

Edinburgh Road Club on behalf of Scotland District

Present:

CTT Classic Series

Sunday 5th May 2024

START SHEET

ROUND

4 of 6



Edinburgh RC



Promoted for and on behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



Edinburgh RC

CTT Classic Series ROUND 4 of 6

A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

2024 CTT CLASSIC SERIES DATES

Date	Promoting Club	District	CTT Rep
Sunday 17th March	Sotonia CC	South	Roger Wakeling
Friday 29th March	Buxton CC	Manchester	Sue Bowler
Sunday 21st April	Beacon RCC	Midland	David Barry
Sunday 5th May	Edinburgh Road Club	Scotland	Dawn Sherrin
Sunday 26th May	Penzance Wheelers	South West	TBC
Sunday 9th June	Border City Wheelers CC	North	Tim Smith

CTT CLASSIC SERIES OVERALL AWARDS

To be presented at Champions Night 2024 (1st overall only)

1st	Open Category	RTTC Medal
1st	Female Category	RTTC Medal
1st	Junior Category	RTTC Medal
1st	Veteran (Scratch)	RTTC Medal
1st	Veteran (Target)	RTTC Medal
1st	Female Veteran (Scratch)	RTTC Medal
1st	Paracyclist	RTTC Medal
1st	Road Bike (Open)	RTTC Medal
1st	Road Bike (Female)	RTTC Medal
1st	Road Bike (Junior)	RTTC Medal
1st	Team (of 3 across all categories)	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events. If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Open and Females. Female Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 191 of the 2024 Handbook for the competition conditions.



Edinburgh RC

EDINBURGH ROAD CLUB PRESENTS

TOUR OF THE MILDONS

Sunday 5th May

Entries via www.cyclingtimetrials.org.uk

CTT SCOTTISH DISTRICT OLYMPIC
TIME TRIAL CHAMPIONSHIP

20 24

Categories:
ESPOIR
SENIOR

Course
WE25/01
22ml/35.4km

SIGN-ON:
08.00

FIRST RIDER OFF AT:
09.00

AN EARLY SEASON CLASSIC HILLY TIME TRIAL,
FOLLOWING A SCENIC 22ml/35.4km LOOP
OVER THE MILDONS HILLS



Goodson
Associates

Consulting Civil & Structural Engineers



TOUR OF THE MELDONS

CTT SCOTTISH DISTRICT OLYMPIC TIME TRIAL CHAMPIONSHIPS

Sunday 5th May 2024

The Tour of the Meldons is one of the classic time trial events on the Scottish Calendar with a history dating back to the 1930s. It was then that Jim Wight of the Edinburgh Road Club conceived the mountain time trial circuit including the climbs of Shiplaw and the Meldons. Though at that time the Shiplaw section was but a rough track, the course grew in popularity and the Tour of the Meldons was established.

Edinburgh Road Club organised the race for many years until the club was disbanded during the Second World War. After the war, the race was promoted by another club until it disbanded and the race was left in limbo.

In 1974 Edinburgh Road Club was reformed and in 1975 the Meldons was reborn and has continued since, enjoying a high profile by attracting top riders from Scotland and further afield. In 1998 Tommy Evans paid a rare visit from Ireland and won the event, breaking the course record on a 100" fixed! The event has hosted rounds of the former Scottish Olympic Time Trial series and has been used for the Scottish Olympic Time Trial championships on several occasions. In 2007 the course was changed for safety reasons, starting and finishing in Eddleston but retaining an uphill finish.

The Meldons Trophy, dedicated to the memory of the race's founder Jim Wight, is a worthy addition to the palmares of any roadman or time trialist.

This event has been organised by Edinburgh RC and will be run under rules of the CTT.

Timekeepers:

Mhairi Laffoley and Catriona Stirling

Organiser:

Juli Rourke, Edinburgh RC,
07737 778532,
julirourke@gmail.com

First Aid:

Simon Innes
07867 782641

(riders are advised to make note of this number should first aid be required or seek assistance from nearest marshal).

All riders are advised to bring warm, dry clothing to change into post ride as weather at this time of year can be cold and wet.

Location:

Changing/Race Head Quarters
Eddleston Village Hall,
Peebles Road.

Course:

The race takes place on the roads between Eddleston, Romannobridge, Lyne Valley and Meldons, see map. Start is just **north** of the Race HQ and finishes in the grounds of the Barony Castle nearby.

Presentation:

The announcement of results and presentation will be held in Race H.Q after the event.

There will be refreshments available after the event.

Note:

Please park on the Green at the south end of Station Road in the village. The space available is restricted, please park neatly.

Leave the Village Hall Car Park free for officials and DO NOT park in Station Road.





Edinburgh RC

TOUR OF THE MELDONS

CTT SCOTTISH DISTRICT OLYMPIC TIME TRIAL CHAMPIONSHIPS

Sunday 5th May 2024

Number placement

Please wear your numbers as shown. One number placed centre back of shirt or skinsuit – numbers should not be folded.



Directions: (all distances are approx.)

- Start just south of Eddleston Village Hall at junction of Station Road with A703
- Ride for 1.6km north on the A703 until left turn onto Shiplaw Road (signed Shiplaw Lamancha).
- Carry on for 5.5km (this stretch includes the Shiplaw climb which is approx 1.3km and 5.1% gradient) to left turn at Whim onto A701. (Give way at junction.)
- Carry straight on the A701 through Lamancha to Romannobridge and take the left turn (B7059).
- Continue along the road for 5.7km turning left onto the A72.
- Remain on the A72 for 5.3km to turn left onto unclassified road (signed Eddleston via Meldons).
- Ride from Lyne riverside through the Meldons for 8.4km.
- Entering Eddleston, turn sharp left into the grounds of Barony Castle.
- Final climb up to Black Barony Castle 0.5km, average 6.3% gradient.

Notes for riders:

The rural nature of the course and the use of unclassified roads usually means that the road surface is prone to poor maintenance and can have poor road surfaces and potholes. Riders will be warned of this and told to take care via a notice at sign on and by the marshal holding riders up at the start. Caution signs will be put out on the descent of the Meldons around the areas of the worst potholes if appropriate.

20mph zones

The event goes through short sections of 20mph speed restricted roads on three occasions:

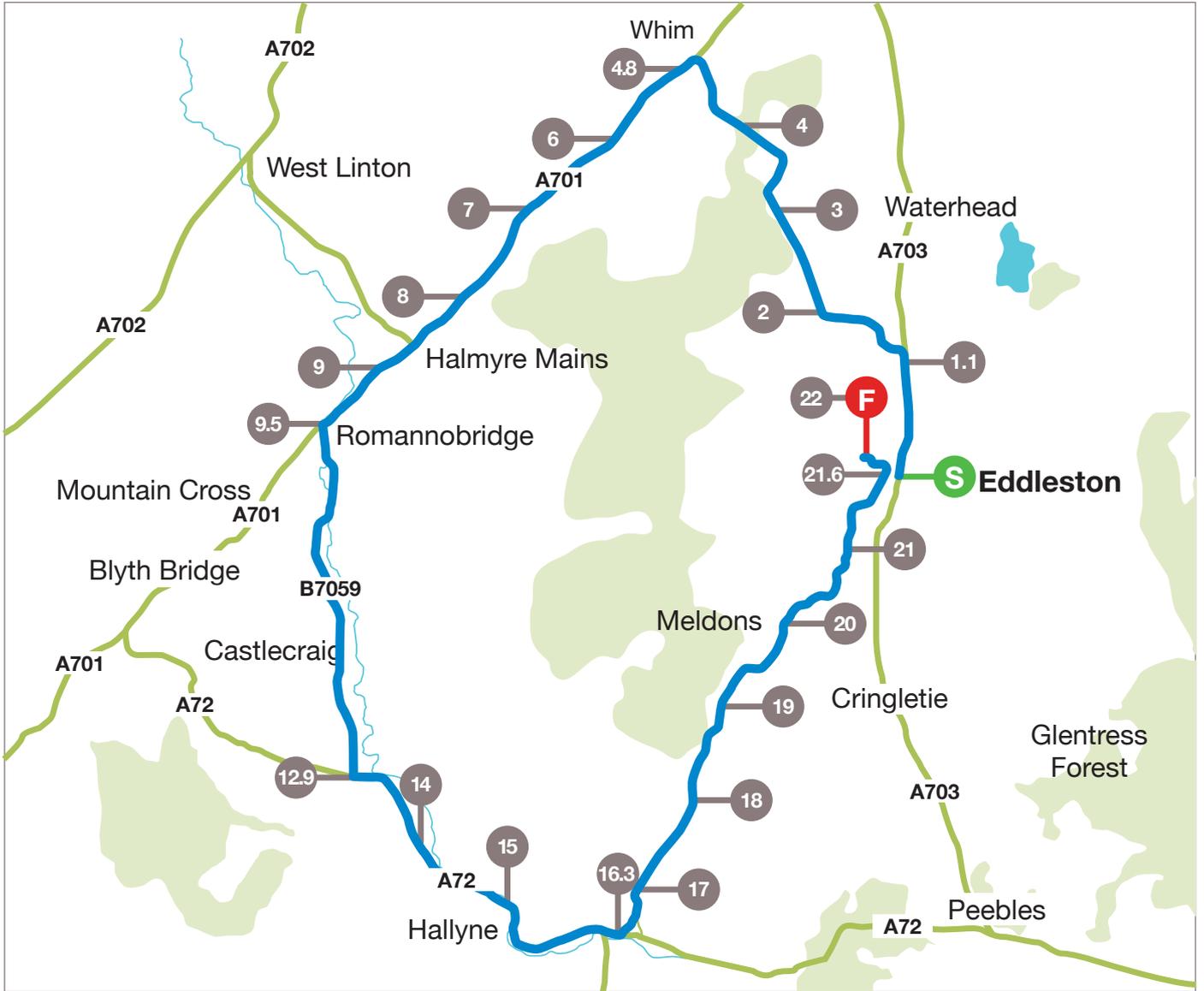
At the start for approximately 150m on the exit from Eddleston
Approximately 30m before the left hand turn onto the B7059 in Romannobridge and the short section after the turn approximately 135m.

Approximately 140m before the final turn up to Barony Castle on the entry back into Eddleston.

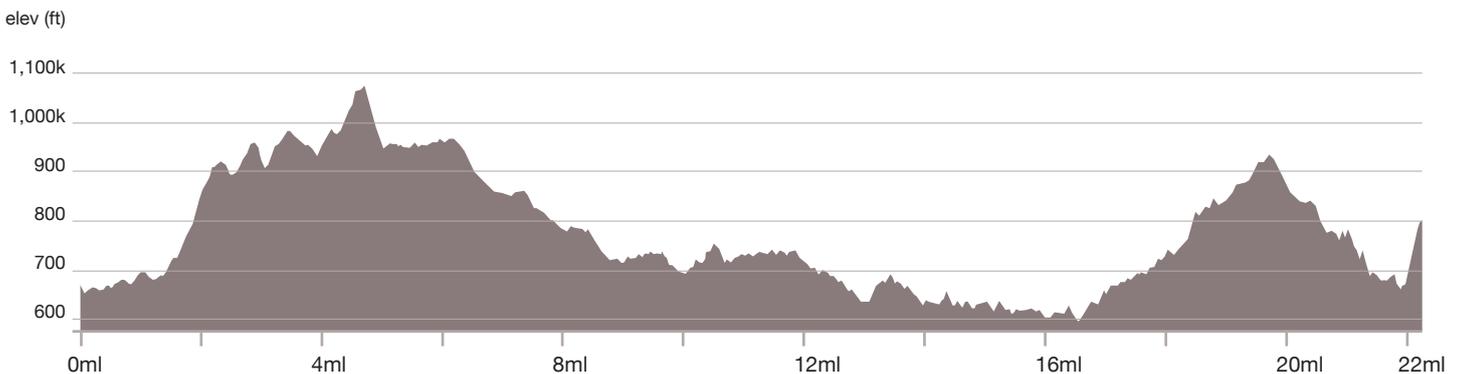
Riders are reminded that the rules of CTT have always required riders to ride safely and OBEY ALL TRAFFIC SIGNS together with the Highway Code and failure to do so is a disciplinary offence and may lead to disqualification.



TOUR OF THE MELDONS
CTT SCOTTISH DISTRICT OLYMPIC TIME TRIAL CHAMPIONSHIPS
Sunday 5th May 2024



Course 22 miles +1,281 ft/ -1,147ft





JUNIORS							
Number	Start Time	Name	Club	Machine	Classification	Category	
1	09:01:00	Sophie Heighton	Ferryhill Whs	Road Bike	Female	Junior	
2	09:02:00	Johnny McMurdo	Peebles Cycling Club	TT Bike	Open	Junior	
3	09:03:00	Jacob Bradbury	Manchester Wheelers	TT Bike	Open	Junior	
		FEMALES / ROAD BIKES / VETS					
Number	Start Time	Name	Club	Machine	Classification	Category	Target
5	09:05:00	Alice Larkin	High Peak Cycles RT	Road Bike	Female	Veteran	01:02:45
6	09:06:00	Elizabeth Graham	Edinburgh Road Club	Road Bike	Female	Senior	
7	09:07:00	Sarah Scott	Torvelo Racing	Road Bike	Female	Senior	
8	09:08:00	Teri Bayliss	Reifen Racing	Road Bike	Female	Veteran	01:00:56
9	09:09:00	Adrian Lauchlan	Southgate CC	Road Bike	Open	Veteran	01:06:03
10	09:10:00	Alan King	Johnstone Wheelers	Road Bike	Open	Veteran	00:59:11
11	09:11:00	Alex Paterson	Ayr Burners Cycling	Road Bike	Open	Veteran	00:55:24
12	09:12:00	James Duncan	Pentland Velo	Road Bike	Open	Veteran	00:57:54
13	09:13:00	Scott Hunter	Berwick Wheelers Cycling Club	Road Bike	Open	Senior	
14	09:14:00	David Gray	Axe Valley Pedallers	Road Bike	Open	Veteran	01:04:09
15	09:15:00	Nina Tomlin	West Lothian Clarion	TT Bike	Female	Veteran	00:58:45
16	09:16:00	Angela Paterson	Musselburgh RCC	TT Bike	Female	Veteran	01:05:05
17	09:17:00	Jude Paterson	RT 23	TT Bike	Female	Veteran	01:04:09
18	09:18:00	Zofia Lisowski	Peebles Cycling Club	TT Bike	Female	Veteran	00:58:45
19	09:19:00	Sarah Emslie	Edinburgh Road Club	TT Bike	Female	Veteran	01:00:30
20	09:20:00	Michelle Highfield	Berwick Wheelers Cycling Club	TT Bike	Female	Veteran	01:06:32
21	09:21:00	Evgeniya Righini-Brand	Spalding CC	TT Bike	Female	Senior	
22	09:22:00	Anna Fairweather	RT 23	TT Bike	Female	Senior	
23	09:23:00	Lindsay Foster	Ayrodynamic Triathlon Club	TT Bike	Open	Veteran	01:05:05
24	09:24:00	Robert Holmes	Kinross CC	TT Bike	Open	Veteran	01:00:30
25	09:25:00	Alan Dean	Edinburgh Road Club	TT Bike	Open	Veteran	00:55:00
26	09:26:00	Roddy McLeod	Peebles Cycling Club	TT Bike	Open	Veteran	00:57:03
27	09:27:00	Ross Milvenan	Ayr Roads CC	TT Bike	Open	Veteran	00:57:03
28	09:28:00	Robert Marshall	Team Andrew Allan Architecture	TT Bike	Open	Veteran	01:00:03



29	09:29:00	James Harrison	Dundee Thistle	TT Bike	Open	Veteran	00:55:24
30	09:30:00	Roger Clarke	Tyneside Vagabonds CC	TT Bike	Open	Veteran	01:00:30
31	09:31:00	Randle Shenton	Border City Whs CC	TT Bike	Open	Veteran	01:06:32
32	09:32:00	Graham Jones	Edinburgh Road Club	TT Bike	Open	Veteran	01:03:13
33	09:33:00	James Muir	Glasgow Nightingale CC	TT Bike	Open	Veteran	01:04:09
34	09:34:00	Garry Greenaway	Vanelli-Project GO	TT Bike	Open	Veteran	01:00:56
35	09:35:00	Tony Scott	GTR - Return To Life p/b Streamline	TT Bike	Open	Veteran	00:57:03
36	09:36:00	Andrew Bruce	Vanelli-Project GO	TT Bike	Open	Veteran	01:00:30
37	09:37:00	Simon Dighton	Beacon Roads CC	TT Bike	Open	Veteran	01:03:41
38	09:38:00	Andrew Gallacher	Vanelli-Project GO	TT Bike	Open	Veteran	01:01:50
39	09:39:00	Marc Anderson	GTR - Return To Life p/b Streamline	TT Bike	Open	Veteran	00:57:28
40	09:40:00	Dominic Righini-Brand	Spalding CC	TT Bike	Open	Veteran	00:55:00
41	09:41:00	Ray Wilson	GTR - Return To Life p/b Streamline	TT Bike	Open	Veteran	00:58:19
42	09:42:00	Angus Wilson	Dundee Thistle	TT Bike	Open	Veteran	01:00:56
43	09:43:00	Chris Smart	GTR - Return To Life p/b Streamline	TT Bike	Open	Veteran	00:56:13
		OPEN					
Number	Start Time	Name	Club	Machine	Classification		
45	09:45:00	Eamon O'Keeffe	Glasgow University Cycling Club	TT Bike	Open		
46	09:46:00	Lewis Keoghan	Royal Albert Cycling Club	TT Bike	Open		
47	09:47:00	Lewis Hutchison	Vanelli-Project GO	TT Bike	Open		
48	09:48:00	Philip Gleave	Congleton CC - MyWindsock	TT Bike	Open		
49	09:49:00	Duncan MacLeod	SBRT – Outsider Events	TT Bike	Open		
50	09:50:00	Craig Duncan	Team Andrew Allan Architecture	TT Bike	Open		
51	09:51:00	Neil Shepherd	SBRT – Outsider Events	TT Bike	Open		
52	09:52:00	Richard Sanderson	Kinross CC	TT Bike	Open		
53	09:53:00	Ben Goodwin	Fibrax Fenwicks Wrexham Cycling Club	TT Bike	Open		
54	09:54:00	Sandy Waller	Edinburgh Road Club	TT Bike	Open		
55	09:55:00	Alastair McNicol	Dooleys RT	TT Bike	Open		
56	09:56:00	Adam Wild	GS Metro	TT Bike	Open		
57	09:57:00	John Archibald	HUUB WattShop	TT Bike	Open		



Edinburgh RC

TOUR OF THE MELDONS

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Sunday 5th May 2024

Classic series cash prizes

Men, Vet Men,
Women, Vet Women.

1st place - £20

2nd place - £15

3rd place - £10

Road bike series cash prizes

Men, Vet Men,
Women, Vet Women.

1st place - £15

2nd place - £10

3rd place - £5

Junior series cash prizes

Girl, Boy

1st place - £10

Trophies

The Jim Wight Cup

Men's winner
- first place

The Women's Tour of the Meldons Trophy

Women's winner
- first place

The Murdoch Cup

Team winners
- 1st 3 riders
from same team

PRIZES FOR EACH EVENT

The awards below are for the following categories, Open, Female, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Open), Road Bike (Female) & Road Bike (Junior).

1st	CTT Classic Series	Eco Wood Sustainable Medal
2nd	CTT Classic Series	Eco Wood Sustainable Medal
3rd	CTT Classic Series	Eco Wood Sustainable Medal

Road Bike Criteria (Moved from Regulation 14, 14(L))

(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

(b) Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet.

The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars.



www.cyclingtimetrials.org.uk



NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards. This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 14(k)

(k) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15:

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Cycling Time Trials