

# **SUNDERLAND CLARION CC**



**www.sunderlandclarion.org.uk**

## **Rider Instructions**

### **Sunderland Clarion (N&DCA 25mile TT Championship) (inc. VTTA (North Group))**

To be held on **Sunday, 16<sup>th</sup> June 2024**, for and on behalf of Cycling time Trials under their rules and regulations.

#### **Also Incorporating:**

**The David Craig Memorial Trophy (Sunderland Clarion members only) and National Clarion CC 25 mile championship**

#### **Timekeepers**

Peter Schultz and Frances Schultz.

#### **Event Secretary**

Allan Smith, 5 St Aidan's Terrace, New Herrington, Houghton Le Spring, DH4 4LZ.  
Telephone 07976668101. Email [allanpsmith@live.co.uk](mailto:allanpsmith@live.co.uk)

#### **Event Headquarters: Merton Hall, Ponteland, Northumberland, NE20 9PX.**

Sign on will be open from 6.30am on the morning of the event where toilets are available. Riders to ensure that they sign back out afterwards, otherwise they will be recorded as a DNF on the results. The first rider away will be at 7.31am.

#### **Directions to Merton Hall**

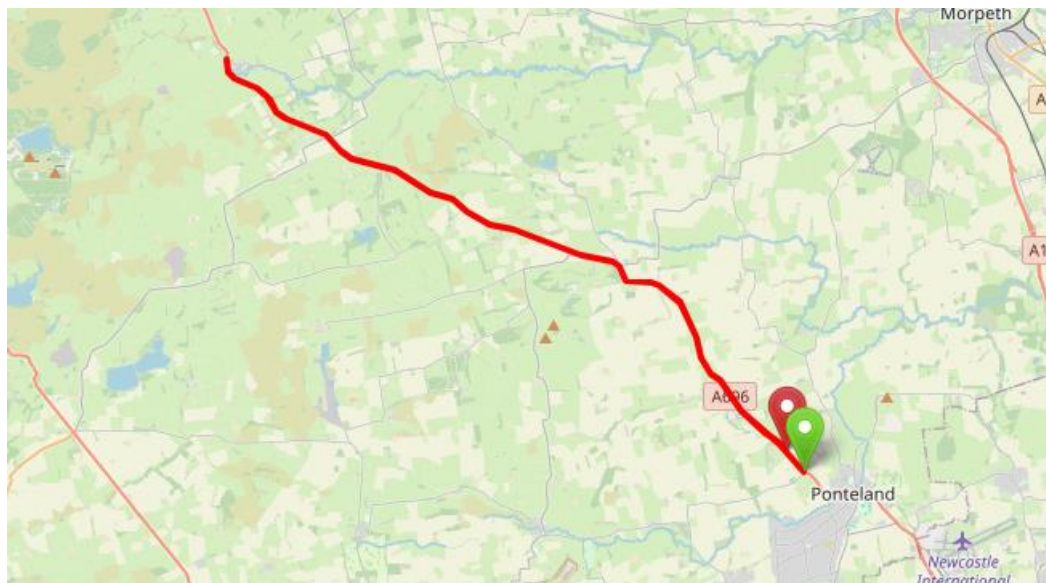
If heading north on the A696 through Ponteland, turn right after Waitrose following the signs for the Industrial Estate then right again into the car park. There is no vehicular access to Merton Hall. Car parks are located on the junction of Thornhill Road and Merton Road and also behind the shops off Meadowfield. Both car parks are about 200 yards from Merton Hall. If you are using a GPS or Sat Nav system this postcode NE20 9PX will bring you to Merton Road which is just behind the hall.

For those viewing this digitally there is a map link [HERE](#).

After the event, results and presentations will take place in Race HQs.

### Course Details (M254)

**Start** 1 mile north of Ponteland on the A696 100yds north of Dissington Lane End. Proceed via Belsay (Riders take CARE) to Kirkwhelpington on the A696. TURN by turning right into minor road to make safe U turn in the minor road (Riders take CARE) and proceed south via Belsay (Riders take care) to finish 2 miles north of Ponteland at the old (blocked) gate to Cold Coats Moor farm.



### General Safety Notes:

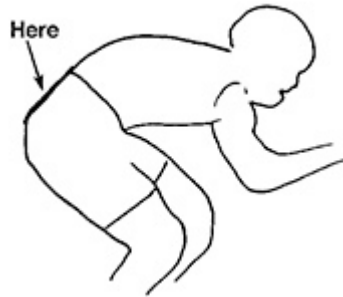
- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.
- Marshals at the turn should not stand in/on the main road (A696)

### Riders

- No U-turns to be made in the vicinity of the timekeeper(s). · No dismounting in the finishing area.
- Take care whilst riding through the lightly built-up area in Belsay. There are 20mph signals which illuminate during school opening/closing times (not applicable at the time of this event).
- Take care at the turn at Kirkwhelpington – the U Turn is to be made in the minor road alongside the marshal (and not on the main carriageway of the A696).
- Road surface conditions may change depending on the season, weather, or condition of the road.
- It is the rider's responsibility to ride in such a manner that allows them to ride safely and with consideration to other road users at all times.
- Head down riding is prohibited and will result in disqualification.
- It is the responsibility of the rider to check the On-The-Day Risk Assessment to be aware of any extra hazards or changes they should be aware of.
- Every competitor MUST have, fixed to their machine, both a front and rear-facing, working light (either constant or flashing). These must be clearly visible (Regulation 14). Compliance with these rules will be checked by the Start Marshal. No compliance means no ride.
- Every rider MUST wear a helmet that conforms to current Safety Standards (Regulation 15) and it is their responsibility to ensure that it fits correctly and is in good condition/undamaged.
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the Event Organiser (07976 668101). Please contact the organiser if you have failed to finish the event.

### **Additional Rider Information**

- Riders should familiarize themselves with the route in advance of the race.
- Junior Riders (under the age of 18) must bring their completed Parental Consent form in order to be allowed to ride.
- Ensure that your number is placed in accordance with CTT regulations as pictured below.



### **PRIZES**

**Open - 1st (£30), 2<sup>nd</sup> (£20), 3rd (£10)**

**Female - 1st (£30), 2<sup>nd</sup> (£20), 3rd (£10)**

**Road Bike Open - 1st (£30), 2nd (£20), 3rd (£10)**

**Road Bike Female - 1st (£30), 2nd (£20), 3rd (£10)**

**Vets on Age Adjusted Time - 1st (£30), 2nd (£20), 3rd (£10)**

**Junior Open - 1st (£20)**

**Junior Female - 1st (£20)**

**Team Prize (3 Riders from the same team) - 1st (£30)**

**Spot Prize - Rider in 30th position**

**1 Rider 1 Prize (except for Team Award)**