

MERSEY ROADS CLUB

On behalf of the Liverpool district promotes the 80th subscription

TWENTY FOUR

(established 1937)



24 Hour National Championship

First rider starts at

13:06 hours on Saturday 27th July 2024

promoted for and on behalf of Cycling Time Trials under its rules, regulations and conditions
Incorporating the V.T.T.A. 24 Hour National Championship

Event Organiser

Jon Williams

6 Balfour Road, Prenton, Merseyside CH43 4UD

Tel: 0151 653 7870 Mob: 07753612619 e-mail: MerseyRoads24@outlook.com

Any complaints should be sent to the event organiser, in writing, within 48

hours of the finish.

Principal Timekeeper

Edwin Hargraves

Cycling Time Trials Representative

David Barry

Course Controller

Jon Williams & Sam Williams

Event HQ

Farndon Community Club, Sibbersfield Lane, Farndon, Cheshire, CH3 6NX

> Please follow our Facebook or Twitter page for latest updates: www.facebook.com/MerseyRoads24 Twitter.com/MerseyRoads24

CYCLING TIME TRIALS NATIONAL CHAMPIONSHIP AWARDS

A prize presentation will be held in the HQ after the event for the principal awards. Awards are determined by Cycling Time Trials.

OPEN

1 st RTTC	Medallion, Chan	npionship Tro	phy & Cap
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2nd RTTC Medallion 3rd RTTC Medallion

FEMALE

1 st	RTTC Medallion,	, Championshi	p Trophy	y & Cap
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2nd RTTC Medallion 3rd RTTC Medallion

TEAM AWARDS
First Team of three Open
First Team of three Females

Age Group Awards:

furthest distance in the following age categories - OPEN & FEMALE

A - 40-44

B - 45-49

C - 50-54

D - 55-59

E - 60-64

F - 65-69

G - 70-74

H - 75 - 79

Awards and prizes - eligibility

Only riders whose names appear in the official result qualify for awards

MERSEY ROADS CLUB AWARDS

(made independently of any other awards and prizes gained)

Open Awards

The open competitor completing the greatest solo distance in 24 hours, will hold the **Percy Brazendale Cup** for one year and will receive a prize of £150

2nd Place - **£100** 3rd place - **£80**

Female Awards

The female completing the greatest solo distance in 24 hours will hold the **Turner Cup** for one year and will receive a prize of £150

2nd Place - **£100** 3rd place - **£80**

Team Awards

Fastest Open team

Team with the greatest aggregate distance will hold the **Booth Memorial Shield** for one year and receive a prize of £40 each

Fastest Female team

receive a prize of £40 each

Fastest Mixed team

receive a prize of £40 each

OTHER AWARDS

(made independently of any other awards and prizes gained)

Charlie Taylor Memorial Trophy

The rider whose finishing distance is closest to 352 miles.

Marcher Cup

The solo rider with the greatest aggregate distance in the Mersey Roads Club 24 Hour and the Welsh 12 Hour Championship

The Johnson Trophy

Awarded to the tandem or tandem trike pair covering the greatest distance

The Minto Trophy

Awarded to the rider with the greatest distance from a Yorkshire based club

Mick Potts Memorial Prize

£40 awarded to the rider aged 50 or over with the greatest mileage donated by Mick's other dad

Whinnerah Memorial Trophy

property of the Barrow Central Wheelers
Fastest VTTA member on standard

Calcutta Cup

This cup is awarded to the rider with the greatest distance from a club in the Liverpool DC.

Please be aware there are no separate awards for Road or TT bikes in this event as riders are able to change machines as they wish.



V.T.T.A. CHAMPIONSHIP AWARDS

All awards are determined by the VTTA

Results on Standard are measured by Age Adjusted Distance (AAD) and are made regardless of the number of entries and irrespective of any prizes given by the promoting Group.

Solo awards

1st on Standard overall: C W COOKE CUP

1st Open rider on Standard: National Men's Champion title, Gold Medal, and Championship Jersey

2nd Open rider on Standard: Silver Medal 3rd Open rider on Standard: Bronze Medal

1st Female rider on Standard: National Women's Champion title, Gold Medal, and

Championship Jersey

2nd Female rider on Standard: Silver Medal 3rd Female rider on Standard: Bronze Medal

Team Awards

Club teams shall consist of three first claim members of the same club.

Group teams shall consist of three members of the same Group.

In each case, the team with the best result on standard shall be the Championship Team and a medal will be awarded to each member of the team.

Tandem awards

The pair with the best result on standard will be the Tandem Champions and will receive VTTA gold medals.

Note on eligibility

To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries and have linked online VTTA and CTT accounts (so their membership can be automatically verified).

Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the Championship organiser to be included on condition that they will have completed an online membership application prior to the day of the championship which the organiser can check.

Riders 2024

No.	Name	Club		Age	Start
6	Rose Price	Derby Mercury RC	F Tri	20	13:06
7	Rob Rix	Southport CC		76	13:07
8	Sue Satchithananda	Crewe Clarion Wheelers	F	53	13:08
9	Geraint Catherall	Anfield BC		50	13:09
10	Brian Hygate	Fareham Wheelers CC	V	86	13:10
11	Joseph North	Audax UK		37	13:11
12	Richard Parrotte	Shaftesbury CC		59	13:12
13	Kathryn Smith	Sleaford Wheelers CC	F	70	13:13
14	Bob Richards	Royal Navy Cycling (RNC)		67	13:14
15	Roger Squire	Fibrax Fenwicks Wrexham CC		55	13:15
16	Louise Glysen	Buxton CC/Sett Valley Cycles	F	50	13:16
17	Kevin Wright	VTTA West Group	V	63	13:17
18	Damian Healy	Manchester Wheelers		56	13:18
19	Charles Price	Derby Mercury RC		63	13:19
20	Steven Abraham	Arctic Aircon RT		49	13:20
21	Brigid Night	Frodsham Wheelers	F Tan V	59	13:21
	Sarah Murray	Clwb Beicio Egni Eryri	F Tan V	42	
23	Maryjane Watson	Crewe Clarion Wheelers	F	61	13:23
24	Keith Luetchford	Buxton CC/Sett Valley Cycles		64	13:24
25	Andrew Rawling	Westmead Team 88		63	13:25
26	Sien Van Der Plank	New Forest CC	F	29	13:26
27	Cliff Degraff	Velo Club Cumbria	V	59	13:27
28	Michelle Lindley	Poole Wheelers Cycling Club	F	50	13:28
29	Andy Halpin	Band of Climbers Cycling Club		43	13:29
30	Nick Clarke	Arctic Aircon RT		39	13:30
31	Steven Massey	Derby Mercury RC	Tan	47	13:31
	Laura Massey-Pugh	Derby Mercury RC	F Tan	38	
33	Bethany Spencer	George Fox Cycling Solutions	F	21	13:33
34	James Rees	Audax UK		46	13:34
35	Adam Wild	GS Metro		27	13:35
36	Rebecca Mason	Malton Whs	F	33	13:36
37	Stuart Day	Crewe Clarion Wheelers	V	53	13:37

F = female Tan = tandem Tri = trike V = eligible for VTTA prizes

Riders 2024

No.	Name	Club		Age	Start
38	Corinna O'Connor	Audax UK	F	51	13:38
39	Kyle Hudson	Derby Mercury RC		29	13:39
40	Christopher Hall	BPC FLOWBIO race team		34	13:40
41	Donald McLean	Flying Kippers	Tan V	64	13:41
	Mark Leadbetter	Flying Kippers	Tan V	57	
43	Carolyn Chambers	North Argyll CC	F	38	13:43
44	lan Harcourt	Barrow Central Wheelers		34	13:44
45	Tim McEvoy	FTP (Fulfil The Potential) RT		46	13:45
46	Matt Jones	Market Drayton Cycling Club		40	13:46
47	Andrew Walsh	Audax UK	V	45	13:47
48	Amy Hudson	Velo Bavarian	F	28	13:48
49	Ben McCreath	Drighlington BC		33	13:49
50	Joe Gorman	Arctic Aircon RT		39	13:50
51	Nathan Boyer	Verulam CC		45	13:51
52	Ben Cox	Audax UK		38	13:52
53	Robert Tomlinson	Sotonia CC		52	13:53
54	John Lowe	Withington Wheelers		55	13:54
55	Christian Geldard	FTP (Fulfil The Potential) RT	V	49	13:55
56	Ian Ryall	Audax UK		58	13:56
57	Stuart Edwards	Royal Navy Cycling (RNC)		59	13:57
58	Bradley Woodruffe	Ribble Cycles		27	13:58
59	Chris Shaw	Fenland Clarion CC		61	13:59
60	Michael Hutchinson	Arctic Aircon RT		50	14:00
61	Dominic Smith	QN Racing		46	14:01
62	Andy Gray	Congleton CC - MyWindsock		48	14:02
63	Greg Elwell	VTTA (Yorkshire)	V	50	14:03
64	Rob Powell	Abergavenny RC	V	46	14:04
65	Lee Williams	FTP (Fulfil The Potential) RT		39	14:05
66	Adam Rogers	Eastbourne Rovers CC	V	49	14:06
67	Leon Marshall	Royal Navy Cycling (RNC)		44	14:07
68	Adam Holt	Chepstow Cycling Club		20	14:08
69	Chris Hopkinson	API/Anglia Sport	V	56	14:09
70	Mark Turnbull	TORQ Performance		51	14:10

F = female Tan = tandem Tri = trike V = eligible for VTTA prizes

VTTA Groups

No.	Name	VTTA Group
10	Brian Hygate	Wessex
17	Kevin Wright	West
27	Cliff Degraff	Nth Lancs & Lakes
21	Brigid Night	Merseyside
	Sarah Murray	Merseyside
37	Stuart Day	Nth Midlands
41	Donald McLean	Scotland
	Mark Leadbetter	Scotland
47	Andrew Walsh	East Midlands
55	Christian Geldard	Wessex
63	Greg Elwell	Yorkshire
64	Rob Powell	South Wales
66	Adam Rogers	Surrey/Sussex
69	Chris Hopkinson	Wessex

MRC 24 hour - Course details 2024

Only the fastest riders will complete the full course.

Riders will be moved onto the next section of the race at the discretion of the course controller. This will depend upon the speed at which the fastest riders complete each section. This will be at approximately 10pm (section 4), 6am (section 5) and 10am (towards finishing circuit). Pay attention to the marshals at all times.

All distances are given in miles and decimal parts thereof. **Bold text** indicates a mileage reference point.

<u>Section one</u>	Inter.	Cumul
Start on the old A534 on the Churton side of the		
H.Q. At the T.P. No 8 proceed to the B5130 turn		
left to A534 and turn left to Broxton Island	3.90	3.90
where Right on A41. Straight on via Hampton		
Heath		
RAB to RAB (Grindley Brook)	8.73	12.63
Right via A49/A41 (Whitchurch outer by-pass)		
Straight on at RAB (Wrexham Rd.) on A49/A41		
and take 3 rd exit at RAB (Wem Rd)	2.27	14.90
to continue on A49/A41 via Whitchurch south RAB		
where Right along dual carriageway (A49/A41)		
to RAB (Prees Heath)	1.70	16.60
<u>Section two</u>		
2nd exit of RAB & take A49 southbound to RAB		
(Battlefield Church)	13.99	30.59
where encircle & retrace along A49		
Left on B5063	5.54	36.13
Take 1st exit at the Wem mini island onto B5476	2.53	38.66
continue on B5476/A528 to Ellesmere Road RAB	7.63	46.29
Encircle and retrace to Wem mini island	7.73	54.02
2nd exit right and continue on B5063	2.53	56.55
Left on A49 to RAB (Prees Heath)	8.51	65.06
Encircle and repeat	0.11	65.17
Lap 2 at RAB (Prees Heath)	48.46	113.63

Section three: Quina Brook circuit		
(1 lap = 12.62 miles)	<u>Inter.</u>	
Commence circuit at RAB (Prees Heath)		
Straight on at 1 st exit (NOT the service road)		
via A49/A41 to RAB (Wem Rd) where Left on		
B5476	1.66	115.29
via Tilstock & Quina Brook.		
Turn Left on unclassified road	5.15	120.44
Proc. to 'T' junction with A49 where Left on A49	2.20	122.64
(Give way ! Great care is needed at this junction.)		
Proceed on A49 via Prees by-pass to RAB (Prees		
Heath)	3.61	126.25
to complete the circuit		
Repeat this circuit as follows.		
RAB (Prees Heath) 2 nd time	12.62	138.87
RAB (Prees Heath) 3 rd time	12.62	151.49
RAB (Prees Heath) 4 th time	12.62	164.11
RAB (Prees Heath) 5 th time	12.62	176.73
RAB (Prees Heath) 6 th time	12.62	189.35
<u>Section four</u> : night section		
Prees Heath - Battlefield — Prees Heath (28.12		
miles)		
encircle RAB(Prees Heath) to A49 southbound to		
RAB (Battlefield Church)	14.10	203.45
where encircle & retrace to RAB (Prees Heath)	14.02	217.47
to complete the 1 st lap		
Lap 2 Prees – Battlefield - Prees	28.12	245.59
Lap 3 Prees – Battlefield - Prees	28.12	273.71
Lap 4 Prees – Battlefield - Prees	28.12	301.83
Lap 5 Prees – Battlefield - Prees	28.12	329.95
Lap 6 Prees – Battlefield - Prees	28.12	358.07
Lap 2 Prees – Battlefield - Prees	28.12	245.59

<u>Section five</u> : Quina Brook circuit	Inter	Cumul
One lap = 12.62 miles		
for A49/A41 northbound via the Whitchurch by-		
pass &		
proceed to RAB (Wem Rd)		
Where Left on B5476L	1.66	359.73
via Tilstock and Quina Brook		
turn Left on unclass. road	5.15	364.88
Proc. to 'T' with A49 where Left on A49	2.20	367.08
(Give Way ! Great care is needed at this junction.)		
Proc. via Prees by-pass to Prees Heath RAB	3.61	370.69
Repeat this circuit as follows.		
2 nd time RAB (Prees Heath)	12.62	383.31
RAB (Prees Heath) 3 rd time	12.62	395.93
RAB (Prees Heath) 4 th time	12.62	408.55
RAB (Prees Heath) 5 th time	12.62	421.17
RAB (Prees Heath) 6 th time	12.62	433.79
Proceed to Wem Rd. RAB Straight on along	1.66	435.45
A49/A41 to RAB (Wrexham Rd)	1.43	436.88
where Left on A525 (SP Wrexham)		
Continue via Cross Lanes (junc. A525/B5130)		
CAUTION! This junction is protected by traffic		
lights.		
You MUST stop if the lights are on red.		
Proceed Straight on and take 2 nd exit at Cross Lanes		
RAB	11.19	448.07
first gate on left TK1	0.26	448.33
Finishing circuit details		
one lap = 8.18 miles		
'		
2 nd exit at Bridge Road South RAB RAB		
again 2 nd exit at Clywedog Road South RAB		
Straight on at Clywedog Road East RAB		
again Straight on at HMP RAB		
Left at 'T' junction		

TK2 entrance to Bicks Meat & Poultry Left (1st exit) at Wrexham Industrial estate RAB	2.16	450.49
to Lan-y-Pwll RAB where encircle and retrace to		
Wrexham Industrial estate RAB where Left (1st		
exit)		
along Bryn Lane to TK3 (entrance to field gate on		
left before entrance to Kellogs factory)	2.77	453.26
continue to T-Junction where turn RIGHT		
*RIDERS MUST KEEP LEFT OF THE CONES AT THIS		
TURN*		
continue on Oak Road/Redwither Road until LEFT		
on the A525 Bridge Road South		
Straight on at HMP RAB to continue on A525		
Bridge Road South		
Straight on at Clywedog Road East RAB to		
continue on A525 Bridge Road South		
TK4 at total engineering solutions	1.96	455.22
Straight on at Clywedog Road South RAB to		
continue on A525 Bridge Road South		
At Bridge Road South RAB go Straight on continue		
on A525		
Continue to Cross Lanes RAB where encricle and retrace to TK1	1 20	456.54
retrace to TK1	1.29	456.51

Lap Nº	<u>TK2</u>	<u>TK3</u>	<u>TK4</u>	<u>TK1</u>
2	458.67	461.44	463.40	464.69
3	466.85	469.62	471.58	472.87
4	475.03	477.80	479.76	481.05
5	483.21	485.98	487.94	489.23
6	491.39	494.16	496.12	497.41
7	499.57	502.34	504.30	505.59
8	507.75	510.52	512.48	513.77
9	515.93	518.70	520.66	521.95
10	524.11	526.88	528.84	530.13
11	532.29	535.06	537.02	538.31
12	540.47	543.24	545.20	546.49
13	548.65	551.42	553.38	554.67

On the finishing circuit

Once a riders 24 hours has elapsed they should keep riding until they reach either TK1 TK2 TK3 or TK4. Final mileage will be extrapolated based on the speed between the TK passed before your time elapsed and the TK after time elapsed.

Links to Maps of each Section

Start - Prees https://ridewithgps.com/routes/43527241



Battlefield Day Course https://ridewithgps.com/routes/47260112



Quina Brook Circuit https://ridewithgps.com/routes/43527325



Battlefield Night Course https://ridewithgps.com/routes/43527309



Prees to Finishing Circuit https://ridewithgps.com/routes/43527359



Finishing Circuit https://ridewithgps.com/routes/43527398



RIDERS INSTRUCTIONS

- * Any incidents should be reported immediately to the organiser Jon Williams (07753612619)
 - *At traffic lights riders must obey the highway code and STOP if the light is red
 - *Local regulation: Riders must not ride on tri bars within 25 metres of entering and 15 metres of exiting Prees Heath Roundabout
 - * Riders without adequate lighting will be disqualified.
- * Under Cycling Time Trials (CTT) regulations you MUST wear a hard shell helmet that meets an internationally accepted safety standard.
 - * It is mandatory that a working front and rear light, either flashing or constant, are fitted to the machine and are active at the start of the event
 - * Pedal reflectors must be used at night to conform to the highway code
 - * Riders who decide to abandon the event must let the officials know as soon as possible. You must sign off.
 - * Support vehicles must be registered, please complete your form in advance and bring it with you
 - * Course controller may direct riders to omit or repeat certain parts of the course, support teams should find out from the marshals if their rider is to be detoured.
 - * Please take extra care on the Quina Brook circuit when joining the A49.
 - * Riders must ensure their race numbers are visible at all times. Please also call your number out for the marshals during the night time period.
 - * Please ask your support crew to behave safely and wear Hi Visibility clothing. Please park considerately and think of other competitors, road users and residents

THE FITTING OF TWO LIGHTS AT FRONT AND REAR IS STRONGLY RECOMMENDED.

BE SEEN, BE SAFE.

FEEDING ARRANGEMENTS

For those without support crews night clothing, lights and other supplies may be handed to the signing on steward at the start of the event. Items must be clearly marked with your name and race number, when required, these can be accessed at Prees island in the MerseyTri gazebo during the main circuits. They will then be moved to the finishing circuit on the left hand side of the road after the right turn.

DOPING CONTROL.

Remember all riders must sign off when they finish or retire from the race. Signing sheets will be at the HQ from commencement of the finishing circuit or Prees RAB during the rest of the event

This event **may** be subject to a Doping Control. As soon as you have finished you should return to the event HQ as it is **your responsibility** to check if you are required for Doping Control.

Race numbers required for Doping Control will be displayed at the HQ. If your number is displayed you should report immediately to Doping Control which will be nearby.

Remember, it is up to you to check and ensure that you comply.

If required you must report to Doping Control as soon as possible after finishing.

John Taylor's the 24 Hour Story

In memory of the late John Taylor, Liz Taylor and their daughter Lynne Biddulph will be at the HQ of this year's event handing a complementary copy of his book "The 24 Hour Story" to all riders.

Volunteering at the 24 Hour

We're only able to keep this event going with the continued support of the many volunteers who take time out of their weekend to help. We are still in need of more volunteers. If you are able to carry out one of the jobs in the marshalling schedule below please get in touch (AN other = we need a volunteer). If you want your name on here next year — apply now.

Marshalling Schedule

Principal Time keeper	Edwin Hargraves	
Time Keeper 1	Ian & Bridget Boon	
Time Keeper 2	Kate Wooder & Dom	
Time Keeper 3	Edwin Hargraves, Ian Price & Dave Drew	
Time Keeper 4	Martin Jackson	
Signage	David & Debbie Williams	
Course Controller	Jon Williams & Sam Williams	
Recorder	Sam Williams & Nick Lang	
Signing on	Ruth Williams, Liz Taylor & Lynne Biddulph	
Unsupported Riders Tent	Mike Wigley	

Please wait to be relieved by the next team or for the last man marshal to tell you all riders have completed the section

Location	Job	Time	Names
Section 1			
End of start lane	Left Turn	13:00	John Wafer
End of B5130	Left Turn	13:00	Jimmy Carroll
	Roundabout Right		
Broxton Island	Turn	13:00	Rob Newton
	Roundabout Right		
Grindley Brook	Turn	13:00	Gordon Pierce
Wrexham Road	Roundabout straight		arrows unless someone
Island	on	13:00	available to marshal
Wem Road			
Island	Roundabout 3 rd exit	13:30	Brian Parry & AN other
Whitchurch			
South	Roundabout Right	13:30	

I	1 .	I	l I
Prees Heath	Roundabout 2 nd exit		
Island	& Time check	13:30	Christine & Phillip Minto
Section 2			
Battlefield	Roundabout encircle		
Island	& Time check	14:00	North Shropshire Wheelers
A49	Left onto B5063	14:15	Jim Hopper & AN other
Wem mini			
island	Left	14:15	Kevin Larmer & AN other
Ellesmere Road			
RAB	Encircle	14:30	Alison & Martin Purser
Wem mini			
island	Right		Kevin Larmer & AN other
A49	Left onto A49		Jim Hopper & AN other
A+3			Jill Hopper & Alv other
B	Roundabout Turn		
Prees Heath Island	Left 1st exit & Time		Christian & Dhillia Minto
ISIAIIU	check		Christine & Phillip Minto
Section 3			
	Roundabout straight		
Dun an Handla	on 2nd exit, Time		Educia Hanana e O Lan
Prees Heath Island	check card & Lap Card	18:00	Edwin Hargraves & Ian Price, AN others
ISIAIIU	Caru	18.00	Price, An others
	Left turn & time	10.00	Dave Stokes, Stewart
Wem Road	check	18:00	Smith & AN other
	Left turn & time		David Barry, Sheila Hardy
Quina Brook	check & Lap card	18:00	& AN other
	Left turn, time check		Ian & Bridget Boon & AN
Prees Green	& Lap card	18:00	other

Section 4			
Prees Heath	Roundabout encircle,		
Island	time check	21:45	AN other
	Roundabout encircle,		
	Time check & lap		
Battlefield	card	22:15	Nigel & Janet Briggs
	Roundabout encircle,		
Prees Heath	time check and lap		Pete Bishop, John Forbes &
Island	card	23:00	AN other
Section 5			
	Roundabout straight		
Prees Heath	on 2nd exit & Time		
Island	check	05:45	Christine & Phillip Minto
	Left turn & time		Dave Stokes, Graham Mann
Wem Road	check	05:45	& AN other
	Left turn , time check		David Barry, Sheila Hardy &
Quina Brook	& lap card	06:00	AN other
	Left turn, time check		Stewart Smith, Jim Hopper
Prees Green	& Lap card	06:00	& AN other
Wrexham Road	Left turn & time		
Island	check	10:00	Ellie Howarth & Alan Winn

Finishing Circuit			
	2nd exit & Time		
Cross Lanes RAB	check	10:20	Alison & Martin Purser
Bridge Road South			
RAB	2nd exit	10:20	AN other
Clywedog Road			
South RAB	2nd exit	10:20	Helen Tudor
Clywedog Road			
East RAB	Straight on	10:20	AN other
HM RAB	Straight on	10:20	AN other
Oak			
Road/Redwither			
Road 'T' junction	Left turn	10:20	Bob Jump & Steve Jump
Wrexham			
Industrial estate			
RAB	Left turn	10:20	Gordon Pierce

	Encircle and		Brian Parry, Bob Williams
Lan-y-Pwll RAB	retrace	10:20	& Graham Smith
Wrexham			
Industrial estate			Jimmy Carroll & John
RAB	Left turn	10:20	Wafer
Bryn Lane T-			
Junction	Right Turn	10:20	AN others
Oak			
Road/Redwither			
Road 'T' junction	Left turn	10:20	AN other

Advice for Marshals

- The most important thing when marshalling is to ensure your own safety. DO NOT STAND IN THE ROAD. Wear a Hi-vis jacket.
- During the 24 hour event the Time Check cards completed by marshals are very important. If you don't see a riders number please just write the time and a ? in the number column.
- When marshalling at a roundabout please have somebody standing at the entrance point of the roundabout indicating which way to turn and the exit point showing the way so it is as clear as possible where the riders must go. If you have enough marshals then cover all the exits from the roundabout to ensure riders do not take the wrong one.
- If you see somebody with no or inadequate lights during the dark please ask them to stop and put some on. We will have some spare lights at the unsupported riders tent at Prees
- At the unsupported riders tent your role is to look after the belongings stored there and lend a hand to any riders coming to access their things. This is just simple things like holding their bike or helping them find their bag.
- Please remember to park and behave considerately particularly near to people's residences.

Previous Winners – Bicycle

Any performance which established a new CTT competition record is indicated by *

Year	Winner	Club	Dist
1937	A. Smith	Vegetarian C. & A.C.	420.50
1938	A. Smith	Colne Valley CC	437.50
1939	A. Smith	Colne Valley CC	438.75
1947	H. Skinner	Walton C. & A.C.	411.37
1948	H. Okell	Mersey Roads Club	412.62
1949	S. E. Harvey	Addiscombe CC	438.37
1950	C. Bate	Mercury RC	437.71
1951	A. Vale	Warrington RC	436.83
1952	P. E. A. Carter	South Lancs RC	451.96
1953	P. E. A. Carter	South Lancs RC	459.48
1954	J. F. Arnold	Middleton CC	466.73
1955	P. E. A. Carter	South Lancs RC	464.65
1956	P. E. A. Carter	South Lancs RC	461.08
1957	J. Liversidge	Rutland CC	467.82
1958	C. Bate	South Lancs RC	458.64
1959	G. J. Kay	Lancashire RC	458.10
1960	K. Usher	Crouch Hill RC	454.59
1961	A. C. Harding	Middlesex RC	470.36
1962	K. Usher	Crouch Hill RC	474.02
1963	E. W. Matthews	Altrincham RC	473.30
1964	E. W. Matthews	Altrincham RC	490.03*
1965	N. Carline	Morley CC	485.09
1966	H. Bayley	Solihull CC	462.12
1967	R. C. Goodfellow	Beacon Roads CC	475.38
1968	E. W. Matthews	Altrincham RC	486.01
1969	R. Cromack	Clifton CC	507.00*
1970	S. Lea	Warrington RC	441.99
1971	M. Potts	Derby Wheelers	475.15
1972	R. Stapleton	Weaver Valley CC	457.80
1973	N. Carline	Morley CC	490.31
1974	G. Berwick	Glasgow RC	454.92
1975	R. C. Goodfellow	Beacon Roads CC	478.69
1976	R. C. Goodfellow	Beacon Roads CC	476.00
1977	J. D. Cahill	N. Staffs St. Chris.	477.25
1978	C. Chambers	Sharrow CC	454.68
1979	A. Mansley	East Liverpool Whs	445.76
1980	M. J. Judge	Seamons CC	454.76
1981	J. Woodburn	Manchester Whs	488.43
1982	R. C. Goodfellow	N.Lancs RC	456.74
1983	B. Morris	Mid Shrops Whs	474.74
1984	M. C. Green	North Road CC	460.13
1985	I. S. Dow	Oxford City RC	480.55
1986	P. M. Stoaling	Wessex RC	450.58
1987	A. Flavell	Wolverhampton Whs	442.52

<u>Previous Winners – Bicycle</u>

Any performance which established a new CTT competition record is indicated by *

Year	Winner	Club	Dist
1988	J. D. Cahill	Horwich CC	452.00
1989	I. Butcher	Bedfordshire CC	493.53
1990	J. L. Clarke	Rutland CC	436.65
1991	M. Potts	Derby Mercury CC	486.65
1992	I. Gray	Derby Mercury CC	463.02
1993	P. P. Barlow	Kiverton Park CC	490.88
1994	A. Wilkinson	Port Sunlight Whs	496.16
1995	A. Wilkinson	Port Sunlight Whs	501.39
1996	D. Brabbin	Wigan Whs	462.41
1997	A. Wilkinson	Adidas Scicon	525.07*
1998	E. Hargraves	Abercynon RC	462.20
1999	Karl Austin	Congleton CC	448.16
2000	Gethin Butler	Preston Wheelers	509.25
2001	Gethin Butler	Preston Wheelers	485.88
2002	David Shepherd	Rother Valley CC	482.12
2003	Gethin Butler	Preston Wheelers	471.21
2004	Nik Gardiner	timetrial.co.uk RT	479.13
2005	Nik Gardiner	timetrial.co.uk RT	493.08
2006	Nik Gardiner	John's Bikes	504.02
2007	Eamonn Deane	Bournemouth Jubilee	501.04
2008	Nik Gardiner	John's Bikes	513.65
2009	John Warnock	Twickenham CC	497.12
2010	John Warnock	Twickenham CC	520.18
2011	Philip Kelman	Deeside Thistle CC	479.19
2012	Ultan Coyle	Rapha Condor CC	488.99
2013	Stuart Birnie	Willesden CC	518.37
2014	Gregory Woodford	d Reading CC	482.92
2015	Michael Broadwith	n Arctic Tacx RT	537.35
2016	Michael Broadwith	n Arctic Tacx RT	532.82
2017	Michael Broadwith	n Arctic Tacx RT	532.56
2018	Andy Jackson	AeroCoach	530.61
2019	Graham Kemp	Team Bottrill	544.32**
2020	Event cancelled du	ue to Covid-19 Pandemic	
2021	Robbie Mitchell	Auchencrow Thistle CC	521.68
2022	Nick Tarmey	Velo Club Venta	516.56
2023	Robbie Mitchell	Auchencrow Thistle CC	519.37
Current C	TT competition rec	ord:	
2019	Graham Kemp	Team Bottrill	544.32

Previous Winners – Team

Any performance which established a new CTT competition record is indicated by * (current record **)

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	Aggreg			Aggreg	
Year	Team Winners	Dist	Year	Team Winners	Dist
1947	Mersey Roads Club	1044.50	1985	Edinburgh RC	1251.54
1948	Mersey Roads Club	1196.75	1986	Edinburgh RC	1211.14
1949	Solihull CC	1233.25	1988	Wolverhampton Whs	1255.63
1950	Mersey Roads Club	1191.97	1989	Horwich CC	1226.26
1951	Mersey Roads Club	1251.61	1990	PembrokeshireVCC	1137.03
1952	Warrington RC	1285.57	1991	Derby Mercury RC	1311.25
1953	South Lancs RC	1305.51	1992	Severn RC	1245.98
1954	Merseyside Whs	965.19	1993	Kiverton Park CC	1408.20
1955	South Lancs RC	1328.30	1994	No Team Finished	
1956	South Lancs RC	1374.14	1995	Derby Mercury RC	1255.36
1957	Rutland CC	1378.75	1996	Mersey Roads Club	1143.9
1958	South Lancs RC	1351.29	1997	Norwood Paragon CC	1266.48
1959	Barrow Central Wh	1179.79	1998	No Team Finshed	
1960	Solihull CC	1234.17	1999	No Team Finished	
1961	Middlesex RC	1398.93	2000	Congleton CC	1236.22
1962	Solihull CC	1287.09	2001	Arctic Racing Team	1268.52
1963	Mid Shrops. Whs	1308.06	2002	Pete Read Racing	1237.85
1964	Speedwell BC	1232.08	2003	Walsall Roads CC	1229.70
1965	East Midlands CC	1384.62	2004	Walsall Roads CC	1292.83
1966	B'ham St Chris.	1243.56	2005	Walsall Roads CC	1256.52
1967	Otley CC	1204.60	2006	Cardiff Byways RCC	1311.02
1968	South Lancs RC	1262.94	2007	API Metrow	1307.11
1969	Tyne RC	1396.48	2008	Congleton CC	1359.84
1970	B'ham St Chris.	1204.28	2009	RNRMCA	1386.6
1971	Hull Thursday RC	1255.77	2010	RNRMCA	1377.20
1972	Stafford RC	1150.15	2011	Deeside Thistle CC	1285.21
1973	Tyne RC	1354.13	2012	Born to Bike RT	1208.75
1974	South Lancs RC	1212.76	2013	RNRMCA	1414.99
1975	South Lancs RC	1186.71	2014	Stirling BC	1343.25
1976	Redbridge CC	1327.72	2015	RNRMCA	1350.57
1977	N. Staffs. St Chris.	1360.25	2016	Arctic Tacx RT	1547.51**
1978	Cheshire Roads Club	1162.09	2017	Arctic Tacx RT	1340.81
1979	Mersey Roads Club	1187.96	2018	Arctic Tacx RT	1441.50
1980	Seamons CC	1200.19	2019	Arctic Tacx RT	1399.37
1981	N Staffs.St Chris	1391.86	2020	Event Cancelled due to	Covid-19
1982	Otley CC	1136.30	2021	Dulwich Paragon CC	1268.44
1983	West Pennine RC	1221.26	2022	Fibrax Wrexham RC	1229.70
1984	Worcester St Johns CC	1222.75	2023	Arctic Aircon RT	1387.13
Curre	ent CTT competition re	cord:			
2016	Arctic Tacx RT	M. Broad	lwith, J	I. Shubert, T. Bayley	1547.51

<u>Previous Winners – Merseyside Ladies C.A.</u>
Any performance which established a new CTT competition record is indicated by * (current record **)

Year	Winner	Club	Dist
1967	Christine Moody	Birdwell Whs	409.16*
1968	Christine Moody	Birdwell Whs	420.05*
1969	Christine Moody	Birdwelll Whs	427.86*
1970	Joan Kershaw	Liverpool Eagle RC	422.34
1973	Ethel Brambleby	Hounslow & Dist Whs	326.17
1974	Ethel Brambleby	Hounslow & Dist Whs	340.62
1975	Ethel Brambleby	Hounslow & Dist Whs	354.85
1976	Joan Kershaw	Prescot Eagle RC	404.82
1979	Jenny Colman	Scarboro.Parag.CC	370.05
1980	Dorothy Chase	Cardiff Ajax CC	356.09
1981	Kathy Bellingham	Vegetarian C & AC	372.55
1985	Jill Richards	Cardiff Ajax CC	382.68
1989	Jo Kirkham	Redmond CC	351.76
1990	Sheila Simpson	Doncaster Whs	408.07
1991	Sheila Simpson	Doncaster Whs	426.18
1992	Bridget Boon	Severn RC	437.62
1993	Christine Roberts	Crewe Clarion Whs	461.45*
1994	Christine Roberts	Crewe Clarion Whs	442.67
1995	Lynne Taylor	Walsall Roads CC	441.40
1996	Lynne Taylor	Walsall Roads CC	438.97
1997	Lynne Taylor	Walsall Roads CC	418.08
1998	Lynne Taylor	Walsall Roads CC	427.61
1999	Lynne Taylor	Walsall Roads CC	424.89
2000	Lynne Taylor	Walsall Roads CC	433.68
2001	Lynne Taylor	Walsall Roads CC	423.13
2002	Lynne Taylor	Walsall Roads CC	438.04
2003	Marina Bloom	Walsall Roads CC	413.25
2004	Lynne Taylor	Walsall Roads CC	443.14
2005	Marina Bloom	Walsall Roads CC	447.33
2006	Carol Westmorland	Border City Wheelers CC	445.41
2007	Lynne Taylor	Walsall Roads CC	459.29
2008	Rose Leith	Sorrento CC	352.50
2009	Marina Bloom	Rugby RCC	424.76
2010	Marina Bloom	Born to Bike RT	412.54
2011	Lynne Taylor	Born to Bike RT	425.03
2012	Lynne Taylor	Born to Bike RT	438.13

Previous Winners – Merseyside Ladies C.A.

Any performance which established a new CTT competition record is indicated by * (current record **)

Year	Winner	Club	Dist
2013	Lynne Taylor	Born to Bike RT	423.43
2014	Jill Wilkinson	Chester RC	432.50
2015	Lynne Biddulph	Born to Bike RT	412.45
2016	Lynne Biddulph	Born to Bike RT	418.07
2017	Jasmijn Muller	Born to Bike RT	456.42
2018	Crystal Spearman	NOPINZ	445.80
2019	Christina Murray	Army Cycling	478.42*
2020	Event Cancelled due to C	ovid-19 pandemic	
2021	Christina Murray	Army Cycling	490.28**
2022	Steph Mottram	Vive Le Velo	445.82
2023	Christina Murray	Army Cycling	465.38
<u>Current</u>	CTT competition record:		
2021	Christina Murray	Army Cycling	490.28

Previous Winners - Women's Team

2016	Born to Bike RT	1069.38
2017	Born to Bike RT	1175.57
2018	Born to Bike RT	891.56
2019	Born to Bike RT	1143.15
2020	Event cancelled due to Co	vid-19 pandemic
2021	No Women's team entere	d
2022	No Women's team entere	d
2023	No Women's team entere	d

Current Team CTT Competition Record

Walsall Roads CC (L. Taylor, M. Bloom, T. Maund) 1292.83 2004

Previous Winners - Tandem

Any performance which established a new CTT competition record is indicated by * (current record **) ((Tri) indicates the machine was a tandem tricycle) ((Mix) indicates a mixed tandem pair)

Year	Winner	Club(s)	Dist
1981	P Kenny/JW Taylor	Birmingham St Christopher's (Tri) 407.50
1982	P Kenny/LE Lowe	Birmingham St Christopher's/Spe	eedwell BC 430.51

Previous Winners – Tandem

	·	<u>winners – randem</u>	
		a new CTT competition record is indicated by $\ensuremath{^*}$	
		vas a tandem tricycle) ((Mix) indicates a mixed ta	
1983	I Boon/B Boon	Clevedon Dist. R.C. (Mix)	421.89*
1984	SE Cruse/RW Smith	Maldon Dist. C.C./Essex Roads CC	438.33*
1985	I Boon/B Boon	Bristol D.A. C.T.C. (Mix)	443.27
1986	MJ Brooking/J Jennings	Willesden C.C.	410.45
1989	AB Cundy/RE Stokes	Shirley R.C.	386.54
1991	RC & PB Goodfellow	North Lancs. RC/ Sheffield University CC	501.35**
1992	P Kenny/PJ Gifford	Birmingham St. Christopher's (Tri)	382.09
1993	MJ Brooking/J Ramsdal	le Willesden C.C./Seacroft Whs (Tri)	401.22
1994	R Van Hesswijk/D Harri	s Tandem Club	385.82
1995	S Powell/N Powell	Wyre Forest C.R.C. (Mix)	349.76
1996	G Simmons/T Greenwo	od Windmill Triathalon Club	399.57
1997	S Light/P Ward	Mersey Roads Club	231.88
2000	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	406.51
2001	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	439.54
2002	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	464.92*
2003	N Harvey/M Corbett	Sotonia CC	366.92
2004	G Shepherd/G Berwick	Mersey Roads Club/Edinburgh RC	392.29
2005	R Dadswell/D Johnson	Antelope RT/High Wycombe CC(Tri)	466.72**
2006	C Hopkinson/R Thoday	API Metrow/Matlock CC	473.79
2007	J Carr/C Knapp	Cleveland Wheelers/Middridge CRT	299.47
2008	A Hedley/A Southworth	n VC167	395.85
2009	C Knapp/R Crossley	Middridge CRT/VTTA North	403.51
2010	B Richards/S Cox	RNRMCA	367.88
2012	R.Dadswell/M Bloom	Antelope RT/Born to Bike RT (Mix Tri)	424.81**
2013	S Hall/M Corbett	Andover Wheelers/Sotonia CC	369.47
2014	S Cox/B Richards	RNRMCA	370.15
2015	J.Moore/M.Brooking	Willesden C (Mix Tri)	347.95
2016	M.Arnold/C.Hopkinson	CC Desiragear	486.21
2017	D.Mclean/M.Leadbette	er Stirling BC	400.09
2018	T.Hunt/S.Bubbear	Veruleam CC/Welwyn Wheelers	453.81
2019	S.Pontin/J.Pontin	Addiscombe CC	413.52
2020	Event cancelled due to	Covid-19 Pandemic	
2021	No Tandem Finished		
2022	D.Mclean/M.Leadbette	er Flying Kippers	388.38
2023	I.To/I.Oie	360VRT	465.77**
	TT competition records:		
1991		North Lancs. RC/ Sheffield University CC	501.35
2023	•	360VRT (Mix)	465.77
2005		Antelope RT/High Wycombe CC (Tri)	466.72
2012		Antelope RT/Born to Bike RT (Mix Tri)	424.81
2013	J.Swain/A.Maude	Willesden CC (W Tri)	349.60

Funding The Race

It has been a tradition, since 1937, that the 24 Hour event is funded by subscriptions from interested individuals, clubs and other organisations. These generous donations and the enthusiastic support of subscribers continue to be a valued feature of our event. This year's subscribers are listed below with our acknowledgement and **sincere thanks.** Any further subscriptions will be acknowledged in the result sheet.

Joe Applegarth	John Gills	John Leach
Alan Atherton	David Grant	Dave Minter
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Dave Denman	Norman Maggs	JR Williams

Merseyside Ladies CA

Weaver Valley CC

Clubs & Associations

Mersey Roads Club



The 24 Hour Fellowship

The Fellowship was founded in 1960 to promote interest in Twenty Four Hour Time Trials and all long-distance cycling events. The Chair of the Fellowship is Mike Broadwith.

The Fellowship manages annual Long

Distance Best All Rounder Competitions over the distances of 100 miles, 12 hours and 24 hours, with a separate competition for Veteran Riders. Engraved certificates are issued to all riders completing the three distances.

We also publish two printed Journals per annum, which are posted to every member, in Autumn and Spring. Contributions to the journal are welcomed, and can be sent to Pete Bishop at <u>pb456@exeter.ac.uk</u>

The Fellowship's 2024 AGM will be held on the 2nd of November, at 11am. The venue will be Hilton Village Hall, Peacroft Lane, Hilton, Derbyshire, DE65 5GH. All members of the Fellowship and those with an interest in the Fellowship are invited to attend. It is very much a social occasion.

Annual Membership fees are: Individual £10.00, Family £12.00 Further information can be obtained from the Secretary: John Hassall, telephone 01754 502226 or email annjohnhassall@outlook.com

You can join the Fellowship directly by sending a cheque to the Treasurer Bob Richards, 9 Loughborough Road, St Budeaux, Plymouth, PL5 1NS Telephone 07758210589.

Please include your name, address, telephone no, e-mail address, and details of any experience of riding or helping in 24's.

Any rider wishing to be included in the 24 hour Fellowship competitions should contact Nigel Briggs - email competition@24hourfellowship.org.uk