distance location identified risks level of risk meausure to reduce risk

riders to wear

fluorescent

 start ; strand traffic passing numbers

 annealing lane , riders on back and

0,00 miles at lamppost BG1727 waiting to start low lights on bikes

traffic

 start of circuit approaching

 approach school RTB at RTB from right cycle event sign

0.02 miles take first left medium near rtb

approach station RTB

 take 3rd turning traffic

retracing back to approaching/ cycle event sign .55miles school RTB at RTB medium at RTB

traffic

 approach school RTB approaching

0.9 miles 1st left straight on /at RTB medium cycle event sign

approach college RTB

take 3rd exit retracing back to traffic

 school approaching

2.15 miles rtb /at RTB medium cycle event sign

 approach school traffic

 RTB take 2nd exit approaching

3.4miles straight on / at RTB medium cycle event sign

end of 1st circuit , repeat 3 times

approach school RTB

 take 1st exit and traffic

 enter approaching /

9.8 miles Strand Annealing lane at RTB medium cyle event sign

possible traffic

9.92 miles finish on road low