item 7.
12	c V c t t	Riders bear left onto Brigham Village and at top of short rise follow the road round to the right (Low Road).	Passing traffic.	LOW	Organiser to place cycle event warning signs and position 1 marshal for safety and direction.
15	L E C	Riders continue on Low Road until Bridgefoot, climbing hill past church (on left)	Minor road with some rider passing through residential areas.	LOW	<b>Organiser</b> to place a notice at signing-on advising riders to take particular care through the residential areas.
16	a a c a	FINISH approximately 25 metres past crest of hill in Bridgefoot and concrete bus shelter	Passing traffic.	LOW	<b>Organiser</b> to ensure finish officials are careful to keep well in to the side and not to park their vehicles too near the finish.



#### NOTES:

- 1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
- 2. The small junctions or entrances to farms/facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
- 3. All rules of the road must be followed as to 'the Highway Code'.
- 4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

Risk assessment Au	thor: Kevin Hesketh
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Date: 18 JAN 2022