

Vive le Velo on behalf of Yorkshire DC  
Present:

# RTTC NATIONAL 10 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

27th/28th AUGUST 2022

START SHEET

Vive leVélo  
ASSOCIATION NATIONALE DE VELOTTISME



10 MILE TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions



## RTTC NATIONAL 10 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



### CHAMPIONSHIP AWARDS

Champions Night - 14th January 2023



#### MEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

#### WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

#### JUNIOR MEN & JUNIOR WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

#### TEAM CHAMPIONS

Gilt RTTC Medallions and Championship Shield

#### AGE AWARDS

Age awards to the fastest in each of the following:

Men / Women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

Junior Men / Junior Women 12, 13, 14, 15, 16, 17 & 18 year old

Championship condition 2 (h) In the event that there are fewer than 10 eligible entrants for individual awards in a Championship, the number of medallions awarded is reduced to two. If fewer than five eligible entrants, only the winners award will be made.

# RTTC NATIONAL 10 MILE CHAMPIONSHIPS

**Saturday 27<sup>th</sup> (Women & Juniors) and Sunday 28<sup>th</sup> (Men) August 2022**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations  
by Vive le Velo on behalf of Yorkshire DC

Course: V714, Start: 12.00pm

**Note: All riders MUST wear a helmet and have working front & rear lights.**

**NO HELMET = NO RIDE**

**NO LIGHTS = NO RIDE**

**Event secretary** – Ed Neilson. 16 High Street, North Ferriby, HU14 3JP  
email: [ed@vivelevelo.cc](mailto:ed@vivelevelo.cc) Tel: 01482 632024

**Headquarters** - Newport Village Hall, 60 Main Rd, Newport, Brough HU15 2PP

**Parking** – Please park sensibly, with respect to the local residents and follow any instructions from the car park marshals.

Please use the warm up circuit denoted by signage if required, before heading to the start. This will ensure that no one warming up ends up on the course. Once you head to the start itself, past the start of the warm up loop, you cannot return as the course will be live.

Yorkshire DC Regulation: NO turbo trainer to be used within 100 yards of any house.

The headquarters will be open from 10.00am (both days) for signing on and number collection

Both body and arm numbers will be used

In accordance with Championship Conditions, only numbers provided by the organiser shall be used.

Body numbers should be fitted in accordance with Regulation 16 and arm numbers should be fitted to the upper arm with the number facing forward

The numbers provided to you will be yours to keep, as a memento of your participation in the 2022 Championship in Yorkshire

You need to ensure that you return, following your ride, to the signing out desk in the event headquarters to sign out. You must sign in and out yourself. Failure to sign out will result in a DNF being recorded against a rider's name

All riders must personally make themselves available at the Headquarters following their ride, as they may be required for drug testing, if UKAD are in attendance

**Course Description:**

START ON B1230 IN GILBERDYKE 5 MILES EAST OF HOWDEN TI AT A POINT 110 YARDS EAST OF GILBERDIKE SERVICE STATION AT PAINTED MARK AT END OF LANE.

PROCEED WESTWARDS ON B1230 TO TURN AT HOWDEN TI. RETRACE THROUGH GILBERDYKE TO FINISH AT TP 107/31-60 15 YARDS PAST CARPARK ENTRANCE TO WHITE HOUSE INN GILBERDYKE (10 MILES).

**Time Keepers:**

Head TK: Geoff Backshall - City Road Club (Hull)

Richard Foster - City Road Club (Hull)

Elaine Ward - Scarborough Paragon

Mike Penrice - VTTA (Yorkshire)

Vive le Velo would like to thank the Members of City Road Club (Hull) for their support of this and all of our events.



Number	Start Time	Name	Club / Team	Age
<b>Juniors</b>				
1	12:01:00	Jakob Hill	Clifton CC York	15
2	12:02:00	Joseph Brearley	City RC (Hull)	13
3	12:03:00	Harry Nickells	Lindsey Roads Cycling Club	18
4	12:04:00	Will Trevor	Jem Hadar Racing	18
5	12:05:00	Timothy Lane	JRC Interflon Race Team	18
6	12:06:00	Ben Baker	Lindsey Roads Cycling Club	15
7	12:07:00	Emil Howell	Matlock CC	15
8	12:08:00	Harry Weedon	Corley Cycles RC	18
9	12:09:00	Reuben Corlett	Birkenhead North End CC	17
10	12:10:00	Edward Quick	Lakes Road Club	18
12	12:12:00	Ethan Storti	Welwyn Whs	16
14	12:14:00	Joe Cosgrove	Anexo Group Race Team	16
16	12:16:00	Harris Hall	Velo Culture	15
18	12:18:00	Patrick Casey	Team Lifting Gear Products	16
19	12:19:00	Hermione Pickering	Jadan Vive Le Velo	W18
20	12:20:00	Jasmine Townend	Scarborough Paragon CC	W15
21	12:21:00	Abbey Thompson	Stonham Barns Park – SYRT	W13
23	12:23:00	Hebe Picking	RFDA (Racscene Female Development Accademy)	W17
25	12:25:00	Sophie Heighton	Ferryhill Whs	W15
<b>Women</b>				
Number	Start Time	Name	Club / Team	Cat.
26	12:26:00	Kirstie Drakeford	Jadan Vive Le Velo	
27	12:27:00	Vanessa Barker	Hull Thursday RC	B
28	12:28:00	Melissa Greaves	Saint Piran	
29	12:29:00	Sally Maitland	Beeston Cycling Club	D
30	12:30:00	Liz Ball	Valley Striders Cycling Club	F
31	12:31:00	Elizabeth Bridgen	Ilkeston Cycle Club	D
32	12:32:00	Sarah Foulds	Velo Culture	A
33	12:33:00	Angela Hannon-Flaherty	Seacroft Whs	C
34	12:34:00	Jo Corbett	Sherwood CC	F
35	12:35:00	Alison Stephenson	Congleton CC - MyWindsock	C
36	12:36:00	Sandra Burrows	Vive Le Velo	D
37	12:37:00	Deborah Sheridan	Warwickshire Road Club	F
38	12:38:00	Michelle Fairclough	Salford Cycling Club	B
39	12:39:00	Beth Grogan	Selby CC	
40	12:40:00	Sue McFarlane	Army Cycling	A
41	12:41:00	Karen Taylor	Team Sportslab	D



42	12:42:00	Bethany Spencer	Kettering CC	
43	12:43:00	Lauren Creamer	Velo Fixers	
44	12:44:00	Theresa Taylor	Springfield Financial Racing Team	E
45	12:45:00	Elizabeth Williams	The Ark Cycles	B
46	12:46:00	Joanna Cebrat	Bury Clarion CC	A
47	12:47:00	Louise Scupham	Jadan Vive Le Velo	
48	12:48:00	Kirsty McSeveney	...a3crg	A
49	12:49:00	Emily Martin	Weaver Valley CC	
50	12:50:00	Miriam Jessett	Stolen Goat Race Team	
51	12:51:00	Sian Marsh	Team Boompods	
52	12:52:00	Deborah Moss	Springfield Financial Racing Team	C
53	12:53:00	Anna Weaver	Team Kirkley Cycles	
54	12:54:00	Becky Ridge	TPH Racing	A
55	12:55:00	Hannah O'Brien	Loose Cannon's Conditioning	B
56	12:56:00	Kate Allan	Team Bottrill	
57	12:57:00	Keri Parton	Team Boompods	
58	12:58:00	Jessica Rhodes-Jones	AeroCoach	
59	12:59:00	Anastasia Bowler	AS Test Team	
60	13:00:00	Sally Turner	trainSharp	A
61	13:01:00	Laura Davies	Jadan Vive Le Velo	
62	13:02:00	Kelly Murphy	The Independent Pedaler - Nopinz	
64	13:04:00	Faye Faber	DRAG2ZERO	
66	13:06:00	Emily Meakin	AWOL O'Shea Worx	
68	13:08:00	Neah Evans	Team HUUB	
70	13:10:00	Jennifer George	The Independent Pedaler - Nopinz	
72	13:12:00	Joanna Patterson	Wahoo Endurance Zone p/b Le Col	
		<b>Men 28th August</b>		
<b>Number</b>	<b>Start Time</b>	<b>Name</b>	<b>Club / Team</b>	<b>Cat.</b>
4	12:04:00	Anthony Ashworth	Wetherby Whs	C
5	12:05:00	Robert Danson	Barton Wheelers Cycling Club	E
6	12:06:00	Ben Hancock	Calder Clarion	
7	12:07:00	Simon Maddox	Race Hub	
8	12:08:00	Stuart Waterfield	Royal Air Force Cycling Association	
9	12:09:00	Dylan Watson	Selby CC	
10	12:10:00	Stephen Broadley	Otley CC	F
11	12:11:00	Andrew Penny	City RC (Hull)	E
12	12:12:00	David Barry	sportfagley	G
13	12:13:00	John Tiffany	Harrogate Nova CC	I
14	12:14:00	Gary Brearley	City RC (Hull)	E



15	12:15:00	Alan Gay	VTTA (Yorkshire)	H
16	12:16:00	Tony Kent	Harrogate Nova CC	G
17	12:17:00	Lee Cairns	Doncaster Wheelers C.C.	B
18	12:18:00	Andy Delaney	Northumbria Police C.C.	C
19	12:19:00	Luke Marshall	Corley Cycles RC	
20	12:20:00	Rich Banks	Calder Clarion	C
21	12:21:00	Daniel Ramsbottom	Royal Air Force Cycling Association	
22	12:22:00	Steve Robinson	City RC (Hull)	B
23	12:23:00	Kevin Humphreys	Sherwood CC	E
24	12:24:00	Peter Down	Tickhill Velo Club	B
25	12:25:00	Peter Fielding-Smith	Wilson's Wheels RT	C
26	12:26:00	Brian Parker	Total Tri Training	B
27	12:27:00	Joseph Shaw	Ipswich BC	
28	12:28:00	Mick Flaherty	Seacroft Whs	E
29	12:29:00	Duncan Smart	Scarborough Paragon CC	C
30	12:30:00	Nigel Goscinski	Malton Whs	E
31	12:31:00	Harry Nolan	trainSharp	
32	12:32:00	John Bunting	Bury Clarion CC	F
33	12:33:00	Danny Kelly	Seacroft Whs	B
34	12:34:00	Andrew Coulbeck	Selby CC	D
35	12:35:00	Ben Birtles	City RC (Hull)	B
36	12:36:00	Steve Burrows	Vive Le Velo	E
37	12:37:00	Chris Dyason	Cambridge CC	G
38	12:38:00	Melvin Blackford	Vive Le Velo	D
39	12:39:00	Stuart Henderson	VTTA (Yorkshire)	B
40	12:40:00	Anthony Nash	Lindsey Roads Cycling Club	D
41	12:41:00	Mark Rowland	Selby CC	D
42	12:42:00	Ashley Steventon	Royal Air Force Cycling Association	
43	12:43:00	Tim Baggs	Velo Club Flintham	C
44	12:44:00	Roy Rowland	Loose Cannon's Conditioning	
45	12:45:00	Dave Nolan	trainSharp	B
46	12:46:00	Andy Whitehead	Rockingham CC	D
47	12:47:00	Ian Richardson	Selby CC	E
48	12:48:00	George Thorne	Beacon Roads CC	
49	12:49:00	Steven Loraine	Legato Racing Team (LRT)	F
50	12:50:00	Graham Heaton	City RC (Hull)	D
51	12:51:00	David Glew	Knottingley Velo	B
52	12:52:00	Dave Isherwood	Bury Clarion CC	G
53	12:53:00	Anthony Snow	City RC (Hull)	B
54	12:54:00	Kevin Wood	Sherwood CC	E



55	12:55:00	Ryan Witchell	Team Salesengine.co.uk	
56	12:56:00	James Byatt	Ilkeston Cycle Club	
57	12:57:00	Nev Martin	Velo Culture	E
58	12:58:00	Joe Shillabeer	Saint Piran	
59	12:59:00	Sean Hunt	Lincoln Wheelers CC	D
60	13:00:00	Andrew Miller	Chapeau! Vive Le Velo	A
61	13:01:00	Keith Palmer	Ilkeston Cycle Club	B
62	13:02:00	Ian Swinscoe	Royal Air Force Cycling Association	C
63	13:03:00	Nick James	Mickey Cranks Cycling Club	B
64	13:04:00	Phillip Tyas	Barnsley Road Club	A
65	13:05:00	Jez Willows	Sherwood CC	D
66	13:06:00	Neil Cleminshaw	Chapeau! Vive Le Velo	C
67	13:07:00	Mat Stephenson	Congleton CC - MyWindsock	C
68	13:08:00	Mark Wolstenholme	Swift Racing	A
69	13:09:00	Tom Biggs	Cheltenham & County Cycling Club	
70	13:10:00	Steve Gibson	Peak Road Club	D
71	13:11:00	Richard Smith	Army Cycling	
72	13:12:00	Daniel Watts	Royal Air Force Cycling Association	
73	13:13:00	Alexander Ballinger	George Fox Cycling Solutions	
74	13:14:00	Eddie Humphreys	Moda Racing Team	D
75	13:15:00	Andy Critchlow	Norwood Paragon CC	B
76	13:16:00	Stephen Feeny	Tactic Sport UK Race Team	B
77	13:17:00	Daryl Maffey	CC London	B
78	13:18:00	Harry Walker	Revolver Racing	C
79	13:19:00	Michael Schofield	Bishop's Stortford CC	D
80	13:20:00	B Xavier Disley	AeroCoach	
81	13:21:00	Benjamin Williams	Cliff Pratt Racing	
82	13:22:00	Richard Dean	Trek Sheffield	A
83	13:23:00	Ian Guilor	Mapperley CC	D
84	13:24:00	Ady Dench	Team Sheffield	C
85	13:25:00	Alex Purcell	CC Sudbury	
86	13:26:00	Stuart Wells	Lindsey Roads Cycling Club	C
87	13:27:00	Alastair Ribbands	Congleton CC - MyWindsock	
88	13:28:00	Adam Smith	Team Kirkley Cycles	
89	13:29:00	Neil Mackley	...a3crg	D
90	13:30:00	Tony Greenhalgh	Tactic Sport UK Race Team	B
91	13:31:00	Tristan Galloway	Grinta Coaching	
92	13:32:00	Andy Thomas	Lindsey Roads Cycling Club	C
93	13:33:00	David Brearley	Chapeau! Vive Le Velo	
94	13:34:00	Harrison Hunter	05/03	



95	13:35:00	Simon Bowler	AS Test Team	D
96	13:36:00	Lee Kennedy	Army Cycling	A
97	13:37:00	Tristan Pilling	University of Derby Cycling Club	
98	13:38:00	Philip Kennell	GS Metro	D
99	13:39:00	Darren Yarwood	Chapeau! Vive Le Velo	B
100	13:40:00	Bevan Jones	53eleven	
101	13:41:00	Jack Levick	Rose Race Team	
102	13:42:00	Nic Pillinger	St Neots CC	B
103	13:43:00	Timothy Torrie	trainSharp Development Team	
104	13:44:00	James Richards	Ward WheelZ	
105	13:45:00	Josh Newbould	Banbury Star Cyclists' Club	
106	13:46:00	Kamil Waligora	East Lancashire RC	
107	13:47:00	Keith Ainsworth	Lindsey Roads Cycling Club	E
108	13:48:00	Alistair Rutherford	Manchester Bicycle Club	A
109	13:49:00	James Fawcett	...a3crg	D
110	13:50:00	Ben Lloyd	Fibrax Wrexham RC	
111	13:51:00	Matt O'Brien	Loose Cannon's Conditioning	A
112	13:52:00	William Barr	Beacon Roads CC	
113	13:53:00	Nicholas Trbovic	Cheshire Maverick Cycle Club	
114	13:54:00	David Ashton	Army Cycling	
115	13:55:00	Lloyd Chapman	Loose Cannon's Conditioning	
116	13:56:00	Lewis Wake	Team Kirkley Cycles	
117	13:57:00	Anthony Turner	Mickey Cranks Cycling Club	C
118	13:58:00	William Perrett	Ward WheelZ	
119	13:59:00	Ian Hope	Team Ohten Aveas	B
120	14:00:00	George Peden	Team PB Performance	
122	14:02:00	Richard Bussell	AeroCoach	
124	14:04:00	Ashley Cox	Team Bottrill	A
126	14:06:00	Adam Duggleby	Chapeau! Vive Le Velo	
128	14:08:00	Alex Doherty	DRAG2ZERO	
130	14:10:00	John Archibald	WattShop	
132	14:12:00	Richard Oakes	Team Ohten Aveas	C
134	14:14:00	George Fox	George Fox Cycling Solutions	
136	14:16:00	Joe Laverick	Hagens Berman Axeon	
138	14:18:00	Michael Gill	Saint Piran	
140	14:20:00	Christopher Fennell	The Independent Pedaler - Nopinz	

**RIDE  
ON**



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# 2021 10 MILE TIME TRIAL CHAMPIONS



Chris Fennell



Hayley Simmonds



Jamie Whitcher



Amber Junker Brameld



[www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)



# NOTES TO COMPETITORS

## NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

## USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

## REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

## REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

## THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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# Cycling Time Trials

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