

...a3crg Circuit Time Trials 2022

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10

Wednesday 10th August ~ from 18:30hrs ~ 10-mile TT's

The Iconic Goodwood Motor Racing Circuit ~ Chichester PO18 0PX

Timekeeping Crew: Trevor Beauchamp, Maria Golden, Martin Whitty,
Sarah Matthews &

Start Line Stewards: Mike Boyce (Speaker), Steve Legg

Motorcycle Marshals: Steve Humphrey, Colin Enticknap

Signing-On & Reception: Virginia McGee, Sarah Mackley

Photography by: Sheena Booker

There are "Provisional Results" available on-line during the event via: <https://resultsheet.co.uk>

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
Tel.: 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

There will be time between 18:30 & 18:55 to warm up on the track (no riders starting to warm -up on the track after 18:50)

Road Bike Regs: No Aero Bars, Pointy Hat & Disc Wheel (Max wheel Depth 90mm)

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing

Gates will open (for us) at 17:45 ~ Please don't arrive early as another event maybe taking place.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING FRONT & REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use at all times.

Procedure for the Event:

- ✓ *Please Respect Covid-19 Conditions: If you have Covid like symptoms, persistent cough, lack of taste & smell or you have left your wallet at home, please do not attend.*
- ✓ *If you have road race pockets for your number, please use the left-hand pocket to aid the finishers.*
- ✓ *Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you & also tears your skinsuit.*
- ✓ *Look where you are going, keep your head up,*
- ✓ *If caught, ease back; do not take pace on the wheel of the rider who caught you*
- ✓ *If passing a rider, please make sure the effort is enough to pass completely*
- ✓ ***Last Lap**, stay on the Left inside the black Cones on the Finish Section, and shouting your number out as you finish.*

Though the course is on the perimeter of a working Airfield, you are not required to have a flashing orange beacon affixed to your helmet, however . . . you are still required to have a working front & rear light fixed to your bike & switched on during your event.

Course Length 10 miles (4 & bit Laps) except for Event 2 (7.6 miles)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping the right handside, bear right following the circuit. After passing a “Radio Mast” on your right handside you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) “Pit Straight”, make sure you are in the middle of the circuit.

After bearing right, you are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) “Pit Straight” bear in mind you need to keep left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **DO NOT NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).**

All Ten Mile times set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards & Age Group Records.

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: ~ Formula Libre) Youth 13 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Femme) Sophie Heighton 00:26:22 ~ (Male) Bobby Buenfeld 00:21:47

Num	Rider	Squadra/Team/Club	Cat	Départ
2	Jack Bew	Chichester Triathlon Club	Youth-15	19:01:00
3	Micah Williams	Chichester Triathlon Club	Youth-14	19:01:30
4	Daisy Bew	Chichester Triathlon Club	Femme 15	19:02:00
5	Grace Bishop	Chichester Triathlon Club	Femme 15	19:02:30
6	Ewan Cook	Wightlink Wight Mountain RT	Youth-15	19:03:00

Event 2: ~ Youths 10yrs - 14yrs ~ 7.60 miles (3 & bit Laps) Road Bikes

Event Record (Male) Lucas Lovell 00:20:31

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
7	Ezra Winter	...a3crg	Youth-12	19:03:30
8	Freddie Gay	Chichester Triathlon Club	Youth-11	19:04:00

Event 3: Men’s Road Bikes, 4 & bit Laps = 10-miles

Road Bike Record Crispin Doyle 0021:24

Num	Rider	Squadra/Team/Club	Cat	Départ
9	Murray Quiney	Southdown Velo	V-E	19:04:30
10	Mike Garner	...a3crg	V-F	19:05:00
11	Steve Willcocks	Portsmouth North End CC	V-B	19:05:30

12	Aaron Martin	Farnborough & Camberley CC	Esp-21	19:06:00
13	Chris Lord	Brighton Excelsior CC	V-F	19:06:30
14	Alex Brooke-Turner	Dulwich Paragon CC	C4	19:07:00
15	Larry Wiltshire	Chichester City Riders	V-B	19:07:30

Event 4: Femmes Road Bikes, 4 & bit Laps = 10-miles

Womens Road Bike Record: Celia Brown 00:24:29

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
16	Kirsty Cook	Wight Tri	WV-C	19:08:00
17	Charlotte Bullard	Chichester Triathlon Club	WEsp	19:08:30
18	Ciani Foulkes	Petersfield Triathlon Club	WV-A	19:09:00
19	Emily Proud	Grinta Coaching	WSen	19:09:30
20	Deborah Smith	Southdown Velo	WV-B	19:10:00

Event 5: Femmes TT Bikes ~ 4 & bit Laps = 10-miles

Femmes Course & Event Record : Sarah Storey 00:21:04

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
21	Johanna Lovell	Portsmouth North End CC	WV-C	19:10:30
22	Pippa O'Brien	RT PODA	WV-	19:11:00
23	Christina Dove	...a3crg	WV-D	19:11:30
24	Harriet Hernando	Maidenhead & District CC	WSen	19:12:00
25	Katherine Amps	Podium Addict	WSen	19:12:30
26	Georgie Little	HuntBikeWheels.com	WSen	19:13:00
27	Caroline Nottage	Army Cycling	WSen	19:13:30
28	Jodie Riley	Portsmouth Triathletes	WSen	19:14:00
29	Claire Emons	...a3crg	WV-C	19:14:30
30	Nicole Allan	Horsham Amphibians Triathlon	WSen	19:15:00
31	Charly Helyar	Wellington Wheelers Cycling Club	WV-B	19:15:30
32	Jennifer George	The Independent Pedaler - Nopinz	WSen	19:16:00

Event 6: Men's TT Bikes ~ 4 & bit Laps = 10-miles

Course & Event Record: Sam Clark 00:19:21

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
33	Ken Rayson	...a3crg	V-H	19:16:30
34	Rick Bishop	Chichester City Riders	V-F	19:17:00
35	David Bew	Hampshire Road Club	V-B	19:17:30
36	Bob Platts	Portsmouth Triathletes	V-D	19:18:00
37	Paul Beck	Hampshire Road Club	V-G	19:18:30
38	Ryan Lilleywhite	...a3crg	Sen	19:19:00
39	David Donald	Fareham Wheelers CC	V-B	19:19:30
40	Peter Phipps	...a3crg	V-E	19:20:00
41	Nigel Gleeson	VTTA (Merseyside)	V-F	19:20:30
42	Ben Thomas	South Western Road Club	V-G	19:21:00
43	Ian Hoddle	VC Godalming & Haslemere	V-C	19:21:30

44	Simon Hall	Crabwood Cycling Club	V-C	19:22:00
45	Nick Andrews	Portsmouth North End CC	V-D	19:22:30
46	Matthew Molloy	NAUT Cycling	V-B	19:23:00
47	Mike Anderson	CC Moncontour	V-E	19:23:30
48	Ian Neville	Hart Evolution Race Team	V-E	19:24:00
49	Ian Sherin	3C Cycle Club	V-E	19:24:30
50	Robert Giles	PMR	V-H	19:25:00
51	Hamish Walker	...a3crg	V-C	19:25:30
52	John McDonald	trainSharp	V-D	19:26:00
53	Andrew Gall	Hart Evolution Race Team	Sen	19:26:30
54	Keith Jarrett	GS Vecchi	V-E	19:27:00
55	Paul Atkinson	Velo Club St Raphael	V-C	19:27:30
56	Dan Shipton	Eastbourne Rovers CC	V-B	19:28:00
57	John Isard	Hampshire Road Club	V-G	19:28:30
58	Iain Cotton	Hart Evolution Race Team	V-B	19:29:00
59	Austen Lowe	Watford Velo Sport	Sen	19:29:30
60	Stuart Thompson	Velo Club St Raphael	V-B	19:30:00
61	Pete Christensen	Hart Evolution Race Team	V-A	19:30:30
62	Shaun Smart	Southdown Velo	V-D	19:31:00
63	Graham Harman	Sotonia CC	V-C	19:31:30
64	Mark Trevis	Informed Sport - LGC	V-A	19:32:00
65	Graeme Stirzaker	...a3crg	V-D	19:32:30
66	Adam Coppard	Chichester City Riders	Sen	19:33:00
67	Peter Crease	Royal Navy & Royal Marines CA	Sen	19:33:30
68	Sam Greenwood	Norwood Paragon CC	Sen	19:34:00
69	Jon Hughes	VC Godalming & Haslemere	V-C	19:34:30
70	Darren Anderson	Fareham Wheelers CC	V-B	19:35:00
71	Andy Langdown	...a3crg	V-C	19:35:30
72	Peter Younghusband	Petersfield Triathlon Club	V-D	19:36:00
73	Andy Critchlow	Norwood Paragon CC	V-B	19:36:30
74	Neil Mackley	...a3crg	V-D	19:37:00
75	Howard Bayley	Blazing Saddles	V-B	19:37:30
76	Ben Williams	Racing Club Ravenna	Sen	19:38:00
77	Bryce Dyer	Bournemouth Cycleworks - Vitec	V-B	19:38:30
78	William Sawyer	Velo Club St Raphael	V-D	19:39:00
79	Terry Wilson	Chichester City Riders	Sen	19:39:30
80	Nick Dwyer	DRAG2ZERO	V-D	19:40:00
81	James Fawcett	...a3crg	V-D	19:40:30
82	Matthew Downie	NopinZ Motip Race Team	Sen	19:41:00
83	Jamie Witcher	Bournemouth Cycleworks - Vitec	Junior-18	19:41:30
84	Piotr Zulawski	Didcot Phoenix CC	Sen	19:42:00
85	Sam Clark	trainSharp	Esp-21	19:42:30

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**. Social distancing must be respected in the start area.

The start is approximately halfway along the pit (Number15) lane wall where you will do a standing start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will finish in the finish area, this is on the left-hand side of the track & you will have seen the black coned off area on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut.

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate there will be a box to return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders car parking. **There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.**

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the **"HORSEBOX"** on site (we have been assured it will be open).

**Please Respect other Riders Social Distancing even behind the "Bike Shed"
& Lastly, Enjoy your evening & thank you for your support this Season.**