



Cardiff 100 miles Road CC: LTS Improvements

Open 50 mile TT on Sat 29th July 2023, course R50/1b



Pos	no.	start	name	club	ctt_id	Cat	age	LTS	RESULT	LTS imp	comments	no.
7	3	14:03	Alison Vuagniaux	Bath Cycling Club	7623	WV	63	03:00:35	2:40:38	-19:57		3
24	9	14:09	Nigel Vuagniaux	Bath Cycling Club	5923	MV	62	02:28:09	2:11:58	-16:11		9
18	8	14:08	Maris Brugis	Bristol Road Club	8286	M	39	02:16:08	2:03:41	-12:27		8
3	35	14:35	Karl Norris	360VRT	33703	MV	52	01:52:13	1:45:22	-06:51	3rd M	35
5	31	14:31	Tristian Manning	ATAC - Ammanford Triathlon And Cycling	7454	MV	40	01:55:23	1:49:45	-05:38	1st Team of 3 (5:56:06)	31
4	18	14:18	Roxanne Jones	Hereford Triathlon Club	34520	WV	40	02:12:06	2:07:55	-04:11		18
20	2	14:02	Diccon Hill	Cardiff 100 Miles RCC	8352	MV	51	02:07:48	2:04:05	-03:43		2
25	19	14:19	Peter Owen	Norwood Paragon CC	6398	MV	62	02:16:21	2:12:54	-03:27		19
10	20	14:20	Anthony Green	Penzance Wheelers CC	7	M	39	01:55:51	1:54:45	-01:06		20
4	50	14:50	Ross Hamilton	Port Talbot Whs CC	42567	M	34	01:48:40	1:47:35	-01:05	(Team 6:08:03)	50
23	11	14:11	Ian Connolly	Ludlow CC	13965	MV	54	02:06:23	2:05:20	-01:03		11
8	30	14:30	Dan Cutting	Ludlow CC	19437	MV	45	01:53:42	1:52:54	-00:48		30
19	44	14:44	Seb Navarro	Army Cycling	40010	MV	40	02:03:39	2:04:03	00:24		44
21	34	14:34	Tony Lake	Gloucester City Cycling Club	4762	MV	50	02:03:54	2:04:21	00:27		34
16	23	14:23	Justin Davies	ATAC - Ammanford Triathlon And Cycling	43771	MV	52	02:01:02	2:01:45	00:43	1st Team of 3 (5:56:06)	23
2	49	14:49	Roxy Woodfield	Ludlow Brewery Race Team	15582	W	32	02:03:03	2:04:30	01:27	2nd W	49
14	43	14:43	Phillip Turner	FTP (Fulfil The Potential) Race Team	640	MV	55	01:59:15	2:00:51	01:36		43
1	26	14:26	Claire Hann	Bristol South Cycling Club	8230	WV	40	01:55:50	1:57:37	01:47	1st W	26
1	61	15:01	Christopher Gibbard	Bynea Cycling Club	198	MV	41	01:39:58	1:42:37	02:39	1st M, silver VTTA SW	61
9	40	14:40	Jonathan Mills-Keeling	Bridgnorth Cycling Club	30846	MV	50	01:50:04	1:54:02	03:58		40
17	22	14:22	Roger Whittle	Gloucester City Cycling Club	24181	MV	54	01:58:24	2:02:23	03:59		22
2	63	15:03	Anthony Jones	VMCC powered by Y Beic	5740	MV	50	01:39:50	1:44:13	04:23	2nd M, gold VTTA SW	63
6	24	14:24	Rebecca Pearce	Ridgeway Riders	34226	WV	53	02:17:11	2:22:46	05:35		24
13	36	14:36	Mike Hall	Port Talbot Whs CC	17610	MV	54	01:54:57	2:00:47	05:50	(Team 6:08:03)	36
6	59	14:59	Darran Bennett	Ely & District CC/B&T Motor Repairs	1682	MV	53	01:43:44	1:50:05	06:21		59
1	42	14:42	Meurig Griffiths	ATAC - Ammanford Triathlon And Cycling	28477	MV-RB	58	01:57:37	2:04:36	06:59	1st RB, 1st Team of 3 (5:56:06)	42
27	12	14:12	Hugh Davies	Port Talbot Whs CC	9913	MV	78	02:10:30	2:19:41	09:11	bronze VTTA SW, (Team 6:08:03)	12
12	55	14:55	Sam Thompson	Podium Addict	33272	MV	40	01:48:04	2:00:43	12:39	(Team 6:34:14)	55
28	39	14:39	Cliff Voller	VTTA West Group	3941	MV	72	02:03:49	2:20:27	16:38		39
7	45	14:45	Ryan James	Virtual Cycling Club	45886	M	34		1:52:36			45
11	28	14:28	Andy Hunt	Ystwyth CC	3877	MV	45		1:57:36			28
15	13	14:13	Jon Vickery	Cwmarn Paragon Cycling Club	7507	MV	59		2:01:19			13
22	15	14:15	Chris Martin	1st Chard Wheelers	1929	MV	56		2:04:55			15
3	54	14:54	Madison Shaddick	Swansea Vale Tri	38697	W	29		2:06:01			54
2	14	14:14	Luke Jones	Vive Le Velo	45534	MV-RB	46		2:11:46			14
26	29	14:29	Paul Hewitt	Clevedon & District Road Club	43243	MV	54		2:13:07		inc. 4:40 LS	29
3	7	14:07	Del Stafford	Podium Addict	48047	MV-RB	52		2:15:16		(Team 6:34:14)	7
5	5	14:05	Natalie Grainger	Podium Addict	45939	W	35		2:18:15		(Team 6:34:14)	5
	33	14:33	William Coles	Evolution Racing Academy	40430	MJ	14		DNF			33
	21	14:21	Robbie Disney	Ludlow CC	33620	M	23	01:56:05	DNF			21
	51	14:51	Dean Callister	Revolutions Racing	28564	M	36	01:54:26	DNF			51
	4	14:04	John Howells	Corinium Cycle Club	11171	MV	82	02:46:58	DNF			4
	38	14:38	Daniel Kempe	Bristol South Cycling Club	1598	MV	57	01:59:51	DNF			38
	53	14:53	Michael Portlock	Merthyr CC	2280	MV	53	01:58:32	DNFp			53
	27	14:27	Emma Bexson	Stratford Cycling Club	5664	WV	48	01:58:23	DNSa			27



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	6	14:06	David Steel	Hereford & Dist Whs CC	5555	MV-RB	76	02:37:40	DNSa			6
	32	14:32	Nick Giles	Pocomotion Road Club	7370	MV-RB	64	01:58:01	DNSa			32
	48	14:48	Paul Horton	Wolverhampton Wheelers Cycling Club	6642	M	35	01:58:55	DNSa			48
	57	14:57	Josh Griffiths	FTP (Fulfil The Potential) Race Team	3988	M	23	01:47:38	DNSa			57
	46	14:46	Alex Coles	Evolution Racing Academy	35347	MJ	15	01:54:29	DNSa			46
	16	14:16	Garry Shuker	Walsall Roads Cycling Club	8020	MV	67	02:05:55	DNSa			16
	17	14:17	Simon Evans	Port Talbot Whs CC	46869	MV	49	02:09:50	DNSa			17
	25	14:25	Richard Llewellyn	Imperial Racing Team	12351	MV	49	01:54:17	DNSa			25
	37	14:37	Martin Lines	Team Echelon	3993	MV	54	01:57:46	DNSa			37
	47	14:47	Tommy Barlow	Clevedon & District Road Club	21054	MV	61	01:57:07	DNSa			47
	65	15:05	Liam Maybank	Twickenham CC	679	MV	51	01:38:53	DNSa			65
	52	14:52	Paul Colman	Port Talbot Whs CC	7677	MV	62	01:57:05	DNSp			52
	41	14:41	Ben Phillips	VMCC powered by Y Beic	265	M	34	01:54:49	DNS			41
	10	14:10	Mick Daniels	Team Tor 2000 KALAS	1422	MV	43	02:01:56	DNS			10