

| Courses and roads assessed. LL150 - Cartmel Circuit (revised) | Course local to: Cartmel, Newby Bridge, Backbarrow, Haverthwaite and Cark |
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| Date of assessment/ review 8 May 2023 Approved 5 July 2023 | Name of assessor: James Hodgson and Peter McClure (Barrow Central Wheelers) |

Course description

The start is approximately 0.33 mile from the Pig & Whistle junction heading towards Field Broughton. The start position is at the field gate entrance to Cartmel Switch Station on the left adjacent to MEL Furniture Restorers sign. The right-hand gate post is the start line. Proceed North toward Field Broughton. At fork in road bear left and on past Field Broughton. Carry on to junction with A590. Turn left to proceed Southwest towards Newby Bridge, take first exit at roundabout and follow A590 onto dual carriageway past Backbarrow and Haverthwaite railway to turn left onto the B5278 (Holker Mosses Road) at Haverthwaite crossroads and proceed South to Low Wood, on past Stribers Farm, Holker Hall and bear left at the pub as you approach Cark. Keep left at the pub and carry on round to the left to join the Cartmel Road. Proceed North towards Cartmel. Finish opposite Cartmel Priory school at the beginning of the layby (at street light 165)

Course HQ: Layby opposite Cartmel Priory School

Traffic flows

Mix of roads with some sections on the busy A590.

Course event/history

This is a Type B (Club) events course.

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Key identified risks

| | Distance | Location | Identified Significant Risk/Hazards | Level of Risk Low/Med/High | Measures to reduce Risk (if applicable) |
|---|-----------|---|--|-------------------------------|--|
| 1 | | General requirements | Time of event meets CTT standards. Course clear on day. | | Traffic counts Organiser to ensure course checked on day |
| 2 | | Before start | Competitors parking. Competitors riding from HQ and warming up. | LOW | Organiser to place 'CYCLE EVENT' warning signs. |
| 3 | | Start area | Competitors waiting | LOW | Organiser to place cycle event warning signs and display head up sign. Organiser to prominently display head up sign at signing on and warn of requirement for care when riding through Cartmel village and traffic calmed area. |
| 4 | 0.0 miles | start approx 0.33 mile from the Pig & Whistle junction heading towards Field Broughton at the field gate entrance to Cartmel Switch Station on the left adjacent to MEL Furniture Restorers sign. | Competitor/Starting Marshal falling and vehicles approaching. | LOW | Organiser to position 'CYCLE EVENT' warning sign to make rivers aware of cycle event and ensure officials to wear high visibility jackets/bibs. |
| 5 | | Section from Start to A590. | Potential for slow moving farm vehicles, livestock and pedestrians on narrow lane. | LOW | Organiser to brief Start Marshal to warn riders of approaching traffic and to advise of potential hazards and emphasise head up riding. |
| 6 | | Left turn at road fork. | Riders to keep left. Potential to go straight ahead. | LOW | Organiser to place direction sign visible to riders. |

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| | Distance | Location | Identified Significant Risk/Hazards | Level of Risk Low/Med/High | Measures to reduce Risk (if applicable) |
|----|----------|--|---|-------------------------------|--|
| 7 | | Joining A590 | Fast moving traffic on A590 approaching from right. Riders to keep well in to left. | MED | Organiser to place large cycle event warning sign prominently placed to be visible to approaching A590 traffic and place left turn sign visible to riders on approaching the A590. Organiser to position 1 marshal for safety and direction. |
| 8 | | SHELL Filling Station on A590. | Traffic turning right across path of oncoming riders. Traffic exiting Filling Station (slowly). Stationary traffic. | MED | Organiser to contact Filling Station to put EVENT WARNING TRIANGLES by exits. Organiser to place cycle event warning triangle on Northeast-bound approach to Filling station. |
| 9 | | Roundabout at Newby Bridge. Riders take first exit towards Haverthwaite. | Stationary traffic. Traffic turning at roundabout. | LOW | Organiser to place cycle event warning signs on all approaches to roundabout and position 2 marshals for safety and direction. |
| 10 | | Left Turn from A590 onto B5278 at Haverthwaite crossroads | Poor road surface on slip road. Traffic turning right. | LOW | Organiser to place cycle event warning signs on all approaches to junction and place left turn sign and position 1 marshal for safety and direction. |
| 11 | | Left turn at old pub on approach to Cark | Potential for traffic in middle of road. Riders to keep left. | LOW | Organiser to place cycle event warning sign visible to traffic approaching from the right, place left turn sign and position 1 marshal for safety and direction. |
| 12 | | Left turn onto Cartmel Road | Potential for traffic approaching from right. | LOW | Organiser to place cycle event warning sign visible to traffic approaching from the right, place left turn sign and position 1 marshal for safety and direction. |

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| | Distance | Location | Identified Significant | Level of Risk | Measures to reduce Risk (if applicable) |
|----|----------|--|---|---------------|---|
| | | | Risk/Hazards | Low/Med/High | |
| 16 | | FINISH opposite Cartmel Priory school at the beginning of the layby (at street light 165). | Junction/Village congestion/traffic calmed area 200m beyond finish. | LOW | Organiser to ensure riders are warned at sign-on to slow down immediately after finish. |

NOTES:

- 1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
- 2. The small junctions or entrances to farms/facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
- 3. All rules of the road must be followed as to 'the Highway Code'.
- 4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

| Risk assessment Author: James Hodgson and Peter McClure Barrow Central | Date: 8 May 2023 |
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| Wheelers | |