**Present their annual 10 mile Time Trial**

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

**Saturday 11th June 2022 at 2pm**

on Course C10/10

**COURSE: Start on A15 Sleaford by Pass 0.25 miles south of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 through Osbournby to roundabout (A15/A52). Encircle Roundabout and retrace along A15 to FINISH approximatly 80 yards short of lay-by sign (approx1 mile going south) and 0.32 miles short of Start.**

**EVENT HQ:Silk Willoughby Village Hall, School Lane,Silk Willoughby, Lincolnshire. NG34 8PG**

**PARKING:** Please park with consideration to local residents.

**NUMBERS:** Will be issued when signing on.

**START: Allow** sufficient time to reach the Start which is approximately 3 miles from HQ.

**A map will be available at HQ.**

Parking in Start and Finish areas is restricted to Official vehicles only.

**RESTRICTIONS:** There must be no warming up on the course once the event is in progress.

**U TURNS** Within site of the Time keepers could lead to disqualification.

**AWARENESS OF SURROUNDINGS:** No head/earphones permitted except hearing aids (Reg. 19)

**SLEEVELESS TOPS:** Are not permitted. (Regulation 16)

**FINISH:** Please call your number out upon completing your ride.

**TIMEKEEPERS:** Sharon Fensom & Nicky Ellis ( Spalding CC)

**RESULTS BOARD: A Hardenberg** (Witham Wheelers)

**EVENT SEC**: Anthony Hardenberg, 3 Ashley Drive, Grantham, Lincolnshire, NG31 8JL Tel 07908201612

**IN THE INTERESTS OF YOUR OWN SAFETY, HARD SHELL HELMETS must be worn by all competitors**

**As per Regulation 15. CTT working front and back lights needed to ride** either flashing or constant, is fitted to the machine in a positionvisible to following road users and is active whilst the machine is in use.

**All Covid 19 Protacols will be in place**

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