

CESTRIA CYCLING CLUB

Promoted for and on behalf of
Cycling Time Trials
Under their Rules and Regulations
PETH BANK OPEN HILL CLIMB
Saturday 7th October 2023

Event Secretary: **Stuart Cook 07867973585**
stucook66@gmail.com

Timekeepers Frances and Peter Schultz
Sharon Dyson
First Rider off at 10.01

EVENT HQ: KINGS HEAD BAR & RESTAURANT.
STATION ROAD
LANCHESTER DH7 0NT

Sign on will be open from 9am in the main car park
Access to sign on is via the way one entrance.

***SPECIAL THANKS TO THE KINGS HEAD BAR & RESTAURANT
FOR KIND PERMISSION TO USE THEIR FACILITIES***

- **YOU MUST HAVE A WORKING FRONT & REAR LIGHT (FLASHING OR CONSTANT)**
NO LIGHT NO RIDE
- **HELMETS ARE MANDATORY AND MUST BE WORN**
 - **NO HELMET NO RIDE**
- **DRAFTING** – If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind. Please ride on the left at all times, unless overtaking another rider, in which instance, move back to the left as soon as practicable.

PARKING OF COMPETITORS VEHICLES

Please find a suitable place to park and that it is not obstructing anyone's business or residential property.

IMPORTANT NOTICE RE: PARKING

You may park in the car park of The Kings Head, **THERE IS A 1 HOUR TIME LIMIT MONITORED BY CCTV. AFTER ONE HOUR YOU WILL INCUR A FINE**

Please be respectful towards the owners and of other users of the car park. When you leave the event please do so without trace. No litter or property left behind.

The Kings head have kindly opened the premises early to allow us to use their toilet facilities. Entering the property is done so at your own risk. Take extra care when walking on slippy or tiled floors in cleats.

Please leave the facilities clean and tidy.

All riders must sign the "signing on sheet" before collecting their number and must sign the sheet again when returning their number after their ride. Please make sure your number is placed correctly on jerseys/skinsuits to assist time keepers.

If the timekeepers are unable to read your number then the time may be void. Below is a diagram for positioning your number on jerseys/skinsuits.



Course: MH2

This event is being held on the MH2 course
1 Mile (Hill Climb).

Start approximately 200 yards from Lanchester All Saints Church corner. Proceed uphill to FINISH 150 yards before the junction with Maiden Law-Burnhope.

Riders reminders:

- No U-turns to be made in the vicinity of the timekeeper.
- You must have a working FRONT and REAR light either flashing or on constant to start the race.
- You MUST wear a helmet that conforms to the CTT standards
- **NO LIGHTS NO RIDE, NO HELMET NO RIDE**
- Please refrain from warming up on the course once the time trial has commenced.
- No dismounting in the finishing area.
- ONCE YOU HAVE FINISHED YOUR RACE PLEASE REMEMBER OTHERS MAY STILL BE RACING. PLEASE DO NOT RIDE BACK UP PETH BANK UNTIL THE LAST RIDER HAS FINISHED.
- You must look ahead and not ride with your head down.
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.
- You must not take pace or shelter from any other vehicle or competitor (no drafting) – failure to comply may lead to disciplinary action being taken.

Please familiarise yourself with the CTT rules and regulations

Cestria C.C Hill Climb

Saturday 7th October 2022

Peth Bank Lanchester



1 st Place Male Overall	£20
1 st Place Female Overall	£20
2 nd Place Male Overall	£15
2 nd Place Female Overall	£15
3 rd Place Male Overall	£10

1st Junior Male £10

1st Vet V40 £10

1st Vet V50 £10

1st Vet V60 £10

1st Cestria CC Rider £10

Only 1 prize per competitor and will be awarded at the highest value