



Mid Shropshire Wheelers



Open 25 Mile Time Trial

Sunday 16th April 2023

Incorporating the SCCA Friction & Hydraulics Points Series

Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations

Course: D25/20 **Start Time:** 08:00 **Timekeepers:** Jenny York & Dave York

Event secretary: Simon Evans, 44 Bromley Road, Shrewsbury SY3 5AZ

Tel: 01743 353671 email: ruralwales@gmail.com

Headquarters: Tilstock Village Hall, Tilstock, SY13 3JL, 2.5 miles S of Whitchurch.
Open from 07:00.

Competitor's Notes: Each competitor must sign on when collecting **AND WHEN RETURNING** their race numbers at the HQ, this is a CTT Requirement. Failure to sign out will result in a DNF being recorded and no finish time given. Numbers should be pinned to the lower back area and be clearly visible to ensure that your finish time is recorded correctly.

There is very limited parking space outside the HQ. **Do not park along the road in Tilstock** as this has resulted in complaints from residents. There is lots of space at the car park beside Prees Heath truckstop (post code SY13 3JT), just 0.9 miles from HQ and en route to the start.

Distance from HQ to start is 3.8 miles so allow adequate time – see the map below. Please avoid warming up on the course once the event has started.

CTT Regulations 14(i), 14(j), 15: COMPULSORY LIGHTS & HELMETS

No competitor will be allowed to start without a working white front light and red rear light, either flashing or constant, and fitted to their machine in a position clearly visible to other road users. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

No lights or no helmet = no ride. This is non-negotiable.

Liverpool District Local Regulation: Riders must not make 'U' turns within sight of start and finish. Any rider observed making a 'U' turn in contravention of this regulation could be disqualified from the event. Any rider who makes repeated 'U' turns may be subject to disciplinary action.

Competitors must not use any audio equipment except prescribed hearing aids. A competitor in breach of this regulation will be disqualified. Competitors must not use a mobile phone while mounted on their machine.

COVID-19 SAFETY

Please ensure you adhere to the latest Government guidelines including social distancing requirements at all times. **Do not attend if you or any of your household feels ill or shows Covid-19 symptoms.**

Please arrive at the start no more than 5 minutes before your start time and keep at least one bike length away from the rider in front. There will be no pusher-off at the start so all riders must start with one foot on the ground. Please carry a spare tyre/tube/tub as you will have to make your own way back in the event of a mechanical failure.

Riders' times will not be available at the event but will be published online via the CTT and SCCA websites as soon as possible. The HQ will be open for signing on and off and collection and return of race numbers only. Toilets are available at HQ but only for one person at a time and are not to be used as a changing facility.

D25/20 COURSE DESCRIPTION

Start on A49, 5.5 miles south of Whitchurch, Shropshire, at the southern end of the bridge on Prees Bypass.

Proceed south along the A49 to turn at Battlefield Church Island (first island) - 11.3 miles.

Encircle Island with care and retrace along the A49, past the start, to

Finish approx 400 yards short of Prees Island, at telegraph pole 50 yards past Shamrock Lodge and 12 yards before the "Slippery Road Surface" sign.

What3words:

HQ [fans.name.handlebar](https://www.what3words.com/?w3=fans.name.handlebar)

Start [fortunate.belief.recording](https://www.what3words.com/?w3=fortunate.belief.recording)

Finish [lunch.eagle.masterful](https://www.what3words.com/?w3=lunch.eagle.masterful)

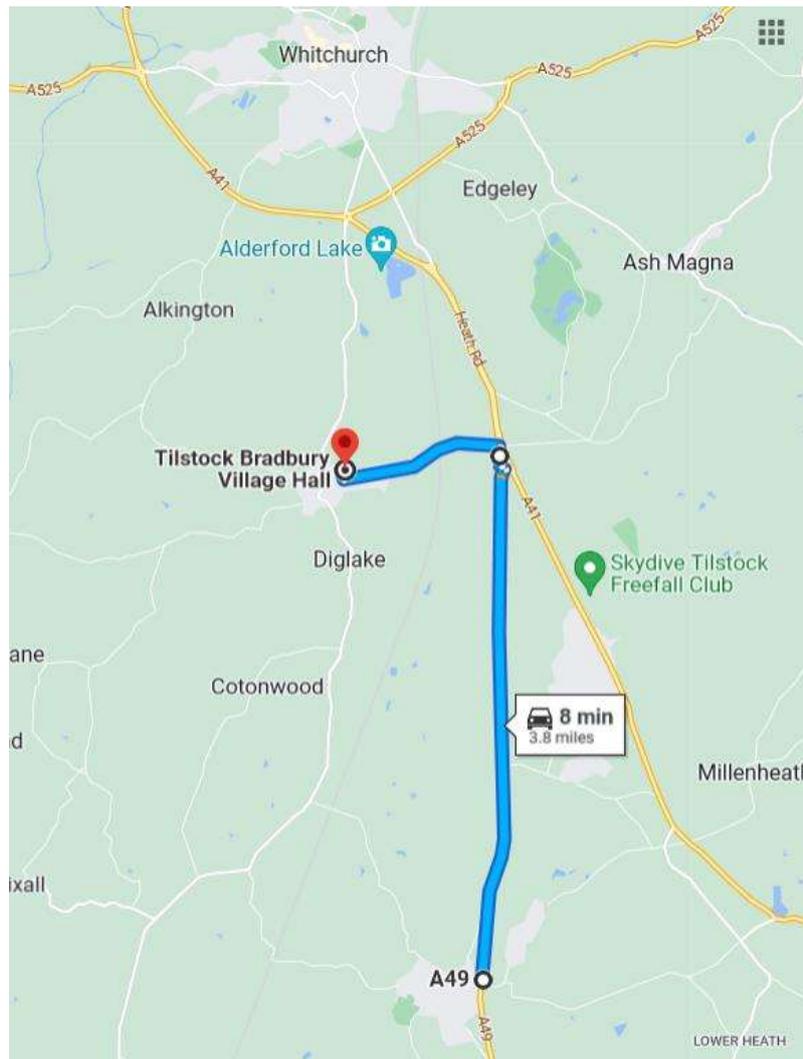
AWARDS

The winner to hold the Arthur Bishop Memorial Cup for one year

	Men	Women	Vet + on Std
1 st	£30	£30	£30
2 nd	£20	£20	£20
3 rd	£15		

The 'one prize per rider' rule applies.

Map of route to start



Mid Shropshire Wheelers 25 Mile Time Trial 16 April 2023 - Rider List

No.	Name	Club	Start Time	Category	Vet Std
7	Philip Gardner	Mid Shropshire Wheelers	08:07	MV	1:09:07
8	Helen Tudor	Oswestry Paragon CC	08:08	FV	1:15:25
9	Keith Nield	Chester RC	08:09	MV	1:28:31
10	Tomos Hales	Wrekinsport CC	08:10	M	
11	Barry Murphy	Graham Weigh Racing-Deeside Olympic	08:11	MV	1:06:32
12	Philip Hill	Chester RC	08:12	MV	1:10:14
13	Simon Bott	Stafford Triathlon Club	08:13	MV	1:07:07
14	James Powell	North Shropshire Wheelers	08:14	MV	1:08:10
15	Bryn Davies	Hafren CC	08:15	MV	1:07:43
16	Oliver Rodwell	Wrekinsport CC	08:16	MV	1:06:32
17	Robbie Disney	Ludlow CC	08:17	M	
18	Rob Wild	Velo Club Long Eaton	08:18	MV	1:06:00
19	Linda Beckett	North Shropshire Wheelers	08:19	FV	1:14:08
20	Paul Duncan	Mid Shropshire Wheelers	08:20	MV	1:06:55
21	Thomas Bill	Stafford Triathlon Club	08:21	M	
22	Dan Cutting	Ludlow CC	08:22	MV	1:06:55
23	Hayley Wells	Paramount CRT	08:23	F	
24	Ian Casson	Birkenhead Victoria CC	08:24	MV	1:14:23
25	Jonathan Mills-Keeling	Bridgnorth Cycling Club	08:25	MV	1:07:56
26	Christopher Riley	Paramount CRT	08:26	MV	1:08:52
27	Gavin Davies	Total Tri Training	08:27	M	
28	Peter Jukes	Mid Shropshire Wheelers	08:28	MV	1:08:52
29	Victoria Doran	Wrekinsport CC	08:29	FV	1:12:49
30	Victor Chetta	Mid Shropshire Wheelers	08:30	MV	1:06:55
31	Ben Love	Graham Weigh Racing-Deeside Olympic	08:31	MV	1:06:32
32	Peter Grindley	Liverpool Century RC	08:32	MV	1:08:52
33	Tomos Price	Wolverhampton Wheelers Cycling Club	08:33	M	
34	Ben Beachell	Rhos-on-Sea CC	08:34	MV	1:08:37
35	James Griffiths	Velotik Racing Team	08:35	MV	1:07:19
36	Steven Hankey	Warrington Road Club/Horton Light Engineering	08:36	MV	1:07:56
37	Liam Ferris	Port Sunlight Wheelers	08:37	MV	1:08:52
38	Daniel Owens	North Endurance	08:38	M	
39	Alex Gibson	Stafford Triathlon Club	08:39	MV	1:06:00
40	Mason Durant	Paramount CRT	08:40	M	
41	Paul Grindley	Liverpool Century RC	08:41	MV	1:10:32
42	James Meldrum	Liverpool Phoenix CC (Aintree)	08:42	MV	1:06:32
43	Richard Martin	Stafford Triathlon Club	08:43	M	
44	Sally Cunliffe	Ruthin Cycling Club / Clwb Seiclo Rhuthun	08:44	FV	1:19:39
45	Ed Moss	Beacon Roads CC	08:45	MV	1:08:23
46	Mike Walker	Congleton CC - MyWindsock	08:46	MV	1:06:44
47	Simon Jones	Hafren CC	08:47	MV	1:07:19
48	Sorrel Williams	AeroCoach	08:48	FV	1:13:40
49	Dominic Gibson	Stafford Triathlon Club	08:49	MV	1:07:07
50	Tim Beardmore	Bridgnorth Cycling Club	08:50	MV	1:08:10
51	Richard Gadsden	Liverpool Braveheart Bicycle Club	08:51	M	

52	Colin Hayes	Liverpool Century RC	08:52	MV	1:08:37
53	Emma Bexson	Stratford Cycling Club	08:53	FV	1:13:54
54	Richard Warren	Liverpool Braveheart Bicycle Club	08:54	MV	1:07:56
55	Dean Callister	Revolutions Racing	08:55	M	
56	Jarod Garrington	Velotik Racing Team	08:56	MV	1:08:10
57	Ian Foster	Stafford RC	08:57	MV	1:09:07
58	Matthew Collins	Liverpool Century RC	08:58	MV	1:06:22
59	John Westhead	Paramount CRT	08:59	MV	1:12:15
60	Thomas Garbett	Total Tri Training	09:00	M	