

# Manchester Bicycle Club

on behalf of

**Manchester DC**

Present:

## **RTTC 25 MILE TIME TRIAL NATIONAL CHAMPIONSHIP**

(Females / Juniors & Open)

**Saturday 3rd & Sunday 4th AUGUST  
2024**



**START SHEET**



**25 MILE TIME TRIAL**



**Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions**



## RTTC 25 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

(Open, Female, Junior Open & Junior Female)

A CTT representative will be in attendance



### CHAMPIONSHIP AWARDS



#### Open, Female, Junior Open & Junior Female Overall

1st	Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
2nd	Silver RTTC Medallion
3rd	Bronze RTTC Medallion

#### TEAM CHAMPIONS (Open, Female & Juniors)

Gilt RTTC Medallions and Championship Shield

#### AGE AWARDS

Age awards to the fastest in each of the following:

**Open & Female** 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

**Junior Open & Junior Female** 12, 13, 14, 15, 16, 17 & 18 year old

A presentation will take place after the event, overall medals will be presented at the Champions Celebration on 16th November 2024, age awards will be posted out as soon as possible.



**Presents**

# **RTTC 25mile Time Trial National Championship 2024**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

**Headquarters:** Clonter Opera (What3words: rephrase.bowls.tilt)  
Swettenham Heath  
Trap Rd  
Congleton  
CW12 2LR

Available from 12:00 on 3<sup>rd</sup> August and 06:00 on 4<sup>th</sup> August

**Course:** J2/21

**Organiser:** Tim Smith  
15 Wyngate Road  
Cheadle Hulme  
SK8 6ER  
07886 898398

**Timekeepers:** Martin Jackson      Tony Millington  
Bob Norton                      Ian Ross

**CTT Board Representative:** Sue Bowler

**Marshals & Helpers:** From all over Manchester District CTT

## Course Description:

Description	Mileage
Start on B5392 Salters Lane at the leading edge of the rainwater grid located and the far end of the lay-by opposite Lower Withington Methodist Church	0.000
Proceed West to T-junction with A535 at Jodrell Bank	1.037
Turn left with care onto A535 and proceed to roundabout in Holmes Chapel at Manor Lane	3.955
Turn left into Manor Lane and at next roundabout take 1 <sup>st</sup> exit to A54	4.279
Proceed along A54 to Loach Brook roundabout	8.543
Take 1 <sup>st</sup> exit along Congleton By-Pass to Radnor roundabout	9.571
Encircle roundabout and retrace to Loach Brook roundabout	10.652
Take 3 <sup>rd</sup> exit to A54 and retrace roundabout in Holmes Chapel at Manor Lane	14.964
Take 2 <sup>nd</sup> exit into Manor Lane and at next island take 3 <sup>rd</sup> exit to A535	15.301
Proceed along A535 to Chelford Island	21.167
Encircle Island and proceed along A535 to turn left ( <u>Extreme caution</u> ) at Farm Lane (changes to Salter Lane)	24.149
Finish adjacent to boundaries of 3 & 4 Salters Lane (South View Terrace)	25.014

### Important Safety Note:

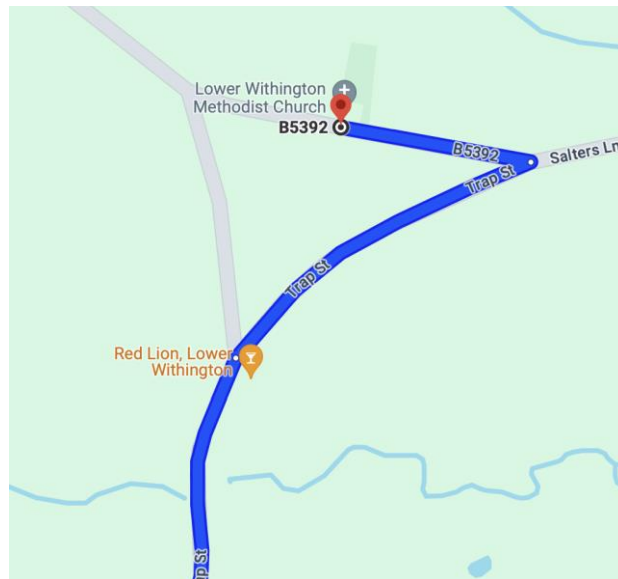
The left Turn at 24.1 miles shortly before the finish is sharp. In addition riders starting will be coming from the opposite direction.

Riders must not swing out over the white line prior to making the turn, or crossing the white line having made the turn. Observers will be in position and riders doing this will be disqualified.

## Route to Start

It is approximately 1.7 miles from the HQ to start.

The route to the start will be signposted from the HQ. Riders must keep to the right of the green in Lower Withington and then turn left to approach the start from behind as shown in the map below. Riders doing this may be subject to disqualification.



## Route from Finish to HQ

On finishing, riders must do the opposite of the route above - continue past the start and then turn sharp right onto Trap St before retracing the route they took to the start. Riders must NOT turn right before the Green and in front of riders starting. Riders doing this may be subject to disqualification.

## Local Regulations & Notes

- Observers may be in attendance around the course
- Riders must not make U-turns in the vicinity of the start or finish
- No warming up on the course after the event has started.
- This is a residential area – please give consideration to local residents – especially on the early Sunday morning!
- Care At Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
- Vehicles must not be parked, however briefly, at the start or finish
- Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders **MUST NOT USE** their tri-bars between the first bollard they pass on entering the island and the last bollard they pass leaving it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

## Live Timing

The event will be using the CTT's new timing system to provide realtime splits and finish teams as well as calculating individual and team positions.

The results will be available at the URLs below:

Female & Junior : <https://results.timetrialhq.com/0mdwbJz6w0c5kiPCJCwy>

Open : <https://results.timetrialhq.com/u4NmOu1nKOT6NN0BsGSs>

This is an exciting new development so please share the URL and see the results come in live.

## Accommodation

The HQ will allow people to park overnight if they have a campervan with its own toilet facilities - Clonter Opera does not have outside facilities available. There is a nominal fee of £10 for overnight parking.

Please contact the organiser if you need more details about this or any other questions around where to stay.



## RTTC NATIONAL 25 MILE CHAMPIONSHIP

SATURDAY 3rd AUGUST 2024

JUNIORS					
Number	Start Time	Name	Club / Team	Age on Day	Machine
2	14:02:00	Jasmine Townend	Scarborough Paragon CC	F 17	TT
4	14:04:00	Freya Johnson	Gosforth RC	F 16	TT
6	14:06:00	Ayesha Vose	ESV Manchester	F 16	TT
8	14:08:00	Sophie Heighton	Ferryhill Whs	F 17	TT
10	14:10:00	Ruby Blanc	360cycling	F 16	TT
12	14:12:00	Evelyn Field	Solas Race Team	F 17	TT
18	14:18:00	Nicholas Smith	ESV Manchester	16	TT
20	14:20:00	Eddie Forster	Manchester Wheelers	18	RB
22	14:22:00	Alexander Sutton	360cycling	16	TT
24	14:24:00	Liam Hewitt	East Lancashire RC	17	TT
26	14:26:00	Aidan Worden	360cycling	17	TT
28	14:28:00	Joshua Palmer	VMCC powered by Y Beic	15	TT
30	14:30:00	Benjamin Cousins	Verulam Really Moving	15	RB
32	14:32:00	Douglas Tulett	Thanet RC	15	TT
34	14:34:00	Cameron Crook	Thame Cycles Race Team	16	TT
36	14:36:00	Elliot Fraser	360cycling	17	TT
38	14:38:00	Albie Jones	North Cheshire Clarion	16	TT
40	14:40:00	Davey Allanson	360cycling	15	TT
FEMALES					
Number	Start Time	Name	Club / Team	Age Group	Machine
43	14:43:00	Alison Buckley	Congleton CC - MyWindsock	D	TT
44	14:44:00	Jill Wesley	Macclesfield Wheelers	D	RB
45	14:45:00	Deborah Manners	Leighton Buzzard Road Cycling Club	E	TT
46	14:46:00	Lynda Cook	Macclesfield Wheelers	D	TT
47	14:47:00	Joanna Brewis	Sheffrec CC	A	TT
48	14:48:00	Jenny Castle	CiclosMajor.com	B	RB
49	14:49:00	Alice Larkin	High Peak Cycles RT	C	RB
50	14:50:00	Pippa O'Brien	RT PODA	E	TT
51	14:51:00	Lindsay Purdie	Knutsford Tri Club	C	TT
52	14:52:00	Elizabeth Bridgen	Velo Bavarian	D	TT
53	14:53:00	Zoe Shepherd	Team Enable - M.I. Racing	A	TT
54	14:54:00	Elizabeth Longinotti	Cowley Road Condors CC		TT
55	14:55:00	Lorna Rowland	Twickenham CC	C	TT
56	14:56:00	Harriet Orridge	Bicester Millennium CC	C	TT
57	14:57:00	Adele Reynolds	Macclesfield Wheelers		RB

58	14:58:00	Sally Cunliffe	Velotik Racing Team	F	TT
59	14:59:00	Emma Houterman	North Lancashire Road Club		TT
60	15:00:00	Emma Glen	Springfield Financial Racing Team	B	TT
61	15:01:00	Pamela Moore	Coalville Whs	D	TT
62	15:02:00	Hannah Fawcett	Liverpool Braveheart Bicycle Club	A	TT
63	15:03:00	Cecilia Ellis	Didsbury Cycling Club	B	TT
64	15:04:00	Ruth Anness	Velo Bavarian	B	TT
65	15:05:00	Alexa Forbes	London Dynamo	E	TT
66	15:06:00	Gaynor Beckett	Congleton CC - MyWindsock	C	TT
67	15:07:00	Sally Maitland	Ratae RC	D	RB
68	15:08:00	Andrea Winkless	Coalville Whs	C	RB
69	15:09:00	Paula Fisher	Born to Bike - Bridgtown Cycles	F	TT
70	15:10:00	Penny Thorn	Port Sunlight Wheelers	B	TT
71	15:11:00	Jenny Zwijnen	Total Tri Training	A	TT
72	15:12:00	Sandra Burrows	Vive Le Velo	D	TT
73	15:13:00	Elizabeth Batt	Buxton CC/Sett Valley Cycles	D	TT
74	15:14:00	Sue Cheetham	North Lancashire Road Club	E	TT
75	15:15:00	Lisa Davies	VMCC powered by Y Beic		TT
76	15:16:00	Samantha Bissell	City RC (Hull)	A	TT
77	15:17:00	Katherine Swithenbank	360cycling		TT
78	15:18:00	Cara Rawlinson	Tactic UK WRT		TT
79	15:19:00	Beth Grogan	Selby CC		TT
80	15:20:00	Jasmine Holmes	Total Tri Training		TT
81	15:21:00	Hebe Picking	Jadan Vive Le Velo		TT
82	15:22:00	Alison Roger	North Argyll CC	C	TT
83	15:23:00	Olivia Kelly	Loughborough Students Cycling Club		TT
84	15:24:00	Gail Lowe	Congleton CC - MyWindsock	D	TT
85	15:25:00	Laura Gray	Total Tri Training		TT
86	15:26:00	Joanna Cebrat	360cycling	B	TT
87	15:27:00	Anna Birrell	Total Tri Training		TT
88	15:28:00	Sue McFarlane	Army Cycling	A	TT
89	15:29:00	Diana Egerton-Warburton	Team Enable - M.I. Racing	B	TT
90	15:30:00	Lauren Creamer	Velo Fixers		TT
92	15:32:00	Victoria Smith	Alba `development Road Team		TT
94	15:34:00	Keri Parton	Team Bottrill		TT
96	15:36:00	Anna Weaver	Team Kirkley Cycles		TT
98	15:38:00	Deborah Moss	Springfield Financial Racing Team	C	TT
100	15:40:00	Rachel Brown	Brother UK - Team OnForm		TT
102	15:42:00	Alex Clay	Team Bottrill		TT
104	15:44:00	Laura Davies	Jadan Vive Le Velo		TT
106	15:46:00	Emily Martin	Team Bottrill		TT
108	15:48:00	Hayley Simmonds	Doltcini O'Shea Cycle Division		TT
110	15:50:00	Kate Allan	Team Bottrill		TT





SUNDAY 4th AUGUST 2024					
OPEN					
Number	Start Time	Name	Club / Team	Age Group	Machine
2	08:02:00	Alexander Royle	Manchester Bicycle Club		TT
3	08:03:00	Paul Cubbins	TricentralUk	B	TT
4	08:04:00	Fraser Snape	North Lancashire Road Club	D	RB
5	08:05:00	Christopher Scott	Le Col Race Team	A	TT
6	08:06:00	Eddie Goodwin	Macclesfield Wheelers	E	RB
7	08:07:00	Ben Phyll	Stratford Cycling Club	B	RB
8	08:08:00	James Smith	Total Tri Training		TT
9	08:09:00	Adrian Lauchlan	Southgate CC	F	RB
10	08:10:00	Robbie Harcourt	CiclosMajor.com	E	TT
11	08:11:00	Cameron Leslie	Royal Air Force Cycling Association		TT
12	08:12:00	Robert Danson	Barton Wheelers Cycling Club	F	TT
13	08:13:00	Derrick John MacNish	Inverclyde Velo	D	TT
14	08:14:00	David Prince	Crewe Clarion Wheelers	H	TT
15	08:15:00	Chris Lawson	Graham Weigh Racing-Deeside Olympic	D	TT
16	08:16:00	Tony Perrin	Stone Wheelers CC	E	TT
17	08:17:00	Simon Fox	Port Sunlight Wheelers	D	TT
18	08:18:00	Thomas Allison	Buxton CC/Sett Valley Cycles		TT
19	08:19:00	Mark Jones	Fibrax Fenwicks Wrexham Cycling Club	D	TT
20	08:20:00	Kenneth Addison	Southport CC	F	TT
21	08:21:00	Nicholas Welch	Total Tri Training	D	TT
22	08:22:00	James Lowry	Graham Weigh Racing-Deeside Olympic	C	TT
23	08:23:00	Paul Nicholls	Congleton CC - MyWindsock	D	TT
24	08:24:00	Wayne Marks	Microsoft UK	C	TT
25	08:25:00	Paolo Coppo	Audax UK	C	RB
26	08:26:00	Martin Lee	Bury Clarion CC	E	TT
27	08:27:00	Edward Longinotti	Mercedes AMG Petronas CC		TT
28	08:28:00	Simon Price	Ruthin Cycling Club / Clwb Seiclo Rhuthun	E	TT
29	08:29:00	Mark Fenn	Shropshire CCA	B	RB
30	08:30:00	Louis Thomas-Messenger	Macclesfield Wheelers		TT
31	08:31:00	James Poulson	Orien.cc	C	RB
32	08:32:00	Stephen Turner	Westmead Team 88	E	RB
33	08:33:00	Ed Moss	Beacon Roads CC	C	TT
34	08:34:00	Dave Mann	Moonglu CC	C	TT
35	08:35:00	David Hilditch	Springfield Financial Racing Team	G	TT
36	08:36:00	Philip Hodey	Shaftesbury CC	C	TT
37	08:37:00	James Rees	Audax UK	B	TT
38	08:38:00	Michael Lythgoe	Kenilworth Wheelers	G	TT
39	08:39:00	Michael Vaiksaar	Valley Striders Cycling Club	B	RB
40	08:40:00	Joseph Shaw	Ipswich BC		TT
41	08:41:00	Richard Marshall	Team Wheelguru	B	TT

42	08:42:00	Patrick Ellerbeck	St Neots CC	G	RB
43	08:43:00	Mike Hoodless	Team Wheelguru	A	TT
44	08:44:00	Ian Foster	Stafford RC	D	TT
45	08:45:00	Steve Hulme	Congleton CC - MyWindsock	E	TT
46	08:46:00	Paul Robinson	Stone Wheelers CC	E	TT
47	08:47:00	Jamie Heeds	Macclesfield Wheelers	B	TT
48	08:48:00	Stephen l'Anson	Buxton CC/Sett Valley Cycles	F	TT
49	08:49:00	Paul Taylor	North Lancashire Road Club	D	TT
50	08:50:00	Nick Bowden	Buxton CC/Sett Valley Cycles	D	TT
51	08:51:00	Lucy Rogers	Congleton CC - MyWindsock	D	RB
52	08:52:00	Tony Clarke	Total Tri Training	D	TT
53	08:53:00	Nick Cooper	Yeovil Cycling Club	A	TT
54	08:54:00	Andrew Smith	VC Glasgow South	D	TT
55	08:55:00	Steve Burrows	Vive Le Velo	F	TT
56	08:56:00	Will Deely	George Fox Cycling Solutions		TT
57	08:57:00	Chris Lea	Buxton CC/Sett Valley Cycles	E	TT
58	08:58:00	Ben Love	Graham Weigh Racing-Deeside Olympic	B	TT
59	08:59:00	Mick Stevens	Melton Olympic CC	G	TT
60	09:00:00	Mike Walker	Congleton CC - MyWindsock	B	TT
61	09:01:00	Alex Critcher	Team Wheelguru	B	TT
62	09:02:00	Tom Minshull	High Peak Cycles RT		TT
63	09:03:00	Steven Loraine	Legato Racing Team (LRT)	F	TT
64	09:04:00	Lloyd Smith	Weaver Valley CC		TT
65	09:05:00	Mark Rowbottom	Chesterfield Coureurs CC	A	TT
66	09:06:00	Will Bjergfelt	AeroCoach	B	TT
67	09:07:00	Neil Buckley	Port Sunlight Wheelers	A	TT
68	09:08:00	Liam Davison	ADDFORM Vive Le Velo		TT
69	09:09:00	Kevin Larmer	Port Sunlight Wheelers	C	TT
70	09:10:00	Gregory Woodford	Reading CC	E	TT
71	09:11:00	Euan Campbell	Royal Air Force Cycling Association		TT
72	09:12:00	Dan Whitehouse-Smith	Army Cycling		TT
73	09:13:00	William Sawyer	Velo Club St Raphael	E	TT
74	09:14:00	Simon Horsley	Legato Racing Team (LRT)	E	TT
75	09:15:00	Joe Rendall	Congleton CC - MyWindsock		TT
76	09:16:00	Peter Horton	Team Bottrill	D	TT
77	09:17:00	Matt Hill	Zurbaran Racing	E	TT
78	09:18:00	Richard Bowditch	Congleton CC - MyWindsock	B	TT
79	09:19:00	Lee Watson	Army Cycling		TT
80	09:20:00	Joseph Costello	Legato Racing Team (LRT)	F	TT
81	09:21:00	Alistair Rutherford	Manchester Bicycle Club	A	TT
82	09:22:00	Jack Smy	Army Cycling		TT
83	09:23:00	Graham Hollinger	Torvelo Racing		TT
84	09:24:00	David Gleave	Velo Club Cumbria	A	TT
85	09:25:00	Matt Morris	Wigan Whs CC		TT

86	09:26:00	Benjamin Williams	Team Bottrill		TT
87	09:27:00	Gareth Williams	Twickenham CC	D	TT
88	09:28:00	Neil Cleminshaw	ADDFORM Vive Le Velo	C	TT
89	09:29:00	Chris Standidge	Total Tri Training	A	TT
90	09:30:00	Keith Dorling	Team Bottrill	F	TT
91	09:31:00	Ben Goodwin	Fibrax Fenwicks Wrexham Cycling Club		TT
92	09:32:00	Mark Hamer	Legato Racing Team (LRT)	B	TT
93	09:33:00	Nick Richards	RIDE REVOLUTION COACHING		TT
94	09:34:00	Alastair Ribbands	Congleton CC - MyWindsock	A	TT
95	09:35:00	Daniel Hind	Total Tri Training		TT
96	09:36:00	Anthony Turner	Mickey Cranks Cycling Club	C	TT
97	09:37:00	David Brearley	ADDFORM Vive Le Velo		TT
98	09:38:00	Tristan Pilling	360cycling		TT
99	09:39:00	Karl Norris	360VRT	C	TT
100	09:40:00	Rob Francis	Team Bottrill		TT
102	09:42:00	Sam Taylor	Weaver Valley CC		TT
104	09:44:00	Marcel Schubert	Zurbaran Racing	A	TT
106	09:46:00	Joshua Williams	Team Bottrill		TT
108	09:48:00	Timothy Torrie	trainSharp		TT
110	09:50:00	Thomas Lee	Sheffrec CC		TT
112	09:52:00	Tyler Hannay	Saint Piran		TT
114	09:54:00	Jacob Storey	trainSharp		TT
116	09:56:00	Jake Sargent	Team Bottrill		TT
118	09:58:00	Jack Levick	Rose Race Team		TT
120	10:00:00	Michael Gill	HUUB WattShop		TT
122	10:02:00	Joe Laverick	Ribble Cycles		TT
124	10:04:00	James Jenkins	Hart Performance Coaching		TT
126	10:06:00	Josh Charlton	Hetton Hawks CC		TT
128	10:08:00	Adam Duggleby	ADDFORM Vive Le Velo		TT
130	10:10:00	John Archibald	HUUB WattShop		TT



## Prize Presentation

The prize presentation will take place after all riders have finished on each day. If you can stay, please do and support the prize winners.

It's vitally important we work with the local community and Bloom Florist in Holmes Chapel have very kindly donate bouquets for the winners of the Senior events. Please see their details elsewhere in this Start Sheet and do support them if you can.

MAKING EVERY  
OCCASION BLOOM



HOLMES CHAPEL  
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# NOTES TO COMPETITORS

## NUMBERS: CHAMPIONSHIP CONDITION 2( j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

## USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

## REGULATION 14(j)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 14(k)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 15

**All competitors must wear a properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

## REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

## THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is upto you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay

# Cycling Time Trials