



HOUGHTON CYCLING CLUB PRESENTS

It's 25 Mile Time Trial incorporating the Jack Trusty Memorial Cup

Sunday 21st July 2024

Course: M254

First Rider: 7:31am

Timekeepers: Dave Clark, Frances Schultz & Peter Schultz

Event Secretary: Stephen Boxall 57 Lobley Hill Road, Gateshead, NE8 4XB

Email: sboxall80@gmail.com

Tel: 07746949362

Provisional results will be available at Race HQ after the event and then posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers.



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

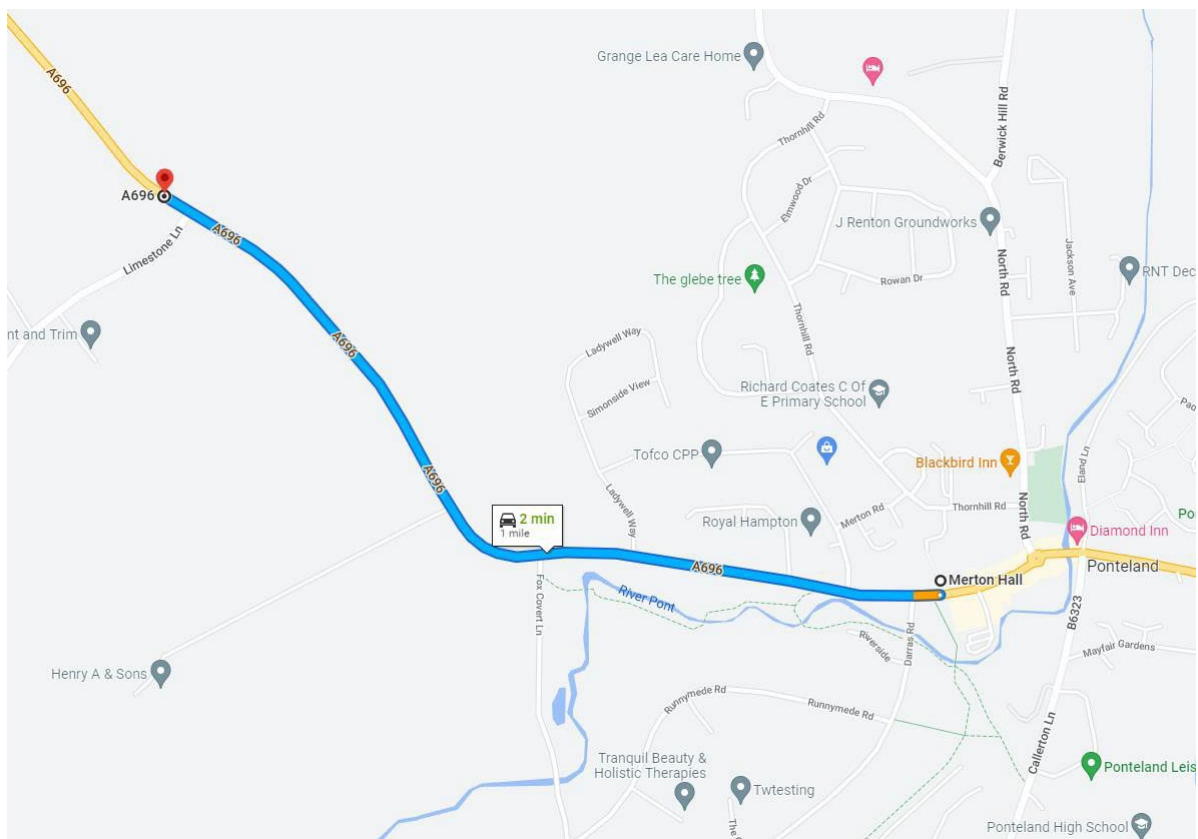


Event Headquarters: Merton Hall, Merton Road, Ponteland. NE20 9PX

Numbers and sign on are at Merton Hall which is approximately 1 mile from the start (see map below). Sign on will be open from 06:35. Remember to sign back out and hand in your race number once you have completed the course or you will be recorded as a DNF on the results sheet.

Parking is available behind the hall in both Merton Road and Thornhill Road Car Parks but please be mindful there are residential properties in the proximity.

There will be a prize presentation after the event along with refreshments.



Road Bikes

If you are riding a road bike and want your time to be considered in the road bike category for the CTT road bike rules apply:

- The road bike can possess drop or straight handlebars
- No tri-bars, clip-on bars or Spinacci bars are allowed
- No disc wheels - both front & rear wheels must have at least 12 spokes each
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- The maximum rim depth allowed is 90mm



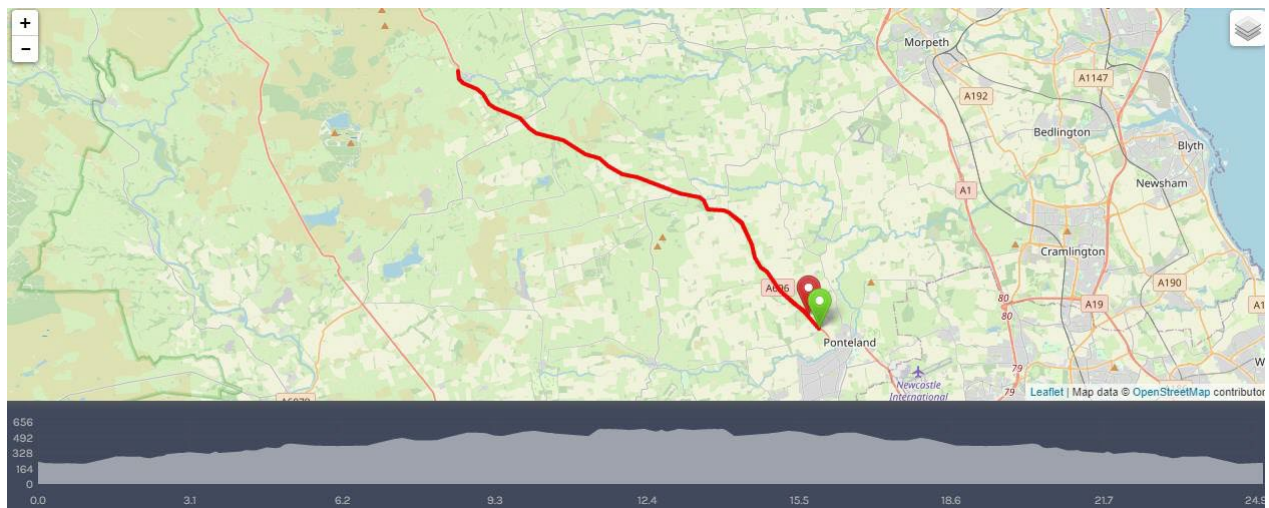
Course Details

The course is the M254 which starts on the A696 at the end of Limestone Lane, just outside Ponteland heading North.

Start 1 mile north of Ponteland on the A696 100yds north of Dissington Lane End. Proceed via Belsay (Riders take CARE) to Kirkwhelpington on the A696. TURN by turning right into minor road to make safe U turn in the minor road (Riders take CARE) and proceed south via Belsay (Riders take CARE) to finish 2 miles north of Ponteland at the old (blocked) gate to Cold Coats Moor farm.

<https://www.cyclingtimetrials.org.uk/course-details/m254>

<https://www.strava.com/segments/4621396>



Safety

1. For those who don't know the course, the roads are all single carriage from Ponteland to the turn at Kirkwhelpington. PLEASE ENSURE YOU CHECK THE ROAD IS CLEAR BEFORE OVERTAKING.
2. AT THE TURN you will see two marshals. They will indicate that you should make a SAFE U-turn into the Kirkwhelpington road before re-joining the south bound carriageway when it is clear. BEFORE MOVING OVER TO MAKE THE TURN, PLEASE CHECK THAT IT IS SAFE TO DO SO.
3. Please TAKE CARE when performing the U-turn as there may be loose gravel at the entrance to the Kirkwhelpington road.



Rider Instructions

- No competitor shall be allowed to start unless they have affixed to their bike a working FRONT AND REAR light (either constant or flashing). The front light should be WHITE and the rear light RED. Lights should be illuminated and clearly visible to other road users.
- No competitor shall be allowed to start unless they are wearing a properly affixed helmet of hard/soft shell construction conforming to recognised safety standards.
- No U Turns to be made by riders in the vicinity of the Timekeeper at the START or FINISH. Once finished, carry on riding up the slip road to the Three Horseshoes roundabout and return to HQ.
- No warming up on the course once the event has started.
- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Head down riding is strictly forbidden.
- Please shout your number as you pass the Timekeeper on the finish line.
- To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations. If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist to be clearly visible from the rear when the rider is in his/her normal riding position

Additional Notes

- Parental consent forms will be available for all under 18s at the start and must be filled in by the parent before the rider can start.



Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

Awards (TBD...)

- 1st Female - £20
- 1st Open – £20
- 1st Junior / Juv - £20
- 1st Vet on Standard - £20
- 1st Female Road bike - £20
- 1st Open Road bike - £20
- 5 random spot prizes courtesy of Carlos Cycles
- Jack Trusty Memorial Cup – Awarded to the fastest Houghton, Sunderland Clarion or Cestria rider

Please contact the Event Secretary before the Event Day if you have any queries/concerns/comments on any of the above.



#	Start time	first name	last name	Machine	Club	Classification	Category
1	07:31	Katrina	Robson	TT Bike	Wearside Triathlon	Female	Veteran
2	07:32	Celia	Michie	Road Bike	Tyneside Vagabonds CC	Female	Senior
3	07:33	Nicki	Murphy	TT Bike	Wearside Triathlon	Female	Senior
4	07:34	Joanne	Mitchinson	TT Bike	Sun City Tri	Female	Veteran
5	07:35	Lois	Jarvis	TT Bike	Muckle Cycle Club	Female	Senior
6	07:36	Teri	Bayliss	Road Bike	Reifen Racing	Female	Veteran
7	07:37	Lindsay	Turnbull	TT Bike	Tyneside Vagabonds CC	Female	Veteran
8	07:38	Joanne	Rea	TT Bike	Team Kirkley Cycles	Female	Senior
9	07:39	Matthew	Mather	TT Bike	Derwentside CC	Open	Youth
10	07:40	Zack	Stobbs	TT Bike	Tyneside Vagabonds CC	Open	Youth
11	07:41	Stephen	Boxall	Road Bike	Houghton CC	Open	Veteran
12	07:42	Christopher	Kear	Road Bike	Wearside Triathlon	Open	Senior
13	07:43	Stephen	Kerr	Road Bike	Sunderland Clarion	Open	Veteran
14	07:44	Richard	Johnstone	Road Bike	North Shields Polytechnic Club	Open	Veteran
15	07:45	Michael	Walton	Road Bike	Outlands	Open	Senior
16	07:46	Chris	Mather	TT Bike	Derwentside CC	Open	Veteran
17	07:47	Gary	Dornan	TT Bike	Wearside Triathlon	Open	Senior
18	07:48	Dougie	Nisbet	TT Bike	Durham Triathlon Club	Open	Veteran
19	07:49	Jordon	Bolton	Road Bike	Protech Velo	Open	Senior
20	07:50	Sean	Lavender	TT Bike	Wearside Triathlon	Open	Senior
21	07:51	Steven	Homer	TT Bike	Houghton CC	Open	Veteran
22	07:52	Tim	Featherstone	TT Bike	Blaydon CC	Open	Senior
23	07:53	Martin	Rasmussen	TT Bike	Tyneside Vagabonds CC	Open	Veteran
24	07:54	Glen	Rutherford	TT Bike	Wearside Triathlon	Open	Veteran
25	07:55	Stuart	Raw	TT Bike	Cestria C.C.	Open	Senior
26	07:56	John	McGill	TT Bike	Wearside Triathlon	Open	Senior
27	07:57	Philip	Green	Road Bike	North Tyneside Riders CC	Open	Veteran
28	07:58	Andrew	Bell	TT Bike	Wearside Triathlon	Open	Veteran
29	07:59	Chris	Cousin	Road Bike	Derwentside CC	Open	Veteran
30	08:00	Mark	Whaley	Road Bike	Blaydon CC	Open	Veteran
31	08:01	Dan	Frater	TT Bike	Vector Racing	Open	Veteran
32	08:02	Nick	Sultman	TT Bike	Wearside Triathlon	Open	Veteran
33	08:03	Ray	Bell	TT Bike	Derwentside CC	Open	Veteran
34	08:04	Mikey	Steele	Road Bike	Wearside Triathlon	Open	Senior

35	08:05	Jack	Siddoway	TT Bike	Blaydon CC	Open	Senior
36	08:06	Lee	Ridden	Road Bike	Reifen Racing	Open	Veteran
37	08:07	Keith	Sibbald	TT Bike	Zeus CRT	Open	Veteran
38	08:08	Darren	Black	TT Bike	Wearside Triathlon	Open	Veteran
39	08:09	Mark	Head	TT Bike	Sun City Tri	Open	Veteran
40	08:10	Philip	Gilbanks	TT Bike	Muckle Cycle Club	Open	Senior
41	08:11	Thomas	Fletcher	TT Bike	Endurance Academy	Open	Senior
42	08:12	Paul	Jenkinson	Road Bike	Wearside Triathlon	Open	Senior
43	08:13	Steven	Burns	TT Bike	Houghton CC	Open	Veteran
44	08:14	Paul	Robson	TT Bike	Wearside Triathlon	Open	Veteran
45	08:15	Christopher	Beaty	TT Bike	GS Metro	Open	Veteran
46	08:16	John	Routledge	TT Bike	GTR - Return To Life p/b Streamline	Open	Veteran
47	08:17	Nicholas	Stevenson	TT Bike	Wearside Triathlon	Open	Veteran
48	08:18	Adam	Harrison	TT Bike	Bootleggers Cycle Club	Open	Veteran
49	08:19	Benjamin	Amaira	TT Bike	GS Metro	Open	Veteran
50	08:20	Wayne	Coates	TT Bike	Team Bottrill	Open	Veteran
51	08:21	Jay	Pitt	TT Bike	Outlands	Open	Senior
52	08:22	Darren	Robson	TT Bike	Muckle Cycle Club	Open	Veteran
53	08:23	Liam	Walshaw	TT Bike	Protech Velo	Open	Senior
54	08:24	Alessandro	Marvaldi	TT Bike	Vector Racing	Open	Veteran
55	08:25	Peter	Stokoe	TT Bike	Reifen Racing	Open	Senior
56	08:26	Kris	Whitelaw	TT Bike	Vector Racing	Open	Veteran
57	08:27	Joshua	Hodgson	TT Bike	GS Metro	Open	Senior
58	08:28	Daniel	Kane	TT Bike	Muckle Cycle Club	Open	Senior
59	08:29	Zach	Haigh	TT Bike	Team Kirkley Cycles	Open	Senior
60	08:30	Nikki	Elder	TT Bike	SBRT – Outsider Events	Open	Veteran
61	08:31	Julian	MacBride	TT Bike	Team Kirkley Cycles	Open	Veteran