

*Incorporating
Comet Cycling Club
Crescent Wheelers C.C.
University Cycling Club*



PROMOTED FOR AND ON BEHALF OF
CYCLING TIME TRIALS
UNDER THEIR
RULES AND REGULATIONS

Start Cover Sheet

Lea Valley Cycling Club

Tandem, Middle Markers & Solo open

10 mile TT

Course E2/10

6th July 2024 Start Time 14:00

Race HQ

West Wratting Village Hall, 79 High Street , West Wratting. CB21 5LU

<https://www.google.co.uk/maps/@52.1458951,0.342208,3a,75y,183.85h,94.05t/data=!3m6!1e1!3m4!1s2Gq4ueOar3ZEBbqL8LwFGQ!2e0!7i13312!8i6656?hl=en>

Numbers and the signing-on sheet are held at the Race HQ. Please sign-on before you start and return to Race HQ to sign-off when you've finished (otherwise DNF as per CTT regulations). Signing on desk will be open from 12pm.

Please allow at least 25 minutes to get from the Race HQ to the start.

**Event Secretary
Mark Freeman**

**Time Keepers
Mike Keen
Freda Wezel**

Lea Valley Cycle Club was founded in 1969 by the amalgamation of the

CRESCENT WHEELERS C.C.

COMET CC

and in 2000 with

University CC



FOUNDED 1903



FOUNDED 1904



FOUNDED 1890

General Protocols – PLEASE READ

- CTT Regulations 14(i+j) & 15 making both a front white light and red rear light compulsory, along with a Helmet. **NO LIGHTS OR HELMET– NO RIDE**
- Sign-on/off will be inside HQ, although there will be no formal refreshments offered at the event hot water and tea and coffee will be available
- Standard numbers will be used for the event and need to be returned to LVCC
- Toilet access and limited changing facilities will be available at HQ.
- There will be a pusher off at the start line, although let them know if you wish to start yourself

LOCAL RULES:

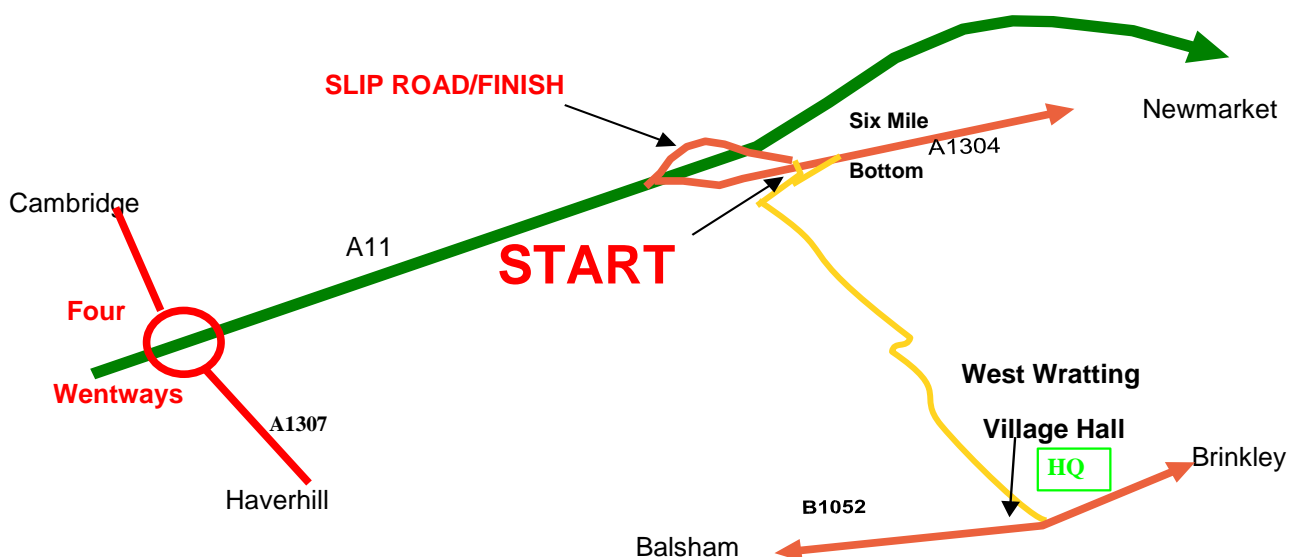
No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre will result in disqualification and disciplinary action.

No warming up on the course once the event has started.

Riders MUST NOT wait on the carriageway when waiting to start.

No vehicles to park or stop on slip road or verges at Start or Finish; the road is a Clearway and stopping is an offence.

Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.



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Course Details

Start GR: 573562 Finish GR: 571560 Police: C Local Regs: 4.7 & 4.8

START at paint mark at end of feeder road from West Wratting just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange, A1307, and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

Note to Competitors: When starting, take note of traffic entering slip road from your right. Give way if necessary.

Parking is NOT provided by event organisers. All entrants parking is at own risk. Please Read Below

West Wratting Village Hall ; Please be mindful of local residents when parking near the Race HQ. Please only use local roads and try to refrain from parking long term outside the HQ.

Six Mile Bottom – London Road, Station Farm, Six Mile Bottom, Newmarket. CB8 0UH ; Please refrain from parking outside and the verges near Station Farm. The surgery has asked us to be mindful of large vehicles leaving the farm and obstructions to the road.

Note; there was a recent accident involving multiple vehicles in front of the entrance – please take the greatest care!

Mens and Womens Prizes			
	Scratch	Middle Markers	Tandem Per Machine
1 st	£45	£35	£35
2 nd	£30	£30	
3 rd	£20	£20	

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