Event secretary: Mark Bradley

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Time Keepers: Rob and Mary-Jane Hutchinson

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| Welcome | Thank you for entering the Bristol South CC 50 mile open TT on the U109/50 course.Please read the following notes carefully. |
| HQ | Hawkesbury Upton Village Hall. High Street, Hawkesbury Upton GL9 1AU.THE HQ IS APPROXIMATELY 3.5 MILES FROM THE START AND 3 MILES FROM THE FINISH. The hall will be open from 08:00. There is plenty of parking available at the hall.There will be a coffee cart from NVCoffee. We will also provide tea and coffee in the hall, and a selection of homemade cakes.From the HQ to the start:Turn left out of the car park along Hawkesbury Upton High Street. This becomes France Lane, which you continue to follow all the way to the A46. Turn left onto the A46 for appx 350m to a major fork where you turn right onto the A433 towards Didmarton. (When you’re racing this is where you’ll make a left on the race route, which you will approach from the opposite direction.) You will be turning onto the course at this point when riding from the HQ to the start, so please look out for riders already racing. Follow the A433 all the way downhill through Didmarton village and out the other side. The start is at the bottom of the incline in a layby on the left, opposite a minor road to Sopworth and before you reach a BP filling station. |
| Signing on and off | You must sign on at race HQ to collect your number and check for any last-minute information regarding the event or course.After you finish, please sign out at HQ and return your race number.**In line with CTT Rules, if you want it to count remember to sign out!** |
| Course notes | * Please do not warm up on the course once the event has started.
* Although all the junctions are marshalled, the onus is on you to know the course. It’s not overly complicated, there are only 3 left turns per lap: The first one onto Bowldown Road is immediately after the Hare & Hounds Hotel, and it can be quite shaded under the trees so watch out for the marshal. The good news is that the whole of Bowldown Road up to the A46 has been resurfaced. The 2nd and 3rd turns at the northern end of Bowldown Road and when turning from the A46 onto the A433 are very obvious.
* The turn from the A46 onto the A433 is sharp (more than 90°) - please take care not to cross onto the wrong side of the road after the turn.
* The course passes through Didmarton Village which may have parked cars and pedestrians on the course. Please take extra care on this part of the course – it is downhill and there is a 30mph speed limit.
* Avoid making U-turns near to the start or finish of the course. Riders failing to follow this instruction may be disqualified.
* After finishing proceed along the course route, continuing along the A46 until appx 350m past the junction with the A433 to take the right turn back to HQ, signposted to Hawkesbury Upton 1 and Hillesley 3.
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| Safety | Riders are asked to take care while riding the course, and in particular note the following points:* The race takes place on public roads with live traffic on the course so competitors must obey the highway code at all times and not impede other road users.
* There are marshals located at each of the turns on the course to help indicate direction only, it is the competitor’s responsibility to give way to any traffic with right of way at any time on the course.
* **All bikes must be fitted with a working front and rear light** - anyone who does not have these will not be allowed to start the event.
* All competitors must wear a hardshell helmet that meets internationally recognised safety standards.
* If the weather is bad with poor visibility or other conditions which present a danger to riders the event may be delayed or postponed.
* **Please keep your head up for a safe ride.**
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| Course details | Start - East of Didmarton on the A433 in a layby sited prior to a BP garage, (M) ST824875. Proceed East on A433 for approx. 2 miles to turn left (M) at minor road, (Bowldown Road), ST863905. [Streetview link](https://www.google.com/maps/%4051.6125761%2C-2.1984596%2C3a%2C75y%2C58.01h%2C88.03t/data%3D%213m6%211e1%213m4%211sodR_UK17EiopzyYsRE0fng%212e0%217i16384%218i8192?entry=ttu).Proceed until junction with A46, ST829939, turn left onto main road (M). [Streetview link](https://www.google.com/maps/%4051.643129%2C-2.2478689%2C3a%2C75y%2C312.6h%2C89.94t/data%3D%213m6%211e1%213m4%211sD9EsjuPiSdgmhdtzVbUE8g%212e0%217i16384%218i8192?entry=ttu). Proceed along A46 to 'Dunkirk' junction and turn left to join A433. [Streetview link](https://www.google.com/maps/%4051.5756611%2C-2.3015576%2C3a%2C75y%2C208.67h%2C99.94t/data%3D%213m6%211e1%213m4%211sQQ8-CRn2SIdb4lgcF6CO4Q%212e0%217i13312%218i6656?entry=ttu). Continue through Didmarton to complete your first circuit. 13.8 miles.**After completing 3 full circuits** the finish line is sited after completing **a further 8.6 miles** of the same lap, at the northern end of a layby adjacent to the minor road junction to Leighterton, Bath Road (M), ST809905. [Streetview link](https://www.google.com/maps/%4051.6137615%2C-2.276898%2C3a%2C75y%2C254.82h%2C97.66t/data%3D%213m7%211e1%213m5%211s9YRaM_uKKdx0lctmmDBKiA%212e0%216shttps%3A//streetviewpixels-pa.googleapis.com/v1/thumbnail%3Fpanoid%3D9YRaM_uKKdx0lctmmDBKiA%26cb_client%3Dmaps_sv.share%26w%3D900%26h%3D600%26yaw%3D254.82304985104525%26pitch%3D-7.655508132377946%26thumbfov%3D90%217i16384%218i8192?coh=205410&entry=ttu).Each of the 3 laps is approx 13.8 miles, plus the extra 8.6 mile stretch to the finish leg = 50 miles in total.**Please SHOUT your number as you cross the finishing line for the final time.**After crossing the finish line continue along the course route until appx 350m past the junction with the A433, to take the right turn back to HQ signposted to Hawkesbury Upton 1 and Hillesley 3. |
| Road bike classification | There is a standard definition of a road bike in the CTT Regulations:29. Road Bike Criteria(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.(b) Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).*N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars.* |

**Course map and key locations: 50 miles is 3.6 laps of the course.**



Course records

Solo Open: 1:54:15 Nick Livermore 08-Aug-21 | Bristol South Cycling Club (WTTA Hardriders)

Solo Female: 2:07:57 Jordan Matthews 06-Aug-23 | Bristol South Cycling Club (WTTA Hardriders)

Solo Open (Junior): 2:33:15 Thomas Meier 08-Aug-21 | Bristol South Cycling Club (WTTA Hardriders)

Local photographer Phil J will be out on the course, you can find event photos here: <https://www.philjphotos.com/cycling%20time%20trials/>

**Prizes** - one prize per person except trophies

Trophies

**Gold Flake Cup Overall Winner**

 2023 Winner: Rob Francis Pronto Bikes

**Judith Priest Open 50 trophy Fastest woman**

 2023 Winner: Jordan Thornton FTP Racing

**Fastest 50 ('Special Cup') Highest placed BSCC Member**

 2023 Winner: Tom Burke-Nott

**The Mac Morrison 50 Trophy Highest placed BSCC Member under 22 on a West DC Course**  2023 No qualifying entries

**Spot prizes:**

Free entry to BSCC 100 on August 11th 2024 for 7th and 12th place. <https://www.cyclingtimetrials.org.uk/race-details/26604> (Under the 1 prize rule if 7th or 12th are already prizewinners it’ll be for 8th, or 9th etc.)

**TT Open Category**

1st - £20

2nd - £10

**TT Female Category**

1st - £20

**Road Bike Open Category**

1st - £15

2nd - £10

**Road Bike Female Category**

1st - £15

**Veterans (anyone aged 40+ on day of event)**

1st Vet on AAT - £15

2nd Vet on AAT - £10

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| No | Start | Name | Machine | Club |   |   |
| 2 | 09:02 | Lachlan McLucas | Road Bike | Bristol South Cycling Club | Open | Senior |
| 3 | 09:03 | Ian Dickens | TT Bike | Droitwich Cycling Club | Open | Veteran |
| 4 | 09:04 | Sue Smith | Road Bike | Swindon Wheelers | Female | Veteran |
| 5 | 09:05 | Joanna Meier | Road Bike | Chippenham & District Wheelers | Female | Veteran |
| 6 | 09:06 | Ben Hansell | TT Bike | Pronto Bikes | Open | Veteran |
| 7 | 09:07 | Trevor Hodges | Road Bike | Stroud Valley Velos | Open | Veteran |
| 8 | 09:08 | Thomas Meier | TT Bike | FTP (Fulfil The Potential ) Race Team  | Open | Espoir |
| 9 | 09:09 | Marianne Day | TT Bike | Swindon Wheelers | Female | Senior |
| 10 | 09:10 | Stuart Curtis | TT Bike | Bath Cycling Club | Open | Veteran |
| 11 | 09:11 | Nathan Monk | Road Bike | Gloucester City Cycling Club | Open | Veteran |
| 12 | 09:12 | Gary Martin | TT Bike | Westerley Cycling Club | Open | Veteran |
| 13 | 09:13 | John Sirett | Road Bike | Dursley Road Club | Open | Veteran |
| 14 | 09:14 | Henry Bond | Road Bike | Bath Cycling Club | Open | Senior |
| 15 | 09:15 | Hannah Bizoumis | TT Bike | Bristol & District Triathletes (BAD TRI) | Female | Senior |
| 16 | 09:16 | Chris Hamblin | Road Bike | Bath Cycling Club | Open | Veteran |
| 17 | 09:17 | Andrew Muitt | Road Bike | Dursley Road Club | Open | Veteran |
| 18 | 09:18 | Jason Mould | TT Bike | Army Cycling | Open | Senior |
| 19 | 09:19 | Gary Fouracres | TT Bike | Yeovil Cycling Club | Open | Veteran |
| 20 | 09:20 | James Rogers | TT Bike | Royal Navy Cycling (RNC) | Open | Senior |
| 21 | 09:21 | Paul Haig | Road Bike | Sikh Cycling Club | Open | Veteran |
| 22 | 09:22 | Mark Warren | TT Bike | Gloucester City Cycling Club | Open | Veteran |
| 23 | 09:23 | Arran Armstrong | TT Bike | FTP (Fulfil The Potential ) Race Team  | Open | Veteran |
| 24 | 09:24 | Corinne Clark | TT Bike | 360VRT | Female | Senior |
| 25 | 09:25 | Andy Kelly | TT Bike | Bristol South Cycling Club | Open | Veteran |
| 26 | 09:26 | Daniel Kelly | TT Bike | Gloucester City Cycling Club | Open | Veteran |
| 27 | 09:27 | Daniel Kempe | TT Bike | Bristol South Cycling Club | Open | Veteran |
| 28 | 09:28 | Phillip Turner | TT Bike | FTP (Fulfil The Potential ) Race Team  | Open | Veteran |
| 29 | 09:29 | Paul Winchcombe | TT Bike | Chippenham & District Wheelers | Open | Veteran |
| 30 | 09:30 | Tom Burke-Nott | TT Bike | Bristol South Cycling Club | Open | Veteran |
| 31 | 09:31 | Adam Holt | TT Bike | Chepstow Cycling Club  | Open | Espoir |
| 32 | 09:32 | Chris Tye | TT Bike | Swindon Wheelers | Open | Veteran |
| 33 | 09:33 | Daryl Stroud | TT Bike | Gloucester City Cycling Club | Open | Veteran |
| 34 | 09:34 | Andrew Metherell | Road Bike | Velo Club Bristol | Open | Veteran |
| 35 | 09:35 | Karl Norris | Road Bike | 360VRT | Open | Veteran |
| 36 | 09:36 | Nick Giles | Road Bike | Pocomotion Road Club | Open | Veteran |
| 37 | 09:37 | Vincent Douglas | TT Bike | Gloucester City Cycling Club | Open | Veteran |
| 38 | 09:38 | Owen Burgess | TT Bike | UF Rowe & King | Open | Veteran |
| 39 | 09:39 | Tony Chapman | TT Bike | Frome and District Wheelers | Open | Veteran |
| 40 | 09:40 | Pete Dyson | TT Bike | Bath Cycling Club | Open | Senior |