



Welsh Championship: LTS Improvement Results

Open 50 mile TT on Saturday 30th September 2023



Pos.	start	no.	firstname	lastname	club	ctt_id	LTS	Cat	age	result	LTS impr	LTS pos	comments
32	14:16	16	Haydn	Davies	Giant CC Halo Films	24935	02:13:19	MV	69	2:07:45	-05:34	1	1st LTS improvement
6	15:00	60	Dylan	Griffiths	University of Bath Cycling Club	31770	1:53:41	ME	20	1:48:36	-05:05	2	2nd LTS improvement
5	14:04	4	Gretchen	Zoeller	VTTA (Yorkshire)	40377	02:20:49	WV	44	2:16:19	-04:30	3	3rd LTS improvement
3	14:19	19	Sarah	Murray	Clwb Beicio Egni Eryri	13615	02:11:45	WV	41	2:07:48	-03:57	4	3rd W
31	14:20	20	Arran	Armstrong	FTP (Fulfil The Potential) Race Team	17828	02:10:35	MV	46	2:07:24	-03:11	5	
20	14:44	44	Finn	Fitzgerald	Ful-on Tri	40348	01:59:26	M	27	1:57:06	-02:20	7	
4	15:13	73	Owen	Burgess	UF Rowe & King	15862	01:49:18	M	39	1:46:58	-02:20	6	
4	14:10	10	Lisa	Davies	VMCC powered by Y Beic	40306	02:17:56	W	30	2:15:51	-02:05	8	
1	15:31	91	Jake	Sargent	Team Bottrill	24263	01:40:42	M	23	1:39:43	-00:59	9	1st M
26	14:38	38	Mark	Spruce	Wolverhampton Wheelers Cycling Club	43271	02:01:46	MV	53	2:00:59	-00:47	10	
13	14:59	59	Jonathan	Sayce	Hereford & Dist Whs CC	39632	01:53:48	MV	49	1:53:51	00:03	11	
39	14:12	12	Peter	Owen	Norwood Paragon CC	6398	02:16:21	MV	62	2:17:14	00:53	12	
5	15:21	81	Jack	Kellam	Cardiff Ajax CC	25898	01:47:26	M	29	1:48:27	01:01	13	
28	14:39	39	Jon	Vickery	Cwmcarn Paragon Cycling Club	7507	02:01:19	MV	59	2:02:32	01:13	14	
22	14:50	50	Tommy	Barlow	Clevedon & District Road Club	21054	01:57:07	MV	62	1:58:35	01:28	15	2nd Team
8	15:19	79	Ross	Hamilton	Port Talbot Whs CC	42567	01:47:35	M	35	1:49:09	01:34	16	1st Team
37	14:17	17	Nigel	Briggs	South Pennine RC	2541	02:11:57	MV	62	2:13:35	01:38	17	
25	14:47	47	Christopher	Newby	Clevedon & District Road Club	34709	01:59:12	MV	52	2:00:51	01:39	18	2nd Team
11	15:23	83	Tim	Wood	Team Echelon	5709	01:47:18	MV	49	1:49:57	02:39	19	
9	15:25	85	Tony	Chapman	Frome and District Wheelers	5965	01:46:42	MV	51	1:49:26	02:44	20	
2	15:33	93	Christopher	Gibbard	Bynea Cycling Club	198	01:39:58	MV	41	1:43:09	03:11	21	2nd M, 2nd VTTA
15	15:02	62	Lee	Francis	Velo Club Bristol	7538	01:51:39	MV	41	1:54:57	03:18	22	
2	14:36	36	Roxy	Woodfield	Ludlow Brewery Race Team	15582	02:03:03	W	32	2:07:06	04:03	23	2nd W
7	14:13	13	Sarah	Foulds	Velo Culture	22151	02:16:21	WV	42	2:20:25	04:04	24	
6	14:14	14	Hollie	Labunsky	Port Talbot Whs CC	14595	02:14:26	W	37	2:18:31	04:05	25	
10	15:29	89	Lee	Williams	FTP (Fulfil The Potential) Race Team	25611	01:45:12	M	38	1:49:31	04:19	26	
29	14:45	45	Trevor	Mayne	Birdwell Wheelers	1155	01:59:19	MV	60	2:04:05	04:46	27	
17	15:03	63	Tim	Radley	Gloucester City Cycling Club	41065	01:50:35	MV	49	1:55:23	04:48	28	



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3	15:35	95	Anthony	Jones	VMCC powered by Y Beic	5740	01:39:50	MV	50	1:44:58	05:08	29	3rd M, 1st VTTA
16	15:09	69	Tristian	Manning	ATAC - Ammanford Triathlon And Cycling	7454	01:49:46	MV	41	1:55:01	05:15	30	
6	14:09	9	Simon	Howarth	Pontypool Road Cycling Club	39118	02:19:17	MV - RB	60	2:24:59	05:42	31	
1	14:57	57	Chris	Murray	Army Cycling	576	01:54:11	WV	47	2:00:01	05:50	32	1st W, 3rd VTTA
2	14:30	30	Meurig	Griffiths	ATAC - Ammanford Triathlon And Cycling	28477	02:04:39	MV - RB	58	2:10:40	06:01	33	inc 3:40 LS, 2nd RB
12	15:27	87	Chris	Jones	Bynea Cycling Club	5478	01:46:23	MV	49	1:53:38	07:15	34	
40	14:21	21	Hugh	Davies	Port Talbot Whs CC	9913	02:10:30	MV	78	2:18:00	07:30	35	
21	15:11	71	Jeremy	Redford	Army Cycling	29892	01:49:42	MV	51	1:57:41	07:59	36	
19	15:17	77	Christian	Geldard	North Hampshire RC	35626	01:47:43	MV	48	1:56:06	08:23	37	
30	14:54	54	Daryl	Stroud	Gloucester City Cycling Club	15608	01:55:12	MV	59	2:06:47	11:35	38	
7	14:33	33	Philip	Sims	Newport Phoenix CC	1589	2:03:47	MV - RB	48	2:26:02	22:15	39	
38	14:02	2	Cameron	Bonner	Dursley Road Club	33236	none	MJ	17	2:16:56			
5	14:24	24	Daniel	Richards	ATAC - Ammanford Triathlon And Cycling	48232	none	M - RB	30	2:18:50			inc 9:06 LS
23	14:41	41	Eoin	Cremen	73 Degrees Bicycles, WestSide Coaching rt	32172	none	M	34	1:59:03			
24	14:40	40	Matthew	Waldron	Swansea Vale Tri	46267	none	M	34	2:00:47			
14	15:06	66	Dan	Kingston	VTTA (South Wales group)	31612	none	MV	42	1:54:03			
8	14:23	23	Sue	McFarlane	Army Cycling	15387	none	WV	43	2:20:57			
33	14:26	26	Jon	Mansell	Royal Dean Forest Cycle Club	40751	none	MV	44	2:08:40			
7	14:55	55	Frazer	White	Pontypool Road Cycling Club	24663	none	MV	49	1:48:58			
35	14:06	6	Gareth	Bonner	Dursley Road Club	28677	none	MV	50	2:12:17			
1	14:58	58	Karl	Norris	360VRT	33703	none	MV - RB	52	1:55:30			1st RB
27	14:37	37	Mark	Hazell	Clevedon & District Road Club	40442	none	MV	54	2:02:16			2nd Team
4	14:28	28	Mike	Hall	Port Talbot Whs CC	17610	none	MV - RB	54	2:14:05			1st Team
18	14:46	46	John	Aspell	Port Talbot Whs CC	15038	none	MV	55	1:55:51			1st Team
36	14:25	25	Gareth	Jehu	Merthyr CC	6794	none	MV	55	2:12:20			
34	14:07	7	Paul	Haig	Sikh Cycling Network(SCN)	13915	none	MV	56	2:09:46			
3	14:03	3	Martin	Legg	VTTA West Group	48459	none	MV - RB	58	2:13:40			3rd RB
41	14:01	1	Paul	Griffiths	Cardiff Ajax CC	27644	none	MV	69	3:10:47			inc 11:04 LS