

BATH CYCLING CLUB

MIKE HURLEY MEMORIAL 10 MILE TIMETRIAL SUNDAY 12TH MAY 2024 COURSE: U375

(Promoted for and on behalf of **Cycling Time Trials** under their rules & regulations)

Event Organiser :	Marianne Carpenter	
	70 Hungerford Road,	
	BATH	
	BA1 3BX	
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Phone on Day: 07791 959256

Headquarters: Nunney Village Hall, Berry Hill, Nunney FROME, BA11 4NR

- Time Keepers: Paul Arayan & Dennis Davies
- Recorder: Sam Smith

Start Official: Chris Deane

Number Steward: Hilary Oliver

Marshals: Martin Aldam, Liz Jones, Llewelyn Jones, Simon Hodgson, David Watson, Darren McNulty, Mark Vardon & Jason Pope

- Catering: Imogen Batterham & David Stoyle
- Photography: Phil Johnson of Flamme Rouge Photography: for images, please visit flammerougephotography.com after the race.

CTT Regulations & Recommendations:

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a **working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a **working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

All competitors must wear a **properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider to: (a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing. (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

PLEASE NOTE - No helmet, no front light or no rear light = NO RIDE!

Riders who currently use an inhaler for medical reasons must register this fact with British Cycling to satisfy UCI, CTT and BC Anti-Doping Regulations. It is an offence for a competitor in any event to use or to have administered to him any proscribed substance that might affect his competitive performance. A rider receiving medical treatment, which could include a proscribed substance, must not compete in time trials

This is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

Road Bike Category Rules

- 1. No aerobars, clip on aerobars or aero extensions can be used
- 2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
- 3. Wheels may have no more than 90mm depth and must have at least 12 spokes
- 4. Helmets must have no visor
- 5. Ears must not be covered by the helmet. In addition, the use of a Giro Aerohead helmet will not be permitted. There will be spotters out on course to enforce rule 2.

The road surface is mainly good, but please be vigilant – no head-down riding!

Please be polite and courteous to all time keepers, marshals and helpers, they have given up their time so that you can race.

Headquarters:

The Nunney Village Hall HQ will be open from 8am. The sign on sheet and race numbers will be located in the hall. Don't forget to sign out when handing your number back, failure to do so will result in a DQ. Kindly avoid wearing your cycling shoes in the hall. There will be refreshments available (tea, coffee, cakes and savouries) afterwards.

From Nunney High Street, follow Berry Hill/ Ridgeway Lane to reach the start (approx 1/2 mile). Please do not arrive at the start prior to 5min before your start time, to avoid congestion here.

Course Description (U375):

It is the rider's responsibility to know the course - in previous years, several riders went off course. There will be directional arrows and observers on course, but there are a lot of roundabouts, so please study the course carefully before riding! There is a course map on the CTT website. No warming up on the course and remember no U-turns in sight of the start.

START in Ridgeway Lane 15 yards from junction with A361, turning immediately left onto A361. Proceed to RAB at the top of ski ramp, taking 2nd exit and proceeding to Blatchbridge RAB, where take 2nd exit. Proceed to Pylon RAB, taking 1st exit. At trading estate RAB, go straight across (2nd exit) to <u>Oldford RAB where circle</u> and retrace through trading estate RAB to Pylon RAB, taking 2nd exit back to Blatchbridge RAB, where take 2nd exit to continue A361, FINISH before ski ramp.

When crossing the finish line, please shout your number to assist the timekeepers. From the finish, continue to ski ramp roundabout, turning left onto Marston road and passing the start. Continue to Nunney RAB where turn right (3rd exit) then left into Catch road/ High Street to return to HQ. Please don't forget to return your bib number and sign out.

Course Records:

Solo Open 00:19:34, David Janes, 17-Feb-19 | Frome & District Wheelers Solo Female 00:22:19 Megan Dickerson, 16-May-21 | Bath Cycling Club Solo Open (Jun.) 00:21:00, Theo Anderson, 01-Apr-23 | Bath Cycling Club Solo Female (Jun.) 00:27:01, Freya Thatcher, 19-Feb-17 | Frome & District wheelers Tandem 00:22:56, A Legge & J Knight, 17-Feb-19 | Frome & District Wheelers

Results:

Finish times and results will be available at the HQ after the finish. The results will be posted to CTT website soon afterwards, and there will be a link to these on the BathCC Facebook group. Please do not approach the timekeepers on the finishing line.

Prizes:

There will be a prize giving ceremony at HQ once all results have been verified. <u>One prize per rider</u> (except for the team prize).

Position	Open	Female	Vet based on 'Standard'
1st TT Bike	£20	£20	£20
2nd TT Bike	£10	£10	£10
3rd TT Bike	£5	£5	£5
1st Road Bike	£20	£20	£20
2nd Road Bike	£10	£10	£10
3rd Road Bike	£5	£5	£5
1st Team	£30 (3 x £10)		
2nd Team	£15 (3 x £5)		