

PEAK
ROAD CLUB

Mid Summer TT

Circuit of Longstone Edge Wednesday 19th June 2024

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.



Hayley Simmonds. Female record holder. 45.51

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The Officials:

Event Secretary:

Chris Myhill, 39 Windsor Drive, Wingerworth, S42 6TG

Mob: 07792 891157 **Email:** chrismyhill@btinternet.com

Timekeeper:

Christine Minto, Phil Minto and John Clarke

THE EYRE ARMS



myHill
CYCLING

Littlefield Films

Event HQ and the Course:

The **HQ** will be positioned at **The Eyre Arms in Calver NOT HASSOP!** (Post Code: S32 3XH).

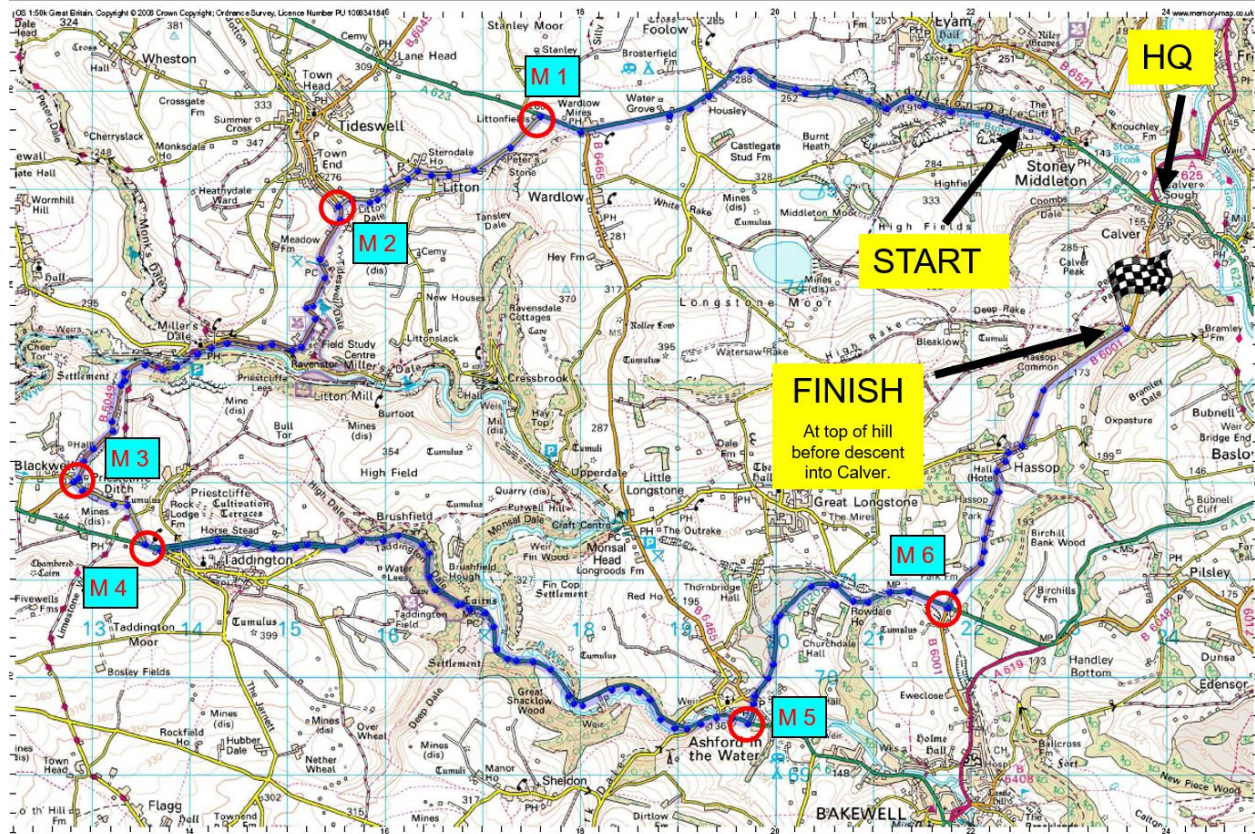
Please **sign on** and collect your **number** and **drink token** at the **HQ**.

Signing on will be available from **6pm**.

Please **sign out** and return your number after the event otherwise all your hard efforts will be in vain!

The HQ is approximately **1 mile from the start**. **No U turns in sight of the start or finish.**

Warm up: Please avoid warming up on the road between the HQ and the start once the event has started. There is plenty of road available going north (towards Grindleford and Froggatt) and east (towards Baslow) from the HQ.



017C Circuit of Longstone Edge.

POINT	DISTANCE (MILES)	INSTRUCTIONS
Start	0	Start on A623 opposite lamp post no. 76262 (adjacent to waste ground parking)
	3.12	Climb up Middleton Dale and continue past junction with B6465.
M1	3.43	Left turn onto Mires Lane sign posted "Litton, Cressbrook"
M2	4.94	Left at T-junction onto B6049, direction Millers Dale. Care needed to check for traffic from right.
M3	8.00	Left turn sign posted "Priestcliffe"
M4	8.68	Left onto A6 at T-junction sign posted Matlock.
	12.86	Continue past Buxton Road (leading into Ashford in the water).
M5	13.36	Left onto A6020 sign posted Chesterfield.
M6	15.33	1 st exit at roundabout onto B6001 sign posted Hassop.
Finish	17.62	Finish on brow of hill opposite single-track road named Bramley Lane. After finishing please turn at a safe place to retrace to the HQ.

The details:

Starting

Try to avoid arriving at the start more than 5 minutes before your start time, and please come to the start line when your name and/or number is called.

A couple of years ago one of the competitors was mistaken for a cake, which resulted in him missing his start time.

In the words of Confucius (apparently): *"Give a man a Bakewell Pudding and you will feed him for a day, give him a Bakewell Pudding every day and he will think himself a Bakewell"*.

Parking and loos

Parking is available in the Eyre Arms carpark, and also on Polly Froggatt Lane and the A625 in the direction of Grindleford.

Toilets are available in the pub.

Refreshments

You will be given a token that can be exchanged for a drink at the bar. Food and drink can be purchased from the Eyre Arms throughout the evening, and the kitchen will be staying open for longer so you can have a meal after the event.

Road Bike event

Please ensure that your bike meets the following CTT criteria if you are competing in the road bike event:

- no tri-bars, clip-on bars or Spinaci bars
- no disc wheels;
- both front & rear wheels must have at least 12 spokes each;
- maximum rim depth allowed is 90mm.

Helmets and lights

ALL competitors MUST wear a helmet that meets an internationally accepted safety standard.

An illuminated **rear light and front light**, either constant or flashing, must be affixed to your machine in a position that is clearly visible to other road users. **No lights or helmet = No ride.**

Parental permission

All riders who are **under 18** must have a **SIGNED PARENTAL PERMISSION** form. These can be handed in when you sign on. Please leave in the box on the signing on table.

Body numbers

Your number should be fixed so it is clearly visible from the rear when in his normal riding position.

Finishing

You must **ride through the finish** and continue down the hill to the HQ.

Results

Results will be available at the HQ as soon as possible after you have finished. There will not be a prize presentation, but please stick around for some après race chat and refreshment.



The Prizes

	TT		Road	
	Open	Female	Open	Female
Winner	Peak RC Mug	Peak RC Mug	Peak RC Mug	Peak RC Mug
First	£15.00	£15.00	£15.00	£15.00
Second			£10.00	£10.00
Course Record				
(Outright only)	£150			

Winner's mugs will be posted, and prize money will be paid via BACS.
If you know you have won a prize, please send your bank account details by email or text by Sunday 23rd. I will then send the money during the following week.

All competitors: drinks token that can be exchanged for 1 drink at the bar.

Due to the small number of entries, the prize list has had to be reduced from previous years. However, with everyone getting a drink, you'll all feel like winners!

Event recording

This year we are lucky to have a professional videographer recording the event for us.

From the footage taken, Rafe Littlefield from Littlefield Films will produce a short film reel which will be posted on social media – so just remember to smile!

Check out Rafe's brilliant work at www.littlefieldfilms.co.uk

The Records:

TT Bike	<i>Course Record</i>			<i>Peak RC Event Record</i> (where slower than overall record)		
Male	2012	Gunnar Gronlund	<u>40.33</u>			
Male Vet	2018	Darryl Wall	<u>44.09</u>	2022	Nicholas Latimer	44.33
Female	2019	Lizzy Banks	46.30	2018	Lizzy Banks	47.25
Female Vet	2014	Alex Deck	<u>50.11</u>	2014	Alex Deck	51.27
Male Jun	2023	Patrick Casey	<u>42.37</u>	2011	Ashley Proctor	49.15
Female Jun		To be set				
Male Juv		To be set				
Female Juv		To be set				

Road Bike	<i>Course Record</i>			<i>Peak RC Event Record</i> (where slower than overall record)		
Male	2022	Jude Taylor	41.57			
Male Vet	2023	Kevin White	45.18			
Female	2021	Hayley Simmonds	<u>45.51</u>			
Female Vet	2023	Rachel Singleton	54.46			
Male Jun	2022	Ryan Williams	46.57			
Female Jun		To be set				
Male Juv	2021	Ryan Williams	<u>47.43</u>			
Female Juv		To be set				

Team Records (not bike specific)

	<i>Course Record</i>			<i>Peak RC Event Record</i> (where slower than overall record)		
Overall (Includes mixed if faster than open only)	2021	Team Lifting Gear Products/Cycles in Motion (Liam Bromiley (TT bike), Andrew Whiteley (TT), Andy Nichols (Road bike))	<u>2 07.13</u>			
Female only	2021	Ilkeston CC (Melissa Denman (Road bike), Catherine Hughes (Road), Smudge Smith (Road))	<u>2 56.35</u>			

Bolsover and District Cycling Club promotion

Rutland Cycling Club promotion

Outright record (beat this and win £150!)

Underline = category record

**Best on record from 2021

NOTE: There may be errors with the records in the road bike category as, until 2021, only the time for the fastest overall female and the fastest overall male were recorded.

The Thanks:

Many thanks to all of our **helpers, marshals** and **timekeepers** – without your help the event wouldn't happen.

Thanks to Rafe Littlefield of **Littlefield Films** for recording the event for us.

Thanks also to the **Edward White**, the owner of the **Eyre Arms**, and his staff for providing parking and HQ facilities, and for keeping the kitchen open for longer.

Please show your appreciation by patronising the business.

The Check list:

- Pen
- Safety pins
- Racing shoes
- Racing kit
- Helmet
- Front and rear light plus spare batteries
- Money for refreshments

Thank you for entering. Have a safe ride and enjoy your evening of sport!

