

CC BRECKLAND

Present:

# 2023 RTTC 100 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 9th JULY 2023

RESULTS



100 MILE TIME TRIAL



Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions



# 2023 RTTC 100 MILES TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



## CHAMPIONSHIP AWARDS



### MEN

1st	Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
2nd	Silver RTTC Medallion
3rd	Bronze RTTC Medallion

### WOMEN

1st	Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
2nd	Silver RTTC Medallion
3rd	Bronze RTTC Medallion

### TEAM CHAMPIONS

Gilt RTTC Medallions and Championship Shield

### AGE AWARDS

(Men and Women)

age awards to the fastest in each of the following:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

# CYCLING CLUB BRECKLAND



On behalf of Cycling Club Breckland and the East District thanks to all the riders for taking part of the National 100 and making it such a special event after two difficult years for the Club and District.

I'd like also to make a special mention to an inspirational couple, Sotonia C C tandem trike pairing of Norman Harvey and Mary Corbett. Norman at 90 years young is a true inspiration and a credit to our sport.

I would like to take the opportunity to thank the following people for their support and helping with this Championship event.

My good friend, Mentor and support Don Saunders for Course design and course measuring as well as time keeping.

Start time keepers and split checkers Heather Saunders, Emily Osborne and 6 year old Maisie Osborne (even though she slept through most of it). All from C C Breckland

Finish time keeper Andy Moore and Don Saunders. C C Breckland.

Pusher off and light checkers Stan Worrell and Mark Munnings V C Baracchi.

Signing on and organising commemorative water bottles Sally Withey Swift Racing

Results Board Stewart Smith CTT

The most important volunteers on the day were the Marshals without their help we wouldn't be able to race.

Mundford Roundabout Bruce Williams North Norfolk Wheelers, Dr. Geoff Frost C C Breckland and Phil Hollingsworth East Anglian CC.

Pedestrian Crossing Mark Eastwood and David Young West Suffolk Wheelers.

Whittington Roundabout Denese Hallahan Wisbech Wheelers, Peter Bolton Diss and District CC and Tom Carroll CC Breckland.

Wereham Roundabout Paul Vergette, Terry Doughty Godric C C and Nick Partridge Sole Bay Cycle Sport.

Catering by Janet and her team from Chalfonts of Hingham.

Mark Fairhead Event Secretary, C C Breckland Racing Sec. & CTT East District Chairman.

### RTTC National 100 mile Championship 2023

Awards and Results								
<b>Age Awards</b>								
<b>Women</b>								
A	Kim Barfoot-Brace	Team Bottrill	4:16:43					
B	Naomi De Pennington	DRAG2ZERO	4:00:44					
E	Judy Reid	Icknield RC	5:19:57					
<b>Men</b>								
		FTP ( Fulfil The Potential ) Race Team						
A	Tom Thornely		3:42:45					
B	Andy Critchlow	Paceline RT	3:37:11					
C	Andrew Rivett	Velo Club St Raphael	3:47:33					
D	Simon Bowler	AS Test Team	3:46:26					
E	Keith Dorling	Team Bottrill	4:00:10					
F	Phil Hurr	Team Skipper	4:22:37					
G	David Nichol	Ferryhill Whs	4:25:30					
<b>Team</b>								
<b>Women</b>								
No Team Finished								
<b>Men</b>								
1	Adam Duggleby	ADDFORM Vive Le Velo	10:56:50					
1	David Brearley	ADDFORM Vive Le Velo						
1	John Brearley	ADDFORM Vive Le Velo						
<b>Individual awards</b>								
<b>Women</b>								
1	Emily Martin	Team Bottrill	3:53:32					
2	Lizi Brooke	Wahoo Le Col	3:55:10					
3	Naomi De Pennington	DRAG2ZERO	4:00:44					
<b>Men</b>								
1	Adam Duggleby	ADDFORM Vive Le Velo	3:25:05					
2	Alex Dowsett	Nopinz	3:25:30					
3	Will Lowden	HUUB WattShop	3:27:13					
<b>East District Champion</b>								
1	Dave Green	CC Breckland	3:53:59					

Full Results								
Women			Split 1	Split 2	Split 3	Split 4	FINISH	
1	Emily Martin	Team Bottrill	47:41	1:35:03	2:22:38	3:09:11	3:53:32	
2	Lizi Brooke	Wahoo Le Col	48:02	1:35:05	2:22:36	3:09:46	3:55:10	
3	Naomi De Pennington	DRAG2ZERO	48:39	1:36:45	2:24:37	3:13:47	4:00:44	
4	Corinne Clark	Swindon Wheelers	50:41	1:40:54	2:32:15	3:24:20	4:14:43	
5	Kim Barfoot-Brace	Team Bottrill	50:37	1:41:17	2:32:40	3:25:39	4:16:43	
6	Grace Reynolds	Southampton University Road Cycling Club (SURC)	51:52	1:44:37	2:37:59	3:31:54	4:20:31	
7	Jade Anstis	Royal Leamington Spa Cycling Club	55:00	1:50:46	2:46:28	3:42:32	4:35:03	
8	Judy Reid	Icknield RC	1:02:06	2:05:31	3:10:24	4:15:44	5:19:57	
	Katie Simmonds	Horsham Cycling	56:14	DNF	DNF	DNF	DNF	
	Kate Bradley	Born to Bike - Bridgtown Cycles	DNS A					
	Joanna Cebrat	360cycling	DNS A					
	Alex Clay	Team Bottrill	DNS A					
	Hayley Simmonds	AWOL O'Shea Worx	DNS A					
	Kate Allan	Team Bottrill	DNS A					
	Joanna Patterson	Wahoo Le Col	DNS A					
Men			Split 1	Split 2	Split 3	Split 4	FINISH	
1	Adam Duggleby	ADDFORM Vive Le Velo	41:17	1:22:46	2:04:16	2:45:41	3:25:05	
2	Alex Dowsett	Nopinz	40:12	1:21:01	2:02:25	2:44:38	3:25:30	
3	Will Lowden	HUUB WattShop	41:48	1:22:57	2:04:44	2:46:57	3:27:13	
4	Jake Sargent	Team Bottrill	42:44	1:25:09	2:07:17	2:49:18	3:29:23	
5	Tom Hutchinson	Team Bottrill	43:16	1:26:00	2:08:52	2:52:17	3:36:55	
6	Andy Critchlow	Paceline RT	44:06	1:27:55	2:11:36	2:55:01	3:37:11	B
7	Ben Lloyd	Fibrax Wrexham RC	41:21	1:25:35	2:09:07	2:54:31	3:38:57	
8	David Brearley	ADDFORM Vive Le Velo	44:01	1:27:44	2:11:54	2:56:38	3:41:21	
9	Tom Thornely	FTP ( Fulfil The Potential ) Race Team	43:52	1:27:55	2:12:43	2:58:23	3:42:45	A
10	Simon Bowler	AS Test Team	45:36	1:30:58	2:16:45	3:02:40	3:46:26	D
11	Andrew Rivett	Velo Club St Raphael	45:38	1:31:02	2:27:24	3:03:43	3:47:33	C
12	Lee Williams	FTP ( Fulfil The Potential ) Race Team	46:37	1:32:56	2:18:59	3:04:49	3:49:38	
13	John Brearley	ADDFORM Vive Le Velo	45:09	1:31:15	2:28:06	3:05:15	3:50:24	
14	Dave Green	CC Breckland	47:09	1:34:12	2:21:32	3:08:26	3:53:59	D
15	David Glossy	Elysium Kalas Race Team	45:59	1:33:12	2:20:08	3:07:55	3:54:00	C
16	Christian Geldard	North Hampshire RC	47:23	1:34:26	2:21:07	3:08:53	3:54:19	B
17	Nic Pillinger	St Neots CC	46:54	1:33:15	2:20:21	3:08:54	3:56:43	B
18	Keith Dorling	Team Bottrill	47:48	1:36:31	2:24:35	3:13:25	4:00:10	E
19	Kevin Wood	Sherwood CC	47:38	1:35:54	2:25:00	3:14:53	4:03:57	E
20	Paul Blamire	Amersham Road Cycling Club	48:58	1:37:45	2:26:41	3:15:39	4:04:28	B

21	Gary Lock	New Forest CC	48:14	1:37:45	2:27:59	3:18:47	4:07:52	B
22	Jeff Roberts	High Wycombe CC	51:09	1:42:53	2:32:37	3:22:08	4:09:31	D
23	Simon Daw	CC Sudbury	50:27	1:40:39	2:30:18	3:20:03	4:11:34	D
24	Ed Tarelli	Race Hub	50:31	1:40:36	2:31:12	3:22:09	4:12:57	C
25	James Harris	Catford CC Ltd	48:52	1:38:32	2:29:35	3:21:44	4:13:49	A
25	Philip Wilkinson	Rockingham Forest Wheelers	50:56	1:42:17	2:34:30	3:26:03	4:13:49	C
27	Stuart Little	Leeds & Bradford Tri Club	50:35	1:42:05	2:33:44	3:18:41	4:16:40	
28	Phil Hurr	Team Skipper	51:17	1:43:46	2:37:00	3:30:38	4:22:37	F
29	David Nichol	Ferryhill Whs	52:15	1:45:42	2:39:40	3:34:21	4:25:30	G
30	Jez Willows	Sherwood CC	53:53	1:48:39	2:45:07	3:40:34	4:31:57	D
31	Sean McDougall	Icknield RC	54:01	1:48:12	2:43:03	3:38:41	4:34:08	C
32	Paul Looke	Shaftesbury CC	56:31	1:51:58	2:47:27	3:42:53	4:35:35	D
33	John Golder	Chelmer CC	55:46	1:52:13	2:49:26	3:46:42	4:42:01	G
34	Paul Winchcombe	Chippenham & District Wheelers	53:25	1:50:03	2:48:41	3:48:02	4:43:48	E
	Andy Tucker	Newbury Velo	59:26	DNF	DNF	DNF	DNF	C
	Mark White	Mark White Coaching RT	48:49	1:37:45	2:28:26	DNF	DNF	C
	John Archibald	HUUB WattShop	40:00	DNF	DNF	DNF	DNF	
	Thomas Joly de Lotbiniere	CC Breckland	DNS	DNS	DNS	DNS	DNS	
	Tom Thorpe	Fenland Clarion CC	DNS	DNS	DNS	DNS	DNS	
	Mark Styles	TricentralUK	DNS	DNS	DNS	DNS	DNS	
	Andrew Walsh	Audax UK	DNS A	DNS A	DNS A	DNS A	DNS A	A
	Lawrence Wintergold	Hounslow & District Whs	DNS A	DNS A	DNS A	DNS A	DNS A	D
	Roger Sheridan	North Devon Velo	DNS A	DNS A	DNS A	DNS A	DNS A	E
	Henry Farrell	Full Gas Racing Team	DNS A	DNS A	DNS A	DNS A	DNS A	
	Sam Straw	ADDFORM Vive Le Velo	DNS A	DNS A	DNS A	DNS A	DNS A	
	Sean Sanders	Drighlington BC	DNS A	DNS A	DNS A	DNS A	DNS A	C
	Mike Skidmore	Cheltenham & County Cycling Club	DNS A	DNS A	DNS A	DNS A	DNS A	
	Alan Murchison	HUUB WattShop	DNS A	DNS A	DNS A	DNS A	DNS A	C
	Joe Skipper	Team Skipper	DNS A	DNS A	DNS A	DNS A	DNS A	

Tandem							
1	Norman Harvey	Sotonia CC	1:04:55	2:12:46	3:22:41	4:35:55	5:46:32
	Mary Corbett						

# 2023 100 MILES TIME TRIAL CHAMPIONS



Women-Emily Martin  
(Wahoo Le Col)



Men-Adam Duggleby  
(ADDFORM Vive Le Velo)



Men's Team  
ADDFORM Vive Le Velo



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