

SPRINGFIELD FINANCIAL RACING TEAM Open 10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials Under their Rules and Regulations on Saturday 12th August 2023 at 18:01hrs

Course L1015 – LEVENS: Timekeeper: Tracy Moore
Assist T/keeper: Peter Jack
First Rider – 18:01hrs

Event Headquarters

Numbers & signing in/out sheet will be available in the layby on Nannypie Ln, Sizergh, Kendal LA8 8DZ.

Please **RETURN** your number after your ride & remember to **SIGN OUT**.

Do not park outside the Strickland Arms.

Please allow 10 minutes to ride to the start. From the HQ- follow the road back to the A590, turn left to the RAB encircle and ride back up the A590 to the Start (**DO NOT PASS THE START YOU WILL BE DISQUALIFIED**).

N.B. A FRONT WHITE LIGHT & REAR RED LIGHT ARE NOW REQUIRED.

NO LIGHTS = NO RIDE

We will be hosting this event for charity. Instead of giving out prizes, we will make a charitable donation at the end of the season.

Course Details L1015:

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'.

Proceed along the A590 in a south-westerly direction to encircle the roundabout on Lindale by-pass (5.243 miles).

Retrace along the A590 to **FINISH** in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 miles).

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road user

CTT Regulation 15 Helmets:

All competitors MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard.

Regulation 17: Signing-on Sheet and Signing-Out Sheet:

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing-Out Sheet

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 10

Course L1015, L2524 & L308 – warming up on the course is not permitted during the duration of the event.

Local Reg No 12

No parking on the car park or on the frontage of the Strickland Arms.

Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Number	Start Time	Name	Machine	Club	Gender	Category
2	18:02:00	Martin Ferguson	TT Bike	Springfield Financial Racing Team	Male	Veteran
3	18:03:00	Debra Crook	Road Bike	Liverpool Phoenix CC (Aintree)	Female	Veteran
4	18:04:00	Lyndsey Blair	TT Bike	Ayrodynamic Triathlon Club	Female	Veteran
5	18:05:00	Kath Finn	TT Bike	Kendal Cycle Club	Female	Veteran
6	18:06:00	Valerie Martin	TT Bike	Dooleys RT	Female	Veteran
7	18:07:00	Rebecca Newark	TT Bike	Velo Bavarian	Female	C5
8	18:08:00	Sue Cheetham	TT Bike	North Lancashire Road Club	Female	Veteran
9	18:09:00	Charlotte Boothman	TT Bike	360cycling	Female	Veteran
10	18:10:00	Rachael Maxwell	TT Bike	Border City Whs CC	Female	Veteran
11	18:11:00	Janet Fairclough	TT Bike	Liverpool Phoenix CC (Aintree)	Female	Veteran
12	18:12:00	Donna McHugh	TT Bike	Pro Endurance Coaching	Female	Veteran
13	18:13:00	Louise Scupham	TT Bike	Jadan Vive Le Velo	Female	Senior
14	18:14:00	Kirsty McSeveney	TT Bike	...a3crg	Female	Veteran
15	18:15:00	Rachel Brown	TT Bike	Brother Uk - Team OnForm	Female	Senior
16	18:16:00	Maddie Leech	TT Bike	Huddersfield Star Whs	Female	Espoir
17	18:17:00	Brian Moore	Tricycle	The Tricycle Association - North Western Region	Male	Veteran
18	18:18:00	Alan Shuttleworth	Tricycle	Weaver Valley CC	Male	Veteran
19	18:19:00	Michael Cox	TT Bike	North Lancashire Road Club	Male	Veteran
20	18:20:00	John Leach	Road Bike	Rossendale RC	Male	Veteran
21	18:21:00	Peter Rowe	TT Bike	Kent Valley RC	Male	Veteran
22	18:22:00	Howard Leach	Road Bike	VTTA North Lancs and Lakes Group	Male	Veteran
23	18:23:00	Stephen Glenwright	TT Bike	VTTA (Merseyside)	Male	Veteran
24	18:24:00	Stuart Phillipson	TT Bike	Kendal Cycle Club	Male	Veteran
25	18:25:00	William Armstrong	TT Bike	Velo Club Cumbria	Male	Veteran
26	18:26:00	Paul Robinson	TT Bike	Stone Wheelers CC	Male	Veteran
27	18:27:00	Richard Durham	TT Bike	Settle Wheelers	Male	Veteran
28	18:28:00	Alex McPhee	TT Bike	Dooleys RT	Male	Veteran
29	18:29:00	Craig Summersgill	TT Bike	Rock to Roll CC	Male	Senior
30	18:30:00	Thomas Percival	TT Bike	Cog Set Papyrus	Male	Juvenile
31	18:31:00	David Hargreaves	TT Bike	North Lancashire Road Club	Male	Veteran
32	18:32:00	Alex Ingham	TT Bike	AIMS Cycling	Male	Veteran
33	18:33:00	Wesley Iyanda	TT Bike	Liverpool Phoenix CC (Aintree)	Male	Veteran
34	18:34:00	David Watkins	TT Bike	Macclesfield Wheelers	Male	Senior
35	18:35:00	Christopher Maffei	TT Bike	Bury Clarion CC	Male	Veteran
36	18:36:00	Tim Smith	TT Bike	Manchester Bicycle Club	Male	Veteran
37	18:37:00	Bill Maxwell	TT Bike	Border City Whs CC	Male	Veteran
38	18:38:00	Ian Elliot	TT Bike	Hawick Cycling Club	Male	Veteran
39	18:39:00	Nicholas Smith	TT Bike	Westmead Team 88	Male	Juvenile
40	18:40:00	Mike Westmorland	TT Bike	Border City Whs CC	Male	Veteran
41	18:41:00	Ben Dobson	TT Bike	Lancashire RC	Male	Senior
42	18:42:00	John Lowe	TT Bike	Withington Wheelers	Male	Veteran
43	18:43:00	Lloyd Smith	TT Bike	Weaver Valley CC	Male	Senior
44	18:44:00	Peter Jones	TT Bike	Seamons CC	Male	Veteran
45	18:45:00	Stephen Wilkinson	TT Bike	VTTA North Lancs and Lakes Group	Male	Veteran
46	18:46:00	Roch Morgan	TT Bike	Derby Mercury R C	Male	Juvenile
47	18:47:00	Joel Hurt	TT Bike	Derwentside CC	Male	Junior
48	18:48:00	David Wright	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
49	18:49:00	Richard Tyson	TT Bike	Rock to Roll CC	Male	Veteran
50	18:50:00	Edward Quick	TT Bike	Barrow Central Wheelers	Male	Espoir

51	18:51:00	Graeme Dean	TT Bike	VC Glasgow South	Male	Senior
52	18:52:00	David Tobin	TT Bike	Manchester Wheelers	Male	Veteran
53	18:53:00	Alex Leek	TT Bike	Wrekinsport CC	Male	Senior
54	18:54:00	James Meldrum	TT Bike	Liverpool Phoenix CC (Aintree)	Male	Veteran
55	18:55:00	Warren Jackson	TT Bike	Congleton CC - MyWindsock	Male	Veteran
56	18:56:00	Peter Grindley	TT Bike	Liverpool Century RC	Male	Veteran
57	18:57:00	Simon Horsley	TT Bike	Legato Racing Team (LRT)	Male	Veteran
58	18:58:00	Graham Jones	TT Bike	Edinburgh Road Club	Male	Veteran
59	18:59:00	Peter Greenwood	TT Bike	Clayton Velo	Male	Veteran
60	19:00:00	Warren Giddins	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
61	19:01:00	Tim Marshall	TT Bike	Seamons CC	Male	Veteran
62	19:02:00	Alex Critcher	TT Bike	Team Wheelguru	Male	Veteran
63	19:03:00	Ashley Steventon	TT Bike	Royal Air Force Cycling Association	Male	Senior
64	19:04:00	Joseph Wright	TT Bike	Rock to Roll CC	Male	Senior
65	19:05:00	Anthony Lock	TT Bike	Manchester Triathlon Club	Male	Senior
66	19:06:00	Howard Cain	TT Bike	Border City Whs CC	Male	Veteran
67	19:07:00	Steven Hankey	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
68	19:08:00	Paul Grindley	TT Bike	Liverpool Century RC	Male	Veteran
69	19:09:00	Paul Shallicker	TT Bike	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Veteran
70	19:10:00	Stephen Makin	TT Bike	Falkirk B C	Male	Veteran
71	19:11:00	Darren Harvey	TT Bike	Pendle Forest CC	Male	Veteran
72	19:12:00	Bruce Wallace	TT Bike	Scottish Borders Race Team	Male	Senior
73	19:13:00	Lee Spoor	TT Bike	Tri Preston	Male	Veteran
74	19:14:00	Robin Gillespie	TT Bike	Beacon Wheelers	Male	Veteran
75	19:15:00	Eddie Monteith	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Senior
76	19:16:00	Paul Davis	TT Bike	Musselburgh RCC	Male	Senior
77	19:17:00	Ian Haddock	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
78	19:18:00	Adrian Hughes	TT Bike	Seamons CC	Male	Veteran
79	19:19:00	Steven Hilton	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
80	19:20:00	Jozsef Owen	TT Bike	Fibrax Wrexham RC	Male	Senior
81	19:21:00	Bradley Murphy	TT Bike	SKCC	Male	Veteran
82	19:22:00	Paul Taylor	TT Bike	North Lancashire Road Club	Male	Veteran
83	19:23:00	Mark Parsons	TT Bike	Team ASL-Bolton	Male	Veteran
84	19:24:00	Russell McLean	TT Bike	Beacon Wheelers	Male	Veteran
85	19:25:00	Ben Lovell	TT Bike	Kent Valley RC	Male	Veteran
86	19:26:00	Luke Greenwood	TT Bike	Pendle Forest CC	Male	Senior
87	19:27:00	Tony Scott	TT Bike	GTR - Return To Life p/b Streamline	Male	Veteran
88	19:28:00	Tom Davies	TT Bike	Rapha Cycling Club	Male	Senior
89	19:29:00	Stephen Dooley	TT Bike	Seamons CC	Male	Veteran
90	19:30:00	Bryn Lawrence	TT Bike	Anexo Group Race Team	Male	Junior
91	19:31:00	David Flux	TT Bike	Kent Valley RC	Male	Veteran
92	19:32:00	Dan Kendall	TT Bike	Rock to Roll CC	Male	Senior
93	19:33:00	John Fiddies	TT Bike	LVC Racing	Male	Veteran
94	19:34:00	Matt Hill	TT Bike	Zurbaran Racing	Male	Veteran
95	19:35:00	Graham Hollinger	TT Bike	Torvelo Racing	Male	Senior
96	19:36:00	Angus Wilson	TT Bike	Dundee Thistle	Male	Veteran
97	19:37:00	Paul David Fleming	TT Bike	Preston Whs	Male	Veteran

98	19:38:00	Paul Braithwaite	TT Bike	Pendle Forest CC	Male	Veteran
99	19:39:00	Luca Bednarek	TT Bike	Kirklees Cycling Academy	Male	Juvenile
100	19:40:00	John Cripps	TT Bike	Warrington Road Club/Horton Light Engineering	Male	Veteran
101	19:41:00	Richard Helm	TT Bike	Barrow Central Wheelers	Male	Veteran
102	19:42:00	Andy Thomas	TT Bike	Lindsey Roads Cycling Club	Male	Veteran
103	19:43:00	Keith Murray	TT Bike	Vector Racing	Male	Veteran
104	19:44:00	Philip Kennell	TT Bike	GS Metro	Male	Veteran
105	19:45:00	Matt Morris	TT Bike	Wigan Whs CC	Male	Senior
106	19:46:00	John Brearley	TT Bike	ADDFORM Vive Le Velo	Male	Senior
107	19:47:00	Tony Greenhalgh	TT Bike	Tactic Sport UK Race Team	Male	Veteran
108	19:48:00	Alan Chorley	TT Bike	Seamons CC	Male	Veteran
109	19:49:00	Scott Burns	TT Bike	Manchester Bicycle Club	Male	Veteran
110	19:50:00	Kamil Waligora	TT Bike	360cycling	Male	Senior
111	19:51:00	Ben Lloyd	TT Bike	Fibrax Wrexham RC	Male	Senior
112	19:52:00	Richard Nesfield	TT Bike	Giant-Kendal-Sidas.uk	Male	Senior
113	19:53:00	Alistair Rutherford	TT Bike	Manchester Bicycle Club	Male	Veteran
114	19:54:00	Marc Anderson	TT Bike	GTR - Return To Life p/b Streamline	Male	Veteran
115	19:55:00	Richard Bideau	TT Bike	Pendle Forest CC	Male	Veteran
116	19:56:00	Euan Adam	TT Bike	Durham City Velo	Male	Senior
117	19:57:00	David Ashton	TT Bike	Army Cycling	Male	Senior
118	19:58:00	Douglas Watson	TT Bike	GTR - Return To Life p/b Streamline	Male	Veteran
119	19:59:00	Lewis Wake	TT Bike	Team Kirkley Cycles	Male	Senior
120	20:00:00	George Peden	TT Bike	Team PB Performance	Male	Senior
Reserve		Andy Wond	TT Bike	Sowerby Sunday Club	Male	Veteran
Reserve		Ste Bolton	TT Bike	Harry Middleton CC	Male	Senior