

Southend Wheelers
on behalf of London East DC

Present:

RTTC 50 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 2nd JULY 2023

RESULTS

**SOUTHEND
WHEELERS**

100
100 years of cycling on sea

50

50 MILE TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



RTTC 50 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



CHAMPIONSHIP AWARDS

OVERALL

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion



WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

TEAM CHAMPIONS

(Men & Women)

Gilt RTTC Medallions and Championship Shield

AGE AWARDS

(Men & Women)

age awards to the fastest in each of the following:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

SOUTHEND WHEELERS



Special Thanks & Appreciation

The Southend Wheelers and the race organiser would like to thank the following for their help in enabling us to run the 2023 National 50 in our centenary year. This event has been over a year in the making following a successful test event in 2022 where we first ran the E9/50.

I must thank the team that helped make the race a reality: Bob Barber, Terry Butcher, Chief Marshal, Chris Smith for the design and implementation of the on-campus signing, Chris Knowler, Matt Stock, Club Treasurer for managing the commercial and sponsorship aspects of the event, including rider prizes and Barry Simpson our Chairman for an enormous amount of behind the scenes work before, during and after the race including sign erection and course risk assessment.

In the weeks prior to the Championships we were made aware that the E9/50 was due for re-surfacing by Essex County Council during the last week of June, the week before the race and The London East District Committee of Keith Dorling, John Golder, Len Gordon and Peter Smith have been extremely proactive in helping arrange a spare course within striking distance of the event HQ. As it turned out, the majority of the course was surfaced dressed with 3 weeks to spare and the road was fully restored by race day.

Jo Hasnip at Writtle University College provided a first class backdrop to the event not only with the superb facilities of the college but ensuring we had the full run of the campus and providing everything and more that we asked of her including catering at less than 60 minutes notice!

Our timekeepers were John Cottee, Trevor Pedley, Ian Taylor and Peter Smith with Len Gordon giving split times at the 25 mile point. Rider welcome and sign on was managed by Chris Knowler.

Thanks also go to our marshals, members of the **Southend Wheelers**: Ed Knowler, Les Bantock, Chris Smith, Barry Simpson, Simon Ford, Tony Gowers, Peter Swanwick, Martin Sutton, Don Wildish, Trevor Mills, Adam Jones, Paul White, Kevin and Sarah Smith, Dan Pugh, Paul Langford, Matt Kane, Liam Ellis, Dave Whybrow and Baz & Eillen Bristow. Members of **East Essex Tri Club** (our partner club): Mike and Zena Shean, Richard Fuller, Sue Fuller and **Friends** who helped out of the goodness of their hearts: Kirstie Imber, Grace Pugh, Sara Meinero, Kathleen Swanwick and Andy Relf. Additional thanks go to Cheryl Perry and Andy Merchant (both SWCC), Bruce Williams (North Norfolk Wheelers) and Alex Henry & her sister Isobella who were spectating or just passing and gave their time to assist with an incident out on the course.

A big thank you goes to Stewart Smith (Cycling Time Trials National Competition & Development Secretary) for his work in producing the start and result sheets, for operating the result board and all of the other little jobs that go unseen by most, but that make an event such as this look seamless.

Michael Hutchinson was our announcer and our thanks go to him for his work in keeping the assembled throng informed and amused while we sorted out a few issues outside our control late in the event. Guest of Honour was Southend Wheeler and National Champion of 50 years ago who gave the prizes to the worthy winners and brought the jersey he wore on that occasion along with other memorabilia.

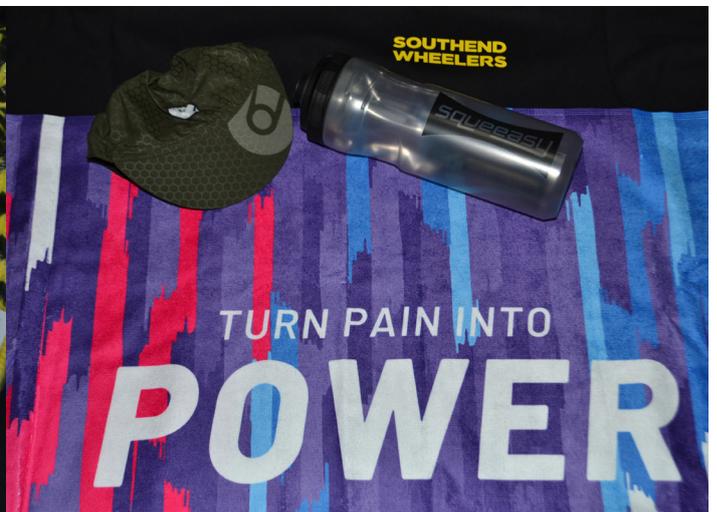
Naturally any event relies on those who compete for its ultimate success and the National 50 Championships is no different. We should like to thank everyone who entered, especially those who

came from afar (and some came a very long way) and to congratulate the winners and those who rode to personal bests.

Finally we should like to thank and show our appreciation for their contributions to the rider prizes and support of the event: Salice, NoPinz, CES Sport, Big Bobble Hats, Squeezy, Wilkin and Sons of Tiptree and Tried and Tested Cycle Coaching.

THANK YOU

for your incredible support!





RTTC National 50 mile Championship 2023

Age Awards						
Men						
A	Paul Burton	Paceline RT	1:45:29			
B	Matthew Smith	DRAG2ZERO	1:44:37			
C	Andrew Rivett	Velo Club St Raphael	1:50:19			
D	Simon Bowler	AS Test Team	1:50:44			
E	Keith Dorling	Team Bottrill	1:57:57			
F	Patrick Ellerbeck	St Neots CC	2:07:51			
G	Cliff Voller	VTTA West Group	2:24:06			
Women						
A	Sally Turner	HUUB WattShop	1:59:41			
B	Louise Robinson	Essex Roads CC	2:04:49			
C	Karen Ayles	Maldon & District CC	2:13:49			
D	Denise Kemp	Southend Wheelers	2:32:41			
G	Elsbeth Knott	Colchester Rovers CC	2:34:46			
Team						
Men						
1	Jake Sargent	Team Bottrill	5:20:16			
1	Tom Hutchinson	Team Bottrill				
1	David Halliday	Team Bottrill				
Women						
	No team finished					
Individual Awards						
Men						
1	Adam Duggleby	ADDFORM Vive Le Velo	1:41:33			
2	Oliver Peckover	trainSharp	1:42:52			
3	Jack Crook	Richardsons-Trek RT	1:43:10			
Women						
1	Emily Martin	Team Bottrill	1:55:58			
2	Sally Turner	HUUB WattShop	1:59:41			
3	Laura Davies	Jadan Vive Le Velo	1:59:54			



Full Results						
Men						
Position	Name	Club	Age Cat.	Split time	Finish Time	
1	Adam Duggleby	ADDFORM Vive Le Velo		0:50:26	1:41:33	
2	Oliver Peckover	trainSharp		0:51:12	1:42:52	
3	Jack Crook	Richardsons-Trek RT		0:51:39	1:43:10	
4	Will Lowden	HUUB WattShop		0:51:32	1:43:12	
5	Alex Dowsett	NopinZ		0:51:24	1:43:17	
6	Jack Levick	Rose Race Team		0:51:19	1:44:11	
7	Jake Sargent	Team Bottrill		0:52:20	1:44:30	
8	Matthew Smith	DRAG2ZERO	B	0:52:13	1:44:37	
9	Timothy Torrie	trainSharp		0:51:34	1:45:00	
10	Tom Hutchinson	Team Bottrill		0:52:37	1:45:06	
11	Paul Burton	Paceline RT	A	0:52:17	1:45:29	
12	Colin Ward	Essex Roads CC	B	0:52:10	1:45:56	
13	Ben Lloyd	Fibrax Wrexham RC		0:53:10	1:46:52	
14	Alex Pritchard	HUUB WattShop		0:53:08	1:46:57	
15	Chris Smart	GTR - Return To Life p/b Streamline	A	0:53:08	1:47:17	
16	Simon McNamara	Sigma Sports Cannondale RT	B	0:53:40	1:47:34	
17	Paul Pardoe	Peterborough CC	A	0:54:55	1:49:38	
18	Paul Willcox	North Road CC	B	0:54:44	1:49:53	
19	Andrew Rivett	Velo Club St Raphael	C	0:54:47	1:50:19	
20	Pat Wright	Paceline RT		0:54:57	1:50:37	
21	David Halliday	Team Bottrill		0:55:35	1:50:40	
22	Simon Bowler	AS Test Team	D	0:55:23	1:50:44	
22	Benjamin Williams	Cliff Pratt Racing		0:55:22	1:50:44	
24	Karl Norris	360VRT	C	0:55:41	1:52:13	
25	Simon Alexander	Richardsons-Trek RT		0:55:23	1:52:43	
26	Peter Harding	Chelmer CC	A	0:56:20	1:53:04	
27	David Glossy	Elysium Kalas Race Team	C	0:56:02	1:53:06	
28	Samuel Thienel	Elysium Kalas Race Team		0:55:52	1:53:19	
29	Rob Graham	GTR - Return To Life p/b Streamline		0:56:29	1:53:23	
30	Edd Charlton-Weedy	Army Cycling		0:56:37	1:53:25	
31	Dylan Griffiths	University of Bath Cycling Club		0:56:11	1:53:41	
32	Michael Barnes	Royal Air Force Cycling Association		0:57:19	1:53:52	
33	Henry Okill	Southend Wheelers		0:57:16	1:53:58	
34	Malcolm Smith	Peterborough CC	D	0:57:05	1:54:28	
35	Paul Turton	Team Vision Racing - Silverhook	C	0:56:25	1:54:59	
36	Neil Cleminshaw	ADDFORM Vive Le Velo	C	0:57:07	1:55:30	



37	Shaun Jarvis	St Neots CC		0:58:02	1:55:54	
38	Cian Leveridge	Team PB Performance		0:57:45	1:55:57	
39	Michael Schofield	Verulam CC	D	0:57:36	1:56:14	
40	Nigel Pratt	Velo Club St Raphael	C	0:56:49	1:56:31	
41	Jamie Murray	Peterborough CC	A	0:58:28	1:56:48	
42	Keith Dorling	Team Bottrill	E	0:58:54	1:57:57	
43	Aaron Freeman	Richardsons-Trek RT		0:57:06	1:58:50	
44	Gregory Woodford	Reading CC	E	0:58:53	1:59:17	
45	Kevin Wood	Sherwood CC	E	0:59:34	2:00:02	
46	Adrian Fahy	Onyx RT	A	0:59:59	2:00:34	
47	Jonathan Whittaker	Army Cycling		1:00:53	2:00:48	
48	Gary Lock	New Forest CC	B	1:00:09	2:01:36	
49	Dan Jenkins	Hart Performance Coaching	D	1:01:07	2:02:26	
50	Luke Walton	Elevate RT		1:00:39	2:02:41	
51	Simon Dighton	Beacon Roads CC	E	1:01:05	2:03:03	
52	Alexander Luisi	Bath Cycling Club		1:01:16	2:03:27	
53	Roy Rowland	Diss & District CC		1:01:58	2:05:58	
54	Adrian Tovey	Maldon & District CC	C	1:02:28	2:06:45	
55	Richard Jones	Amersham Road Cycling Club	B	1:03:40	2:07:06	
56	Nick Hammond	Ilkeston Cycle Club		1:02:56	2:07:17	
57	Philip Hodey	Shaftesbury CC	C	1:03:32	2:07:44	
58	Themi Petridis	Stortford Tri	B	1:02:53	2:07:47	
59	Patrick Ellerbeck	St Neots CC	F	1:03:21	2:07:51	
60	Bob Cliff	Redbridge CC	B	1:04:48	2:09:21	
61	James Lonergan	Southend Wheelers		1:17:20	2:10:10	INC 2.30 L/S
62	Steven Phillips	Verulam CC	B	1:06:53	2:10:48	INC 1.40 L/S
63	John Hyde	Velo Club St Raphael	C	1:04:14	2:10:54	
64	Alan Grant	Kingston Wheelers CC	D	1:05:09	2:10:56	
65	Phillip Lovett	Backpedal	B	1:05:29	2:11:40	
66	Richard Mellor	Team Bottrill	C	1:05:02	2:11:45	
67	Alexander Fox	Essex Roads CC		1:04:51	2:13:03	
68	John Paduano	Southend Wheelers	A	1:05:55	2:13:53	
69	Andy Delaney	Lea Valley CC	C	1:06:55	2:14:14	
70	Joseph Shaw	Ipswich BC		1:08:17	2:14:26	
71	Jamie Bishop	Harlow CC	C	1:17:16	2:15:46	
72	Cliff Voller	VTTA West Group	G	1:10:58	2:24:06	
73	Martin Beale	Velo Club St Raphael	C	1:09:49	2:24:23	
74	Ian Damant	Becontree Wheelers CC	E	1:12:42	2:25:47	
75	Joe Benton	Dunmow Velo		1:18:48	2:38:39	
	James Harrison	Hythe Cycling Club	A	DNF	DNF	



	Ian O'Neill	Shaftesbury CC	D	DNF	DNF	
	Sam Straw	ADDFORM Vive Le Velo		DNF	DNF	
	James Jenkins	Richardsons-Trek RT		DNF	DNF	
	John Wingfield	Elysium Kalas Race Team		DNF	DNF	
	John Archibald	HUUB WattShop		DNF	DNF	
	Kenneth Hardcastle	Hart Evolution Race Team	H	DNS	DNS	
	Ian George	East Essex Triathlon Club	C	DNS	DNS	
	Andrew Foster	VØRANJE	C	DNS	DNS	
	George Westall	Royal Air Force Cycling Association		DNS	DNS	
	Wayne Osmond	Rogue Racing	E	DNS	DNS	
	Dean Lubin	Team Vision Racing - Silverhook	C	DNS	DNS	
	Adam French	North Essex Velo		DNS	DNS	
	Adam Baker	Royal Air Force Cycling Association		DNS	DNS	
	Patrick Casey	Anexo Group Race Team		DNS	DNS	
	David Gray	Axe Valley Pedallers	E	DNS	DNS	
	Tom Thorpe	Fenland Clarion CC		DNS A	DNS A	
	Nic Pillinger	St Neots CC	B	DNS A	DNS A	
	Richard Sharp	ADDFORM Vive Le Velo	A	DNS A	DNS A	
	George Fox	George Fox Cycling Solutions		DNS A	DNS A	
	Christopher McNamara	Sigma Sports Cannondale RT	B	DNS A	DNS A	
	Women					
Position	Name	Club	Age Cat.	Split time	Finish Time	
1	Emily Martin	Team Bottrill		0:57:40	1:55:58	
2	Sally Turner	HUUB WattShop	A	0:59:37	1:59:41	
3	Laura Davies	Jadan Vive Le Velo		0:59:36	1:59:54	
4	Jordan Matthews	FTP (Fulfil The Potential) Race Team		1:01:44	2:03:39	
5	Kim Barfoot-Brace	Team Bottrill	A	1:00:56	2:03:45	
6	Louise Robinson	Essex Roads CC	B	1:01:56	2:04:49	
7	Anastasia Bowler	Wahoo Le Col		1:01:40	2:05:04	
8	Rosie Wild	Army Cycling		1:02:42	2:05:49	
9	Karen Ayles	Maldon & District CC	C	1:05:06	2:13:49	
10	Elizabeth Williams	The Ark Cycles	B	1:07:29	2:15:08	
11	Emma Cowper	Walden Tri		1:08:32	2:17:58	
12	Jan Harvey	Southend Wheelers	C	1:07:40	2:18:50	
13	Kerry Brennand	Newmarket Cycling & Triathlon Club	A	1:10:44	2:20:48	
14	Chanel Mason	Army Cycling	A	1:10:03	2:21:50	
15	Catherine Linney	7Oaks Tri Club	C	1:09:56	2:22:26	
16	Ruth Stapleton	Harlow CC	A	1:09:53	2:29:40	



17	Denise Kemp	Southend Wheelers	D	1:14:19	2:32:41	
18	Elspeth Knott	Colchester Rovers CC	G	1:16:09	2:34:46	
19	Toni Saunders	Hainault RC	D	1:18:26	2:42:26	
	Alex Clay	Team Bottrill		0:58:19	DNF	
	Kate Allan	Team Bottrill		DNF	DNF	
	Eve Newton	Army Cycling		DNS	DNS	
	Abbey Thompson	Stonham Barns Park – SYRT		DNS	DNS	
	Roxane Heaton	Otley CC	A	DNS	DNS	
	Anya Tamplin	Loughborough Lightning / TRG		DNS	DNS	
	Lizi Brooke	Wahoo Le Col		DNS	DNS	
	Fran Brown	Lea Valley CC		DNS A	DNS A	
	Hayley Simmonds	AWOL O'Shea Worx		DNS A	DNS A	

Southend Wheelers Awards						
	Norman Wells Trophy	(awarded to the overall winner)				
	Adam Duggleby	ADDFORM Vive Le Velo	1:41:33			
	Founders Cup	(fastest Southend Wheeler)				
	Henry Okill	Southend Wheelers	1:53:58			
	Road Bike Category					
	Men					
	Alex Pritchard	HUUB WattShop	1:46:57			
	Women					
	Kerry Brennan	Newmarket Cycling & Triathlon Club	2:20:48			

**WE
MAKE
YOU
FASTER**



Kalas x Vorteq Research & Development Partnership

Your Ride Made Better



2023 50 MILE TIME TRIAL CHAMPIONS



Men - Adam Duggleby



Women - Emily Martin



Men's Team - Team Bottrill



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