

Mid Devon CC on behalf of South West DC
Present
RTTC CIRCUIT NATIONAL CHAMPIONSHIPS
AND

MERLIN CLASSIC TT SERIES (6 of 6)
CYCLES.COM

(Inc the Ken Robertson Memorial)

SUNDAY 11TH JUNE 2023

START SHEET



NATIONAL CIRCUIT CHAMPIONSHIPS

 **KALAS**



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



RTTC CIRCUIT NATIONAL CHAMPIONSHIPS

A CTT representative will be in attendance



Men, Women, Junior Men, Junior Women

1st	Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
2nd	Silver RTTC Medallion
3rd	Bronze RTTC Medallion

AGE AWARDS

Age awards to the fastest in each of the following:

Men / Women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

Junior Men / Junior Women 12, 13, 14, 15, 16, 17 & 18 year old

A presentation will take place as soon as possible after the event, individual awards will be presented at the RTTC Celebration of Champions on 20th January 2024, age awards will be posted out as soon as possible.

Championship condition 2(h)

In the event that there are fewer than 10 eligible entrants for individual awards in a Championship, the number of medallions awarded is reduced to two. If fewer than five eligible entrants, only the winners award will be made.

RTTC NATIONAL CIRCUIT CHAMPIONS 2022



Christopher Fennell



Jennifer George



Cormac Nisbit



Abbey Thompson



**With the South West District Presents on the
S3/25S(A) - Modbury
Sunday 11 June at 08:00 am**

National Circuit Championships/Merlin Cycles Classic Series 6

Incorporating KEN ROBERTSON MEMORIAL EVENT



Ken Robertson was a legend of the local cycling community after spending 50 years competing in and organising bike races. After joining the Mid Devon Cycling Club in 1957 he became a mainstay of the sport in the South West district, racing and organising many time trials. Alongside other National Committee members in the late 1990s, Ken also organised a series of hilly non-standard distance events, which over time is now known as the Classic Series. The earliest sponsor of these events were Rudy Project which is now the Merlin Cycles.

He was awarded the CTT gold Badge of Honour in 2001, which is only awarded to those who have made a significant contribution to CTT. It is awarded to just a few people and is the highest honour CTT can award.

“Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations”

Timekeepers

Ian Myers
Ian Whitear
Anne Simpson

Helpers

Members of MDCC and SW District

Event Secretaries

Mark Sanders & Mike Gratton
49 Old Exeter Street
Chudleigh TQ13 0JX
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[Mobile:- 07732 643472](tel:07732643472)

Course S3/25S(A) Course Details

Start on B3207 (Brownston Street) approx. 100 yards from junction with Dark Lane at entrance to field. Continue to join B3196 at California Cross. Remain on B3196 to Kitterford Cross Roundabout (M) where take first exit on to the A3121, Plymouth direction, to pass Ermington, then take the first exit at Hollowcombe Cross Roundabout (M), to join A379 (M) eastwards towards Modbury, in Modbury turn left at Palm Cross (M) onto Barrack Road signed "Dartmouth" and continue to Dark Lane, where turn right. At the end of Dark Lane turn left and pass through the start to repeat the circuit.

On the second lap turn left at Palm Cross (M) onto Barrack Road again, and finish 10 yards past junction with Long Park (on left).

Headquarters

HQ Modbury Sports Hall, The Queen Elizabeth 11 Recreation Ground, Chatwell Lane, Modbury, Ivybridge PL21 0FS will be open from 6:30.

Awards

Ron Keegan, President of Mid Devon Cycling Club will be presenting some of the prizes on the day. He was a close friend of Ken Robertson and has been a lifelong member of MDCC.

Safety

1. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised standard.
2. Please observe the Highway Code. Ride with your head up. Do not “White Line”.
3. Competitor's Machines – It is required that front and rear lights are fitted to your machine in a position clearly visible to following road users and is active whilst the machine is in use.
4. Event officials must not seek to regulate or interfere with other traffic.
5. Paced and Company Riding - Time Trialling for Beginners states that “When a competitor gets caught by another one the Regulations require the overtaken rider to fall back to a distance behind the other one At least 50 yards is required.”

Local regulation 1 - All riders on completion of their competitive ride must continue without stopping or turning in the road to their vehicles.

Remember to sign in and out.

Have a safe ride.



Merlin Cycles Classic Series 6 of 6

No.	Start Time	Name	Machine	Club / Team	Factor	Cat
Paracyclists						
1	8:01:00	Graeme Church	TT Bike	QN Racing	1.237	C1
2	8:02:00	Ben Hetherington	Road Bike	Ferryhill Whs	1.149	C3
3	8:03:00	Rik Waddon Ply	TT Bike	Para-T	1.171	C2
4	8:04:00	David Murphy	TT Bike	Liverpool Mercury CC	1.058	C5

Road Bikes						
No.	Start Time	Name	Machine	Club / Team	Gender	Cat
5	8:05:00	Josie Harcourt	Road Bike	FTP (Fulfil The Potential) Race Team	W	
6	8:06:00	Eve Newton	Road Bike	Army Cycling	W	
7	8:07:00	Philip Lock	Road Bike	Warwickshire Road Club		
8	8:08:00	Alistair Stubbs	Road Bike	Royal Navy & Royal Marines CA		
9	8:09:00	Richard Nicholl	Road Bike	Banbridge Cycling Club		
10	8:10:00	Damon Payne	Road Bike	Royal Navy & Royal Marines CA		

RTTC National Circuit Championship

Juniors						
No.	Start Time	Name	Machine	Club / Team	Gender	Cat
11	8:11:00	Abbey Thompson	TT Bike	Stonham Barns Park – SYRT	W J	
12	8:12:00	Jacob Bradbury	Road Bike	Manchester Wheelers	J	
13	8:13:00	Piers Mahn	TT Bike	Mid Devon CC	J	
14	8:14:00	Zak Machin	TT Bike	Cero/Cycledivision	J	
15	8:15:00	Nicholas Makin	TT Bike	Mid Devon CC	J	
16	8:16:00	Theo Anderson	TT Bike	Chippenham & District Wheelers	J	

Women							
No.	Start Time	Name	Machine	Club / Team	Age on Day	Age Group	Target
17	8:17:00	Rebecca Cornwell	Road Bike	North Devon Velo	39		
18	8:18:00	Talita Ancona	TT Bike	Tri Training Harder	41	A	1:06:45
19	8:19:00	Alice Lake	TT Bike	Cranbrook Cycle Club	25		
20	8:20:00	Hannah Worth	TT Bike	Tavistock Whs CC	40	A	1:06:16
21	8:21:00	Laura Pittard	TT Bike	Brother Uk - Team OnForm	27		
22	8:22:00	Lauren Creamer	TT Bike	Velo Fixers	31		
23	8:23:00	Jennifer George	TT Bike	HUUB WattShop	40	A	1:06:16

Men							
No.	Start Time	Name	Machine	Club / Team	Age on Day	Category	
24	8:24:00	Ben Ware	Road Bike	Wellington Wheelers Cycling Club	42	A	1:03:25
25	8:25:00	Neil Grimwood	TT Bike	Cranbrook Cycle Club	47	B	1:05:47

26	8:26:00	Ryan Kingdon	Road Bike	North Devon Velo	49	B	1:06:45
27	8:27:00	James Greenaway	TT Bike	Exeter Whs CC	32		
28	8:28:00	James Manthorp	TT Bike	Truro CC	33		
29	8:29:00	Jon Tune	TT Bike	City Cycle Couriers RT	47	B	1:05:47
30	8:30:00	Tim McEvoy	TT Bike	FTP (Fulfil The Potential) Race Team	45	B	1:04:50
31	8:31:00	Robin Delve	Road Bike	Mid Devon CC	64	E	1:14:31
32	8:32:00	William Hornby	TT Bike	Cycle Sport South Hams	46	B	1:05:18
33	8:33:00	Rob Lee	Road Bike	Plymouth Corinthian CC	50	C	1:07:15
34	8:34:00	Cameron Leslie	TT Bike	Royal Air Force Cycling Association	26		
35	8:35:00	Ian Deakin	TT Bike	Mid Devon CC	66	F	1:15:37
36	8:36:00	Joseph Sheppard	TT Bike	Cranbrook Cycle Club	36		
37	8:37:00	Tom Cox	Road Bike	Saint Piran	69	F	1:17:17
38	8:38:00	Nigel Polkinghorne	TT Bike	Duchy Velo	49	B	1:06:45
39	8:39:00	Anthony Green	TT Bike	Penzance Wheelers CC	39		
40	8:40:00	George Westall	TT Bike	Royal Air Force Cycling Association	29		
41	8:41:00	Chris Vellacott	TT Bike	Royal Navy & Royal Marines CA	61	E	1:12:53
42	8:42:00	Simon Dighton	TT Bike	Beacon Roads CC	60	E	1:12:21
43	8:43:00	Karl Norris	Road Bike	360VRT	52	C	1:08:14
44	8:44:00	Mark Sanders	TT Bike	Mid Devon CC	64	E	1:14:31
45	8:45:00	Will Lowden	TT Bike	HUUB WattShop	19		
46	8:46:00	Paul Walshe	TT Bike	Plymouth Corinthian CC	47	B	1:05:47
47	8:47:00	Tim Phillips	TT Bike	Team Catenary	53	C	1:08:45
48	8:48:00	Andrew J Parnowski	TT Bike	City Cycle Couriers RT	52	C	1:08:14
49	8:49:00	Liam Bard	TT Bike	GTR - Return To Life p/b Streamline	33		
50	8:50:00	Keith Dorling	TT Bike	Team Bottrill	64	E	1:14:31
51	8:51:00	Adam Baker	TT Bike	Royal Air Force Cycling Association	37		
52	8:52:00	Robert Willcocks	TT Bike	Royal Air Force Cycling Association	42	A	1:03:25
54	8:54:00	George Fox	TT Bike	George Fox Cycling Solutions	29		
56	8:56:00	Jake Sargent	TT Bike	Team Bottrill	23		
58	8:58:00	Tom Scorer	TT Bike	Royal Navy & Royal Marines CA	42	A	1:03:25
60	9:00:00	Rob Walker	TT Bike	WardPerformanceUK.com	25		





MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

1st Men's Category	£100 Cycling Time Trials Cheque / RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque / RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque / RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque / RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque / RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque / RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events.

If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 224 of the 2020 Handbook for the competition conditions.

CTT CASH PRIZES FOR EACH EVENT

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

- 1st - £20 Cycling Time Trials Cheque
- 2nd - £15 Cycling Time Trials Cheque
- 3rd - £10 Cycling Time Trials Cheque

ROAD BIKE CRITERIA

- the road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinacci bars are allowed
- no disc wheels; both front & rear wheels must have at least 12 spokes each
 - the maximum rim depth allowed is 90mm



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NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(k) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN1078

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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Cycling Time Trials

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