

Event promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Shaftesbury Cycling Club

presents the 106th edition of its

Open 50 Miles Time Trial

(B.B.A.R. Counting Event)

Sunday 17th July 2022

Start 8.30 a.m.

Course F2/50

Event H.Q. - Toft Village Hall,
School Lane, Toft, Cambridge, CB23 2SA.

Map Reference **TL360561**

Event Secretary: Gary Jackson
40 Hillcroft, Loughton, Essex, IG10 2PS

Mobile: 07899 962432

Email: 50Organiser@ShaftesburyCC.uk

Timekeepers: Freda Wezel and Michael Keen

Awards

Fastest The Perkins-Shaftesbury Centenary Trophy
(to be held for one year)

	<u>Men</u>	<u>Handicap</u>	<u>Veteran Standard</u>
First	£50	First £50	First £30
Second	£40	Second £40	
	<u>Women</u>	Third £30	<u>Fastest Team of Three</u>
First	£50	Fourth £30	£10 each rider
Second	£40	Fifth £20	
		Sixth £20	

One Rider - One Prize (except for Team Award)

**IT IS IMPERATIVE THAT YOU READ THE NOTES ON PAGE 2 WHICH
DETAIL THE ACTIONS NEEDED BECAUSE OF THE COVID 19 PANDEMIC**

Visit www.ShaftesburyCC.uk for details of all Club activities.

IMPORTANT - PLEASE READ THESE CTT REGULATIONS AND RIDERS' NOTES

- No 'warming up' by competitors is allowed along any part of the designated course after the event has started.
- **NO "U" TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
- No riders will be allowed into the Start area prior to 5 minutes of their Start Time.
- No vehicles are to stop or park on road or verges at Start or Finish.
- Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road but should be located at the commencement of slip road.
- Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
- **Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard.**
- **Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.**

• NO HELMET, NO LIGHTS – NO RIDE

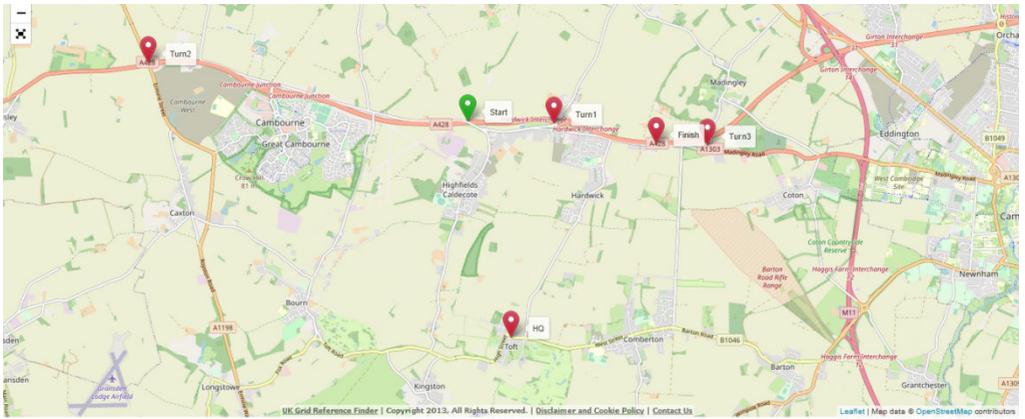
- **Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms.** As Covid infections are rising again we ask you once again to maintain social distancing, especially around the HQ area, at parking areas and at the start. Please consider wearing a face covering at the HQ.
- No changing facilities will be available at the HQ. Separate Toilet facilities are available for men and women.
- Riders' body numbers will be available at the event HQ and must be personally signed for after reading any special course instructions. We will be using normal race numbers rather than disposable numbers so make sure you return them after your ride and place into the box provided.
- As the HQ is in a residential area no static warm up is allowed at the HQ, so no turbos or rollers.
- As soon as you have finished you should not stop at the finish and should not loiter at the HQ or parking areas but promptly return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF).
- There will be refreshments at the HQ and results will be displayed. Results will also be published on the relevant websites once all are confirmed. **DO NOT APPROACH THE TIMEKEEPERS.**
- This event is also a qualifying event for the ECCA Points and Handicap Competitions. The handicaps have been calculated using the Standard Handicapping System, modified for ECCA use, with predicted PB's where necessary.
- Please inform [Organiser](#) or [Webmaster](#) of any improvement in your Personal Best. Failure to do so could result in you being disqualified from the Handicap Award.

HEAD DOWN RIDING KILLS!

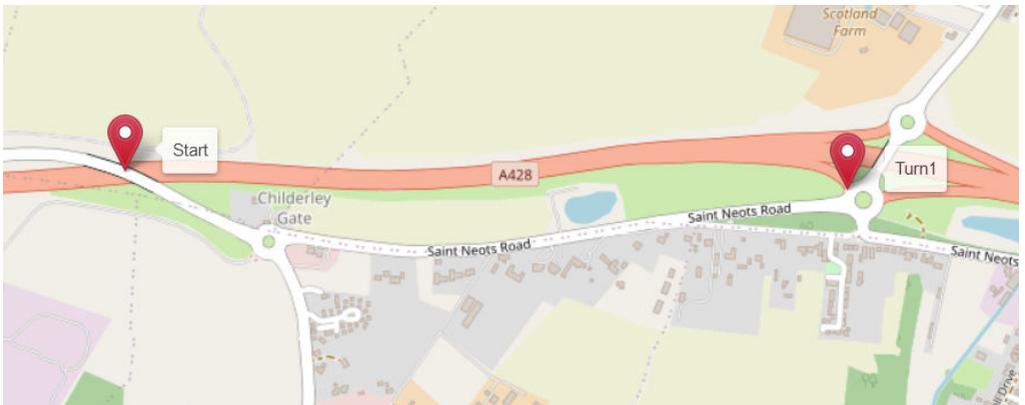
COURSE DETAILS F2/50

Grid References Start: TL35195982 Finish: TL38465952

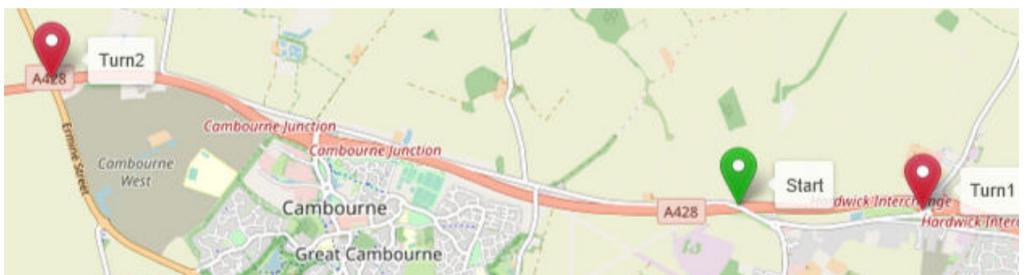
Interactive map: https://www.questronics.co.uk/maps.html?F2_50



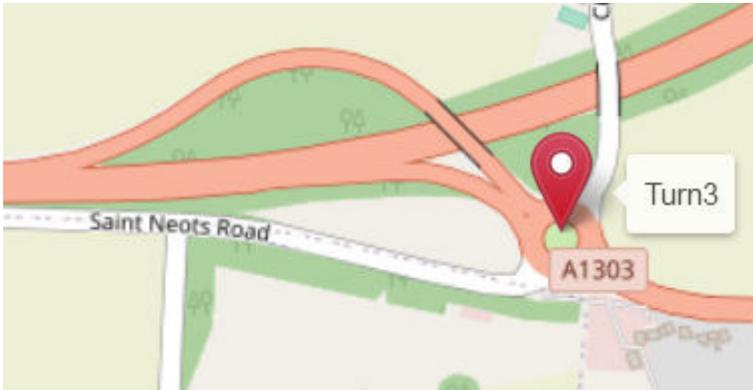
START at paint mark about 25 yards short of expansion joint in road surface of bridge where St. Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote. Proceed eastwards straight over (1st exit) at Caldecote roundabout to Hardwick roundabout where sharp left, 1st exit, onto A428 westbound.



Pass Cambourne Junction to **TURN** at Caxton Gibbet roundabout (5.4 miles)



Retrace on A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley, where circle roundabout and **take 4th exit** to re-enter A428 westbound.



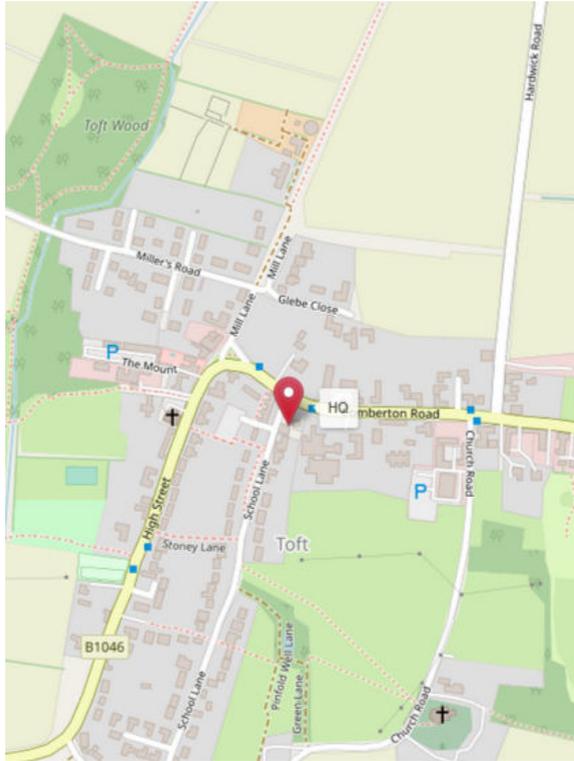
When travelling westbound on A428 be aware that later starting riders may be joining the road at Hardwick interchange,

Retrace to Caxton Gibbet roundabout, (18.0 miles) where **TURN** and retrace to Madingley roundabout, where take 4th exit to, **TURN** and retrace to Caxton Gibbet roundabout, (30.6 miles) where, **TURN** and retrace to Madingley roundabout, where take 4th exit to **TURN** and retrace to Caxton Gibbet roundabout, (43.2 miles), where **TURN** and retrace to Madingley roundabout, (49.5 miles) where **TAKE 3rd EXIT** on roundabout to **FINISH** 0.6 miles along St. Neots Road and 20 yards after Hardwick 40mph sign.

Be aware that on the 4th time at Madingley roundabout you must take the 3rd exit to join St. Neots Road and must NOT rejoin the A428.



HQ to start:



4 miles of flat road. From the HQ turn right onto Comberton Road and continue to Hardwick Road where turn left, continue through Hardwick and then turn left onto St. Neots Road. Straight on (1st exit) at Hardwick roundabout and continue to large roundabout by BP garage where take the 3rd exit onto St. Neots Road. Start is on the A428 overbridge. Signs will mark the route.

NO "U" Turns.

Finish to HQ:

NO "U" Turns after Finish. After finish, stay on St Neots Road, until junction at Hardwick where turn left onto Cambridge Road, continue through Hardwick village to Toft where turn right. HQ (signposted People's Hall) is on the left in School Lane. Signs will mark the route.

NOTE: No vehicles to park or stop on slip road or verges at Start or Finish. There is very limited parking at the HQ (car park is opposite Hall) but careful parking on the grass verges of the road from Toft to Hardwick is okay. Please **DO NOT** park in the residential streets by the HQ – there is plenty of space to park on grass verges along St. Neots Road nearer the finish **but do not park on the left-hand side between the Start and the Hardwick roundabout.**

SOLOS

No	Start	Name	Club / Team	Cat	H'cap	Age Std	Best C & LTS
30	08:30	John WATSON	Hitchin Nomads CC	V	43:30	2:21:45	2:11:36
31	08:31	Jade ANSTIS	Royal Leamington Spa Cycling Club	W	38:52		2:06:38
32	08:32	Jez WILLOWS	Sherwood CC	V	25:55	2:22:20	1:52:46
33	08:33	Philip JONES	Peterborough CC	V	30:29	2:26:20	1:57:39
34	08:34	Peter HORSNELL	Chelmer CC	V	1:07:4	3:18:08	2:37:32
35	08:35	Sam TAYLOR	Weaver Valley CC	S	19:25		1:45:48
36	08:36	Jeff ROBERTS	High Wycombe CC	V	23:53	2:22:20	1:50:35
37	08:37	Ralph ANSTIS	Royal Leamington Spa Cycling Club	S	28:33		1:55:35
38	08:38	Chris DYASON	Cambridge CC	V	33:36	2:37:03	2:00:59
40	08:40	Keith AINSWORTH	Lindsey Roads Cycling Club	V	16:45	2:26:20	1:42:56
41	08:41	Andrew TURNOCK	Finsbury Park CC	V	20:11	2:19:09	1:46:37
42	08:42	David HARGREAVES	North Lancashire Road Club	V	25:35	2:38:20	1:52:24
43	08:43	James SCARTH	Bishop's Stortford CC	V	29:13	2:16:06	1:56:18
44	08:44	Steve CORNISH	Mid Shropshire Wheelers	V	37:53	2:28:44	2:05:35
45	08:45	David HALLIDAY	Team Bottrill	S	18:45		1:45:05
46	08:46	Paul BLAMIRE	Amersham Road Cycling Club	V	23:50	2:17:20	1:50:32
47	08:47	Mick STEVENS	Melton Olympic CC	V	27:46	2:34:39	1:54:44
48	08:48	Michael COPE	Kettering CC	V	33:09	2:25:36	2:00:31
49	08:49	Bob QUARTON	Wolsey RC	V	37:59	2:30:32	2:05:41
49	08:49	Susan SANDERS	Drighlington BC	WV	46:53	2:30:49	2:15:13
50	08:50	Tom THORNELY	Buxton CC/Sett Valley Cycles	S	16:02		1:42:10
51	08:51	Angela CARPENTER	...a3crg	WV	20:08	2:33:28	1:46:34
52	08:52	Dominic RIGHINI-BRAND	Sleaford Wheelers Cycling Club	S	25:32		*1:52:21
53	08:53	Adrian KILLWORTH	Welland Valley CC	V	30:02	2:20:08	1:57:10
54	08:54	Rob MOORE	Shaftesbury CC	V	36:38	2:22:20	2:04:15
55	08:55	Scott BURNS	Manchester Bicycle Club	V	18:39	2:14:34	*1:44:58
56	08:56	Sean SANDERS	Drighlington BC	V	23:50	2:19:38	1:50:32
57	08:57	Ian BRAYBROOK	Basildon CC	V	27:24	2:17:20	1:54:21
58	08:58	Marek SASURA	GS Avanti	V	33:00	2:16:55	2:00:21
59	08:59	Kate BRADLEY	Born to Bike - Bridgtown Cycles	WV	43:16	2:28:56	*2:11:21
60	09:00	Henrik PERSSON	FTP (Fulfil The Potential) Race	S	14:56		1:41:00
61	09:01	Colin PARKINSON	South Western Road Club	V	20:04	2:24:13	1:46:30
62	09:02	Emily MARTIN	Weaver Valley CC	W	25:12		1:51:59
63	09:03	Martin BROWN	70aks Tri Club	V	29:52	2:24:54	1:56:59
64	09:04	Simon BOWLLER	Berkhamsted Cycling Club	V	36:21	2:23:34	2:03:56
65	09:05	Kate ALLAN	Team Bottrill	W	18:36		1:44:55
66	09:06	Chris LEA	Buxton CC/Sett Valley Cycles	V	22:36	2:24:13	1:49:12
67	09:07	Kim BARFOOT-BRACE	Bath Cycling Club	WV	27:08	2:27:38	1:54:04
68	09:08	Mark TOMLINSON	Peterborough CC	V	32:01	2:14:56	*1:59:18
69	09:09	Robert JONES	Cardiff 100 Miles RCC	V	43:08	2:32:30	2:11:12
70	09:10	Adam BIDWELL	Kingston Wheelers CC	V	14:44	2:16:30	1:40:47
71	09:11	Philip KENNEL	GS Metro	V	20:01	2:21:12	1:46:26
72	09:12	Liam KEMP	Southampton University Road	S	24:50		1:51:36
73	09:13	Roger SHERIDAN	North Devon Velo	V	29:25	2:24:54	1:56:31
74	09:14	Adrian GOWER	Hitchin Nomads CC	V	35:47	2:23:34	2:03:20
75	09:15	Robert GOLDING	Ely & District CC/B&T Motor	V	17:59	2:18:13	1:44:16

SOLOS

No	Start	Name	Club / Team	Cat	H'cap	Age Std	Best C & LTS
76	09:16	David GLOSSY	Bicester Millennium CC	V	22:29	2:18:13	1:49:05
77	09:17	Mike WATSON	Lowestoft Wheelers Cycling Club	V	27:04	2:22:56	*1:54:00
78	09:18	Robert PISOLKAR	Shaftesbury CC	V	31:58	2:26:20	1:59:14
79	09:19	Chantel COETZER	Redbridge CC	W	41:44		2:09:42
80	09:20	Darren YARWOOD	Chapeau! Vive Le Velo	V	14:28	2:17:46	1:40:29
81	09:21	Sam FULLER	Southborough & Dist. Whs	S	19:48		1:46:12
82	09:22	Jackie FIELD	CC Ashwell	WV	24:42	2:35:56	1:51:27
83	09:23	Martin BULLEN	Peterborough CC	V	30:17	2:32:30	1:57:26
84	09:24	Sophie WALKER MEERS	Ely & District CC/B&T Motor Repairs	W	33:38		2:01:02
85	09:25	Leon MARSHALL	Royal Navy & Royal Marines CA	V	17:58	2:15:19	1:44:14
86	09:26	Iain BOARDMAN	Dulwich Paragon CC	V	22:04	2:17:46	1:48:38
87	09:27	Nicholas COE	Verulam Really Moving	V	31:15	2:27:06	1:58:28
88	09:28	Ritchie PARKINS	Peterborough CC	V	31:50	2:18:40	1:59:06
89	09:29	Dominic WHITEHEAD	Cambridge CC	V	39:47	2:27:06	2:07:37
90	09:30	Jonathan SHUBERT	FTP (Fulfil The Potential) Race	S	11:54		1:37:45
91	09:31	Chris WARD	Spalding CC	V	19:36	2:21:45	1:46:00
92	09:32	Tristan DAVENNE	Newbury RC	V	24:17	2:17:20	1:51:01
93	09:33	Marianne HOLT	Fareham Wheelers CC	WV	28:41	2:27:38	1:55:43
94	09:34	Richard MELLOR	Team Bottrill	V	33:52	2:20:08	2:01:17
95	09:35	Darran BENNETT	Ely & District CC/B&T Motor	V	17:30	2:19:38	1:43:44
96	09:36	Simon ADCOOK	Team Echelon	V	21:42	2:17:46	1:48:15
97	09:37	Claire EMONS	...a3crg	WV	27:03	2:33:28	1:53:58
98	09:38	Richard GIFFORD	trainSharp	V	31:27	2:23:34	1:58:41
99	09:39	Martin FISHER	Melton Olympic CC	V	38:58	2:15:43	*2:06:45
100	09:40	Tom HUTCHINSON	Team Bottrill	S	11:40		1:37:29
101	09:41	Dave GREEN	CC Breckland	V	19:31	2:22:56	1:45:54
102	09:42	Lawrence WINTERGOLD	Hounslow & District Whs	V	24:00	2:22:20	1:50:42
103	09:43	Antony BEE	Wigmore CC	V	28:35	2:22:56	1:55:37
104	09:44	Tony SUMMERS	Chelmer CC	V	33:11	2:24:54	2:00:33
105	09:45	Anthony JONES	VMCC powered by Y Beic	V	16:55	2:18:13	1:43:07
106	09:46	Mark HAMER	Stratford Cycling Club	V	20:33	2:17:20	1:47:01
107	09:47	Adrian FORD	Team Bottrill	S	21:22		1:47:53
108	09:48	Anastasia BOWLER	AS Test Team	W	25:57		1:52:48
109	09:49	Wolfgang EMMERICH	London Phoenix CC	V	27:03	2:21:45	1:53:58
110	09:50	Alexander ROYLE	Manchester Bicycle Club	S	11:38		1:37:27

PB's with * before the time are predicted times based on results at other distances

TANDEM

No	Start	Names	Club / Team	Cat
111	09:51	Kevin BAUMBER Martin BAUMBER	Shaftesbury CC	V V