

Event promoted for and on behalf of Cycling Time Trials under its rules and regulations



Start Sheet for 50 miles Championship Time Trial

to be held on

Saturday 18th May 2024

Course F2/50 ~ Start at 1.00 pm

Timekeepers

Gordon Hart, Icknield RC

Awards

SCRATCH:	1st: Harry Beauchamp Memorial Trophy + Boxed Medal. 2nd: Championship Gilt Medal. 3rd to 4th: Championship Medal.
FEMALES:	1st: Robin Cook Memorial Trophy + Boxed Medal. 2nd: Championship Gilt Medal.
TEAM:	1st Team of Three: Championship Gilt Medals.
HANDICAP:	1st: ECCA Gilt Medal. 2nd to 4th: ECCA Medal.
Only members of ECCA affiliated clubs are eligible for awards	

Event Headquarters

Toft Village Hall, School Lane, Toft, Cambridge, CB23 2SA

Event Secretary: Vince Freeley, (Finsbury Park CC), 13 The Orchard, London, N21 2DN.
Mobile: 07970 462554 Email: vfreeley@gmail.com

For full details of future ECCA events and results of past events and the season long competitions, go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs. The website will always be up to date and should be your "go to" site for the latest information. You will also see details of The Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

If your club is not affiliated and is within one of our relevant districts why not affiliate. Not only do we promote a comprehensive time trials programme but we also have road races, circuit races and a grass track meeting and our collection of wonderful trophies is extensive. Full details are on the website.

For those worried about the marshalling requirements note that the duties reflect rider participation and that we now pay each marshal £20 towards their expenses. With many of the smaller clubs finding it difficult to promote races because of the lack of helpers, the ECCA offers a solution by promoting many races which only require a club to provide a small number of marshals throughout the year. It would be a shame to lose those races because clubs and their members are unwilling to help.

COURSE DETAILS F2/50

Grid References Start: TL35195982 Finish: TL38455952

Interactive map: https://www.questronics.co.uk/maps.html?F2_50a

START at paint mark about 25 yards west of eastern expansion joint in road surface of bridge where St Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote. Proceed eastwards straight over (1st exit) Caldecote RAB to Hardwick RAB where sharp left, 1st exit onto A428 westbound, Pass Cambourne junction to

TURN at Caxton Gibbett RAB (5.4 miles) and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley RAB, where take 4th exit to re-enter A428 westbound and retrace to Caxton Gibbett RAB, (18.0 miles) where

TURN and retrace to Madingley RAB, where take 4th exit to,

TURN and retrace to Caxton Gibbett RAB, (30.6 miles) where,

TURN and retrace to Madingley RAB, where take 4th exit to

TURN and retrace to Caxton Gibbett RAB, (43.2 miles), where

TURN and retrace to Madingley RAB, (49.5 miles) **TAKE 3rd EXIT**, to

FINISH 0.6 miles along St. Neots Road and 20 yards after Hardwick 40mph sign.

Be aware that on the 4th time at Madingley roundabout you must take the 3rd exit to join St. Neots Road and must NOT rejoin the A428.

RIDERS' NOTES

No parking at either the start or finish, other than timekeepers.

HQ to Start: 4 miles of flat road. From the HQ turn right onto Comberton Road and continue to Hardwick Road where turn left, continue through Hardwick and then turn left onto St. Neots Road. Straight on (1st exit) at Hardwick roundabout and continue to large roundabout by BP garage where take the 3rd exit onto St. Neots Road. Start is on the A428 overbridge.

NO "U" Turns.

Finish to HQ:

NO "U" Turns after Finish. After finish, stay on St Neots Road, until junction at Hardwick where turn left onto Cambridge Road, continue through Hardwick village to Toft where turn right. HQ (signposted People's Hall) is on the left in School Lane.

There is very limited parking at the HQ (car park is opposite Hall) but careful parking on the grass verges of the road from Toft to Hardwick is okay. Please DO NOT park in the residential streets by the HQ – there is plenty of space to park on grass verges along St. Neots Road nearer the finish **but do not park on the left-hand side between the Start and the Hardwick roundabout.**

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

Free drink will be available in exchange for your number. Cakes will be available at £1. Please bring change.

NATIONAL REGULATIONS

Regulation 15

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard.

Regulation 14 (j) and (k)

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

NO HELMET - NO LIGHTS – NO RIDE

Regulations 13 (a) & 27(d)

Riders are reminded that you MUST notify of any improvement in your PBs. Failure to do so will disqualify you from the handicap awards. The event has been handicapped using the ECCA Handicapping System.

LONDON EAST REGULATIONS

4.5.1 A competitor must not warm up on any part of the course after the event has started. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.5.2 A competitor must not move out of the first (inside) lane of any multi-lane carriageway to complete the course. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.5.3 A competitor must not cross the central reservation of a dual carriageway, either on foot or astride a cycle. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.6.1 Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

4.6.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.6.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

Your Safety

At the roundabout turns you should NOT enter the roundabout if the way is not clear; you MUST give way to any vehicle from the right and give a clear signal as to your intended route.

SOLOS

**** = Club not affiliated to ECCA. Rider(s) not eligible for awards**

*** H'cap indicates rider with no times in current and past 3 seasons**

For riders without a 50 time the PB is shown with * and is predicted from other PBs

No	Start	Name	Club/Team	Cat	Bike	H'cap	PB
2	13:02	Daryl Stroud	**Gloucester City Cycling Club	V	TT		01:55:12
3	13:03	Peter Iffland	**Chippenham & District Wheelers	V	TT		02:03:11
4	13:04	Tony Meader	Eagle Road Club	V	RB	37:08	2:04:47*
5	13:05	Glenn Taylor	Shorter Rochford RT	V	TT	22:18	01:48:53
6	13:06	Chris Shaw	Fenland Clarion CC	V	TT	27:06	01:54:02
7	13:07	Iain Tebbutt	**Coalville Whs	V	TT		01:59:26
8	13:08	Ann Shuttleworth	Cambridge CC	FV	TT	39:44	02:07:34
9	13:09	Mark Malin	**Ambion Racing Team	V	RB		2:11:02*
10	13:10	Karl Norris	**360VRT	V	TT		01:45:22
11	13:11	Grant Orsborn	**Bedfordshire Road RT	V	TT		01:51:25
12	13:12	Mike Logue	**ZeroBC Race Team	V	TT		1:51:33*
13	13:13	Gary Ashwell	**Welland Valley CC	V	TT		02:10:06
14	13:14	John Capel	**Coalville Whs	V	TT		02:18:49
15	13:15	Iain Boardman	**Dulwich Paragon CC	V	TT		01:48:38
16	13:16	Claire Emons	**...a3crg	FV	TT		01:53:58
17	13:17	Ashley Steventon	**Royal Air Force Cycling Association	S	TT		1:53:10*
18	13:18	Graham Hurrell	Basildon CC	V	TT	40:56	02:08:51
19	13:19	Stephen Hitchcock	CC Sudbury	V	RB	59:18	02:28:32
20	13:20	Kevin Bamber	Shaftesbury CC	V	TT	18:41	01:45:01
21	13:21	Tim Radley	**Gloucester City Cycling Club	V	TT		01:50:34
22	13:22	Deborah Beare	Icknield RC	FV	TT	27:56	01:54:55
23	13:23	Damien Foy	Eagle Road Club	V	TT	49:00	2:17:29*
24	13:24	Edward James	**VTTA (London & Home Counties)	V	TT		02:13:36
25	13:25	Matthew Reader	Verulam CC	V	TT	21:25	01:47:56
26	13:26	Peter Main	**34 Nomads CC	V	TT		01:52:39
27	13:27	Jonathan Durnin	**Welland Valley CC	V	TT		01:56:34
28	13:28	James Thompson	Lea Valley CC	V	TT	40:56	02:08:51
29	13:29	Leena Peltonen	**Freedom Tri	F	TT		2:27:34*
30	13:30	Simon Butteriss	Ely & District CC/B&T Motor Repairs	V	TT	18:05	01:44:22
31	13:31	Martin Fisher	**Melton Olympic CC	V	TT		01:50:04
32	13:32	Neil White	**Ambion Racing Team	V	TT		01:54:51
33	13:33	Emily Varley	Hitchin Nomads CC	F	TT	34:04	02:01:30
34	13:34	Shay Giles	**Thanet RC	V	TT		02:13:01
35	13:35	Daryl Maffey	**CC London	V	TT		01:46:43
36	13:36	Peter Richards	Icknield RC	V	TT	25:37	01:52:26
37	13:37	James Wood	West Suffolk Wheelers	V	TT	30:27	01:57:37
38	13:38	Steven Phillips	Verulam CC	V	TT	41:04	02:09:00
39	13:39	John Murphy	**Gloucester City Cycling Club	V	TT		02:26:07
40	13:40	Darran Bennett	Ely & District CC/B&T Motor Repairs	V	TT	18:00	01:44:17
41	13:41	Jeff Roberts	**High Wycombe CC	V	TT		01:49:54
42	13:42	Vincent Douglas	**Gloucester City Cycling Club	V	TT		01:54:47
43	13:43	Richard Mellor	**Team Bottrill	V	TT		02:01:17
44	13:44	Peter Noble	Ely & District CC/B&T Motor Repairs	V	TT	44:37	02:12:48
45	13:45	Andrew Turnock	Finsbury Park CC	V	TT	20:11	01:46:37
46	13:46	Ed Tarelli	**Race Hub	V	TT		01:52:09

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No	Start	Name	Club/Team	Cat	Bike	H'cap	PB
47	13:47	Adrian Gower	Hitchin Nomads CC	V	TT	30:04	01:57:12
48	13:48	Graham Lawrenson	Hainault RC	V	TT	39:14	2:07:02*
49	13:49	Elizabeth Chittenden	Eagle Road Club	FV	TT	*	
50	13:50	Nic Pillinger	St Neots CC	V	TT	17:38	01:43:53
51	13:51	Ian Short	CC Sudbury	V	TT	22:59	01:49:37
52	13:52	Mick Stevens	**Melton Olympic CC	V	TT		01:54:44
53	13:53	John Golder	Chelmer CC	V	TT	36:00	02:03:34
54	13:54	Stephanie Cousins	**QN Racing	FV	TT		2:11:53*
55	13:55	Chris Jones	**Bynea Cycling Club	V	TT		01:46:23
56	13:56	John Manlow	Ely & District CC/B&T Motor Repairs	V	TT	24:51	01:51:37
57	13:57	John Lacey	**Hemel Hempstead CC	V	TT		01:57:43
58	13:58	Steve Cornish	**St Ives CC	V	TT		02:05:35
59	13:59	Chris Baldwin	Eagle Road Club	V	TT	*	
60	14:00	Anthony Jones	**VMCC powered by Y Beic	V	TT		01:39:50
61	14:01	Wolfgang Emmerich	**Team Bottrill	V	TT		01:49:14
62	14:02	Michael Martin	CC Ashwell	V	TT	27:29	01:54:26
63	14:03	Paul Williamson	St Neots CC	V	TT	32:31	01:59:50
64	14:04	Robert Royston	**Sydenham Whs	V	TT		2:06:15*
65	14:05	Mark Ellis	**Mercedes AMG Petronas CC	V	TT		01:46:12
66	14:06	Philip Wilkinson	**Rockingham Forest Wheelers	V	TT		01:51:33
67	14:07	Andrew Halliday	**Westerley Cycling Club	V	TT		01:55:20
68	14:08	Mattis Prince	**Cambridge University CC	E	TT		1:59:54*
69	14:09	John Watson	Hitchin Nomads CC	V	RB	33:02	02:00:23
70	14:10	Liam Maybank	**Twickenham CC	V	TT		01:38:53