



# Border City Wheelers Cycling Club



www.bordercitywheelers.co.uk

## OPEN 10 MILE TIME TRIAL SATURDAY 26th August 2023 at 14.00hrs

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

### START SHEET

Timekeepers: Richard Abram, Keith Bickley

Event Secretary: Dougi Hall Rose Cottage, Crackenthorpe, Appleby, CA16 6AF 07802 238694

### AWARDS

1 <sup>st</sup> Fastest Male	£40.00	1 <sup>st</sup> Female	£40.00
2 <sup>nd</sup> Fastest Male	£30.00	2 <sup>nd</sup> Female	£30.00
3 <sup>rd</sup> Fastest Male	£20.00	3 <sup>rd</sup> Female	£20.00
1 <sup>st</sup> Vet 40	£20.00	1 <sup>st</sup> Vet 60+	£20.00
2 <sup>nd</sup> Vet 40	£15.00	2 <sup>nd</sup> Vet 60+	£15.00
3 <sup>rd</sup> Vet 40	£12.00	3 <sup>rd</sup> Vet 60+	£12.00
1 <sup>st</sup> Vet 50	£20.00	1 <sup>st</sup> Line 1 Improvement	£20.00
2 <sup>nd</sup> Vet 50	£15.00	2 <sup>nd</sup> Line 1 Improvement	£15.00
3 <sup>rd</sup> Vet 50	£12.00	3 <sup>rd</sup> Line 1 Improvement	£12.00

Please note: One Rider One Prize TO BE SENT VIA BANK TRANSFER.

**COURSE L108:** START on the A685 road approximately half a mile west of the western link to Newbiggin-on-Lune at a point at the west side of a concrete plinth approximately 25 yards west of a concreted area on a bridge over a small stream (Start is identified with a white mark on the road).

Proceed west along the A685 to TURN by encircling the first traffic island at Tebay (5.1 miles).

Retrace along the A685 to FINISH at a point approximately 0.2 miles short of the start point at a grate on the north side of the road identified with a white mark on the road. (10 miles)

**EVENT HEADQUARTERS:** Newbiggin on Lune Methodists Church CA17 4NT. Methodists hall 1<sup>st</sup> on left as you enter village Please Park considerately and do not annoy the residents. [Newbiggin Methodist Chapel](#)

**GENERAL SAFETY:** The following Local Regulations have been approved by CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

**Local regulation No. 5:** In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

**Local regulation No. 6:** Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

**Local regulation No. 10:** Warming up on the course is not permitted during the duration of the event

**Local regulation No. 15:** Riders must keep to the left hand side of the road except when overtaking.

**Failure to comply with the above may lead to disqualification.**

**In Addition to the Above:**

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

**CTT Regulation 14 (i) & (j) Competitors Machine – Lights:** No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light,

either flashing or constant, and to the front a working white light, either flashing or constant, both to be illuminated and in a position that is clearly visible to other road users.

**CTT Regulation 15 - Helmets:** It is MANDATORY for all competitors to wear a Helmet which must be hard/soft shell construction to a recognised standard.

**CTT Regulation 17 (b) – Signing back:** In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

**Risk Assessment:** A copy of the course risk assessment, together with any additional safety information will be displayed at the signing on table.

**I wish a safe and fast ride to all.**

**Start order on the next page**

No.	Start Time	Name	Machine	Club	M/F	Cat	Age	LTS
8	14:08:00	Dougi Hall	TT Bike	Border City Whs CC	M	Vet	59	00:22:40
9	14:09:00	Mike Westmorland	TT Bike	Border City Whs CC	M	Vet	78	00:22:41
10	14:10:00	Craig Horseman	TT Bike	Giant-Kendal-Sidas.uk	M	Vet	49	00:19:46
11	14:11:00	Gray Walker	TT Bike	VTTA (North)	M	Vet	52	00:20:45
12	14:12:00	Martin Welsh	TT Bike	Pendle Forest CC	M	Vet	60	00:22:10
13	14:13:00	Rachael Maxwell	TT Bike	Border City Whs CC	F	Vet	53	00:23:40
14	14:14:00	Peter Rowe	TT Bike	Kent Valley RC	M	Vet	59	00:24:30
15	14:15:00	Matt Hill	TT Bike	Zurbaran Racing	M	Vet	63	00:20:08
16	14:16:00	Peter Greenwood	TT Bike	Clayton Velo	M	Vet	71	00:21:23
17	14:17:00	William Armstrong	TT Bike	Velo Club Cumbria	M	Vet	69	00:24:18
18	14:18:00	Bill Maxwell	TT Bike	Border City Whs CC	M	Vet	75	00:22:49
19	14:19:00	Erica Short	TT Bike	Darlington Cycling Club	F	Vet	74	00:32:03
20	14:20:00	Andrew Whiteside	TT Bike	Springfield Financial Racing Team	M	Vet	49	00:19:35
21	14:21:00	Ste Bolton	TT Bike	Harry Middleton CC	M	Sen	35	00:20:29
22	14:22:00	Matthew Kayley	TT Bike	Pendle Forest CC	M	Vet	44	00:22:08
23	14:23:00	Clifford Degraff	TT Bike	Velo Club Cumbria	M	Vet	58	00:23:35
24	14:24:00	Stuart Phillipson	TT Bike	Kendal Cycle Club	M	Vet	50	00:25:08
25	14:25:00	Ben Lovell	TT Bike	Kent Valley RC	M	Vet	57	00:20:22
26	14:26:00	Sean Quinn	TT Bike	Law Wheelers	M	Vet	50	00:20:57
27	14:27:00	David Pritchard	TT Bike	Kennoway Road Club	M	Vet	66	00:22:38
28	14:28:00	Alex McPhee	TT Bike	Dooleys RT	M	Vet	61	00:24:06
29	14:29:00	Brian Moore	Tricycle	The Tricycle Association - N W Region	M	Vet	69	00:30:09
30	14:30:00	David Thompson	TT Bike	Rock to Roll CC	M	Vet	44	00:19:28
31	14:31:00	Steve Gibson	TT Bike	Peak Road Club	M	Vet	56	00:20:29
32	14:32:00	Jack Thomas	TT Bike	Pendle Forest CC	M	Sen	26	00:21:56
33	14:33:00	Theresa Taylor	TT Bike	Springfield Financial Racing Team	F	Vet	63	00:23:05
34	14:34:00	Chris Scaife	TT Bike	Zurbaran Racing	M	Vet	54	00:24:58
35	14:35:00	Colin Stevenson	TT Bike	Hawick Cycling Club	M	Sen	39	00:20:07
36	14:36:00	Bryan Pool	TT Bike	Border City Whs CC	M	Vet	60	00:20:55
37	14:37:00	John Eric Potter	TT Bike	VTTA (Yorkshire)	M	Vet	69	00:25:28
38	14:38:00	Sue Cheetham	TT Bike	North Lancashire Road Club	F	Vet	60	00:23:56
39	14:39:00	Derek Black	TT Bike	Wigan Whs CC	M	Vet	74	00:27:56
40	14:40:00	Richard Nesfield	TT Bike	Giant-Kendal-Sidas.uk	M	Sen	39	00:19:20
41	14:41:00	Alistair Woodman	TT Bike	Swift Racing	M	Vet	53	00:20:28
42	14:42:00	Malcolm Steer	TT Bike	Darlington Cycling Club	M	Vet	58	00:21:51
43	14:43:00	Alex Hay	TT Bike	Royal Albert Cycling Club	M	Vet	59	00:23:00
44	14:44:00	Andy Delaney	TT Bike	Northumbria Police C.C.	M	Vet	55	00:24:49
45	14:45:00	Basil Monks	TT Bike	Edinburgh Road Club	M	Sen	35	00:20:03
46	14:46:00	Robin Gillespie	TT Bike	Beacon Wheelers	M	Vet	55	00:20:54
47	14:47:00	Terry Parvin	TT Bike	Ferryhill Whs	M	Vet	63	00:22:31
48	14:48:00	David J Gibson	TT Bike	Border City Whs CC	M	Vet	63	00:23:51
49	14:49:00	Mick Braithwaite	TT Bike	Springfield Financial Racing Team	M	Vet	52	00:22:13
50	14:50:00	Keith Murray	TT Bike	Vector Racing	M	Vet	48	00:19:19
51	14:51:00	Russ Richardson	TT Bike	Zurbaran Racing	M	Vet	66	00:20:26
52	14:52:00	David Tobin	TT Bike	Manchester Wheelers	M	Vet	60	00:21:44
53	14:53:00	Richard Durham	TT Bike	Settle Wheelers	M	Vet	69	00:24:13
54	14:54:00	Stephen Glenwright	TT Bike	VTTA (Merseyside)	M	Vet	60	00:25:21
55	14:55:00	Paul Braithwaite	TT Bike	Pendle Forest CC	M	Vet	47	00:20:02
56	14:56:00	Neil Wilkinson	TT Bike	Blaydon CC	M	Vet	55	00:20:52
57	14:57:00	Peter Jones	TT Bike	Seamons CC	M	Vet	58	00:22:30
58	14:58:00	Karen Taylor	TT Bike	Springfield Financial Racing Team	F	Vet	57	00:23:43
59	14:59:00	Steve Donaldson	TT Bike	Fullarton Wheelers	M	Vet	61	00:25:28
60	15:00:00	Richard Bideau	TT Bike	Pendle Forest CC	M	Vet	52	00:19:12
61	15:01:00	Mark Parsons	TT Bike	Team ASL-Bolton	M	Vet	54	00:20:23
62	15:02:00	Richard Tyson	TT Bike	Rock to Roll CC	M	Vet	56	00:21:40
63	15:03:00	Gordon Johnston	TT Bike	Team Terminator	M	Vet	85	00:35:30
64	15:04:00	David Ballantyne	TT Bike	EMC Cycling	M	Vet	62	00:24:21
65	15:05:00	Chris Little	TT Bike	Studio Velo	M	Sen	28	00:19:59
66	15:06:00	Sam Thompson	TT Bike	Podium Addict	M	Vet	40	00:20:49
67	15:07:00	John Leach	Road Bike	Rossendale RC	M	Vet	78	00:26:10
68	15:08:00	Kevin Crawley	TT Bike	Border City Whs CC	M	Vet	61	00:23:43
69	15:09:00	Howard Leach	Road Bike	VTTA North Lancs and Lakes Group	M	Vet	48	00:22:36
70	15:10:00	David Parkin	TT Bike	Velotik Racing Team	M	Sen	36	00:19:10