



FOUNDED JUNE, 1935

**COVENTRY
CYCLING
CLUB**

**'THE DIANE COOKE MEMORIAL' OPEN 10 MILE TT
SUNDAY 30th APRIL 2023, COURSE K11/10T**

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser:

Barry Harden
29 Guilsborough Road
COVENTRY
CV3 2HL.
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Event Headquarters:

Dunchurch Sportsfield & Village Hall,
Rugby Road,
DUNCHURCH,
Rugby.
CV22 6PN.

First Rider Starts at 8.01 am

Officials:	Timekeepers:	Peter Bayliss & Laurie Bird
	Recorder:	Carole Bayliss
	Start Assistant:	Rob Chatwin
	CTT Observer:	Bob Allen
	Timekeepers Spotter:	Jason Noone
	Number Steward:	Julie Hinds
	Results Service:	Jon Wood, Jason Noone & Ian Kellaway
	Marshalls:	Sam Griffin Davis, Phil Davis, Rob Leahy, Andrew Delaney & Andrew White
	Caterers:	Joan Allen & Margaret Harden

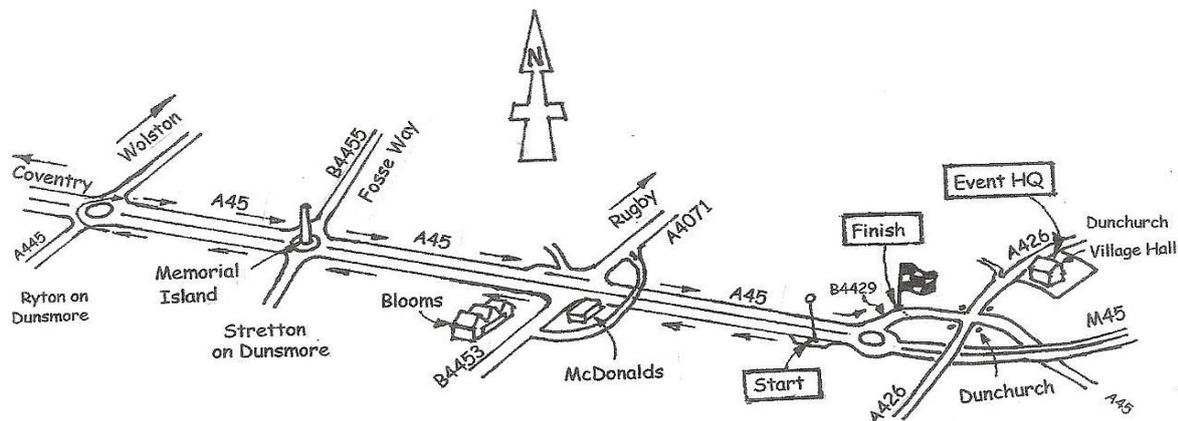
CTT Regulations & Recommendations:

Competitors are reminded that it is now compulsory to wear a **Hard-Shell Helmet**, that meets a recognised International Safety Standard, and that **Working Front & Rear Lights** must be fitted to their machines; **no helmet, no lights, no ride.**

We will be using the Main Hall at H/Q, please consider others while in the Building & come prepared to wear a Face Mask if you feel more comfortable with one. A Result Board & light refreshments will be available; donations for catering would be welcome. Please do not attend the Event if you or any of your family/household are showing suspicious illness symptoms of any kind.

Course Description:

- SP 462 716: **START**; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the 3rd joint in the concrete apron. Ride West along the A45.
- SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 391 741: At the next Island, (A45/A445), take the 4th exit to retrace along the A45.
- SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 465 715: At the A45/M45 Island, take 1st exit onto the B4429 towards Thurlaston/Dunchurch.
- SP 465 715: **FINISH**; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Competitors Notes:

HQ Car Parking will be available from 7.00 am. Use the Gravelled area & the adjacent sports field grass as overflow Parking. Please park parallel to the hedge keeping spaces fairly regimented & reasonably compact.

Numbers & pins will only be issued to Competitors personally when they have 'Signed On'; **also remember that you are required to 'Sign Off' after you ride.**

Note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but do not arrive more than a few minutes before your slot.

Every Competitor is to Self Start, no assistance will be allowed.

Please do not warm up on the Course once the Event has started, (08.01). NOTE: we have previously had complaints from other Competitors, **particularly on the B4429 run in to the Finish**, where due to riders warming up Competitors have needed to either brake or pull out in front of vehicles approaching from the rear. It also causes considerable confusion for the Finish Timekeeper. We suggest using the A45 to the East of Dunchurch, (in the direction of Willoughby & Daventry), for your warm up if necessary. **Any rider failing to comply with this request risks disqualification.**

We are intending to present Prizes on completion of the Event. If you are able to, it would be appreciated if you could remain at H'Q until this has been completed. Any uncollected Prizes will be posted within seven days of the Event.

PRIZE LISTS:

Note: One Prize per rider.

Men's Prizes		Women's Prizes					
Fastest		Fastest		Vets on Std.		Handicap	
First	£30	First	£30	First	£25	First	£20
Second	£25	Second	£25	Second	£20	Second	£15
Third	£20	Third	£20	Third	£15	Third	£10
Fourth	£15	Fourth	£15				

Fastest in Age Group's
A to G £15 each.

Many thanks for Donations towards the Women's Prize
List by D Tomes, C Cooke & J Rutter.

'Who was Diana Cooke'?

Diana was a keen Member of Coventry CC through her teenage years up until her untimely death. An ever present face on Club Runs and at Social Events, often participating in Club Time Trials. A very popular young lady amongst her peers; she was acting Editor of the Club's Magazine, 'The Milestone'. To date, no one else has ever achieved the same level of success in cajoling articles from the other Club Members for use in the magazine; (Women's Power).

During that period the Cooke's were a cycling family, Diana was the younger sister of Chris and Tony, both prominent racing members of the C's. Diana's unfortunate death came in 1983 at the tender age of 22, leaving her sadly missed by her many friends in the cycling fraternity. If she were still alive, Diana would be an Aunt to Nicole Cooke the Women's World Road Race Champion in 2003 & 2006, winner of the Women's Tours of France, Italy & Germany in 2006 and UCI ranked No.1 Women in the World in 2007. The highlight of her career obviously being her Olympic & World Championships in 2008.

Barry H.

Previous Winners of the 'Diana Cooke Memorial' 10 Mile Time Trial

1984	Helen Parritt	Zenith CC	24.45
1985	Mandy Jones	West Pennine RC	23.22
1986	Maria Blower	Charnwood CRC	24.50
1987	Sandra Curtis	Solihull CC	25.25
1988	Sandra Curtis	Solihull CC	25.26
1989	Theresa Coltman	Hull Thursday	24.14
1990	Maxine Johnson	Dinnington RC	25.23
1991	Mandy Jones	Liverpool Mercury	22.24 NAT CHAMPS
1992	Louise Jones	GS Strada	23.53
1993=	Maria Lawrence	Rockingham Forest	24.40
1993=	Alison Thomas	Stourbridge CC	24.40
1994	Maxine Johnson	Oundle Velo	24.01
1995	Maxine Johnson	Oundle Velo	23.51
1996	Maxine Johnson	Team Lusso	23.21
1997	Maxine Johnson	Letchworth Velo	23.21
1998	Maxine Johnson	Letchworth Velo	23.26
1999	Maxine Johnson	Letchworth Velo	23.45
2000	Gillian Reynolds	Willesdon CC	25.20
2001	Maxine Johnson	Inter Bike RT	24.25
2003	Michelle Brown	Coventry CC	24.47
2004	Nadine Garioud	Leamington C&AC	24.34*
2005	Ruth Eyles	Beacon Roads CC	23.33
2006	Ruth Eyles	Beacon Roads CC	23.38
2007	Ruth Eyles	Beacon Roads CC	22.36*
2008	Ruth Eyles	Beacon Roads CC	23.32
2009	Ruth Eyles	Beacon Roads CC	22.51
2010	Michelle King	Cult Racing	22.23#
2011	Michelle King	Cult Racing	22.43
2012	Rebecca Slack	London Dynamo	23.26
2013	Rebecca Slack	Look Mum No Hands!	23.14
2014	Rosie Armitage	Team Echelon-Rotor	24.09
2015	Rachael Elliot	Newbury RC	23.32
2016	Rachael Elliot	Newbury RC	21.21**
2017	Rachael Elliot	Drag2Zero	22.34
2018	Liz Powell	Drag2Zero	22.47
2019	Liz Powell	Drag2Zero	22.30**
2020	No Event Held	Due to COVID-19	
2021	Anna Morris	Aero Lab Ward Wheelz	21.28**
2022	Leah Dixon	Bianchi HUNT Morvelo	22.51**

The Event marked # is the Ladies Event Record on its Original Course, (K41/10.) For various reasons Events marked * were on (K10/10) & those marked ** have been on (K11/10T).