



# Cleveland Wheelers Cycling Club



proudly presents

## “Hilly 21 SPOCO”

21 Mile Time Trial (T211r)

Sunday 24<sup>th</sup> March 2024

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



### *Event Secretary*

Shaun O’Shea

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### *Timekeepers*

Bill Millen

Shaun Joughin

### *Arriving at the Event*

#### **Parking**

Parking is available in Stokesley town centre near the HQ and is approximately 1mile from the start.

#### **Event HQ**

The event HQ will be in Stokesley Town Hall which is in the main Stokesley car park (marked on the map below). This is where sign on and number collection and return will be stationed. Refreshments will be available after the event.

#### **Toilets**

There are public toilets facilities available in Stokesley Town Centre (marked on map below).



**Warming Up** - No U-turns within sight of the start line. The roads around Stokesley provide plenty of opportunities for warming up. Please do not use turbo trainers within 100m of inhabited properties.

**Race Numbers and signing on sheet** will be at the event HQ. When signing on, if applicable, please tick the required column to indicate that you are to compete on a road bike. Please pin numbers on as low as possible to assist timekeepers and number catchers in identifying you. If you could shout your number as you pass the finish line it would be much appreciated.

## *Course details*

### **Start –**

The start of the course is on the Stokesley-Hutton Rudby Road at field entrance approx. 200yds east of Seamer Road. The first rider starts at 9:02 am

Please don't join the queue at the start for any longer than 6 minutes before your start time and respect social distancing. The start marshal will be able to give you information as to current line-up and how long you have to go before your start.

There will be no pusher-off so all riders must start with one foot on the ground. Track stands and rolling starts are not permitted.

If you are riding in the road bike category the start marshal will check your machine.

You must have a helmet and working front and rear lights to start in the event. Please don't forget this!

**T211r** - Start on Stokesley- Hutton Rudby road at field entrance approx. 200yds east of Seamer Road. Proceed to Hutton Rudby. Keep left at the top of Skutterskelfe bank and descend Rudby bank (CAUTION!) At the top of Hutton bank, in the village bear left and take the 4<sup>th</sup> left into Blackhorse Lane (Signposted Swainby). Continue to the junction with the A172 where turn left (CAUTION!) Proceed to Stokesley Leisure Centre roundabout and take the 4<sup>th</sup> exit (CAUTION!) Continue to Great Broughton, where at a mini roundabout turn left. Continue to Ingleby Greenhow, turning right (CAUTION!) at junction. Proceed to cross railway line and at T junction turn left (CAUTION!) Proceed to the finish, after farm buildings.

Strava segment <https://www.strava.com/segments/20037557>

CTT Course Info <https://www.cyclingtimetrials.org.uk/course-details/t211r>

## ***What happens when the race is finished?***

**Return your number** - Please return your race number to the box at the event HQ.

**Results and Prize Presentation** – We will hold a small prize presentation following the event for the main categories only but results will be made available via email to participants.

Refreshments will be available for free at the event HQ after the event. Any donations towards this will be donated to our nominated charities this year.

If there are any queries with times etc please let us know before end of day Tuesday 28<sup>th</sup> March after which full results will be posted on the CTT website.

Prizes will be paid directly to participants, you will be contacted for bank transfer information, or if nominated (please let the organiser know) prizes can be donated to the nominated local charity which the Cleveland Wheelers support. Recent ones include Great North Air Ambulance, Stockton MIND, Bowel Cancer UK.

## ***Attention!!***

**Rudby Bank** - Please take care when descending the steep hill in Hutton Rudby as there are bends at the bottom of this hill.

**Speed Limits** - In Hutton Rudby, Great Broughton and Ingleby Greenhow which you pass through there are speed limits. Please adhere to these limits.

**Road Centre Line** - Please do not cross the centre line of the road unless required to when passing riders, vehicles or parked vehicles. Ensure that it is safe to do so beforehand.

**Helmets** - It is now a requirement for all riders to wear a HARD SHELL HELMET that meets an internationally accepted safety standard in Accordance with Regulation 15.

**Front and Rear Lighting** - A working front white and rear red light, either flashing or constant, is fitted to the machine in a position visible to other road users and is active while the machine is in use.

**COVID guidance** - You must follow any current government guidelines in place at the time of the event.

## ***Course Records Overall***

### **Solo Male**

43:42

Keith Murray

12-Mar-17 | Cleveland Wheelers CC (Sporting Course)

### **Solo Female**

50:22

Anna Turvey

15-Mar-20 | Cleveland Wheelers CC (Sporting Course)

### **Solo Male (Junior)**

47:16

William Wood

12-Mar-17 | Cleveland Wheelers CC (Sporting Course)

### **Solo Female (Junior)**

1:02:34

Daisy Freer

20-Mar-22 | Cleveland Wheelers CC (Sporting Course)

### **Tandem**

1:09:02

Stephen Newton, Anthony Harrison

26-Mar-23 | Cleveland Wheelers CC (Sporting Course)

## Prizes

- Overall Fastest Rider** awards will be given to riders who clock the fastest overall times for the full course. In the unlikely event that a Road Bike rider is first overall, or 2<sup>nd</sup>/3<sup>rd</sup>, they will not be able to claim the Road Bike prizes and these will be pushed down to the next rider. Overall top 3 riders will be able to claim age group prizes. Age group prizes are for overall fastest time only.

| <b>Overall</b>  | <b>Male</b> | <b>Female</b> |
|-----------------|-------------|---------------|
| 1 <sup>st</sup> | £30         | £30           |
| 2 <sup>nd</sup> | £20         | £20           |
| 3 <sup>rd</sup> | £10         | £10           |

| <b>Road Bike</b> | <b>Male</b> | <b>Female</b> |
|------------------|-------------|---------------|
| 1 <sup>st</sup>  | £15         | £15           |
| 2 <sup>nd</sup>  | £10         | £10           |
| 3 <sup>rd</sup>  | £5          | £5            |

| <b>Other</b> |     |
|--------------|-----|
| Tandem       | £15 |

| <b>Age Group</b> | <b>Male</b> | <b>Female</b> |
|------------------|-------------|---------------|
| Junior           | £10         | £10           |
| Veteran 40-49    | £10         | £10           |
| Veteran 50-59    | £10         | £10           |
| Veteran 60+      | £10         | £10           |

- Course Record.** Break current course record. Only the fastest Senior, Junior and Tandem times of the day will be eligible. Note there is no prize if there is no current record.

| <b>Course Record</b> | <b>Male</b> | <b>Female</b> |
|----------------------|-------------|---------------|
|                      | £10         | £10           |

- 3. Andrew Hutton Memorial Trophy.** The fastest time of the day will receive this trophy for one year.

## ***Road Bike Definition***

The current definition used by the CTT will be utilised. If this differs from the below their definition will be used. Extract from CTT rules below.

### **29. Road Bike Criteria** (*Moved from Regulation 14, 14I - Section: Competitors*)

(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

(b) Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

*N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars*