# TEAM CAMBRIDGE



Affiliated to CTT ECCA

#### Ron Edwards Memorial Open 10 mile time trial

Saturday 16<sup>th</sup> July 2016 Course F2/10D Start 14.00 Hrs

( Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations )

Ron Edwards was a founder member of Team Cambridge who died after a long illness. His personality contributed significantly to the success of the Club.

Timekeepers: Tim Groves, Derek Taylor

Event Secretary: Charles Tallack, 14 Horseshoe Close, Balsham Cambridge CB21 4EQ.

Tel: 07870 366741

Awards	Scratch	Lady/Junior
1 <sup>st</sup>	£40	£40
2 <sup>nd</sup>	£35	£35
3 <sup>rd</sup>	£30	£30
4 <sup>th</sup>	£25	
5 <sup>th</sup>	£20	
6 <sup>th</sup>	£15	

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. ALL JUNIOR competitors under the age of 19 years are required to wear a suitably approved helmet. Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light, whilst competing.

#### **Event Headquarters**

The Hub Community Centre, High Street, Cambourne CB23 6GW
Numbers will be at the HQ and can be exchanged for a drink after the event.
You must collect your number personally and sign the official signing on sheet

#### F2/10D course

START (GR322603) on old A428 east of Cambourne flyover, about 350yds east of RAB (on north side of DC Flyover), at 12<sup>th</sup> drain east of double gates, entrance to Water Tower.

Proceed westwards on old A428 to RAB where 1st exit onto A428 eastbound, about 1 mile after Hardwick flyover bear left onto A1303, signed Cambridge, pass over A428 to:-

TURN (5.05 mls.) at Madingley RAB. Retrace on A428 westbound to leave A428 at Cambourne flyover. At top of slip road take 1<sup>st</sup> exit towards Cambourne to.

FINISH (GR318601) about 170yds after leaving A428 slip rd.; just past private lane, Crowdene, and 6yds past grey Cambourne sign and 30yds before (i.e. north of) lamppost 35.

NOTE. Give way to traffic at give way line on roundabout before finish

#### **Local Rules:**

- 1 No warming up by competitors on the course once the event has started.
- 2 No U-turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
- 3 Marshals placed to direct competitors off the main carriageway must not stand at the apex between the carriageway and the slip road, but should be located at the commencement of the slip road.

#### **TANDEM**

Bib	Start Time	First Name	Last Name	Club
1	14:01:00	Colin	WHITECHURCH	Ely & District CC
1	14:01:00	Celia	WHITECHURCH	Energy Cycles
2	14:02:00	Christopher	YORK	Maldon & District CC
2	14:02:00	Joanne	YORK	Maldon & District CC
3	14:03:00	Graeme	KING	45 RC
3	14:03:00	Ruth	FREESTONE KING	45 RC

#### **LADIES**

Bib	Start Time	First Name	Last Name	Club
4	14:04:00	Sarah	SENDERSKI	Phoenix Velo
5	14:05:00	Sally	WITHEY	Team Swift
6	14:06:00	Gillian	REYNOLDS	Willesden CC
7	14:07:00	Lou	CAMPION	Wisbech Whs
8	14:08:00	Mandy	BUNN	CC Sudbury
9	14:09:00	Amelia	CASS	SportCity
10	14:10:00	Emily	COX	Bedfordshire Road RT
11	14:11:00	Francesca	RUST	Ely & District CC
12	14:12:00	Wendy	GOODING	St Ives CC
13	14:13:00	Rachel	JARVIS	Colchester Rovers CC
14	14:14:00	Alison	HOLMES	Ely & District CC
15	14:15:00	Susan	TRIPLOW	Essex Roads CC
16	14:16:00	Louise	DAY	Team Swift
17	14:17:00	Kristy	HOWELLS	Boot Out Breast Cancer CC
18	14:18:00	Denese	HALLAHAN	Wisbech Whs
19	14:19:00	Katie	TOFT	Mossley Cycle Racing Team

### **GENTLEMEN**

Bib	Start Time	First Name	Last Name	Club
20	14:20:00	Richard	CARRINGTON	West Suffolk Whs & Triathlon Club
21	14:21:00	Peter	HUNT	Royal Air Force Cycling Association
22	14:22:00	Graham	PEPPERDINE	Verulam CC
23	14:23:00	Ron	BACK	West Suffolk Whs & Triathlon Club
24	14:24:00	David	FENN	CC Sudbury
25	14:25:00	Colin	LIZIERI	Cambridge CC
26	14:26:00	Simon	FITZHUGH	45 RC
27	14:27:00	Alan	HARVEY	Finsbury Park CC
28	14:28:00	Jonathan	TULLY	Ely & District CC
29	14:29:00	Gary	DONALD	100% ME
30	14:30:00	mathew	ELEY	Ely & District CC
31	14:31:00	Roger	SEWELL	Hounslow & District Whs
32	14:32:00	Peter	CUTLER	Regents Park Rouleurs
33	14:33:00	David	HOWES	West Suffolk Whs & Triathlon Club
34	14:34:00	Colin	HARRIS	CC Sudbury
35	14:35:00	Simon	DOYLE	Team Salesengine.co.uk
36	14:36:00	Patrick	SMITH	Bedfordshire Road RT
37	14:37:00	ed	WATSON	Ratae RC
38	14:38:00	Patrick	CHARLTON	Wolsey RC
39	14:39:00	Andrew	KNOWLES	St Ives CC
40	14:40:00	Robert	GOLDING	Ely & District CC
41	14:41:00	Peter	COCKER	Witham Wheelers
42	14:42:00	Mark	FAIRHEAD	CC Breckland
43	14:43:00	Paul	SPARKS	Ely & District CC
44	14:44:00	lan	AUNGER	Rockingham Forest Whs
45	14:45:00	Keith	DORLING	Team Bottrill
46	14:46:00	Karl	HINER	Nice Tri Triathlon Club St Neots
47	14:47:00	Mark	EASTWOOD	West Suffolk Whs & Triathlon Club
48	14:48:00	Louis	ROLFE	Para T
49	14:49:00	stephen	SENDERSKI	Phoenix Velo
50	14:50:00	John	DOWLING	Hemel Hempstead CC
51	14:51:00	Franz	FUERST	Cambridge CC
52	14:52:00	Nigel	HODGE	Tri- Anglia Triathlon Club
53	14:53:00	Adrian	BRIERS	Icknield RC
54	14:54:00	MICHAEL	GIBBONS	Bigfoot CC
55	14:55:00	Andy	ROFFE	Team Salesengine.co.uk
56	14:56:00	Simon	DAW	Veloschils Interbike RT

57	14:57:00	John	STEED	West Suffolk Whs & Triathlon Club
58	14:58:00	John	BROWN	Wisbech Whs
59	14:59:00	Robert	BUSH	CC Sudbury
60	15:00:00	Max	SAHOTA	St Ives CC
61	15:01:00	Peter	WRIGHT	Rugby Racing Cycling Club
62	15:02:00	Chris	SYMONDS	North Road CC
63	15:03:00	Will	SHEPHERD	Ely & District CC
64	15:04:00	Roy	SAVERY	De Laune CC
65	15:05:00	Andrew	HORNER	Stowmarket & District CC
66	15:06:00	Steve	PECK	Newmarket Cycling & Triathlon Club
67	15:07:00	Carl	STEPHENS	Basildon CC
68	15:08:00	John	COLES	West Suffolk Whs & Triathlon Club
69	15:09:00	David	SULLIVAN	Cardiff Ajax CC
70	15:10:00	Martin	REYNOLDS	Cambridge CC
71	15:11:00	Richard	MAY	Islington Cycling Club
72	15:12:00	Len	BENTON	Colchester Rovers CC
73	15:13:00	Paul	WOODHAM	Bossard Whs
74	15:14:00	David	RIGBY	St Ives CC
75	15:15:00	Neil	WOOD	Dig Deep Coaching
76	15:16:00	Paul	ROOKE	West Suffolk Whs & Triathlon Club
77	15:17:00	Vincent	JENKINS	LeisureLakesBikes.com
78	15:18:00	Andrew	PORTER	Welwyn Whs
79	15:19:00	James	CROSSLEY	Bicester Millennium CC
80	15:20:00	Ken	PLATTS	Cambridge CC
81	15:21:00	Simon	PITCHFORD	Fenland Clarion CC
82	15:22:00	Peter	COOKSON	Willesden CC
83	15:23:00	Peter	KERRY	Ipswich Velo
84	15:24:00	Leslie	MORRIS	VTTA (London & Home Counties)
85	15:25:00	Jon	WILSON	Newmarket Cycling & Triathlon Club
86	15:26:00	Nicholas	FAIRFIELD	City RC (Hull)
87	15:27:00	Derek	RICKETTS	Ely & District CC
88	15:28:00	Stephen	HOLMES	VC Norwich
89	15:29:00	Stuart	HOCKNELL	Team Salesengine.co.uk
90	15:30:00	Stuart	TRAVIS	Wellingborough Cycles RT
91	15:31:00	Hugo	HOCKNELL	Team Salesengine.co.uk
92	15:32:00	Adrian	WHITING	Performancecoaching.me
93	15:33:00	Peter	ANSTEY	Welwyn Whs
94	15:34:00	Anthony	BYE	Wisbech Whs
95	15:35:00	robert	WATSON	Team Velovelocity
96	15:36:00	Kevin	CREESE	Chronos RT
97	15:37:00	Adrian	FEEK	Bath Road Club
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98	15:38:00	Terry	ANDERSON	Shaftesbury CC
99	15:39:00	David	CASS	Sheffrec CC
100	15:40:00	Sean	TAYLOR	Royal Air Force Cycling Association
101	15:41:00	Roger	PORTER	Verulam CC
102	15:42:00	Nick	CANDY	North Road CC
103	15:43:00	Jan	ERTNER	Cambridge CC
104	15:44:00	Eric	MARSH	Ciclos Uno
105	15:45:00	Sam	HAYES	Team Salesengine.co.uk
106	15:46:00	David	CREESE	Chronos RT
107	15:47:00	Mark	INGRAM	Fenland Clarion CC
108	15:48:00	Robert	TILLOTT	St Ives CC
109	15:49:00	Keith	MCCARTHY	Newmarket Cycling & Triathlon Club
110	15:50:00	Tom	TRIMBLE	CC Ashwell
111	15:51:00	Phillip	GOSLING	Ely & District CC
112	15:52:00	Andy	KENNEDY	Ipswich BC
113	15:53:00	Adrian	WADSWORTH	VC 10
114	15:54:00	Nikos	PAPANIKOLAOU	Cambridge CC
115	15:55:00	Leigh	SMITH	Equipe Velo
116	15:56:00	Ed	DEAN	Norwich A B C
117	15:57:00	John	ADAMS	Stowmarket & District CC
118	15:58:00	Tom	LEMON	Team Cambridge
119	15:59:00	Matthew	ROBERTSON	Woolwich CC
120	16:00:00	Ross	CLARKE	TMG Horizon Cycling Team
121	16:01:00	Tim	CHILDS	Westerley Cycling Club
122	16:02:00	Martin	HOLMES	Ely & District CC
123	16:03:00	David	SOLOMON	Whitewebbs CC
124	16:04:00	Merv	PLAYER	Hertfordshire Whs
125	16:05:00	Andy	STUART	Velo Club St Raphael
126	16:06:00	Matthew	READER	Verulam CC
127	16:07:00	Stephen	RADMALL	Hinckley Cycle Racing Club
128	16:08:00	clive	FAINE	Team Milton Keynes
129	16:09:00	Derek	LUSHER	Norwich A B C
130	16:10:00	Rob	YOUNG	Team Vision Racing - Silverhook
131	16:11:00	Andy	SEWELL	Aspire Velo Racing Team
132	16:12:00	Richard	BURTON	Westerley Cycling Club
133	16:13:00	Nick	WIGGAN	Cambridge University CC
134	16:14:00	James	GREENWOOD	West Suffolk Whs & Triathlon Club
135	16:15:00	John	MULVEY	Cambridge University CC
136	16:16:00	Jim	REED	Colchester Rovers CC
137	16:17:00	Andrew	BRIGHT	Chronos RT
138	16:18:00	Chris	GREEN	St Neots CC
			5	

139	16:19:00	Chris	PENNEY	St Ives CC
140	16:20:00	Mark	ARNOLD	CC Desiragear
141	16:21:00	lan	MARKHAM	Chronos RT
142	16:22:00	Alan	CRANE	Chronos RT
143	16:23:00	James	GOMM	Team Salesengine.co.uk
144	16:24:00	Richard	HIGH	Cyclesense CC
145	16:25:00	Mark	STEERS	Team Vision Racing - Silverhook
146	16:26:00	Graeme	DAVIDSON	Kenilworth Whs
147	16:27:00	Paul	FRENCH	Bedfordshire Road RT
148	16:28:00	David	LEDGERTON	Team Salesengine.co.uk
149	16:29:00	Roy	ROBINSON	Team Salesengine.co.uk
150	16:30:00	Jon	SURTEES	SSLL Racing Team

#### **ACKNOWLEDGEMENTS TO SPONSORS**



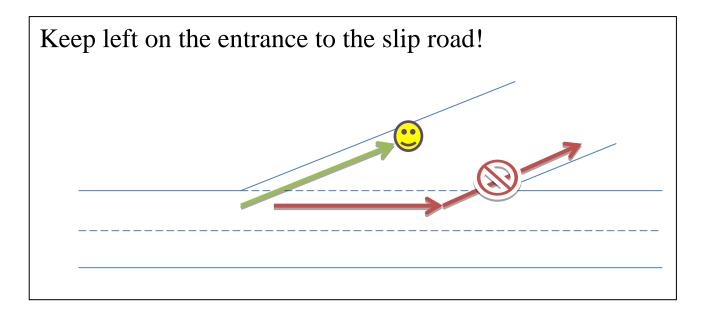
Energy Cycles
Boot Out Breast Cancer CC
Royal Air Force Cycling Association
Veloschils Interbike RT
Dig Deep Coaching
LeisureLakesBikes.com
Performancecoaching.me
TMG Horizon Cycling Team
Team Vision Racing - Silverhook
Cyclesense CC
SSLL Racing Team
British Cycling
Ely and District CC B & T Motor Repairs

Salesengine.co.uk

## **Special Notice:**

Riders, please do not leave it until the last moment to enter the slip road at the Madingley end of the course.

This causes confusion to motorists and increases the chance of an accident, besides making all cyclists unnecessarily unpopular and risking the course being unavailable in future.



I've measured the two paths and the green course is actually five metres shorter than the naughty red one – that's worth half a second!

We hope you enjoy the event and look forward to seeing you on the day.