

# **Welwyn Wheelers CC Open 50km Hilly Time Trial –**

**29th March 2024**

**Promoted for and on behalf of Cycling Time Trials**

**Under its rules and regulations**

## **Event Headquarters and Parking**

Spoke Cycles CC, Ridge Farm, Rabley Heath, Hertfordshire, AL6 9UA (Just off the B656)

It is easier to approach Codicote by travelling along the B656 from Welwyn. From the A1(M), use junction 6. On the B656 from Welwyn turn right for sign posted for Rabley Heath just before Codicote. Spoke Cycles CC is on the right. From Hitchin on the B656, pass through Codicote and turn left to Rabley Heath.

The link below provides a map showing the location of Spoke Cycles CC.

<https://www.spokecycles.cc/contact-7>

## **Course Details**

Start in Whitwell Road, Codicote approximately 0.5 miles west of the B656. Turn left (M) on to the B656, ride along the B656 before turning left (M) on to the B651. Turn left in Whitwell (M) on to Codicote Road, riding through the start area back to Codicote, turning left (M) on the B656 to head to Hitchin. At the main roundabout in Hitchin, take the second left (M) on to the A602, and first left (M) into Willow Lane, riding to the A505. Turn left (M) on to the A505, then first left (M) to Great Offley and continue to the T- junction at Lilley Bottom. Turn left (M), along the road heading towards Whitwell. Turn left (M) at Lodge Farm, then right (M) to Ley Green, right (M) through Kings Walden and left (M) at the crossroad upon meeting the Lilley Road. In Whitwell, turn right (M) on to the B651 to Kimpton, continuing to a T- junction in Kimpton. Turn left (M) on to the B652. Continue along the B652, climbing Heath Hill, then Heath Lane in Codicote to the finish opposite a bus stop at the junction of Heath Lane and Hill Road.

Continue riding after passing the finish line and at the T-junction with the B656, turn right. Continue along Codicote High Street and as you leave Codicote, take the left turn to Rabley Heath. Follow the road to reach Spoke Cycles CC as sign posted.

## **Start**

In Whitwell Road, Codicote, approximately a mile and half from the headquarters. No cars are allowed near the start or finish areas except for those used by officials and helpers directly related to the event.

## **Prizes**

Prizes will be distributed by electronic transfer and will be as follows (equal prizes for Open and Female):

1st (Open) David Woodward Trophy and £50, 2nd £30, 3rd £20, 4th £10, 1st Veteran, £30, 1st road bike, £10, 1st Jun/Youth, £10., 1st (Female) John Handscomb Trophy and £50,

2nd £30, 3rd £20, 4th £10. 1st on a road bike, £10, 1st Jun/Youth, £10. For women,

**No rider may win more than one individual prize.**

### **Safety**

1. CTT regulations require all riders to wear a HARDSHELL HELMET that meets safety standards.
2. You must have working **white** front and **red** rear lights either flashing or constant fitted to the machine in a position visible to all road users and active whilst the machine is in use.
3. No U-turns in the start or finish areas.
4. Observers will be used during the event. Dangerous riding causes accidents and can jeopardise the sport.
5. You must follow the designated routes to the start and after the finish.
6. Marshals will be on the course, but the onus is on all riders to familiarise themselves with the course. Riding or driving around the course is recommended for any rider in doubt, and to do so before the event.

### **Timekeepers**

Messrs. Gordon Hart and Graham Potter

### **Event Secretary**

Andrew Porter, 58 Halsey Drive, Hitchin, Hertfordshire SG4 9QR. Tel:01462 420753

Results shall be shown on a large LCD screen at the headquarters. Results will be on the CTT Internet site.

Portable toilets at the headquarters are for all to use.

For the latest COVID 19 requirements, please consult the CTT Internet site.