

ROAD BIKE EVENT

This section has Special Condition restrictions on clothing and equipment:-

Generally the bike and clothing must be either "Old Skool" or permitted for Road Racing under current British Cycling regulations: modern Time Trialling equipment isn't allowed.

So:- No Tribars; no disc wheels or wheel covers; no 3-spoke or 4-spoke wheels; no aero helmets.

Maximum wheel rim depth **6cm** (six centimetres).

Helmets must NOT cover the ears nor have a pointy tail.