

...a3crg Circuit Time Trial League 2023

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10

Wednesday 3rd May ~ from 18:30hrs ~ 10-mile TT's

The Iconic Goodwood Motor Racing Circuit ~ Chichester PO18 0PX

Timekeeping Crew: Trevor Beauchamp, Kathleen Collard-Berry, Maria Golden, Martin Whitty, Hamish Walker

Start Line Stewards: Gareth Peters (Speaker), Alan Dawson, Peter Pickers

Motorcycle Marshals: Steve Humphrey, Colin Enticknap

Signing-On & Reception: Lucy Mitchell & ANO

Photography by: Warren Peters? Sheena Booker cannot make it for this event but will be here for future events, no photos are taken behind the Bike Shed.

There are "Provisional Results" available on-line during the event via: <https://resultsheet.co.uk>

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
Tel. : 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

There will be time between 18:30 & 18:55 to warm up on the track (no riders starting to warm -up on the track after 18:50)

National Road Bike Regs: No Aero Bars & no Disc Wheel, (Max wheel Depth 90mm)

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing

Gates will open (for us) at 17:45 ~ Please don't arrive early as another event maybe taking place.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that WORKING FRONT & REAR LIGHTS, either flashing or constant, are fitted to the machine in a position visible to following road users and are active while the machine is in use at all times.

Procedure for the Event:

- ✓ *If you are not feeling well or you have left your wallet at home, please do not attend.*
- ✓ *If you have road race pockets for your number, please use the left-hand pocket to aid the finish timekeepers.*
- ✓ *Do not walk across the airfield, it is an active aerodrome, rotor blades can really make a mess.*
- ✓ *Look where you are going, keep your head up,*
- ✓ *If caught, ease back; do not take pace on the wheel of the rider who caught you.*
- ✓ *If passing a rider, please make sure the effort is enough to pass completely.*
- ✓ ***Last Lap**, stay on the Left inside the black Cones on the Finish Section, and please shout your number out as you finish.*

Though the course is on the perimeter of a working Airfield, you are not required to have a flashing orange beacon affixed to your helmet, however . . . you are still required to have working front & rear lights fixed to your bike & switched on during your event.

Course Length 10 miles (4 & bit Laps) except for Event 2 (7.6 miles)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping to the right hand side, bear right following the circuit. After passing a “Radio Mast” on your right hand side you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) “Pit Straight”, make sure you are in the middle of the circuit.

After bearing right, you are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) “Pit Straight” this fourth time bear in mind you need to keep to the left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **ON THE LAST LAP DO NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).**

All Ten Mile times set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards, Age Group Records & the “**NEW**” **BBAR conditions for both Men & Women.**

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: ~ Formula Libre Youth 13 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Femme) Sophie Heighton 00:26:22 ~ (Male) Bobby Buenfeld 00:21:47

| Num | Rider | Squadra/Team/Club | Cat | Machine | Départ |
|-----|----------------|---------------------------|----------|---------|----------|
| 2 | Louie Arnold | Chichester Triathlon Club | Youth 12 | RB | 19:01:00 |
| 3 | Oscar Lawrence | Velo Club Venta | Youth 15 | TT B | 19:01:30 |

Event 2: ~ Youths Road Bikes 10yrs - 14yrs ~ 3 & bit Laps = 7.60 miles

Event Record (Male) Lucas Lovell 00:20:31

| Num | Rider | Squadra/Team/Club | Cat/Grp | Machine | Départ |
|-----|----------------|----------------------------|----------|---------|----------|
| 5 | Amy Clarke | Surrey Cycle Racing League | Femme-12 | RB | 19:02:30 |
| 6 | James Mitchell | ...a3crg | Youth 12 | RB | 19:03:00 |
| 7 | Freddie Gay | Chichester Triathlon Club | Youth 12 | RB | 19:03:30 |

Event 3: Men’s Road Bikes, 4 & bit Laps = 10-miles

Road Bike Record Crispin Doyle 0021:24

| Num | Rider | Squadra/Team/Club | Cat | Machine | Départ |
|-----|-----------------|------------------------|-------|---------|----------|
| 8 | Eamonn Sheridan | Warwickshire Road Club | Vet-F | RB | 19:04:00 |
| 9 | Jeremy Tucker | Fareham Wheelers CC | Vet-D | RB | 19:04:30 |
| 10 | Mark Wheeler | 3C Cycle Club | Vet-E | RB | 19:05:00 |
| 11 | Phil McNamara | Full Gas Racing Team | Vet-D | RB | 19:05:30 |

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|----|-----------------|--------------------------|--------|----|----------|
| 12 | Jason Leith | Chichester City Riders | Vet-C | RB | 19:06:00 |
| 13 | Richard Holt | Fareham Wheelers CC | Vet-B | RB | 19:06:30 |
| 14 | Steve Willcocks | Portsmouth North End CC | Vet-B | RB | 19:07:00 |
| 15 | Murray Quiney | Southdown Velo | Vet-E | RB | 19:07:30 |
| 16 | Stephen Skinner | Velo Club St Raphael | Vet-F | RB | 19:08:00 |
| 17 | Ben Huttly | Precise Performance RT | Sen 32 | RB | 19:08:30 |
| 18 | Jon Hughes | VC Godalming & Haslemere | Vet-C | RB | 19:09:00 |
| 19 | Ben Williams | Racing Club Ravenna | Vet-A | RB | 19:09:30 |

Event 4: Femmes Road Bikes, 4 & bit Laps = 10-miles

Womens Road Bike Record: Emily Proud 00:23:50

| Num | Rider | Squadra/Team/Club | Cat/Grp | Machine | Départ |
|-----|---------------|-------------------|---------|---------|----------|
| 20 | Alexa Forbes | London Dynamo | WV-E | RB | 19:10:00 |
| 21 | Deborah Smith | Southdown Velo | WV-B | RB | 19:10:30 |

Event 5: Femmes TT Bikes ~ 4 & bit Laps = 10-miles

Femmes Course & Event Record : Sarah Storey 00:21:04

| Num | Rider | Squadra/Team/Club | Cat/Grp | Machine | Départ |
|-----|------------------|----------------------------------|---------|---------|----------|
| 22 | Rowena Rogers | Petersfield Triathlon Club | WV-B | TT B | 19:11:00 |
| 23 | Pippa O'Brien | RT PODA | WV-E | TT B | 19:11:30 |
| 24 | Jane Barker | Gillingham and District Wheelers | WV-D | TT B | 19:12:00 |
| 25 | Kate Stillwell | Petersfield Triathlon Club | WS-31 | TT B | 19:12:30 |
| 26 | Kym Harvey | Fareham Wheelers CC | WV-D | TT B | 19:13:00 |
| 27 | Deborah Sheridan | Warwickshire Road Club | WV-F | TT B | 19:13:30 |
| 28 | Kate Dugher | Petersfield Triathlon Club | WS-30 | TT B | 19:14:00 |
| 29 | Sally Turner | HUUB WattShop | WV-A | TT B | 19:14:30 |
| 30 | Virginia McGee | ...a3crg | WV-D | TT B | 19:15:00 |
| 31 | Lucy Gadd | Storey Racing | Esp 21 | TT B | 19:15:30 |
| 32 | Sue McFarlane | Army Cycling | WV-A | TT B | 19:16:00 |
| 33 | Jennifer George | HUUB WattShop | WV-A | TT B | 19:16:30 |
| 34 | Sarah Matthews | ...a3crg | WV-E | TT B | 19:17:00 |
| 35 | Sarah Storey | Storey Racing | WV-B | TT B | 19:17:30 |

Event 6: Men's TT Bikes ~ 4 & bit Laps = 10-miles

Course & Event Record: Sam Clark 00:18:48 ~ *Jun Event Record:* Jamie Witcher, 00:19:21

| Num | Rider | Squadra/Team/Club | Cat/Grp | Machine | Départ |
|-----|---------------------|----------------------------|---------|---------|----------|
| 04 | Oliver Clay | Petersfield Triathlon Club | Jun 16 | TT B | 19:02:00 |
| 36 | Nolan Rogers | Chichester City Riders | Vet-C | RB | 19:18:00 |
| 37 | Matthew White | Precision Race Team | Vet-C | TT B | 19:18:30 |
| 38 | Martin Balk | 3C Cycle Club | Vet-E | TT B | 19:19:00 |
| 39 | David Sharp | Portsmouth Triathletes | Vet- | TT B | 19:19:30 |
| 40 | Steve Skinner | Southdown Velo | Vet-F | TT B | 19:20:00 |
| 41 | Mike Anderson | Velo Club St Raphael | Vet-F | TT B | 19:20:30 |
| 42 | Simon Craig-McFeely | ...a3crg | Vet-E | TT B | 19:21:00 |
| 43 | Ben Thomas | South Western Road Club | Vet-G | TT B | 19:21:30 |

| | | | | | |
|----|------------------|-------------------------------|--------|----------|----------|
| 44 | Robert Jolliffe | New Forest CC | Vet-G | TT B | 19:22:00 |
| 45 | Philip Hookham | 3C Cycle Club | Vet-E | TT B | 19:22:30 |
| 46 | Nigel Greenfield | ...a3crg | Vet-E | TT B | 19:23:00 |
| 47 | David Pollard | VTTA (Surrey/ Sussex) | Vet-F | TT B | 19:23:30 |
| 48 | Mike Boyce | ...a3crg | Vet-F | TT B | 19:24:00 |
| 49 | Michael Stevens | Fareham Wheelers CC | Vet-E | TT B | 19:24:30 |
| 50 | Chris Lord | Brighton Excelsior CC | Vet-G | TT B | 19:25:00 |
| 51 | Simon Berogna | Velo Club St Raphael | Vet-B | TT B | 19:25:30 |
| 52 | Nick Andrews | Portsmouth North End CC | Vet-D | TT B | 19:26:00 |
| 53 | Nicholas Borbone | Chichester City Riders | Vet-D | RB | 19:26:30 |
| 54 | Philip Wise | Southdown Velo | Vet-D | TT B | 19:27:00 |
| 55 | David Mowatt | Hampshire Road Club | Vet-D | TT B | 19:27:30 |
| 56 | William Sawyer | Velo Club St Raphael | Vet-D | TT B | 19:28:00 |
| 57 | Jymmy Trevor | City RC (Hull) (Trike) | Vet-C | Tricycle | 19:28:30 |
| 58 | David Beams | 3C Cycle Club | Vet-B | TT B | 19:29:00 |
| 59 | Mike Cooper | Chichester Triathlon Club | Vet-D | TT B | 19:29:30 |
| 60 | Richard Keevil | GS Stella | Vet-C | TT B | 19:30:00 |
| 61 | Ryan Lilleywhite | ...a3crg | Sen 30 | TT B | 19:30:30 |
| 62 | David Donald | Fareham Wheelers CC | Vet-B | TT B | 19:31:00 |
| 63 | Graham White | Fareham Wheelers CC | Vet-E | TT B | 19:31:30 |
| 64 | Simon Hall | Crabwood Cycling Club | Vet-C | TT B | 19:32:00 |
| 65 | Jono Bartle | Chichester City Riders | Vet-C | RB | 19:32:30 |
| 66 | John Mottershead | Portsmouth North End CC | Vet-C | TT B | 19:33:00 |
| 67 | Shaun Smart | Southdown Velo | Vet-D | TT B | 19:33:30 |
| 68 | Mark Lisk | 3C Cycle Club | Vet-C | TT B | 19:34:00 |
| 69 | Paul Atkinson | Velo Club St Raphael | Vet-C | TT B | 19:34:30 |
| 70 | James Smee | Chichester City Riders | Vet-B | TT B | 19:35:00 |
| 71 | Richard Bradley | 3C Cycle Club | Vet-B | TT B | 19:35:30 |
| 72 | Darren Anderson | Fareham Wheelers CC | Vet-B | TT B | 19:36:00 |
| 73 | Keith Mabbott | Royal Navy & Royal Marines CA | Vet-B | RB | 19:36:30 |
| 74 | David Ogden | GS Mossa | Vet-B | TT B | 19:37:00 |
| 75 | Ollie Boarer | Tofauti Everyone Active | Jun 16 | TT B | 19:37:30 |
| 76 | Alexander Murphy | Velo Club Venta | Jun 16 | TT B | 19:38:00 |
| 77 | Kallie Hughes | Farnborough & Camberley CC | Sen 26 | TT B | 19:38:30 |
| 78 | Peter Barlow | Royal Navy & Royal Marines CA | Sen 28 | TT B | 19:39:00 |
| 79 | Joshua Lahiri | Portsmouth Hill CC | Sen29 | TT B | 19:39:30 |
| 80 | Peter Crease | Royal Navy & Royal Marines CA | Sen 34 | TT B | 19:40:00 |
| 81 | Ben Lowe | Precision Race Team | Sen 33 | TT B | 19:40:30 |
| 82 | Adam Coppard | Chichester City Riders | Sen 33 | TT B | 19:41:00 |
| 83 | Callum Brownlie | Velo Club Venta | Sen 31 | TT B | 19:41:30 |
| 84 | Toby Clay | Petersfield Triathlon Club | Vet-B | TT B | 19:42:00 |
| 85 | Adrian Talley | Velo Club St Raphael | Vet-C | TT B | 19:42:30 |
| 86 | Daniel West | GS Mossa | Sen 33 | TT B | 19:43:00 |
| 87 | Larry Wiltshire | Chichester City Riders | Vet-B | TT B | 19:43:30 |

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|-----|--------------------|----------------------------|--------|------|----------|
| 88 | Bobby Buenfeld | Velo Club Venta | Jun 16 | TT B | 19:44:00 |
| 89 | Andy Langdown | ...a3crg | Vet-C | TT B | 19:44:30 |
| 90 | Nigel Pratt | Velo Club St Raphael | Vet-C | RB | 19:45:00 |
| 91 | Howard Bayley | Blazing Saddles | Vet-B | TT B | 19:45:30 |
| 92 | Neil Mackley | ...a3crg | Vet-D | TT B | 19:46:00 |
| 93 | Chris Loake | AeroCoach | Vet-A | TT B | 19:46:30 |
| 94 | Cris Coxon | Brighton Mitre CC | Vet-B | TT B | 19:47:00 |
| 95 | Bryce Dyer | Bournemouth Cycleworks | Vet-B | TT B | 19:47:30 |
| 96 | Joe Parker | Racing Club Ravenna | Sen 33 | TT B | 19:48:00 |
| 97 | Matthew Gilmour | Velo Club Venta | Jun 16 | TT B | 19:48:30 |
| 98 | Jordan Giles | Primera-Teamjobs | Sen 24 | TT B | 19:49:00 |
| 99 | Peter Younghusband | Petersfield Triathlon Club | Vet-D | TT B | 19:49:30 |
| 100 | Sam Clark | trainSharp | Esp 22 | TT B | 19:50:00 |

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**.

The start is approximately halfway along the pit (Number15) lane wall where you will do either a standing or push start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of this wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will need to finish in the finish area, this is on the left-hand side of the track & you will have seen the black coned off area on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut.

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate there will be a box to return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders' car parking. **There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.**

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the "**HORSEBOX**" on site (we have been assured it will be open).

League Points

This Season we are running a “League” for each event, just a simple points competition on your finish position, plus “Bonus Points”. Your Best Three Finish Positions count for the overall, plus all your bonus points.

Events with up to 10 riders will get a range from 20 points (winner) + 5 bonus points for PB

Events with up to 30 riders will get a range from 50 points (winner) + 5 bonus points for PB

Events with up to 80 riders will get a range from 100 points (winner) + 10 bonus points for PB

In “Mixed” events the first women will get 5 bonus points, 2nd 4 Bonus Points & 3rd 3 points & so on

Juniors will get either 5 & 10 bonus points (dependent on size of field) for first place (Jun), then one point less for each other position.

Lastly, Enjoy your evening & thank you for your support this Season.

Next ... Goodwood Circuit Events

Wednesday 24th May, 10 mile TT's, Plenty of categories.

Saturday 10th June, The VTTA National (Southern) Age Group Championship.

A VTTA Championship that is open to members & non-members.

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