

*Incorporating
Comet Cycling Club
Crescent Wheelers C.C.
University Cycling Club*



PROMOTED FOR AND ON BEHALF OF
CYCLING TIME TRIALS
UNDER THEIR
RULES AND REGULATIONS

Start Cover Sheet

Lea Valley Cycling Club

Tandem, Middle Markers & Solo open 10 mile TT

Course E2/10 2nd July 2022 Start Time 14:00

Race HQ

West Wrattling Village Hall, 79 High Street , West Wrattling. CB21 5LU

<https://www.google.co.uk/maps/@52.1458951,0.342208,3a,75y,183.85h,94.05t/data=!3m6!1e1!3m4!1s2Gq4ueOar3ZEBbqL8LwFGQ!2e0!7i13312!8i6656?hl=en>

Numbers and the signing-on sheet are held at the Race HQ. Please sign-on before you start and return to Race HQ to sign-off when you've finished (otherwise DNF as per CTT regulations). Signing on desk will be open from 12pm.

Please allow at least 15 minutes to get from the Race HQ to the start.

Event Secretary
Mark Freeman

Time Keepers
Mike Keen
Freda Wezel
Asst Time Keeper
Ian Taylor

Lea Valley Cycle Club was founded in 1969 by the amalgamation of the

CRESCENT WHEELERS C.C.

COMET CC

and in 2000 with

University CC



FOUNDED 1903



FOUNDED 1904



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LOCAL RULES:

No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre will result in disqualification and disciplinary action.

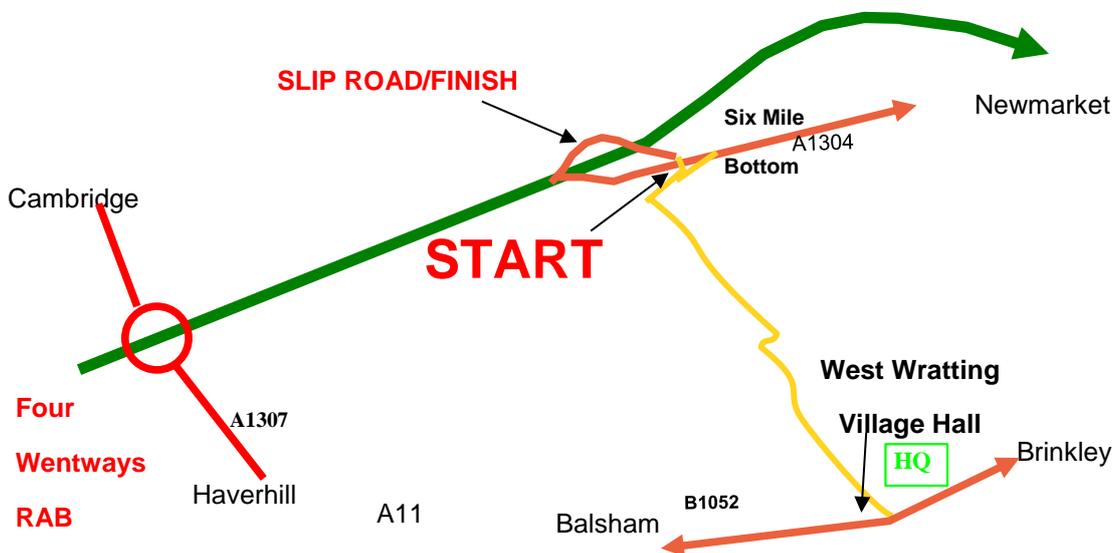
No warming up on the course once the event has started.

Riders MUST NOT wait on the carriageway when waiting to start.

No vehicles to park or stop on slip road or verges at Start or Finish; the road is a Clearway and stopping is an offence.

Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

Parking is NOT provided by event organisers. All entrants parking is at own risk.



Start GR: 573562 Finish GR: 571560 Police: C Local Regs: 4.7 & 4.8

START at paint mark at end of feeder road from West Wrating just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange, A1307, and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

Note to Competitors: When starting, take note of traffic entering slip road from your right. Give way if necessary.

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COVID Protocols

PLEASE READ ; We are retaining some of the previous CTT COVID protocols in order to protect both competitors and volunteers: - Sign-on/off will be inside HQ with hand sanitiser and a one-way system. Please bring your own pen. There will be no results board or refreshments offered at the event (Results will be posted online ASAP). - please bring your own pins if required. - Managed toilet access will be available at HQ but NO CHANGING FACILITIES. –

NO PERSONAL BELONGINGS MAY BE LEFT WITH TIME KEEPERS OR OFFICIALS. - Ensure adequate spacing to other competitors and officials at all times, especially during sign-on/off, warm up and at the start area (do not arrive more than 3-4 minutes early).

The

Mens and Womens Prizes			
	Scratch	Middle Markers	Tandem Per Machine
1 st	£35	£35	£35
2 nd	£30	£30	
3 rd	£20	£20	

Last Years Winners					
Scratch		Middle Markers		Tandem	
Matthew Smith	17:51	Simon Hall	20:39	Ian Greenstreet	18:20
Angela Carpenter	20:27	Madelaine Gammons	21:59	Rachel Elliot	18:20

Sign Off will be carried out at the finish line. Please ensure that you sign off there or if you prefer at the race HQ.

Please note we have kindly been offered car parking at the Station Farm, Six Mile Bottom, Newmarket. CB8 0UH.

Parking is at own risk. Please treat this car park with respect and courtesy as we may not get it again. Please can you park as close the far fence to avoid doing too much tyre harm to the chalk wildflowers. Note; there was a recent accident involving multiple vehicles in front of the entrance – please take the greatest care!

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