

## Shaftesbury Open 25

21st April 2024 | 08:00

### COURSE CHANGE ALERT

During today's course inspection it was confirmed that the temporary traffic lights that were scheduled to be removed today are now going to remain in place until next week.

This is extremely disappointing for all involved with organising the event. However, as a contingency we also reserved the E83/25 "Vipers" course for this very reason. The race will go ahead as planned, but using the backup course.

#### Course: E83/25



<https://www.cyclingtimetrials.org.uk/course-details/e83-25>

<https://www.strava.com/segments/7507400>

START (GR 641004) at E.P.1 (opposite), 60 yards into Beggar Hill, Fryerning. Proceed left into Mill Green Road and continue through Fryerning and Mill Green to take a left turn at Viper PH. Take left again at High Woods, past Blackmore Pond. At Park farm bear left into Ingatestone Road, left again at Wood Barns Farm to complete the first circuit (8.16m). Repeat circuit for a second (16.32m) and third time (24.49m). On completion of the third circuit continue to Mill Green to FINISH (GR 639011) opposite Post Box, 60 yards before Cricketers PH, next to Hardings Lane (25.03m).

**POTHOLE WARNING!!! There are a number of large potholes on the course, mainly on corners. Please be extra vigilant, see the map below that indicates some of the larger potholes.**

#### HQ

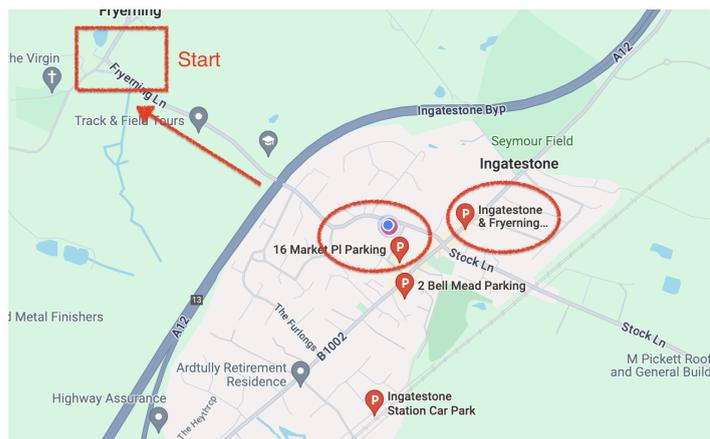
Headquarters will remain as the **Chelmer Cycling Club, Meteor Way, Chelmsford**. HQ will be open from 6:30am for sign on to take into consideration the longer distance to get to the start.

The start is 8 miles from HQ, if you choose to ride, the safest route can be found on Strava...

<https://www.strava.com/routes/3216478511342388864>.

Alternatively, please collect your number and then drive to a point closer to the start. Important: You MUST return to HQ after the race to sign out and return your number. Please do not ask any officials to take the number back on your behalf! And remember, there will be an excellent selection of fresh cakes available for just £1.50 each. Cash & card accepted!

## Parking



There are a number of car parks in Ingatestone that are close to the course and free of charge on Sundays. I would recommend the Ingatestone Community Centre car park which is on the left as you enter the village. There is usually plenty of space at the weekend, It is then a short ride up Fryerning Lane to the start.

Once at the top of Fryerning Lane, turn right and the start is 100m up the road on the left.

As a reminder, please do not warm up on the course. With 50 riders doing three laps it is a difficult job for the timekeepers so let's not make it harder for them!

## Pothole Advisory

Please note there are a number of large potholes on the course. All can be navigated safely but please be vigilant! A few of the larger potholes are highlighted on the map below. Please take care at all times.

