F11/10 Course A – Start B – Finish Note the complicated first round about TRINGFORD BULBOURNE Wilstone Reservoir Dad LITTLE TRING 0 Aylesbury Road road Ramp, Buckland, HP22 5 Aston Clinton New Mill Station Road Icknield Way London Road DRAYTON EAUCHAMP London Road Co Tring Hil • Tring A Aylesbury Rugby Football Club eld Way 2 Ramp, Tring, HP23 4 WEST LEITH Halton Wigginton F11/10 HQ to start Turn Left out of Aylesbury RF Club Head North-East on Weston Rd for @1mile At the roundabout, take the 2<sup>nd</sup> exit onto London Rd for @1mile Continue over the mini RAB on to and up Tring Hill/B4009 for @1mile At the roundabout, take the 2<sup>nd</sup> exit onto B4009 and cross over the Dual Carriageway At the roundabout, take the 3<sup>rd</sup> exit onto A41 Slip Road The Start is on the slip road



## Finish to HQ

Continue up the Slip Road to the T-Junction Turn Right onto Lower Icknield Way for @1mile At the roundabout, take the 2<sup>nd</sup> exit onto London Rd for @1mile At the roundabout, take the 1<sup>st</sup> exit onto Weston Rd for @1 mile The HQ is on the right

