



Bourne Wheelers Open 10 Mile Time Trial

(Promoted on behalf of Cycling Time Trials under their rules and regulations)

Sunday 19th May at 9am (sign on from 8am)
Course C10/29

HQ- Heydour Parish Village Hall, Green Ln, Aisby, Grantham NG32 3NE

Event Secretary- Julia Kettle. The Caretakers House, Edinburgh Crescent, Bourne.
 PE10 9DU. 07710631159

Time Keeper- Sharon Fensom

Car Parking: There is limited parking at the HQ, please park using consideration to other vehicle users. Please don't park on the Millennium Green, Grass verges around the Village Hall and The Millennium Green or Hall Lane, which runs at the rear of the hall as this is for resident's access only

To get to the start From HQ, turn left onto Green lane, at T junction turn left onto Mill Lane continuing for approx. 0.9 miles turning left at cross roads onto Ropsley road(sign posted Ropsley). Continue until cross roads with A52. Turn right onto A52 for Approx. 1.2 miles to layby on Eastern carriageway. Total distance Approx. 3.5 miles.

COURSE: Start at Eastern edge of layby on A52 Eastbound carriageway 2.6 miles east of Spittlegate roundabout. Continue east on A52 for approx. 5.7miles to Osbournby Roundabout. Encircle roundabout and return west on A52 for approx. 4.2 miles, to finish at tarmac access road 100yds from Long Hollow and 600yds from Ropsley crossroads.

RESTRICTIONS There must be no warming up on the course once the event is in progress. U TURNS are not permitted in the vicinity of the Start and Finish areas **AWARENESS OF SURROUNDINGS** No head/earphones permitted except hearing aids (Reg 19) **SLEEVELESS TOPS** are not permitted. (Reg 16) **FINISH- Please call your number out upon completing your ride. RETURN YOUR NUMBER WHEN SIGNING BACK IN** (Reg 17b)

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL HELMET** that meets a recognized standard. All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet. As per Regulation 15. CTT state you must have a working front and rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

On completing your ride please continue to the HQ. **Remember to sign back in**

Prize List	1st	2nd	3rd
Fastest	£30	£20	£15
Closest to mystery time	£15		

1 prize 1 rider 1 category, e.g. if you are 2nd overall and a junior you will get the prize for second not 1st junior.