

...a3crg Circuit Time Trial League 2023

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10

Wednesday 24th May ~ from 18:30hrs ~ 10-mile TT's

The Iconic Goodwood Motor Racing Circuit ~ Chichester PO18 0PX

Timekeeping Crew: Trevor Beauchamp, Chris Thomas, Kathleen Collard-Berry, Martin Whitty, Hamish Walker

Start Line Stewards: Gareth Peters (Speaker), Peter Pickers

Motorcycle Marshals: Colin Enticknap, (*Steve Humphreys Has been banished to Norfolk*)

Signing-On & Reception: Lucy Mitchell & ANO

Photography by: Sheena Booker

There are "Provisional Results" available on-line during the event via: <https://resultsheet.co.uk>

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
Tel. : 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

There will be time between 18:30 & 18:55 to warm up on the track (no riders starting to warm -up on the track after 18:50)

National Road Bike Regs: No Aero Bars & no Disc Wheel, (Max wheel Depth 90mm)

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing
Gates will open (for us) at 17:45 ~ Please don't arrive early as another event maybe taking place.

CTT Regs, even though it is a circuit you are still required to have working front & rear lights fixed to your bike & switched on during your event, spares at Signing-On.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that WORKING FRONT & REAR LIGHTS, either flashing or constant, are fitted to the machine in a position visible to following road users and are active while the machine is in use at all times.

Procedure for the Event:

- ✓ *If you are not feeling well or you have left your wallet at home, please do not attend.*
- ✓ *If you have road race pockets for your number, please use the left-hand pocket to aid the finish timekeepers.*
- ✓ *Do not walk across the airfield, it is an active aerodrome, it could get rather messy.*
- ✓ *Look where you are going, keep your head up,*
- ✓ *If caught, ease back; do not take pace on the wheel of the rider who caught you.*
- ✓ *If passing a rider, please make sure the effort is enough to pass completely.*
- ✓ **Last Lap**, *stay on the Left inside the black Cones on the Finish Section, and please shout your number out as you finish.*

Course Length 10 miles (4 & bit Laps) except for Event 2 (7.6 miles)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping to the right hand side, bear right following the circuit. After passing a “Radio Mast” on your right hand side you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) “Pit Straight”, make sure you are in the middle of the circuit.

After bearing right, you are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) “Pit Straight” this fourth time bear in mind you need to keep to the left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **ON THE LAST LAP DO NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).**

All Ten Mile times set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards, Age Group Records & the “**NEW**” **BBAR conditions for both Men & Women.**

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided.

T2B = Time to beat from the event on the 3rd May to achieve Bonus Points in the League

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: ~ Youths Road Bikes 10yrs - 14yrs ~ 3 & bit Laps = 7.60 miles

Event Record (Male) Lucas Lovell 00:20:31

Num	Rider	Squadra/Team/Club	Cat/Grp	Mach	T2B	Départ
1	James Mitchell	...a3crg	Youth 12	RB	00:25:38	19:01:00
2	Amy Clarke	Surrey Cycle Racing League	Femme-12	RB	00:27:35	19:01:30
3	Freddie Gay	Chichester Triathlon Club	Youth 12	RB	00:24:08	19:02:00

Event 2: ~ Formula Libre Youth 13 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Femme) Sophie Heighton 00:26:22 ~ (Male) Bobby Buenfeld 00:21:47

Num	Rider	Squadra/Team/Club	Cat	Mach	T2B	Départ
5	Louie Arnold	Chichester Triathlon Club	Youth-15	RB	00:32:37	19:02:30
6	Lucas Lovell	Portsmouth North End CC	Youth-14	RB		19:03:00
7	Adam Loake	Hillingdon Slipstreamers	Youth-15	RB		19:03:30

Event 3: Men’s Road Bikes, 4 & bit Laps = 10-miles

Road Bike Record Crispin Doyle 0021:24

Num	Rider	Squadra/Team/Club	Cat	T2B	Départ
9	Alan Tilbury	Brighton Mitre CC	V-F		19:04:30
10	Geoff Smailes	Hampshire Road Club	V-D		19:05:00
11	Vernon Schutte	Farnborough & Camberley CC	V-F		19:05:30
12	Eamonn Sheridan	Warwickshire Road Club	V-F	00:31:56	19:06:00
13	Jeremy Tucker	Fareham Wheelers CC	V-D	00:27:08	19:06:30

14	David Robbins	Petersfield Triathlon Club	V-E		19:07:00
15	Phil McNamara	Full Gas Racing Team	V-D	00:26:40	19:07:30
16	John Phillips	Sotonia CC	V-F		19:08:00
17	Darryl Rice	Racing Club Ravenna	V-D		19:08:30
18	Richard Holt	Fareham Wheelers CC	V-B	00:26:29	19:09:00
19	Finn Sleight	Hart Evolution Race Team	S-25		19:09:30
20	Robin Kamiya	Farnborough & Camberley CC	V-C		19:10:00
21	Malcolm Cox	Velo Club St Raphael	V-D		19:10:30
22	Rory Plewes	Petersfield Triathlon Club	Esp-20		19:11:00
23	Cris Coxon	Brighton Mitre CC	V-B		19:11:30

Event 4: Femmes Road Bikes, 4 & bit Laps = 10-miles

Womens Road Bike Record: Emily Proud 00:23:50

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
24	Johanna Lovell	Portsmouth North End CC	WV-C		19:12:00
25	Denise Stuart	GS Mossa	WV-C		19:12:30
26	Fran Marshman	Portsmouth North End CC	WV-B		19:13:00
27	Alexa Forbes	London Dynamo	WVE-	00:28:25	19:13:30
28	Deborah Smith	Southdown Velo	WV-B	00:26:35	19:14:00

Event 5: Femmes TT Bikes ~ 4 & bit Laps = 10-miles

Femmes Course & Event Record : Sarah Storey 00:21:04

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
29	Gail Walker	Precision Race Team	WV-C		19:14:30
30	Josie Smailes	Velo Club Venta	WS-23		19:15:00
31	Pippa O'Brien	RT PODA	WV-E	00:30:45	19:15:30
32	Sheena Keates	GS Mossa	WV-B		19:16:00
33	Christina Dove	...a3crg	WV-D		19:16:30
34	Katy Warren	Precision Race Team	WS-37		19:17:00
35	Kendra Hall	Farnborough & Camberley CC	WV-C		19:17:30
36	Kym Harvey	Fareham Wheelers CC	WV-D	00:26:12	19:18:00
37	Virginia McGee	...a3crg	WV-D	00:25:56	19:18:30
38	Deborah Sheridan	Warwickshire Road Club	WV-F	00:26:14	19:19:00
39	Kate Stillwell	Petersfield Triathlon Club	WS-31	00:24:53	19:19:30
40	Sarah Matthews	...a3crg	WVE-	00:24:38	19:20:00
94	Isabel Sharp	DRAG2ZERO	WJ-17		19:47:00
97	Sarah Storey	Storey Racing	WV-B	00:21:38	19:48:30

Event 6: Men's TT Bikes ~ 4 & bit Laps = 10-miles

Course & Event Record: Sam Clark 00:18:48 ~ *Jun Event Record:* Jamie Whitcher, 00:19:21

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
08	Oliver Clay	Petersfield Triathlon Club	Jun-17	00:29:36	19:04:00
41	Michael Chadwell	VC Godalming & Haslemere	V-E		19:20:30
42	Ben Thomas	South Western Road Club	V-G	00:27:51	19:21:00
43	Ken Rayson	...a3crg	V-H		19:21:30

44	Graham White	Fareham Wheelers CC	V-E	00:26:15	19:22:00
45	Martin Balk	3C Cycle Club	V-E	00:28:20	19:22:30
46	Arthur Waghorn	Southdown Velo	V-E		19:23:00
47	Oliver Griffin	Hart Evolution Race Team	V-A		19:23:30
48	Simon Craig-McFeely	...a3crg	V-E		19:24:00
49	Philip Hookham	3C Cycle Club	V-F		19:24:30
50	Mike Anderson	Velo Club St Raphael	V-F	00:23:40	19:25:00
51	David Donald	Fareham Wheelers CC	V-B	00:30:46	19:25:30
52	Marius Kwint	Velo Club Venta	V-D		19:26:00
53	Matt Doe	...a3crg	V-C		19:26:30
54	Stephen Casey	Farnham RC	V-B		19:27:00
55	Steve Skinner	Southdown Velo	V-F	00:25:35	19:27:30
56	Callum Brownlie	Velo Club Venta	S-31	00:23:42	19:28:00
57	Jeremy Hall	Farnborough & Camberley CC	V-D		19:28:30
58	Richard Keevil	GS Stella	V-C	00:23:38	19:29:00
59	Kallie Hughes	Farnborough & Camberley CC	S-26	00:25:23	19:29:30
60	Matthew White	Precision Race Team	V-C	00:23:19	19:30:00
61	Mike Boyce	...a3crg	V-F	00:25:47	19:30:30
62	Christopher Brooks	Worthing Excelsior CC	V-A		19:31:00
63	Ryan Lilleywhite	...a3crg	S-30	00:29:17	19:31:30
64	Keith Jarrett	GS Vecchi	V-E		19:32:00
65	Ian Neville	Hart Evolution Race Team	V-E		19:32:30
66	Nigel Greenfield	...a3crg	V-E	00:27:02	19:33:00
67	Gareth Purves	Hastings & St. Leonards CC	V-A		19:33:30
68	Michael Stevens	Fareham Wheelers CC	V-E	00:24:26	19:34:00
69	Simon Berogna	Velo Club St Raphael	V-B	00:22:10	19:34:30
70	Graham Harman	Sotonia CC	V-C		19:35:00
71	Mike Garner	...a3crg	V-F		19:35:30
72	Mike Cooper	Chichester Triathlon Club	V-D	00:24:09	19:36:00
73	Philip Wise	Southdown Velo	V-D	00:27:41	19:36:30
74	Ian Sherin	3C Cycle Club	V-E		19:37:00
75	Dan Shipton	Eastbourne Rovers CC	V-B		19:37:30
76	Andrew Gall	Hart Evolution Race Team	S-38		19:38:00
77	Ian Knight	Andover Wheelers	V-C		19:38:30
78	James Ayton	Portsmouth North End CC	V-B		19:39:00
79	David Pollard	VTTA (Surrey/ Sussex)	V-F		19:39:30
80	Bob Richardson	Bournemouth Jubilee Whs	V-D		19:40:00
81	Darren Nice	Chichester Triathlon Club	V-C		19:40:30
82	Paul Atkinson	Velo Club St Raphael	V-C	00:23:45	19:41:00
83	David Patten	Southdown Velo	V-G		19:41:30
84	Darren Anderson	Fareham Wheelers CC	V-B	00:22:44	19:42:00
85	Ben Lowe	Precision Race Team	S-33	00:22:15	19:42:30
86	Mark Lisk	3C Cycle Club	V-C	00:22:49	19:43:00
87	Toby Clay	Petersfield Triathlon Club	V-B	00:24:58	19:43:30

88	Ian Gay	Chichester Triathlon Club	V-A		19:44:00
89	Russell Kober	Velo Club Venta	V-B		19:44:30
90	Nick Andrews	Portsmouth North End CC	V-D	00:23:41	19:45:00
91	Richard Burchett	Crawley Wheelers	V-C		19:45:30
92	Graeme Stirzaker	...a3crg	V-D		19:46:00
93	Michael Renardson	trainSharp	Esp-20		19:46:30
95	Alexander Murphy	Velo Club Venta	Jun-16	00:20:43	19:47:30
96	Rob Orr	London Fire Brigade Tri Club	S-35		19:48:00
98	Joshua Lahiri	Portsmouth Hill CC	S-29	00:23:57	19:49:00
99	Shaun Smart	Southdown Velo	V-D		19:49:30
100	Chris Lord	Brighton Excelsior CC	V-G	00:21:52	19:50:00
101	William Sawyer	Velo Club St Raphael	V-D	00:22:25	19:50:30
102	Simon Church	trainSharp	V-D		19:51:00
103	Pete Christensen	Hart Evolution Race Team	V-A		19:51:30
104	Adrian Talley	Velo Club St Raphael	V-C		19:52:00
105	Nick Dwyer	DRAG2ZERO	V-D		19:52:30
106	Jon Hughes	VC Godalming & Haslemere	V-C		19:53:00
107	Bobby Buenfeld	Velo Club Venta	Jun-16	00:20:55	19:53:30
108	Peter Youngusband	Petersfield Triathlon Club	V-D	00:21:20	19:54:00
109	Ben Williams	Racing Club Ravenna	V-A		19:54:30
110	Nigel Pratt	Velo Club St Raphael	V-	00:21:35	19:55:00
111	Bryce Dyer	Bournemouth Cycleworks	V-B		19:55:30
112	Matthew Gilmour	Velo Club Venta	Jun-17	00:20:23	19:56:00
113	Simon McNamara	Sigma Sports Cannondale RT	V-B		19:56:30
114	Howard Bayley	Blazing Saddles	V-B	00:20:34	19:57:00
115	Chris Loake	AeroCoach	V-A	00:20:46	19:57:30
116	Sam Clark	trainSharp	Esp-22	00:19:13	19:58:00
117	Andy Langdown	...a3crg	V-C	00:20:44	19:58:30

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**.

The start is approximately halfway along the pit (Number15) lane wall where you will do either a standing or push start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of this wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will need to finish in the finish area, this is on the left-hand side of the track & you will have seen the black coned off area on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the

track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut or mugs of tea

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate there will be a box to return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders' car parking. **There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.**

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the **"HORSEBOX"** on site (we have been assured it will be open).

League Points

This Season we are running a "League" for each event, just a simple points competition on your finish position, plus "Bonus Points". Your Best Three Finish Positions count for the overall, plus all your bonus points.

Events with up to 10 riders will get a range from 20 points (winner) + 5 bonus points for PB

Events with up to 30 riders will get a range from 50 points (winner) + 5 bonus points for PB

Events with up to 80 riders will get a range from 100 points (winner) + 10 bonus points for PB

In "Mixed" events the first women will get 5 bonus points, 2nd 4 Bonus Points & 3rd 3 points & so on

Juniors will get either 5 bonus points (dependent on size of field) for first place (Jun), then one point less for each other position.

Lastly, Enjoy your evening & thank you for your support this Season.

The Next Two ... Goodwood Circuit Events

Saturday 10th June 18:00: The VTTA National (Southern) Age Group Champs. A VTTA Championship that is open to members & non-members.

Saturday 1st July 18:00: The South DC National Youth Championship (Qualifier) for Youth Riders who are under 17 years of age as of the 31st August 2023. Plus, The South District Ten Mile Championship.

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