



CROWCOMBE HILL CLIMB

16.30 - Saturday 16 September 2023 - on the UH22 course

Promoted for and on behalf of Cycling Time Trials under their rules and regulations by Bridgwater Cycling Club.

Event information

Crowcombe Climb, Course UH22 - New for 2023!

Course Description:

Crowcombe Combe is one of the grippiest climbs of the Quantock hills, made even tougher by its unrelenting gradient over the 1.2km length.

We know 1.2km isn't very long – but when you spend at least 75 per cent of the climb on a gradient of 15 per cent or over, peaking at 25% - 1.2km is absolutely plenty.

Starting at the village that gives the climb its name, you make a left turn and point your bike at the summit. There's little to nothing in the way of bends to break up the climb, which means you need to put your game face on and simply focus on turning your legs – legs that are screaming in lactate burn before you know it.

As a result, Crowcombe Combe can become a real grinder, strewn with cyclists who want to get out of the saddle for the extra power, but simply can't due to the factors of lactate overload and reduced grip at the rear wheel.

Timekeepers:

UH22

Sally Hutter & Mike Rose.

Event HQ:

Crowcombe Village Hall
Taunton
TA4 4AQ

Event Secretary:

Sharon Aldridge
Holford Road
Bridgwater
TA67NT
T: 07734858395





CROWCOMBE HILL CLIMB

Important Course Information:

The main Crowcombe Hill road will NOT be closed to other traffic for the event. Therefore please ride responsibly and with consideration for other road users. You MUST take care when descending, ride slowly and keep to the left hand side and obey marshals at all times to avoid other competitors until you reach the bottom of the Hill. Reckless descending will lead to disqualification. Please continue slowly back to Event HQ.

Competitor Notes, please read with map above:

1. On entering the Crowcombe Village please head to Crowcombe Village Hall and the competitor parking area. Please do not park in the village, ONLY use the car park at HQ. Postcode TA4 4AQ. Please park in rows as directed.
2. Event HQ will be at the Crowcombe Village Hall, see map above. Please allow 15 minutes to ride from the Village Hall to the start. **There are limited toilets facilities at the Village Hall. Refreshments will be available - DO NOT wear Cleats in the Hall.**
3. Signing on and race numbers will be available at the Event HQ, Crowcombe Village Hall from 3.30pm on the day..
4. Please remember if you do not sign on, no ride. As recent CTT guidance please also SIGN OUT at the Village Hall once you have completed your ride.
5. **If you are under 18, a completed and signed parental consent form will need to be provided when you sign on. Please download a copy of the Parental Consent Form before coming to the event from the Crowcombe Hill Climb or CTT websites.**
6. We respectfully ask spectators and supporters to give consideration to other participants of the event, riders and marshals, as well as local residents or other Road users.
7. **Please do not warm up on the course during the event. Warm up is limited so we advise you bring rollers.**

There is a wedding taking place in the church prior to the event so you must take care and be mindful of cars driving through the village.

8. Results will be circulated via the CTT website and on the BCC Hill Climb Facebook page.
9. Many competitors will wish to use their garmins or other personal timing devices during the Hill Climb. You are free to do so, provided use does not impact or impede the enjoyment of the event upon other riders or members of the public. However, no times other than those confirmed by the event timekeepers will be accepted and the timekeepers decision is final.
10. Prize giving will be at the Event HQ, Crowcombe Village Hall from 6pm. If you are unable to attend the prize giving, we will aim to post prizes provided we have details of where to send them. Please bear with us if these take a few days to reach you.



CROWCOMBE HILL CLIMB - PRIZE MONEY

HUGE **THANK YOU** TO **Whittlesea Mortgages** FOR PROVIDING THE PRIZE FUND For our Crowcombe Climb.

Whittlesea Mortgages are a Bridgwater based Mortgage Broker who provide wonderfully unbiased **mortgage** and financial protection advice have kindly sponsored the prizes for this years event and our thanks goes to them for their help and support.

You can contact them on:

01278 550134 - info@whittleseamortgages.co.uk

Suite 1A, Wellworthys Business Centre, Parrett Way
Bridgwater, Somerset, TA6 5LB



Crowcombe Hill				
MEN	1st	2nd	3rd	4th
Juveniles & Juniors	£44			
Senior	£80	£60	£35	£15
V40	£55	£38	£24	
V50	£69	£49	£28	
V60 plus	£44			
WOMEN				
All	£39	£20		
THE Triple (Crowcombe, Porlock Toll & Porlock Main)				
MEN				
Combined	£100	£60	£40	
WOMEN				
All	£100			



CROWCOMBE HILL CLIMB

Please remember...

CTT regulations require suitable helmets to be worn and illuminated front and rear lights are attached to your bicycles.

Thanks:

The Bridgwater Cycling Club would like to acknowledge the help and support of everybody who has contributed to the running of this event. The list below is far from complete but it does highlight some of the people and organisations who have contributed and to whom we would like to say a very big Thank You.

The timekeepers: Sally Hutter & Mike Rose from Exeter Wheelers... and James Benning & Nigel Bennett of North Devon Wheelers who have given up their time to support the event.

Whittlesea Mortgages: for the Crowcombe prize fund.

Exhibition Plinths and Nigel Salter Joinery: for supporting the Three Hill Climb Prize Fund

Backpedal: for sponsoring the rider numbers

Lollipop Photography UK - for the official photographs.

Crowcombe Village Hall: for allowing BCC to use it for the event.

All Club Members, family and friends: for volunteering to support the event.

Date for your diaries: Next years event will be held on:

Saturday 14th September 2024. We look forward to seeing you again in 2024.