

Promoted on behalf of Cycling Time Trials under their Rules and Regulations.

Cardiff 100 Miles Road Cycling Club

Open 15 Mile Time Trial: Saturday 30th March 2024 – Course R15/5

Timekeepers

Start: Phylis Harradine
(CC Topp)
Finish: Robin Field
(Cardiff Byways CC)



Organizer

Bob Jones
2 Little Orchard
DINAS POWYS
Glam CF64 4NH
mob. 07873-353207

RESULTS SHEET

AWARDS

1 st Team of 3 solos	Port Talbot Whs CC (John Aspell, Graham Rogerson, Emma Davies)	1:43:57	£15 ea	
1 st F (solo Road Bike)	Rosie May-Bennett	Tri Logic Cornwall	40:45	£15
1 st F (solo TT bike)	Emma Wyatt	Hereford & Dist Whs CC	34:41	£20
2 nd F (solo TT bike)	Emma Bexson	Stratford Cycling Club	36:45	£15
1 st O (Road Bike)	Rob Cowall	Ogmore Valley Wheelers	32:37	£25
1 st O (solo TT bike)	Tony Chapman	Frome & District Wheelers	30:45	£25
2 nd O (solo TT bike)	Daniel Wyatt	Hereford & Dist Whs CC	31:01	£20
3 rd O (solo TT bike)	Dan Kingston	FTP Race Team	31:37	£15

THANKS

To all who entered, especially the 38 who rode.

Weather for the event was fine with sunny intervals; a gentle southerly was mostly a crosswind; the temperature was in double digits. There were only 4 DNS's, at least in part because the fine forecast was quite accurate.

It was a reasonably fast day for R15/5 though nobody threatened the course records. Emma Wyatt was fastest in the Female class with 34:41, and Emma Bexson second with 36:45. Rosie May-Bennett was fastest F Road Bike with 40:45, beating the CTT Chair by 2 seconds!

Tony Chapman was fastest in the Open class with 30:45; Daniel Wyatt, although 39 seconds quicker than a month ago, had to settle for second place with 31:01, and Dan Kingston took third with 31:37.

Rob Cowall was fastest Road Bike in the Open class with 32:37, beating most of those on TT bikes!

Port Talbot Wheelers CC (John Aspell, Graham Rogerson, Emma Davies) took the prize for fastest Team of Three on aggregate time with 1:39:43, beating second place Cardiff Ajax CC by over 8 minutes (though two of the three counting Ajax riders were on Road Bikes).

Gloucester City CC fielded the only team in the 2-up event, where Roger Whittle and Tony Lake did 35:28.

AND THANKS ESPECIALLY

to everyone who devoted their free time to make this a successful event:-

Bob Jones (signage fixer)

Reg Pharoah Cardiff Ajax CC (Mâitre de HQ)

Phylis Harradine CC Topp (Start TK)

Bob Jones (Start Marshal & Pusher-off)

William Pring (2-up Pusher-off)

Ed Malarczyk Cwmcarn Paragon CC (Observer at Raglan roundabout)

Bob Jones (broom wagon)

Robin Field Cardiff Byways CC (Finish TK)

William Pring (Finish number spotter)

Everyone else who offered to lend a hand.

HQ Arrangements -

Particular thanks to Melanie Mercer, Llanarth Village Hall, for making the venue available.

DON'T MISS OUR OTHER OPEN EVENTS DURING 2024:

Sat 11th May 2024 Open 50 mile Time Trial on R50/1b (Llanarth HQ) 2pm
solo TT bike, solo Road Bike, Tandem

Sat 5th Oct 2024 Open 10 mile Time Trial on R10/17 (Llanarth HQ) 2pm
solo TT bike, solo Road Bike

and finally:-

Wed 1st Jan 2025 Open 10 mile Time Trial on R10/9 (St Athan) 1pm
solo TT bike, solo Road Bike, Tandem, 2-up TTT