



NOTICE of proposed CYCLING TIME TRIAL

(Section 31 ROAD TRAFFIC ACT 1988)

Cycle Racing on Highways Regulations 1960 (S.I. 1960, No. 250)

To all Chief Officers of Police concerned, formal notice is hereby given of a proposed Time Trial.

Name of promoting Club:		Virtual Cycling Club on behalf of the Welsh Cycling Association	
Name of promoting Secretary:		Simon Kinsey	
Address:		42 Tynybedw Street Treorchy Rhondda CF42 6RA	
Telephone Numbers:	(Daytime) 07491900923	(Evening) 07491900923	(Mobile) On Day 07491900923
Email		virtualcyclingclub@gmail.com	
DETAILS OF EVENT			
Date of Event:	01-09-2024	Distance of Event:	12 hours' duration
Time of Start:	06:00	Estimated Time of Finish of Event:	19:00
Precise Description of Course including position of the Start and Finish Points (Please Note: M.O.T. Route Numbers should be given where practicable)		Course Number	R12/16
➤ Please see a detailed description on the pages that follow			
Est. Number of Competitors: 50		Max. Number of Competitors Allowed: 120	
The Names of Officials or Officials of the Promoting Club will be stationed at:-			
(a) The Start: Simon Kinsey and members of the South Wales district		(b) The Finish: Robin Field and members of the South Wales district	
Marshals will be placed along the Course at: Hardwick roundabout Hereford roundabout, Monmouth Service Station Usk (Langeview/B4236). Note Marshals must not direct traffic they are ONLY to indicate direction of travel for competitors.			
I hereby certify that my club is a member of Cycling Time Trials and that the above mentioned Time Trial will be promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.			
Signature of Promoting Secretary: S. A. Kinsey		Date: June 12 th 2024	
NOTE TO PROMOTING SECRETARY: After completion by the Promoter this form must be lodged with each appropriate Chief Officer of Police within whose area any portion of the route traverses , not less than 28 days before the date of the event. However Cycling Time Trials Regulations provide that a copy of the form should be sent to the Secretary of each District Council in whose area the event passes to arrive not less than 42 days before the date of the event. It is recommended that the Notice should be sent to the Chief Officer of Police at this time rather than immediately prior to the expiry of the statutory 28 days.			

COURSE DESCRIPTION – R12/16 (REVISED IN 2022)

REF.	INSTRUCTION	SEGMENT	AGGREGATE
1	Start on unclassified road signposted 'Clytha' (old A40 Raglan-Abergavenny road) at yellow mark on drain cover by Light Standard on flare at western side of entrance to Monmouthshire Livestock Market (OS 161 384087)	0.000 mi	0.000 mi
2	Proceed westwards on unclassified road (joining B4598 at Steel Horse Cafe) and continue to Hardwick roundabout to take 1st exit TO START MORNING CIRCUIT	6.155 mi	6.155 mi
3	Proceed eastwards along A40 dual carriageway to enter Raglan roundabout	7.559 mi	13.714 mi
4	Straight on to continue on A40 Sign "no U-turn, Clearway" after roundabout ...	0.085 mi	13.799 mi
5	... to Raglan interchange where bear left to Monmouth still on A40 Post 22/8 after services end of slip road ...	2.183 mi	15.981 mi
6	... to Monmouth Tunnels where after tunnels bear left onto road signed for Trellech and Rockfield to mini roundabout at Esso Petrol Station (Give Way sign) [TIME CHECK]	4.852 mi	20.834 mi
7	Turn left WITH GREAT CARE and follow B4239 and unclassified road through Mitchel Troy to rejoin A40 dual-carriageway (blue sign "no U-turns", Clearway)	2.545 mi	23.379 mi
8	Join A40 westbound	0.213 mi	23.592 mi
9	Proceed past Raglan Services to go STRAIGHT ON, at Raglan Interchange (sign Usk) as road becomes A449. Post 21/0	3.411 mi	27.003 mi
10	Bear left at Llangeview Interchange (signpost Usk) on A472	5.254 mi	32.257 mi
11	TURN at break in dual carriageway (signpost B4236 'Chepstow 14') to remain on A472 [TIME CHECK]	0.505 mi	32.761 mi
12	Proceed to take left hand lane at Llangeview Interchange to rejoin north bound A449	0.387 mi	33.148 mi
13	Continue on A449 to bear left at Raglan interchange	4.398 mi	37.547 mi
14	Join A40 to Raglan roundabout	1.186 mi	38.732 mi
15	Take 3rd exit (straight on) on A40 to Hardwick roundabout	7.629 mi	46.361 mi
16	Encircle roundabout taking 4th exit A465 (Hereford)	0.300 mi	46.661 mi
17	Proceed on A465 to Hereford (<i>traffic lights at Llangua bridge - see notes re: riders safety</i>) via Pontrilas (Sign Hereford 12) ...	12.234 mi	58.895 mi
18	... to roundabout at Kingfisher Rise Estate (Tesco) (check)	9.736 mi	68.631 mi
19	Circle roundabout and retrace on A465 via Pontrilas (sign "Abergavenny 12") ...	9.970 mi	78.601 mi
20	... to Hardwick roundabout, Abergavenny TO FINISH MORNING CIRCUIT	12.181 mi	90.782 mi
21	Take 2nd exit TO START FIRST MID DAY CIRCUIT [TIME CHECK]	0.198 mi	90.980 mi
22	Proceed eastwards along A40 dual carriageway to enter Raglan roundabout	7.559 mi	98.539 mi
23	Take 2nd exit (straight on) along A40 dual carriageway going eastwards (passing Raglan Castle turn) and take LEFT fork on unclassified road towards Mitchel Troy (signpost Monmouth)	0.646 mi	99.185 mi
24	Continue on unclassified road (old A40) via Dingestow to TURN left and IMMEDIATELY left (with care) to enter A40 on-slip [TIME CHECK]	4.335 mi	103.520 mi
25	Proceed westwards to pass Services to 1st turn off left (where A40 leaves A449) at Raglan Interchange	3.800 mi	107.320 mi
26	Continue on A40 to Raglan roundabout	1.323 mi	108.643 mi
27	Take 3rd exit (straight on) on A40 dual carriageway and proceed westwards to enter Hardwick roundabout (Abergavenny)	7.629 mi	116.272 mi
28	Encircle roundabout taking 6th exit TO START SECOND MID DAY CIRCUIT	0.498 mi	116.770 mi
29	Repeat TO START THIRD MID DAY CIRCUIT	25.790 mi	142.560 mi

REF.	INSTRUCTION	SEGMENT	AGGREGATE
30	Repeat TO START FOURTH MID DAY CIRCUIT	25.790 mi	168.350 mi
31	Repeat TO START FIFTH MID DAY CIRCUIT	25.790 mi	194.140 mi
32	Repeat TO FINISH FIFTH MID DAY CIRCUIT	25.790 mi	219.930 mi
33	When the first rider completes the fifth circuit proceed along A40 ...		
34	... to Raglan roundabout. A FINISH CIRCUIT OPEN sign will show at Raglan Roundabout; take FIRST EXIT (CARE)	7.559 mi	227.489 mi
35	To TK1 access bridge to Cefn Coch Farm (to start finishing circuit)	0.362 mi	227.851 mi
36	TK2, Monmouthshire Livestock Market	1.279 mi	229.130 mi
37	TK3, Bus Shelter opposite turning to Llanarth	2.087 mi	231.287 mi
38	TK4, layby past King of Prussia Inn (closed)	1.656 mi	232.873 mi
39	TK5, layby past Farmhouse 3 Tyr-Pwll sign, near Hardwick Inn	1.502 mi	234.375 mi
40	TK6 mark on kerb at Hardwick rbt to take 1st exit onto A40 eastbound	1.033 mi	235.408 mi
41	TK7, 2nd layby on dual carriageway	0.974 mi	236.382 mi
42	TK8, 3rd layby on dual carriageway	1.601 mi	237.983 mi
43	TK9, 4th layby on dual carriageway	1.916 mi	239.899 mi
44	TK10, 7th layby on dual carriageway	1.733 mi	241.632 mi
45	At Raglan roundabout turn left (CARE) on unclassified road ...	1.340 mi	242.972 mi
46	... to TK1 access bridge to Cefn Coch Farm (to complete 1st lap)	0.362 mi	243.334 mi
47	Repeat to TK1 to complete 2nd lap of Finishing Circuit	15.484 mi	258.818 mi
48	Repeat to TK1 to complete 3rd lap of Finishing Circuit	15.484 mi	274.302 mi
49	Repeat to TK1 to complete 4th lap of Finishing Circuit	15.484 mi	289.786 mi
50	Repeat to TK1 to complete 5th lap of Finishing Circuit	15.484 mi	305.270 mi
51	Repeat to TK1 to complete 6th lap of Finishing Circuit	15.484 mi	320.754 mi
52	Repeat to TK1 to complete 7th lap of Finishing Circuit	15.484 mi	336.238 mi
53	Repeat to TK1 to complete 8th lap of Finishing Circuit	15.484 mi	351.722 mi