

Promoted on behalf of Cycling Time Trials under their Rules and Regulations.

Cardiff 100 Miles Road Cycling Club

Open 10 Mile Time Trial: Monday 1st Jan 2024 – Course R10/9

RESULTS SHEET

Timekeeper

Robin Field (Cardiff Byways CC)



Organizer

Bob Jones
2 Little Orchard
DINAS POWYS
Glam CF64 4NH
mob. 07873-353207

Marshalls and other officials from Cardiff 100 Miles RCC

AWARDS

1st W solo TT bike	Mabli Phillips	Maindy Flyers Cycling Club	26:02	£15
1st M solo TT bike	Alex Coles	Evolution Racing Academy	22:38	£15
1st solo Road Bike	Rob Cowell	Ogmore Valley Wheelers	23:38	£15

THANKS

To all who entered, especially the 12 who rode.

Exactly as forecast, rain started with the first rider, and temperature in single digits made all participants grateful for a centrally heated HQ to return to. On this twisty sporting course, a light wind slightly east of south meant more often a headwind going out than coming back. On this occasion youth triumphed over experience, with solid rides from Alex Coles and Mabli Phillips – fastest man and women respectively. Somewhat more senior, Rob Cowell did a fine ride for fastest Road Bike, and respectable times were done by two other competitors with no previous TT results. Surprisingly (on a slow-ish course in challenging weather) two riders improved their LTS's. However, it turns out they were from the same event on the same course a year ago :-)

We were grateful for strong support in spite of the weather, particularly from those who'd come a significant distance.

AND THANKS ESPECIALLY

to everyone who devoted their free time to make this a successful event:-

Bob Jones (signage fixer & start marshal)

Dai (Butch) Davies (observer-marshal at Rhoose Airport maintenance depot roundabout)

Robin Field, Cardiff Byways CC (Timekeeper)

Everyone else who offered to lend a hand.

HQ Arrangements -

Particular thanks to Sue Williams, St Athan Welfare Office, for making the venue available.

DON'T MISS OUR OTHER OPEN EVENTS DURING 2023:

Sat 24th Feb 2024 Open 15 mile Time Trial on R15/5 (Abergavenny) 1pm

solo TT bike, solo Road Bike, Tandem, 2-up TTT

Sat 30th Mar 2024 Open 15 mile Time Trial on R15/5 (Abergavenny) 2pm

solo TT bike, solo Road Bike, Tandem, 2-up TTT

Sat 11th May 2024 Open 50 mile Time Trial on R50/1b (Abergavenny) 2pm

solo TT bike, solo Road Bike, Tandem

Sat 5th Oct 2024 Open 10 mile Time Trial on R10/17 (Abergavenny) 2pm

solo TT and Road Bikes only

and finally:-

Wed 1st Jan 2025 Open 10 mile Time Trial on R10/9 (St Athan) 1pm

solo TT bike, solo Road Bike, Tandem, 2-up TTT