

SOUTHBOROUGH



Southborough & District Wheelers

10 Mile Open Time Trial (Q10/1) Sunday 1st January 2023

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

Timekeepers: Mr John Watson (Southborough & District Wheelers) & Mr Doug Finch (Southborough & District Wheelers)

Event Secretary: Mark Gidney, 28 Chantlers Mead, Cowden, Kent, TN8 7HU Tel. 07775 024 661 E-Mail markgidney2002@hotmail.com

Awards List:

FASTEST MAN:

1st Sparking Wine *
2nd Sparking Wine*
3rd Red Wine
4th White Wine

FASTEST LADY:

1st Sparking Wine *
2nd Sparking Wine *
3rd Red Wine
4th White Wine

FASTEST VETERAN ON AGE STANDARD

1st Red Wine
2nd Cycling Cap
3rd Cycling Socks

FASTEST JUVENILE

1st Cycling Cap

FASTEST TEAM OF 3:

Red Wine & Cycling Caps

FASTEST ON A ROAD BIKE**:

1st Red Wine
2nd Cycling Cap

LANTERNE ROUGE:

Cycling Cap & Socks

Course: Q10/1 Start at manhole cover approx. 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn and retrace south on A2070 to Johnson's Corner where left onto old A2070 towards Hamstreet village to finish approx. 50 yards before bridge over Royal Military Canal. <https://www.cyclingtimetrials.org.uk/coursedetails/q10-1>

Headquarters – Victory Hall, Ruckinge Road, Hamstreet, Ashford, Kent TN26 2NW

The HQ is approx. 10 minutes ride from the Start.

Numbers and Signing-on will be at the HQ.

Competitors must **Sign-on and Sign-off** using the sheet provided at the number collection point in the HQ.

NO SHOE PLATES in the Hall PLEASE.

Riders may exchange their number for a drink after their race.

Riders leaving clothing at the Start can collect it from the Victory Hall afterwards – people forget every year!

Riders must not warm up / turn in sight of the Start or Finish areas.

- Following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.
- Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.
- For events starting in the morning no rider to use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this restriction risks disqualification
- It is an offence for a competitor in any event to use or to have administered any proscribed substance that might affect their competitive performance. A rider receiving medical treatment which could include a proscribed substance must not compete in time trials.

* Not to be confused with Champagne !!! ☺

****Road Bike Classification:** Must be ridden on a standard road bike. No aero handlebars or tri-bar extensions. No deep section wheels. No time trial helmets. Please inform the organiser when signing on if you wish to be considered for this category

