

# RTTC NATIONAL 10 MILE CHAMPIONSHIP

**Saturday 2<sup>nd</sup> September 2023 (Juniors & Women) – 6.15am Start**  
**Sunday 3<sup>rd</sup> September 2023 (Men) – 6.30am Start**

**Promoted for and on behalf of Cycling Time Trials under its rules and regulations by  
Northumberland & Durham Cycling Association on behalf of the North East District**

**Course: M101**

**Note: All riders MUST wear a helmet and have working front and rear lights**

**Event Secretary:** Sharon Dyson, 8 Horton Manor, Front Street, Blyth, NE24 4SF  
Mobile: 07837 607219      Email: [sharonmdyson@gmail.com](mailto:sharonmdyson@gmail.com)

**Headquarters:** Cramlington Town Football Club, Ormston Street, Cramlington, NE23 3BE  
(<https://goo.gl/maps/Tub9VDYuRV5NU16m6>)

**Parking:** There is adequate parking within the Football Club grounds. Please do not park in the surrounding residential streets.

Headquarters will be open from 05:00am (Saturday) and 05:30am (Sunday) for signing on and number collection.

Both body and arm numbers will be used In accordance with Championship Conditions - only numbers provided by the organiser shall be used.

Body numbers should be fitted in accordance with Regulation 16 and arm numbers should be fitted to the upper arm with the number facing forward.

The numbers provided to you will be yours to keep, as a memento of your participation in the 2023 National 10 Mile Championship in Northumberland.

You need to ensure that you return, following your ride, to the signing out desk at Headquarters to sign out. You must sign in and out yourself. Failure to sign out will result in a DNF being recorded against a rider's name.

All riders must personally make themselves available at the Headquarters following their ride, as they may be required for drug testing, if UKAD are in attendance.

Light refreshments will be served at Headquarters.



## Course Description (continued)

START at the beginning of the Church wall on Bedlington road (B1505). Proceed to the Three Horseshoes roundabout (0.295m), taking the first exit onto the A189 northbound. Proceed to the North Seaton (Sandy Bay) roundabout, encircle (riders take care) and retrace to FINISH on the slip road to A192 (Three Horseshoes roundabout) opposite the metal post (10 Miles).

Spare clothing can be left up at the Start Line and it will be returned to Headquarters once all riders have been set off. It is the rider's responsibility to ensure that clothing is collected from Headquarters at the conclusion of the event. ***Anything left after the event will be donated to a local Charity Shop.***

## Timekeepers

Principal Timekeeper: Peter Schultz (Blaydon CC)

Frances Schultz (Blaydon CC)  
Ray Lockett (Velo Culture)  
Ewa Johnson (Reifen Racing)  
Sharon Dyson (Barnesbury CC)

## CTT Board Representative

Dawn Sherrin – North East District

## Live Results



We will be partnering with ResultSheet to bring you the live results from the National 10 Mile Championship this year. Please note that all results will be provisional until checked by the Timekeepers at the conclusion of each event.

## Event Sponsors

We are grateful to the following local companies for supporting the National 10 Mile Championship this year through donations of prizes:

Junior Competition sponsored by Start Fitness.



The Senior competitions are being sponsored by Scott UK and Revolver Wheels Aeroworks.



**REVOLVER**  
**REVOLVER**

Thank you for entering the National 10 Mile Championship 2023. We wish you all a safe race.