

"Promoted for & on behalf of Cycling Time Trials under their rules & regulations."



Open 10 Mile Time Trial

Wednesday 19th June 2024

Course V7113/1

Organiser: Adam Duggleby - 07702095284

Timekeepers: Mr G Backshall & Richard Foster - City Road Club

Event Headquarters:

The junction Between Beverley Road and Humber St in Market Weighton. What 3 Words Location:
Firm.Noun.Stencil

Please be respectful when parking and warming up. Preferably do not park outside people's houses, there should be enough room on that road not to do so. Do not use turbo trainers or any other warm up device that can make a sound outside people's houses.

There are public carpark areas in Mkt Weighton if parking on that road becomes full or you wish to drive up to the public toilet.

Getting to the start:

To get to the start, ride up Beverley Road and the start is on the right in the farm road entrance to Old Farm House, up near the top of the hill. Leave at least 10min to get there.

PLEASE RIDE PAST THE START AND TURN USING THE LAY-BY AT THE TOP OF THE HILL. IF YOU ARE THERE EARLY, PLEASE WAIT IN THIS LAY-BY BEFORE RIDING DOWN TO THE START.

It is possible to wait in the farm road, but only if you have less than 5min before your start please.

After the Finish there is a left turn onto a cycle path to the HQ area.

There are no toilets at the sign on and parking area but public toilets are available in Mkt Weighton on Londesborough Road, bear in mind these close approx. 8.15pm

Prize Money

Men - 1st - £30 2nd-£20 3rd-£15

Women - 1st - £30 2nd-£20 3rd-£15

SIGNING ON & OFF

It is necessary to sign on before you start, numbers are only available after you sign on. All riders must return to the HQ and sign out or may be recorded as DNF. Numbers need to be returned.

The prize fund has been designed to ensure it is possible to pay ALL MARSHALS AND TIMEKEEPERS, No Marshals, No Sport.

In the interest of your own safety, CYCLING TIME TRIALS have now made it

MANDATORY to wear a hard-shell helmet and to fit a working FRONT and REAR light,

either flashing or constant, is fitted to the machine in a position clearly visible to following

road users, and is active at the start. NO LIGHTS, NO RIDE.

Course Description:

To find on Strava google "V7113/1 Strava" this should bring up the segment so you can visually see it on the map. It is your responsibility to know the course, however there should be marshals to point you in the right direction.

Start at edge of the drop curb stone after the farm road towards Mkt Weighton to Old Farm House on A1079. Grid Ref SE 90619 41603, smile.crouches.fell - what3words – will be marked with white line.

From the start continue (1.58miles) A1034 – A1079 roundabout and take 2nd exit to follow A1079

THIS IS A FAST DOWNHILL, PLEASE RIDE TO YOUR ABILITY, USE YOUR BASE BAR INSTEAD OF THE TRI BARS IF NECESSARY.

LOOK TO THE RIGHT IN GOOD TIME BEFORE THE FIRST ROUNDABOUT, THERE IS PLENTY OF VISABILITY ON THE APPROACH, DO NOT TAKE ANY RISKS. **YOU NEED TO BE ABLE TO STOP IF REQUIRED.**

ANYONE THAT APPROACHES AND ENTERS THIS FIRST ROUNDABOUT ENTIRELY ON THE TRIBARS WILL BE DISQUALIFIED. YOU HAVE BEEN WARNED.

At the next roundabout take the 1st exit on to Market Weighton Road (2.72miles), towards Holme upon Spalding Moor.

At the next roundabout take the 2nd exit on to A614 Shipton Lane (5.00miles) North towards Shiptonthorpe

At the next roundabout take the 4th exit on to A1079 east (7.4miles)

At the next roundabout take the 3rd exit to continue on A1079 (8.6miles)

At the next roundabout take the 2nd exit (9.9miles) to continue on A1079

Finish at first drain cover past the speed camera sign on A1079 approx. 0.1 mile after the roundabout going north. Grid Ref SE 88622 41238, what3words spotted.recent.trapdoor. Will be marked by white line.

Marshal List:

Sophie Duggleby – Sign on

Ed Neilson - Pushing off/checking lights

Dave Brearley 1st Rbt

Dave Bedford 1st Rbt

Chris Duggleby Tip Rbt

Brenda Tip Rbt

Karen & Charlie 2nd Rbt

David Leckenby Shiptonthorpe

Richard Sharp Shiptonthorpe

Number	Start	Name		Team	Cat
2	7:02 PM	Adam	Duggleby	ADDFORM Vive Le Velo	Open
3	7:03 PM	Pat	Howdle	City RC (Hull)	Open
4	7:04 PM	Alan	Gay	Vive Le Velo	Open
5	7:05 PM	Sam	Straw	ADDFORM Vive Le Velo	Open
6	7:06 PM	Shaun	Lawson	Clifton CC York	Open
7	7:07 PM	Abigail	Miller	Tofauti Everyone Active	Female
8	7:08 PM	David	Percival	City RC (Hull)	Open
9	7:09 PM	Andrew	Penny	City RC (Hull)	Open
10	7:10 PM	Martin	Hailstone	ADDFORM Vive Le Velo	Open
11	7:11 PM	Peter	Beverley	Swift Racing	Open
12	7:12 PM	Will	Trevor	City RC (Hull)	Open
13	7:13 PM	David	Taylor	Huddersfield RC	Open
14	7:14 PM	Gary	Brearley	City RC (Hull)	Open
15	7:15 PM	Stuart	Wells	Lindsey Roads Cycling Club	Open
16	7:16 PM	David	Waslin	City RC (Hull)	Open
17	7:17 PM	Nicholas	Fairfield	City RC (Hull)	Open
18	7:18 PM	Andrew	Vaughan	City RC (Hull)	Open
19	7:19 PM	George	Young	Clifton CC York	Open
20	7:20 PM	Stuart	Henderson	ADDFORM Vive Le Velo	Open
21	7:21 PM	Graham	Heaton	City RC (Hull)	Open
22	7:22 PM	Charlie	Thorpe	Clifton CC York	Open
23	7:23 PM	Peter	Fielding-Smith	Wilsons Wheels RT	Open
24	7:24 PM	Luke	Dixon	Barton Wheelers Cycling Club	Open
25	7:25 PM	Neil	Cleminshaw	ADDFORM Vive Le Velo	Open
26	7:26 PM	Matthew	Goodwin	Barton Wheelers Cycling Club	Open
27	7:27 PM	Oliver	Thorpe	Racing Team Dawson	Open
28	7:28 PM	Sue	McFarlane	Army Cycling	Female
29	7:29 PM	Mike	Cole	Huddersfield RC	Open
30	7:30 PM	Andrew	Miller	ADDFORM Vive Le Velo	Open
31	7:31 PM	Mark	Walker	Velo Sport Racing	Open
32	7:32 PM	Andy	Wond	Sowerby Sunday Club	Open
33	7:33 PM	Millie	Salmon	Clifton CC York	Female
34	7:34 PM	James	Poulsom	Orien.cc	Open
35	7:35 PM	John	Brearley	ADDFORM Vive Le Velo	Open