



CTT Scotland District 10tt Championship



inc. **The Isobel Campbell MBE Memorial Trophy** for women



Westferry: WW10/01 Sunday 30th April 2023 08:01





CTT Scotland District
10tt Championship Bowl
(presented by CTT Scotland)

M1	F1	£100 + CTT Gold medal
M2	F2	£80 + CTT Silver medal
M3	F3	£60 + CTT Bronze medal
M4	F4	£40
M5	F5	£20
MU16	FU16	£15
MU18	FU18	£15
MU23	FU23	£15
Msen	FSen	£15
C2	na	£15
MV40	FV40	£15
MV50	FV50	£15
MV60	FV60	£15
MV70	na	£15
MV80	na	£15
Tandem Male	Tandem miXed	£30



The Isobel Campbell MBE
Memorial Trophy
for Women
(presented by GNCC)

Previous Winners: CTT Scotland District Champions 10mile TT				
	♂		♀	
2016	Chris Smart	20:14	Lynsey Curran	23:34
2017	Jon Entwistle	20:27	Lynsey Curran	23:34
2018	Jamie Davidson	19:30	Lynsey Curran	22:55
2019	Douglas Watson	19:23	Victoria Smith	20:44
2020	Cancelled due to Covid19 pandemic			
2021	John Archibald	18:12	Jo Patterson	20:16
2022	Douglas Watson	19:57	Jo Patterson	21:23
2023	?	mm:ss	?	mm:ss

Event HQ: Bishopton Community Hall, Gledstane Rd, Bishopton, PA7 5AU

Event Sign-On from 7:00 am Event Organiser: Graeme Cockburn

The Isobel Campbell MBE Memorial Trophy



Isobel Campbell, who died in January 2017, at the age of **103**, was President of the Glasgow Nightingale Cycling Club and a remarkable woman by any standards. Her membership of the Club lasted 74 years. Her racing career lasted for around 59 years, she held Club, Scottish and British records and her contribution to cycling earned her an MBE.

In the first 92 years of the Club's existence GNCC only had two presidents', our founder-president, Malcolm Smith, who died in 1983 at the age of 97 and Isobel, who died in January at the age of 103. If nothing else, it shows that cycling is good for you.

She moved to Glasgow, from Bo'ness, with her parents before the Second World War and began cycling. She had her first wins, at 10 and 25miles, in 1939. Whether she was a member of another club or unattached we don't know. However, in 1943 she joined the Glasgow Nightingale and was a member for the rest of her life.

At the end of the war normal racing resumed, as did Isobel's winning ways, with a string of National and Club records. **She set Scottish competition records at 10, 25, 50 and 100 miles and broke the British Women's 12-hour record twice**, in 1946 and 1948. In 1949, Isobel (nee Adams) married fellow Club member, Bill Campbell.

In 1973 she won the inaugural **British Women's Veterans Championship** and again in 1982. She was Club B.A.R. Champion in 1977, 1980 and 1983, leaving the male members of the Club in her wake. She didn't give up easily, riding her last competitive event at the age of 88.

On another level, she was awarded the **Scottish Cycling Union's Gold Medal** in 1983 and was honoured with an **MBE in 1998 for services to cycling**. Also, in 1983 Isobel became President of the Club following the death of Founder-President Malcolm Smith.

She lived quietly in her later years spending much of the winter at her daughter's home in Mallorca but, until latterly, was able to attend Club functions. We were privileged to have her present the trophies at the Club's 80th Anniversary Dinner in 2005.



Notes for Competitors

1. Sign on will be open from **7:00 am** in the Bishopton Hall car park
2. Please bring along a license/membership card to leave as deposit for your number- i.e. BC/TLI/CTC or similar.
3. Please read the enclosed anti-doping notice.
4. Under 18s must complete a **parental consent form** (attached at the end of this document) and hand it in at sign on. No form = No ride.
5. The distance from Race HQ is approximately **2.5miles**, heading West – please allow plenty of time to reach the start area before your allocated time.
6. Course Marshals have **no legal authority** to stop traffic on the course, and as such will only provide course directional information.
7. Limited shower facilities are available at Race HQ, beyond the kitchen area - although these may be seconded for any anti-doping controls.
8. All presentation awards will be at the end of the event.
9. Once a rider has completed their ride they must return their race number and sign out, failure to do either will result in a DNF
10. **Riders MUST have both FRONT and REAR lights affixed to their bike, both must be visible and working.**
11. Riders MUST not wear dark coloured clothing.
12. Riders MUST not ride with their head down at any point
13. Riders MUST ensure their bicycle is mechanically fit-for-purpose (steering; brakes; drive-train; contact points etc).
14. Riders MUST NOT change lanes at any point on the course except where manoeuvring safely into the outside lane for the Newark Castle turn roundabout. Any crossing of the central white line will be an automatic disqualification.
15. Riders MUST adhere to the rules and regulations of the Highway. Marshals and Police will be monitoring riding standards.
16. Any rider that is reported for breach of any of the above WILL incur sanctions - this may include disqualification.

Request from Bishopton Hall Convenor

“Can you let everyone know that due to Covid guidelines for our regular karate group they will be using the rear door and ladies and gents changing rooms at the rear of the hall and your cycle race will be using the main front door and front ladies and gents toilets and the committee rooms/kitchen. Please also remind participants that the hall is being used by other groups and that they **should not be changing in the car park.**”

Anybody found breaching this request puts future events at risk so will be an instant DQ

This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

Remember, it is up to you to check and ensure that you comply

If required you must report to Doping Control after finishing without delay



Course Details: Westferry WW10/01

1. Start under railway bridge on Greenock Rd heading West... approx. 2.5miles from RaceHQ
2. ... Immediate **LEFT** on slip-road to A8 at Westferry roundabout...
3. Proceed **westbound** on A8...
4. **Straight through first roundabout** at Langbank....
5. Take **2nd exit** at **second roundabout** at Woodhall...
6. Continue on A8 to **TURN at Newark Roundabout**... PLEASE OBSERVE EXTREME CAUTION.
7. **Retrace** to finish at **slip-road** to Westferry roundabout.

- Race HQ -> Start holding area



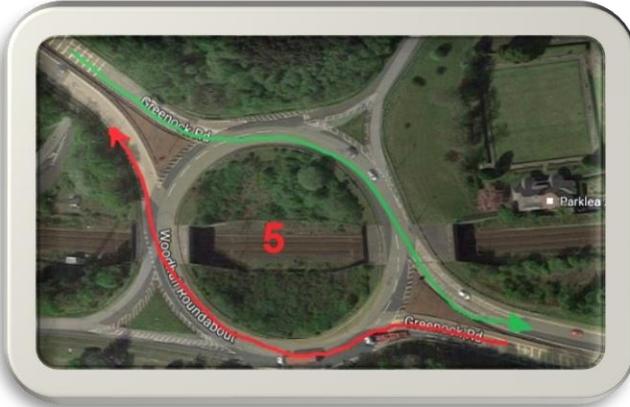
- Route Map with reference points 1-7 as above



- Start and Finish points with Langbank roundabout (points 1,2,3,4,7)



- **Woodhall roundabout – exit 2nd left out and return legs (point 5)**



- **TURN roundabout – PLEASE EXERCISE EXTREME CAUTION with approaching traffic (point 6)**



- **Finish Slip-Road Approach (point 7)**



Glasgow Nightingale Cycling Club

founded 1925



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bib	forename	surname	club/team	m/f	cat	start	time
1	Luke	Bradey	Ayr Burners Cycling	M	S	08:01	
2	Fraser	Craig	Lomond Roads CC	M	S	08:02	
3	John	Gemmell	Ayr Roads CC	M	V60	08:03	
4	Brian	Nicol	Velo Club Vitesse	M	V60	08:04	
5	Alasdair	McAlpine	Glasgow United CC	M	S	08:05	
6	Gavin	Laffoley	Fife Century Road Club	M	S	08:06	
7	Graham	Jones	Edinburgh Road Club	M	V50	08:07	
8	Wilf	Turner	SVTTA	M	V40	08:08	
9	David	Morrison	VC Glasgow South	M	V40	08:09	
10	Silas	Goldsworthy	Ryan's Bike Surgery - Thomson Homes	M	S	08:10	
11	John	Scullion	Lomond Roads CC	M	V40	08:11	
12	Alan	MacIntyre	Coatbridge Clarion CC	M	V50	08:12	
13	Steven	Horne	Johnstone Wheelers	M	V60	08:13	
14	Jim	Petrie	Dundee Wheelers CC	M	V70	08:14	
15	Stephen	Thomson	Fruin Road Club	M	V50	08:15	
16	Sean	Gray	Dooleys RT	M	V50	08:16	
17	Sean	Quinn	Law Wheelers	M	V50	08:17	
18	Brendan	McCabe	Aberdeen Wheelers	M	V50	08:18	
19	Ian	Archibald	Johnstone Wheelers	M	V60	08:19	
20	Andrew	Gallacher	SVTTA	M	V50	08:20	
21	Callum	Deboys	Ayr Burners Cycling	M	C2	08:21	
22	Vincent	Pickering	St Christopher's CC	M	V40	08:22	
23	William	Munro	Glasgow Wheelers	M	V70	08:23	
24	Mark	Stirling	Paisley Velo	M	V50	08:24	
25	Lewis	Hutchison	Vanelli-Project GO	M	S	08:25	
26	Andrew	Stevenson	Glasgow Nightingale CC	M	V60	08:26	
27	James	Cusick	Dooleys RT	M	V50	08:27	
28	Brian	Morrell	Dumfries CC	M	V60	08:28	

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29	Alastair	Pell	Glasgow Nightingale CC	M	V60	08:29
30	Chris	Petrie	Aberdeen Wheelers	M	S	08:30
31	Paul	Wynne	Kinross CC	M	V60	08:31
32	Allan	Duncan	Fullarton Wheelers	M	V50	08:32
33	Jim	Barr	VC Glasgow South	M	V50	08:33
34	Brian	McGhee	Road Club Cumbernauld & Kilsyth	M	V50	08:34
35	Stephen	Makin	Falkirk B C	M	V40	08:35
36	Ian	Barton	VC Glasgow South	M	V50	08:36
37	John	Waller	EH Star Cycling	M	S	08:37
38	Thomas	McNulty	SVTTA	M	V50	08:38
39	Duncan	MacLeod	Scottish Borders Race Team	M	S	08:39
40	Tony	Scott	GTR - Return To Life p/b Streamline	M	V40	08:40
41	Lindsay	Foster	Ayrodynamic Triathlon Club	M	V60	08:41
42	Neil	Shepherd	Gala CC	M	S	08:42
43	Brian	McCardle	Glasgow United CC	M	V40	08:43
44	Kevin	Duffy	Glenmarnock Wheelers	M	V40	08:44
45	Paul	McGonigle	Inverclyde Velo	M	S	08:45
46	Tim	Dyer	Fullarton Wheelers	M	V40	08:46
47	Karl	Farmer	VC Glasgow South	M	V40	08:47
48	Greg	Kerr	Ecosse Performance Cycling Coaching	M	S	08:48
49	James	Muir	Glasgow Nightingale CC	M	V60	08:49
50	Matt	Hennon	GTR - Return To Life p/b Streamline	M	V40	08:50
51	Robert	Holmes	Kinross CC	M	V50	08:51
52	Leahn	Theedam Parry	Scottish Borders Race Team	M	V40	08:52
53	Iain	Wilson	Musselburgh RCC	M	V50	08:53
54	Ian	Hannah	Newton Stewart Triathlon Club	M	V50	08:54
55	Darren	Kean	Fullarton Wheelers	M	S	08:55
56	Josh	Dow	Edinburgh Road Club	M	S	08:56
57	Michael	Curran	Ayr Roads CC	M	V40	08:57
58	Murray	Doyle	Bute Wheelers	M	V50	08:58
59	John	MacArthur	Glasgow Nightingale CC	M	S	08:59
60	Stephen	Wilkinson	Vanelli-Project GO	M	V50	09:00
61	Iain	McLeod	SVTTA	M	V80	09:01
62	Paul	Symington	Inverclyde Velo	M	V60	09:02
63	Donald	Kennedy	Pro Endurance Coaching	M	S	09:03

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64	Douglas	MacDonald	Fullarton Wheelers	M	V60	09:04
65	Angus	Wilson	Dundee Thistle	M	V50	09:05
66	Thomas	Brown	Johnstone Wheelers	M	S	09:06
67	Joe	Hands	GTR - Return To Life p/b Streamline	M	V40	09:07
68	Tom	Kennedy	Stirling Bike Club	M	S	09:08
69	Andrew	McMenemy	Inverclyde Velo	M	V40	09:09
70	Hans	Forhaug	Glasgow United CC	M	V50	09:10
71	Alex	McPhee	Dooleys RT	M	V60	09:11
72	Murray	Ferguson	Torvelo Racing	M	S	09:12
73	Findlay	Watt	Dunfermline CC	M	V50	09:13
74	Ian	Elliot	Hawick Cycling Club	M	V70	09:14
75	Paul	Davis	Musselburgh RCC	M	S	09:15
76	Steve	Wallace	Dunfermline CC	M	V60	09:16
77	Scott	Glasgow	Glasgow Nightingale CC	M	V50	09:17
78	Kevin	Lackie	RT 23	M	V60	09:18
79	Gary	Bratt	Fruin Road Club	M	V40	09:19
80	David	MacNeil	Team Andrew Allan Architecture	M	V40	09:20
81	Frank	Anderson	SVTTA	M	V70	09:21
82	Carlos	Riise	Shetland Wheelers	M	V50	09:22
83	Liam	White	Torvelo Racing	M	S	09:23
84	Robert	Marshall	Team Andrew Allan Architecture	M	V50	09:24
85	Robin	Atkinson	Shetland Wheelers	M	V40	09:25
86	Jon	Fairclough	Kelso Wheelers Cycling Club	M	V60	09:26
87	Graham	Hollinger	Torvelo Racing	M	S	09:27
88	Gordon	Dick	Lomond Roads CC	M	V50	09:28
89	Matt	Howitt	Johnstone Wheelers	M	V40	09:29
90	Jesse	Dawson	Vanelli-Project GO	M	V40	09:30
91	James	Beckett	Inverclyde Velo	M	V50	09:31
92	Andrew	Smith	VC Glasgow South	M	V50	09:32
93	Damian	McAuley	Glasgow Nightingale CC	M	V50	09:33
94	Bruce	Wallace	Scottish Borders Race Team	M	S	09:34
95	Andrew	Scott	Musselburgh RCC	M	V40	09:35
96	Paul	Hornby	Glasgow Ivy CC	M	V50	09:36
97	Stuart	MacCallum	Team Andrew Allan Architecture	M	V40	09:37
98	William	Bunyan	Team Andrew Allan Architecture	M	V60	09:38

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99	Steven	Purdie	Glasgow Green Cycle Club	M	V50	09:39
100						09:40
101	Chris	Little	Studio Velo	M	S	09:41
102						09:42
103	Graham	Smith	Vanelli-Project GO	M	V50	09:43
104						09:44
105	Rob	Graham	GTR - Return To Life p/b Streamline	M	S	09:45
106						09:46
107	Alastair	McNicol	Dooleys RT	M	S	09:47
108						09:48
109	Marc	Anderson	GTR - Return To Life p/b Streamline	M	V40	09:49
110						09:50
111	Sandy	Waller	Edinburgh Road Club	M	S	09:51
112						09:52
113	Douglas	Watson	GTR - Return To Life p/b Streamline	M	V40	09:53
114						09:54
115	Sam	Edgar	Johnstone Wheelers	M	u18	09:55
116	Lewis	Dey	RT 23	M	u18	09:56
117	Glen	Hornby	Glasgow Ivy CC	M	u23	09:57
118	Craig	Cochrane	Glasgow University Cycling Club	M	u23	09:58
119	Corey	Whiteford	Lanark Race Team	M	u23	09:59
120	Alexander	Milne	Muckle Cycle Club	M	u23	10:00
121						10:01
122	Lorna Lumley	John Lumley	Ayrodynamic Triathlon Club	F	TX	10:02
123				M	TX	10:03
124	Mark W Anderson	Warren Crombie	Vanelli-Project GO / MRCC	M	TM	10:04
125				M	TM	10:05
126	Janice	McNichol	Glenmarnock Wheelers	F	V50	10:06
127	Ella	McGhee	Vanelli-Project GO	F	u16	10:07
128	Jennifer	Nicol	Velo Club Vitesse	F	V60	10:08
129	Sally	McLintock	Glenmarnock Wheelers	F	S	10:09
130	Amy	McQueen	Ronde Cycling Club	F	S	10:10
131	Isobel	Fletcher	VC Glasgow South	F	V60	10:11
132	Miriam	Rennet	Kinross CC	F	V60	10:12
133	Frances	Butler	Vanelli-Project GO	F	V40	10:13

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134	Valerie	Martin	Dooleys RT	F	V50	10:14	
135	Elizabeth	Wisdish	Glasgow Wheelers	F	V40	10:15	
136	Alexandra	Hayden	Vanelli-Project GO	F	S	10:16	
137	Miriam	Gilbride	Pro Endurance Coaching	F	u23	10:17	
138	Lorna	Breetzke	Vanelli-Project GO	F	V40	10:18	
139						10:19	
140	Kate	Richardson	Alba `development Road Team	F	u23	10:20	
141						10:21	
142	Beth	MacRae	Jadan Vive Le Velo	F	S	10:22	
143						10:23	
144	Carolyn	Chambers	North Argyll CC	F	S	10:24	
145						10:25	
146	Joanna	Patterson	Wahoo Le Col	F	S	10:26	
147						10:27	
148						10:28	
149						10:29	
150						10:30	



PARENTAL CONSENT **(Internet Entry)** **TO BE SIGNED BY PARENT OR GUARDIAN** **OF ENTRANTS UNDER THE AGE OF 18**

I (Name and Address)

Being the Parent (or Guardian) of

Who was born on:

Name of Event

Date of Event

HEREBY AGREE to his/her participation in the above named event promoted for and on behalf of Cycling Time Trials under their Rules and Regulations and DECLARE as follows:-

I confirm that I have read and understand the rider declaration. I understand and agree that my said son/daughter participates in the event promoted under the Rules and Regulations of Cycling Time Trials, entirely at his/her risk and without liability whatever on the part of Cycling Time Trials, its Chairman, National Committee Members, District Committee Members, Officers and Officials of member clubs, Event Secretary (promoter), Timekeepers, Marshals, Course Measurers, Caterers or helpers in the conduct of the event in respect of any injury loss or damage suffered by him/her however caused.

I understand that the function of the marshals in such the event is to do no more than indicate the precise spot at which the rider should turn or the direction he or she should take and that the responsibility for safely negotiating a turn or any other change of direction must rest with the rider alone.

I understand further that all competitors in or in the vicinity of the event must observe the law of the land relating to road travel and when racing must ride entirely alone and unassisted. I am satisfied that my son/daughter is sufficiently responsible and experienced to assume full and entire responsibility for his/her own safety whilst engaged in a competition of this kind held wholly or in part on public or private property or on the public highway.

I agree to my son/daughter participating in the Drug Testing Programme whenever required to do so.

SIGNED:

DATE:

Photocopied signatures are not acceptable.